LOOK HERE

You will surely make a mistake if you do not take some stock in the mines of the Aurelia Mining company, before another raise.

THE PRICE of stock will be advanced from 71 to 10 on April 1. From last reports the mine is producing ore every day, and will ship ore this summer. Investigate and

AURELIA MINING CO.

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|

WEAT TO EAT?

-A-100

Is the question that preplexes the housewife these days. Call at our store and select a menu from our choice line of canned goods. Or, better yet, we have on hand vegetables and other delacicles that will relieve the monoty of the usual spring menu. Remember, our delivery is at the usual spring menu. Remember, our deliv your service whether the order is large or small.

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knights welcome.

Mox Вьоси, Record Keeper

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LA GRANDE LODGE No. 169, WOODMEN OF THE WORLD—Mauts every Friday of each month in the K. of P. hall in the Corp building. All

visiting members welcome.
N. L. Ackles, Consul Commander

RED CROSS LODGE, No. 27-Meets

every Monday evening in Castle Hall,

Corpe building. A Pythian welcome to

IN A HURRY? THEN CALL

WM. RETHOLDS

THE TRANSFER MAN He will take that trunk to the De

pot or your home in less time than

Day phone Red 761

N. L. ACKLES, C. C.

J. H. KEENEY, Clerk.

all visiting Knights.

R. PATTISON, K. R. & S.

LODGE DIRECTORY

STAR ENCAMPMENT, No. 51, I. O. O. F.—Meets every first and third Thursdays in the month in Odd Fellows hall.

Visiting patriarchs always welcome, G. E. Fowler, C. P.

MILK TALK No. 2.

CLEANLINESS

As milk is the natural food for the young, containing within itself all the reguirements of the body, and as any adulteration is injurious to the system, (either from absorp-tion or otherwise) therefore the health of the consumer, and espec-ially, the young, depend to a ially, the young, depend to a great extent upon those who handle the milk. And as there are so many ways in handling the cow as well as the milk after being drawn from the cow. Every consumer should visit the place from whence he gets his milk (no matter if it is surrounded by a high board fence) and see how the cow and the milk food for the baby.

SPRING BROOK DAIRY

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PROF. DAY, PRINCIPAL.

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This is one of the best musical ininstitutions in the state, and that people in this city and valley are people in this city and valley are begining to discover the advantage of this school. The system is the latest and most practical, and includes all the latest discoveries in the art of teaching music. The school is divided into two departments; No. 1 is for beginners from 5 years or more and are taught the first three grades. Pupils come one hour each day. This is no kindergarten system but far superior. In No. 2 the grades are from 2 to 5. Here they graduate. Pupils take one or two lessons a week as they desire. No scholars will be perinitted to remain in this school who do not study.

he do not study. Opposite the Foley House over se sandy store. Phone: 475.

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it takes to tell it.

The subject for debate will be the woon the affirmative will be Miss Lizzie King toms" until the germ produces enough and Messrs Jay Reynolds and Edgar Pick- poison in its victim to poison itself. If this ler. On the negative, will be Miss Sara occurs before the patient succumbs, then Riddle and Messars Joel Richardson and Earl Kilpatrick. Joint debates in our city have always been entertaining and this will be doubly so because of the question and because the contestants are all our own people. Gold medals will be given to the successful team.

TEACHERS' INSTITUTE

Arrangements for the coming joint Teachers' Institute of Union and Baker Powder, Saturday, April 7, are complete.

PROGRAM

L. B. Hoisington Geography English Literature Alice McKinlay Music in the Public Schools Edith Prescott

1:30 P. M.

School Hygiene. Dr. C. J. Smith The Civil WarH. J. Hockenberry Advanced Reading J. A. Churchill Essentials of a High School English Course Nellie M. Stack 'Afterhours" Omen Bishop 8 P. M.

Rev. J. R. N. Bell Lecture

PARK SOCIETY

The ladies of the Park Society will hold meeting at the Commercial Club parlors Saturday afternoon, between the hours of 3 and 4. All who are interested in a city park are invited to attend. By order of the president, MRS. JAMES McGOY. MRS. HATTIE ECKLEY.

