

Farmers' and Traders National Bank.
LAGRANDE, OREGON
 Capital Stock fully paid - \$60,000
 Surplus fund - 13,000
 Liability of Shareholders - 60,000
 Responsibility - 183,000
 We do a general banking and exchange business. Rafts bought and sold on eastern and foreign banks.
JOSEPH PALMER, President
J. W. SCRIBER, Cashier

FULL MEASURE!
Chain Wood by the Cord
 128 cubic feet to the cord. 16-inch dry chain wood \$3 per cord. This is cheaper than by the load. You pay for what you get and get what you pay for.
 Phone 571 **H. W. NIBLEY**

STEWARD'S OPERA HOUSE
 D. H. STEWARD, Mgr.
 TWO NIGHTS
NOVEMBER 8 and 9,
Wiedeman's Big Show
 Comedy Drama
THE SILVER KING
 Monday Night
MICHAEL GROCOFF,
 Tuesday Night
5 Big Vaudeville Features 5
 PRICES, 10, 20 AND 30 CENTS

SEPTEMBER MEANS ROYSTERS
LOY
 Serves them in any style wish
Dress Hats
 The greatest line of Tailored Dress Hats just received at The Fair. They are beauties to behold. Our milliner will be pleased to show them to you also a line of cravatette coats.


MUTTON CHOPS.
 make a most delicious and healthful meal. They are juicy and palatable and just melt in your mouth—so delicious is their taste. We have them fresh every day—but we don't only sell fine mutton chops. Our daily stock includes choice lamb chops, veal chops, sirloin, porterhouse, round and other steaks as well.
 Such meats make the best of eating. They are good and solid and every bit that goes into the body makes pure blood and strengthens the organs of the human machinery. Buy your meats at our store. We always have the best, and sell at the very lowest prices.
Bock & Thomas
 Try the Observer for first class Job Work.

La Grande Evening Observer
 LEY BROS., Editors & Pr ps
 Entered at the Post Office at La Grande, Oregon, as Second Class Mail Matter.
 Published daily except Sunday
 One year in advance \$6 50
 Six months in advance 3 50
 Per month 65c
 Single copy 5c
THURSDAY EVENING, NOV 3, 1904
 FOR PRESIDENT
THEODORE ROOSEVELT,
 of New York
 FOR VICE PRESIDENT
CHARLES W. FAIRBANKS
 of Indiana
 FOR PRESIDENTIAL ELECTORS
 G. B. DIMICK, Clackamas
 A. C. HOUGH, Josephine
 J. N. HART, Polk
 J. A. FEE, Umatilla

LABOR AND PROTECTION
 After reading Judge Parker's speech wherein he denounces protection, and makes a plea for a low tariff levied on a dead level scale, that is the same per cent on imported articles that cannot be produced in the United States by American labor either in field, factory, farm or mine as on articles produced in the United States, the Irish World replies as follows:
 "They pay in Great Britain two and one half times more to support their pauper schools, and yet we are told that the American laborer should adopt English methods, and that we should open the door so that the products of English labor may come here and compete with ours. Not only the English laborer, but the laborer of India, the laborer of China, the laborer of Japan, the pariah of India, who pays for labor to cultivate his field six cents a day—he is to be put in competition with American labor. The Chinaman, who works for six cents a day, is to be put in competition with American labor; the Japanese, who considers himself most magnificently paid if he gets fifteen cents for fifteen hours labor, a cent an hour, is to be put in competition with American labor."
 We are told that we can come out with the world. So we can if we live as those people live. So we can if we live without meat, without butter and without milk; if we live as they do in London, six families in one room; here, as Mr Chamberlain says, tens of thousands never know the luxury of milk. As laboring people we eat three times more meat than European people. We wear better clothes and spend more money on ourselves and our children, as laboring people, than any other people in the world; while, as laborers, we get more money in proportion to the payment of a dime than any other people in the world."

