



QUICK SERVICE
in our restaurant does not mean that the food is hastily or improperly prepared. Far from it. The utmost care is taken in the getting ready of all our eatables, whether your bill is a dime or a dollar. Our

QUICK LUNCH
means that you do not have to wait unreasonably for your order to be filled. Therefore, you may be sure you will be able to keep all appointments on time if you breakfast, dine or sup with us.

MODEL RESTAURANT
J. A. ARBUCKLE, Prop.
OPEN DAY AND NIGHT
We sell weekly Meal Tickets, Cash. \$4.50

SUMMERVILLE LIVERY

W. I. Hunter & Son have leased the McKinzie Stables and are prepared to serve the public in a first class manner at reasonable rates.

TRADE FOLLOWS THE PRICE

That is why people come here for men's and boys' shoes. The J. E. Tilt line is our specialty. Here is where price and quality are combined.



C. W. PRESTON,
Shoe Specialist DEPOT STREET

OSTEOPATHY TREATS CONSUMPTION

"Consumption" is, par excellence, the disease of germ origin. Since the science of bacteriology has had its latest and greatest impetus from the labors of Koch and Virchow devotees of "bacteriology" have searched unceasingly for some specific anti-toxin for the tubercle bacillus, or germ, of "consumption." How well their researches have borne fruit our mortality tables give conclusive evidence—"consumption" still holds first place among death-dealing diseases. The most that these investigations have done is to teach us more about the dietetic, hygienic and sanitary care of consumptives.

Air—fresh air—lots of it, in any locality is the sum and substance of the advance made in the scientific treatment of tuberculosis, as given by such authorities as Dr. William Osler. The importance of early diagnosis is insisted on by every specialist writing on the subject. This need is pronounced because all schools of healing realize that only cases in early stages have much chance of relief. Unlike other diseases, "consumption" is not to be into "curable" and "incurable" cases. The fairest and sanest classification that can be made is "arrestable" and "retardable." No case is absolutely cured. Lowered vitality, from any cause, almost invariably leads to a fresh outbreak of the old tuberculous "lesion," no matter what tissue of the body may have been the seat of the former invasion; hence the disease at best can only be said to have been "arrested." "Retardable" cases are those in which, from the extent of the lesion and from the dissipated vital force of the patient, nothing but death can be prognosed. And only under the best dietetic, hygienic and sanitary care may life be prolonged, that is, the disease may only be "retarded" somewhat.

As previously stated, scientific research and observation has accentuated the importance of fresh air. Fresh air contains no elements of importance to the body except oxygen in its properly diluted proportions. The cry of the consumptive body is for oxygen. The use of this element is to burn up dead or waste material, and only through the blood does it reach the seat of germ invasions where waste is so rapidly produced. The sane, rational treatment of "consumption," therefore, is manifestly (1) to supply the blood with oxygen and (2) to open up the blood channels in order that oxygen may reach the vitalized tissue on which the consumptive germ thrives.

That "an unimpeded fresh blood supply to every part means health" is an axiom in Osteopathy. Had the followers of drug healing, in a friendly attitude toward our science of drugless healing, been looking for evidence to support this fundamental precept of Osteopathy, they could not have done more for us than they have done by their discoveries in this dead disease. Impure stagnant blood to tissues that support the germ means this disease—"consumption." Give the lungs an opportunity to drink in oxygen; remove the impediment to the blood and lymph supply as Osteopathy so successfully does—then we have done all that science can do, either to "retard" or "arrest" "consumption," as the case may be. Our success has been very gratifying in the first stages of consumption—Osteopathic Health.

Dr. Moore, Osteopath,
Sommer Bldg.

In The District Court of The United States for The District of Oregon

In the matter of Notice of Mary M. Caldwell, first meeting of creditors.

To the Creditors of Mary M. Caldwell, of Elgin, in the county of Union, State of Oregon, Bankrupt:—

Notice is hereby given, That on the first day of September, 1904, the said Mary M. Caldwell was duly adjudicated a Bankrupt, and that the First Meeting of the Creditors will be held at the office of the undersigned, in La Grande, Oregon, on Monday, September 19th, 1904, at ten o'clock in the forenoon of said day, at which time and place said creditors may attend, prove their claims, appoint a Trustee, examine the Bankrupt, and transact such other business as may properly come before said meeting. Twenty five cents must accompany each claim filed.

Dated at La Grande, Oregon, September 13th, 1904.

F. S. Ivanhoe,
Refer to Bankruptcy.

For Rent

Eight room on North Fir Street enquire of Mrs Shearer. 8-1

Fred G. Lawson
Wholesale Dealer in
HAY and GRAIN IN GARLOAD LOTS.
Somer Bldg. La Grande, O.

Portland Markets

Potatoes still remain firm with the best Oregon classes at \$1.40 per hundred, although the farmers have a tendency to hold them.