EAGLES—La Grande Aerie 259 F. O. E. meets every Friday night in Redmen Hall, Lewis Buildingat 8 p. m. Visiting brethren invited to attend. Have you weakness of any kind-stomach, back, or any organs of the body? Dr. G. L. Biggers W. P. Don't dope yourself with ordinary medicine. Hollister's Rocky Mountain Tea is I. O. O. F.—La Grande Lodge No. 16, meets in their hall every Saturday night. Visiting brothers cordially invited to attend. Cemetery plat may be seen at Model Restaurant.

H. E. COOLINGE, N. G. the supreme curative power. 35 cents.

NEWLIN DRUG Co. It pours the oil of life into your system. It warms you up and starts the life blood

circulating. That's what Hollister's Rocky Mountain does. 35 cents. Tea or Tablets.

NEWLIN DRUG GO.

PURE BRED CHICKENS

Persons desiring first class, pure bred M. W. A.—La Grande Camp No. 7703 meets every first and third Wednesday of the month at 1, 0, 0, F. hall. All visiting neighbors are cordially invited to attend.

C. S. Williams, V. C. Minorca chickens or settings of the same may secure them from the undersigned. Eggs \$1.00 per setting. Will be pleased R. W. DEAL,





cago without change, from points in Oregon and Washington, via the Ch. ago. Union Pacific and North-Western Line, the route of The Overland Limited, over the double-River and Chicago, making direct connection at Chicago with all lines to the East.

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The Facts About Pneumonia

AN EDITOR ANALYZES RECENT SCIENTIFIC REPORTS ON THIS DISEASE. OSTEOPATHY FOR PRE-VENTION AND CURE

In an editorial discussion of pneum ecently the N. Y. Globe says in part:

"There is no specific cure for the disease, and no antidote, except its own poison, capable of neutralizing the pneunococus (pneumonia germ). The physician's operations are limited to what is nan suffrage amendment. The debaters | technically known as "treating the sympnature and the doctor go to work to bring him back to health again.

"The doctor is more like a second in a prize fight or a duel than anything else; the real battle is between the man and the germ. Although medicine is one of the oldest of the sciences, the majority of the doctor's work is still of this secondary character.

"As the report of the recent pneumonia commission states that pneumonia germs miles which will be held at North can be found in the noses of the majority The program includes Dr. C. J. Smith, a as if the most important prophylactic member of the State Board of Health, and measures were those to promote the many of the leading pedagogues of the health and resisting power of the man. surrounding counties. Following is the As long as this is maintained at a proper level, the germ, although present in his nose seems unable to do any harm."

AS TO THE RESISTING POWER

The last paragraph quoted is substantially a summary of the views expressed in this journal upon the occasion of the recent report of the pneumonia commission; and it must appeal to all as sound sense. If there is no weak tissue in the lungs the germ is powerless.

This leads to the natural Osteopathic deduction that when pneumonia has become established the most important consideration of all is to re-establish normal nerve control so that the bodily forces will be unimpeded in their efforts to fight the disease. Weakened tissue simply means, when the general nourishment of the body is inadequate, that there is some obstruction to the blood flow or to the proper destribution of nerve force; and the fact that the Osteopath searches for and removes these obstructions fully accounts for his unparalleled success in the treatment of pneumonia. His special procedure simply helps Nature to help herself; and, although he uses all proven hygenic and sanitary methods as aids, it s his skilled correction of bodily misadjustments, so that the full resisting power of the patient may be brought into play, which achieves the results.