THINGS TO BE REMEMBERED
 Remember in 1893-1896 and the days of industrial gloom.
 Remember 1893-1896 and the home comforts which were wanting.
 Remember 1893-1896 and the wives and children wanting clothes.
 Remember 1893-1896 and the thousands of capable mechanics looking in vain for work.
 Remember 1893-1896 and the fulfilled promises made by the Republican party in the campaign of 1896.
 Remember 1893-1896 and the delusive promises made by the Democratic party in the campaign of 1897.
 Remember 1893-1896 and the landlord waiting at the door for the money which could not be provided.
 Remember 1893-1896 when the factory whistle failed to blow for another days work, another day's pay.
 Remember 1893-1896 and the countless numbers of women and children waiting, faint with hunger, for the bread which never came.
 Remember 1893-1896 and the heart-sickness, the worry, the unpaid and unpayable debts, and all the many ills that attend the man out of work.
 Remember 1893-1896 and the hundreds of thousands of laborers walking the streets from sunrise to sunset looking for the work which could not be found.
 Remember 1893-1896 and the un-American soup-kitchens and other forms of charity necessary to relieve those who need no relief when they can get work.
 Also remember the massacre of the Myers family of immigrants on Burnt river in 1890 by Indians, the most horrible in all the annals of Indian barbarity and cruelty in history.

Frank Baker, chairman of the state republican committee, is making a record for himself and party during this campaign. It is true he is handicapped from the fact that he is not confronted with an active opponent but his work all goes to show what might be expected if he was at the head of a contest that there was a fighting chance on both sides.

CORRECT BREATHING.
 How to Inhale and Exhale—Some Good Exercises.
 The air in the bottom of many a pair of lungs is like the dead air in an unventilated cellar. A conscious effort must be made to expel the residual air at the base of the lungs for chest expansion, blood purification, radiant health and lasting beauty.
 Deep breathing exercises, through the nostrils, never the mouth, should be practiced night and morning, says the New York News. Thorough respiration increases the red corpuscles of the blood and purifies the entire circulatory system.
 Thorough respiration frees the lungs of the noxious carbon gas and bodily impurities thrown off in the form of watery vapor of the breath.
 At least ten deep inhalations of fresh air should be taken upon or before rising every morning and the same before going to bed every night. These may be taken either in an upright or recumbent position.
 If lying down, lie flat upon the back, arms extended, and slowly inhale through the nostrils. Try to fill every air cell of the lungs. The abdomen should rise first, then the chest, as the lungs become inflated. After holding the breath a little expel it slowly through the lips. Fill and empty the lungs as thoroughly as possible and try to realize that health, vitality, energy and beauty are in each incoming breath and impurity, weakness and disease are being discarded with every exhalation.
 The breath is the life.
 How to Clean Tortoise Shell.
 Tortoise shell that has become dingy may be cleaned by wiping the article with a soft cloth, then rubbing well with a paste made of rotten stone and sweet oil, next applying jeweler's rouge and finally polishing with a piece of chamola. Treatment like this is not required often if shell pins and combs are polished frequently with chamola.
 How to Bank Fire.
 In banking the fire at night it is a good idea to wet the sifted ashes on top and also to add to the water a liberal supply of common or even rock salt. The latter ingredient not only keeps the under fire alive, but in raking off in the morning the salt makes it sparkle anew and give out as much heat as a new supply of coal.

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Rummage Sale
 Be sure to attend the Rummage sale given Thursday, Friday and Saturday by the Methodist ladies.
LOCAL BUTTER MARKET
 Creamery Butter 85 cents per roll.
 Butter Fat 25 cents per pound.

Portland Markets
HAY AND GRAIN
 Wheat, export price.....81c to 85c
 Barley, best.....\$21.50 to \$23.50
 Oats.....\$26. to \$27.50
 Hay, timothy.....\$15 to \$16
BUTTER, EGGS AND POULTRY
 Butter best creamery.....27 1/2c to 30c
 Butter, ordinary.....25c
 Eggs, per dozen.....25c to 26c
 Chickens, per pound.....10c
FRUITS AND VEGETABLES
 Potatoes per cwt.....\$1
 Onions, per cwt.....\$1.50 to \$1.65
 Apples, best, per box.....75c to \$1
 Peaches, best, per box.....60c to 75c
 Beets, per sack.....\$1 25
 Cabbage, per pound.....2c
LIVE STOCK
 Steers.....\$2.75 to \$3
 Cows.....\$2
 Bulls.....\$1.75
 Stags.....\$2
 Hogs, best.....\$6.00
 Hogs, feeders.....\$2.95 to \$4 20

The Piano
 We're selling now for
\$167
 costs \$250.00 elsewhere
 Big buying and big selling does it at
Eilers Piano House
 351 Washington Street, corner Park
 Portland, Oregon
 Write us for particulars.
 \$5 or \$6 a month buy one here.

