

REMOVAL

NOTICE

The patrons and customers of the Blue Mountain Creamery will please take notice that we have moved to our new home in our own building on Washington Avenue, building formerly known as the Land Office building. Our friends are invited to call and visit us in our new quarters.

From this date all business will be transacted at the new building. All milk customers will be served as heretofore. Remember Blue Mountain Creamery Butter is full weight, and can be found at all dealers.

BLUE MOUNTAIN

CREAMERY CO.

LA GRANDE OREGON

OSTEOPATHY AND SKIN DISEASES

HOW PHYSICIANS OF THE NEW SCHOOL WORK TO DO AWAY WITH ERUPTIONS AND SKIN TROUBLES OF EVERY VARIETY, AND HOW THEY SUCCEED

Do Osteopaths treat skin diseases? Indeed, Yes. And they treat them in a manner so rational, so well within the comprehension of the patient, so certain to be beneficial—that their method is without a doubt the way par excellence.

It is generally recognized by authorities that skin troubles are the result of some other evil condition in the body—usually a bad condition of some one or more of the excretory organs—or else they result from a local disturbance of the blood circulation. Some times causes of both these kinds are operative.

In the vast majority of eruptions it is quite safe to say that what is coming out through the skin is simply doing so because the organs designed to carry it off from the body are behind with their work. The skin normally has a vast amount of excretory work to do; but, when the liver, or kidneys, or intestines are unequal to their share in the removal of waste from the body, the skin is apt to be called upon for an amount of work that it is unable to perform in its usual way and we have an eruption. It is a distinctly friendly occurrence, simply indicating that the body is making a determined effort to get rid of what it ought to be rid of.

The Osteopath always looks for trouble with the excretory organs in these cases and usually finds it and succeeds in correcting it. He is thus getting at the root of the evil; and when the work of excretion is again being carried on in the normal way the abnormal effort to accomplish excessive excretion through the skin ceases.

The number of cases in which the trouble is solely a local one is not great in comparison to the number in which the other excretory organs are at least partly at fault. It is circulation that is at fault; and the natural question that arises is as to what is interfering with the circulation to the particular part affected. Circulation is under control of nerves; and the Osteopath knows just where to look for misadjustments that could affect the nerves controlling circulation to the part. This knowledge of the nerves that control circulation, of the various ways in which they may be interfered with in their work, and of the mechanical means of doing away with these interferences, is the secret of much of the Osteopath's success in treating skin diseases, just as it is the secret of his success in the treatment of many other kinds of disease.

This exclusively Osteopathic work is of course accompanied by needful instructions as to diet, bathing, etc; and the results are excellent.—Right Way.

CLEARANCE SALE

St. Peter's Guild having still on hand several winter garments, will hold a clearance sale on Saturday, the 19th, in Mr. Kilpatrick's machine warehouse. Everything goes at your own price. Do not forget the place and date.



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CANDY
PARLORS

SELDER, The Candy Man

FASTIDIOUS WOMEN

consider Paxtine Toilet Antiseptic a necessity in the hygienic care of the person and for local treatment of feminine ills. As a wash its cleansing, germicidal, deodorizing and healing qualities are extraordinary. For sale at Druggists. Sample free. Address The X. Paxton Co., Boston, Mass.

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To all our subscribers we will state that the January Number of The Pacific Monthly has been exhausted and that we are unable to obtain any more.

ALL SUBSCRIPTIONS WILL BE STARTED WITH THE FEBRUARY ISSUE