

CLASSIFIED ADS

Rates—One cent a word, one-half a cent a word each subsequent insertion. Classified ads bring quick results. Try one today.

FOR RELIABLE ABSTRACTS OF TITLES go to the La Grande Investment Company, La Grande Ore., in Foley building.

FOR SALE—Eight acres, six room house barn, place for chickens or hogs, all kinds of fruit and plenty of water. Located east of flouring mill. Apply at premises or address, JOHN GAVAN, La Grande Oregon.

FOR SALE—Five room house and one lot, on Third Street, Grandy's Addition. A good barn. A bargain for the one who acts first. Inquire of H. P. LEWIS at corner 3rd and D Streets, or of Lewis Bros.

FARM TO RENT—600 acres, well improved, near La Grande. Address Mrs. E. ANDROSS, 761 Commercial St. Portland, Oregon.

FOR SALE—Cheap for cash, a snap. Three full lots and four room house, cellar and barn, on good corner. Property located on southeast corner of Greenwood and Hill Streets. Address W. M. ANDIS, 600 E 18th Street, Portland, Oregon.

FOR RENT—One furnished room. Hot and cold water, bath and all modern conveniences. Inquire of Mrs. SIMMONS, corner 8th and N.

WANTED—Gentleman or lady to travel for Mercantile House of large capital. Territory at home or abroad to suit. If desirable the home may be used as headquarters. Weekly salary of \$1,000 per year and expenses. Address, Jos. A. Alexander, La Grande, Ore.

FOUND—Gold rimmed eyeglasses. Finder may have same by calling at this office and paying for this notice.

FOR RENT—Furnished rooms for light housekeeping. Apply at corner of O. and 8th Street, 1402 O St.

Into each life some sorrow must fall; Wise people don't sit down and sawl; Only fools suicide or take to flight; Smart people take Rocky Mountain Tea at night.
—NEWLIN DRUG COMPANY.

OSTEOPATHY AND SKIN DISEASES

HOW PHYSICIANS OF THE NEW SCHOOL WORK TO DO AWAY WITH ERUPTIONS AND SKIN TROUBLES OF EVERY VARIETY, AND HOW THEY SUCCEED

Do Osteopaths treat skin diseases? Indeed, Yes. And they treat them in a manner so rational, so well within the comprehension of the patient, so certain to be beneficial—that their method is without a doubt the way par excellence.

It is generally recognized by authorities that skin troubles are the result of some other evil condition in the body—usually a bad condition of some one or more of the excretory organs—or else they result from a local disturbance of the blood circulation. Some times causes of both these kinds are operative.

In the vast majority of eruptions it is quite safe to say that what is coming out through the skin is simply doing so because the organs designed to carry it off from the body are behind with their work. The skin normally has a vast amount of excretory work to do; but, when the liver, or kidneys, or intestines are unequal to their share in the removal of waste from the body, the skin is apt to be called upon for an amount of work that it is unable to perform in its usual way and we have an eruption. It is a distinctly friendly occurrence, simply indicating that the body is making a determined effort to get rid of what it ought to be rid of.

The Osteopath always looks for trouble with the excretory organs in these cases and usually finds it and succeeds in correcting it. He is thus getting at the root of the evil; and when the work of excretion is again being carried on in the normal way the abnormal effort to accomplish excessive excretion through the skin ceases.

The number of cases in which the trouble is solely a local one is not great in comparison to the number in which the other excretory organs are at least partly at fault. It is circulation that is at fault; and the natural question that arises is as to what is interfering with the circulation to the particular part affected. Circulation is under control of nerves; and the Osteopath knows just where to look for misadjustments that could affect the nerves controlling circulation to the part. This knowledge of the nerves that control circulation, of the various ways in which they may be interfered with in their work, and of the mechanical means of doing away with these interferences, is the secret of much of the Osteopath's success in treating skin diseases, just as it is the secret of his success in the treatment of many other kinds of disease.

This exclusively Osteopathic work is of course accompanied by needful instructions as to diet, bathing, etc; and the results are excellent.—Right Way.

WE WANT YOUR TRADE and will treat you right at Stillwell & Co's market. Phone Main 16

HOME MADE Sausage and cooked meats of all kinds at Stillwell & Co's market. Phone Main 1

FOR SALE—Fine Jersey milk cow. Apply to H. S. CAVANA.

WANTED—A hired girl for general house work. Apply at Land Office.

LOST—A gold locket, finder please return to this office.

FOUND—Two log chains, found near the railroad crossing at the A. B. C. Laundry, were left at the OBERVIA office, where the owner may secure the same.

FOUND—A long chain was found near the A. B. C. Laundry. Owner may have same by calling at this office and paying fifty cents for this notice.

FOUND—A girl's bracelet, with initials engraved, on Adams avenue. Owner can have same by paying for this ad and identifying the property.

LOST—Sample case of silverware. Finder please leave at this office.

HOUSE WANTED—Desire to rent a modern cottage, well in, of not less than five rooms. Must have bath and inside toilet. F. S. IVANHOE. Phone Main 12.

LOST—Last Saturday evening, on Fourth street, between city and old town, a tan handbag containing change, picture and gold brooch. Finder return to this office.

ROLLER SKATES
Steel or Hemetite Rollers
Sizes to fit all shoes

L. C. SMITH
CREAMERY BUILDING

STANDARD COMMERCIAL COLLEGE

M. M. SLATTERY, Principal. La Grande, Oregon

EXPERT TEACHERS

TYPEWRITING DEPARTMENT



REASONABLE TERMS

Complete Business and Shorthand Course
Day and night session. Enroll now

You can always find anything you like in the cooked meat line for your lunch on our delicatessen table

Weanerwurst and Bologna sausage, Head Cheese, Pressed Corned Beef, Liver sausage, Veal Loaf, Ham sausage, Boiled Ham, Fresh and Pickled tongue, Fish of all kinds, Eastern and Olympia Oysters, Glams and Grabs when the weather permits.

We have at present a nice stock of home cured bacon but it won't last long, so hurry.

The purest open kettle rendered lard in the city in fact we have everything that a first class market should have, and the lowest possible prices consistent with quality. Give us a call and we will convince you.

Opposite the Geddes store **STILWELL & COMPANY** Telephone Main 16

REMOVAL

NOTICE

The patrons and customers of the Blue Mountain Creamery will please take notice that we have moved to our new home in our own building on Washington Avenue, building formerly known as the Land Office building. Our friends are invited to call and visit us in our new quarters.

From this date all business will be transacted at the new building. All milk customers will be served as heretofore. Remember Blue Mountain Creamery Butter is full weight, and can be found at all dealers.

BLUE MOUNTAIN

CREAMERY CO.

LA GRANDE OREGON