FINE TAILORING
 Before ordering your fall and winter suit or overcoat remember that I am in the business. I have 17 years experience, have worked for some of the best firms in the U. S., and able to compete with the best. If I can't suit you there will be no charges made.
MARQUARDT, The Tailor.
 Phone 1241 La Grande, Oregon

A B C LAUNDRY
 PHONE 1851
 How dear to my heart is the old-fashioned washboard That mother used to wash on when I was a boy, With its zinc covered ridges the aids used to play in And soap bubbles gambled to my childish joy. Ofttimes have I watched her when wearing her knuckles. As over the ridges our duds she would rub, I never will forget how she washed and she slathered The old fashioned washboard that stood in the tub.
CHORUS
 The old fashioned washboard; The zinc-covered washboard; The back-breaking washboard that stood in the tub. Some folks always kick about up-to-date laundries, And say they wear out their clothes every day; But give them to me, so I will have a hot dinner At home, with the smell of the soap ends away. I know that the washing machine is much easier On all of our clothes than to take them and rub Till the buttons and bosoms are lost and worn out By the old-fashioned washboard that stood in the tub. We are not the old fashioned kind.

Money to Loan
 Representing the Equitable Savings & Loan Association of Portland, Or., the strongest, safest & most reliable institution on the Pacific coast, under State supervision. Loans made short or long time to suit.
WM. GRANT, Agent
 City property for sale.

Lawson & Zundel
 Wholesale and Retail Dealers in Hay, Grain, Cables and Fruits. Car load lots a specialty.
 Office in Kilpatrick Building
 Phone No 1113

OFFICERS:
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 J. M. BERRY, Vice President
 J. M. CHURCH, Cashier
 F. L. MEYER and Geo L. Clover, Asst. Cashiers
DIRECTORS:
 J. M. Berry, J. M. Church
 A. B. Conley, Geo. L. Cleaver, Geo. Palmer
 3655
LA GRANDE NATIONAL BANK
 La Grande, Oregon
 CAPITAL AND SURPLUS, \$72,000.00
 Transacts a general banking business. Buys and sells exchange on all parts of the world. Collections a specialty.

ANNOUNCEMENT!!!
 We have purchased the Big Stock of Furniture, Hardware, Tin and Graniteware, Carpenters Tools etc of Secret Bros at A BIG DISCOUNT and for the next 30 days we offer the people of Union county the GREATEST GAINS of the season in House Furnishings at 75c on the dollar in order to close out this stock quickly.

Regular \$20 to \$30 bed room suits	\$12.75 to \$21 75
" 12 50 to 20 Dressers	8 75 to 13 50
" 8 00 to 22 50 Iron Beds	5 75 to 13 75
" 10 00 to 21 00 Lounges	7 50 to 12 50
" 11 50 to 25 00 Baby Carriages	8 00 to 15 00
" 12 00 to 18 00 Extension Tables	8 65 to 14 25
" 3 50 to 9 00 Child's Beds	2 45 to 6 75
" .75 to 2 50 Dining Chairs	.60 to 1 85
" 3 50 to 9 50 Rockers	2 50 to 9 25
10 00 Double supported steel springs	7 15
Common springs	50c to 4 90

 Don't forget the Heaters and Cook Stoves Saws, hammers and Axes; nails, Staples, hinges, Cartridges, window shades, Curtains, Portiers, Cots, etc etc Call while the stock is complete Look out for our sign
H B HAISTEN P. o re 2051 **F D HAISTEN**