WHAT OSTEOPATHY CAN ACCOMPLISH

It is to be noted that the Globe editorial refers only to medical methods of treatment, and that Osteopathic experience is different in several respects. For instance no less an authority than Osler declares that there is no medical means of aborting the disease; that is, that it must run its course. Yet the Osteopath repeatedly has succeeded in this when he has been to show my chickens to those interested. given charge of the case in its early stages. When called in after the engorgement of the lungs has taken place he is, of course, not able to accomplish such quick results; but his methods even then bring better results than any others; and the fact that Osteopaths lose very few cases of pneumonia plainly indicates that they are able to materially aid the body in fighting the disease .- The Right

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HOUSE

ALL WEEK

Commencing Monday, March 19

MONDAY THE BLACK HAND

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Some skin diseases are active in Summer, while others wait until ec Some skin diseases are active in Summer, while others wait until co-weather to manifest themselves. Winter Eczena sleeps in the system throng the long hot months, and gives no sign of its presence; but at the coming Winter the trouble asserts itself and it becomes one of the most painful ar-distressing of all skin diseases. The blood is filled with poisonous aci-which seem to be excited by the cold; and as these are thrown off throng the pores and glands, the skin cracks and bleeds, the flesh becomes hot a loverish and the itshing integer. feverish and the itching intense. The natural oils which keep the skin s and pliant are dried up by the cold, bleak winds, causing it to become him. and pliant are dried up by the cold, bleak winds, causing it to become he and dry, giving it that shiny, leathery appearance, characteristic of the disear. The head, face, hands and feet are the usual points of attack, though ottparts of the body may be affected. So painful and distressing is the trout that the sufferer constantly "doctors" and treats it trying to get relife Soothing washes, medicated ointments and salves are used, but aside from giving temporary relief they do no good. The cause is poisonous acids the blood, and these must be removed before a cure can be effected. The or cure for Winter Eczema is S. S. S. the greatest of all blood surfaces. cure for Winter Eczema is S. S. S., the greatest of all blood purifiers.

cleanses the entire blood supply of the ac
poisons and sends a fresh, healing stream to

diseased skin, healing and softening it ande-ing the painful, itching eruptions. S. S. enters the blood and purifies it of all waste: PURELY VEGETABLE, foreign matter, and cures Winter Eczema-Tetter as it is sometimes called-safely as v as surely; besides it does not contain any harmful mineral to derange lamage any part of the system. Book on Skin Diseases and any med

SUMMONS

(First publication March 12th, 1906.) In the circuit court of the state of Oregon for Union County. John Wilson-Phintiff

G. A. Staples Defendant To C. A. Staples, the said defendant:-

In the name of the state of Oregon, you are required to appear and answer the compleint in the above entitled cause and court on or before April 25th, 1906, or in default thereof, the plaintiff will take judgement against you for the sum of \$87.78, with intertat thereon at the rate of six per cent per annum after October 2d., 1904, together with his costs and disbursements and order for sale of attached property. This summons is served upon you by publication in the La Grande Evening OBSERVER, published at La Grande, Oregon, for six consecutive weeks, by order of Hon. Robert Eakin, Judge of the above entitled court, dated March 10th, 1906.

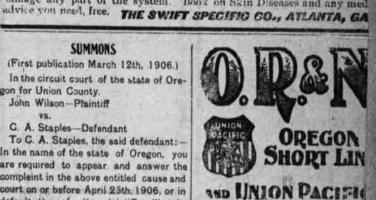
C. H. FINN. Attorney for Plaintiff.

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DEPART LA GRANDE, +R salt lake, Denver, Ft., Worth, Omaha, kan-as City, St Louis, Chi-ago and East. No. 6 8.40 a m No. 2 9:06 p m Portland, Dales, Pen-lieton, Walla Walla, Payton, Pomeroy, Col-fax, Moscow, Spokan-end points erst and Porth via Spokare cortiand, Dalles, Per-lictos, Umatilia, Wal-lula, Lewiston, Co'ley, Moscow, Wallace, War-ner, Spokase and other points cast and north No. Il faland City, Ancel, Im-Dally ex-bler and gin. Con-cept toom at Ely ti with Sunnay there for points a Wal-

Ocean Steamers between Portland an Franci co every five days, E. C. MUORE Age A. L. CRAIG, General Passenger