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In buying a cough medicine for children, never be afraid to buy Chamberlain's Cough Remedy. There is no danger from it, and relief is always to be had. It is intended especially for coughs, colds, croup and whooping cough, and is the best medicine in the world for these diseases. It is a certain cure for croup, and when given as soon as the croupy cough begins will prevent the attack. Whooping cough is not dangerous when the remedy is given as directed. It contains no opium or other harmful drugs, and may be given confidently to a baby as to an adult.

SKIN DISEASES

FIERY ACIDS IN THE BLOOD

All skin diseases are due to the same cause—an excess of acid in the blood caused by faulty assimilation of food and poor bowel action; this fiery acid is forced to the surface through the pores and glands. Pus-tules are formed, discharging a sticky fluid which dries and makes a crust, causing intense itching. When the crusts or scabs are scratched off the skin is raw and bleeding.

Sometimes skin diseases are in the dry form, and bran-like scales come on the flesh, or the skin becomes hard and dry, often cracking, and the painful itching causes acute suffering. It does not matter how the trouble is manifested, the cause is the same—an excess of acid in the blood. Salves, powders, cooling washes, etc., while they relieve the itching and give the sufferer temporary comfort, cannot cure the trouble because they do not reach the acid laden blood. The best treatment for all skin diseases is S. S. S., a remedy that is purely vegetable and one which acts directly on the blood with a cleansing, healing effect. S. S. S. neutralizes the acids, and purifies the blood so that the skin instead of being blistered and burned by the fiery fluids, is nourished by a supply of cooling, healthy blood. Special book on Skin Diseases and any medical advice desired will be furnished without charge.

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TEACHERS INSTRUCTED AT UNION

(Observer Special)

A very successful and profitable institute was held at Union Sat. Oct. 20.

The session was opened with County Superintendent E. E. Bragg in the chair. After singing America, Mr. Bishop, Principal of Union school leading, the program for the day was taken up.

Mrs. H. C. Reese first on program read a paper on "Primary Reading" discussing it with interest.

Prof. Hockenberry and Bishop discussed points with regard to the so-called "sentence" method referred to in the paper.

Prof. Hockenberry held to the idea that the pupil does not read a sentence as a unit but rather to form a unit.

Prof. Bishop claimed that the pupil does see, and can read the phrase as a unit.

Supt. E. E. Bragg seemed to hold to the opinion that strictly speaking there is no real "sentence" method, but rather this method should be called the phrase method.

The discussion of the subject proved beneficial to all.

In her paper Mrs. Reese emphasized these two facts in her own words, "Reading is a means of culture, without it the pupil is never fully educated." The next subject was given by Mr. J. F. Reynolds on "Physical Development as related to sanitation and education. He gave an interesting and instructive talk which developed discussion.

In the afternoon, as Miss Rohan was absent, Mr. Conklin, read her paper on "Eighth Grade English."

The paper was well prepared and the practical points discussed.

She presented the idea that paragraph work rather than a whole composition be done in order to succeed well; that the work should not be done merely for a test but rather to secure good expressions on the part of the pupil; that the work could be used to help pupils to overcome false syntax.

She emphasized the fact "Not how much, but how well."

The next subject presented was "High School English" by Miss Eaton.

In her introductory remarks she laid stress upon making the subject interesting to inspire work on the part of the student or pupil. The subject was very logically handled under two heads, intellectual and moral. Under the first she remarked, as the eye is trained to see the beauty of nature about us, so the intellect should be trained to see the form, rhythm and beauty of the writer. The selections to illustrate this point were good. The moral division, she said, "relates to conduct in life." That literature should be taught that will develop the highest ideals. This paper met the approval of all.

Prof. Hockenberry, superintendent of La Grande schools, followed next, taking up the subject of "English Grammar." His presentation of the subject was plain and right to the point. He said that English grammar is a grammar of form and laid stress upon teaching forms of words which have to do with construction in sentences. He said he would teach two things with regard to language in school, "a little grammar, right forms, a little rhetoric, right place of forms."

Just at the close of the program two musical numbers were rendered, a violin solo by Miss Hutchinson and a vocal solo by Miss Lela Gillilan. Both numbers were well rendered and received due appreciation by the audience. There were about fifty teachers present.

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