The wheat market is firmer today on account of the sensational advance in the Chicago market, but the prices remain the same here, and the millers are cautious in buying.

There are a lot of cheap apples on the market and the tone seems drugged. Some sales of good apples are reported at as low as 50c per box.

The prices today on some of the staples are as follows:

HAY AND GRAIN
Wheat, export price.....79c to 85c
Barley, best.....\$22 to \$23
Oats.....\$26 to \$27.50
Hay, timothy.....\$15 to \$16

BUTTER, EGGS AND POULTRY
Butter, best creamery.....27 1/2c
Butter, ordinary.....24c
Eggs, per dozen.....24c to 25c
Chickens, per pound.....11 1/2c

FRUITS AND VEGETABLES
Potatoes per cwt.....\$1.25 to \$1.40
Onions, per cwt.....\$1.75
Apples, best, per box.....\$1.25 to \$1.50
Peaches, best, per box.....40c
Beets, per sack.....\$1.25
Cabbage, per pound.....2c

LIVE STOCK
Steers.....\$2.75 to \$3
Cows.....\$2
Bulls.....\$1.75
Hogs.....\$2
Hogs, best.....\$5.50 to \$5.75
Hogs, feeders.....\$3.95

For Rent

House for rent enquire of F. S. Ivanhoe. (Sept. 9)

No Hunting

All persons are forbidden to hunt with firearms or dogs on my land under pain of being prosecuted for trespass. (Sept 6—Nov 7) Joseph Anson

Eight Room House with Electric Light and city water. F. D. Halsten Second Hand Store.

FOR SALE—Five room house in good residence portion of town. Will be sold cheap if sold at once. Inquire of H. P. Lewis or Wm. Westfall, La Grande, Oregon. Oct 1

WANTED: Work of any kind, cooking preferred, by a young, able-bodied married man with good recommendations, and is not afraid to work. Apply at this office.

Furniture For Sale

And house to rent apply to Mrs. Shearer opposite Star Grocery North of track.

WANTED—Four girls or women to work as seamstress. Enquire for particulars at Crescent Knitting Mills, Sommer Block.

FOR SALE—Dairy cows Inquire at the Grider farm, R. F. D. No. 2.

FOUND—A buggy top or lamp niche or silver plated owner can have same by calling at this office and paying for this notice.

FOR RENT—Furnished rooms for rent. Apply to Mrs. M. A. Adams, 1306 O Street. Phone 561. Sept

15 ven Room House, out buildings Desirable location

FOR SALE—8 acres of land and house of 6 rooms 4 acres in bearing orchard one acre in strawberries, stables for 6 horses and out houses plenty of water 20 minutes walk from P. O. for particulars call at grocery store of W. McFarlane. 9-1-10-1.

FOR SALE—Family horse for sale cheap. Horse is gentle, good driver, will work anywhere, perfectly safe for women or children to drive, will weigh about 1250, would make a good horse for delivery wag. Call on Mrs. W. B. Bolton, Hotel Sommer.

Script Script

Gifted forest reserves, approved, un-restricted, ready for immediate use as a silver. Lowest prices. F. S. F. R. Kelley, Chamber of Commerce Bldg., Portland, Or.

THE BARGAIN STORE

HAIR SWITCHES
POMPADOR FRONTS RATS NEW COMBS
HAIR PINS SCHOOL CAPS
A handsome line of Tailor-made, Ready to wear Hats, for Ladies, Misses and Children
E. M. Wellman & Co
Adams Avenue.

LA GRANDE SCHOOL OF MUSIC

Opposite the Sommer House.
One of the best musical institutions in the state. Four rooms used for musical instruction, 15 grades of music taught. Department 1, 3 rooms used for the 3 first grades. Children at the age of 5 and older come one hour every day. Department 2, 2 rooms for grades 4 to 15 for pupils of all ages. The latest course best practical musical instruction. Musical contests for medals every few weeks.

E. PORTER DAY Principal
MRS. DAY, Assistant

Furnished Room

Centrally located corner of Washington and 6th Streets. Known as Geo. Ball's lodging house.

For Sale

One good second hand Kimball piano. For Particulars enquire of Mrs. Ingle or Phone 1727 Residence Cor. of 3rd K.

ACUTE RHEUMATISM
Deep tearing or wrenching pains, occasioned by getting wet through; worse when at rest, or on first moving the limbs and in cold or damp weather, is cured quickly by Ballard's Snow Liniment. Oscar O. Olson, Gibson City, Illinois, writes, Feb 16 1902: "A year ago I was troubled with a pain in my back. It soon got so bad I could not bend over. One bottle of Ballard's Snow Liniment cured me." 25c, 50c, 1.00. Sold by Newlin Drug Co.

MAKES A CLEAN SWEEP

There's nothing like doing a thing thoroughly. Of all the Salves you ever heard of, Bucklen's Arnica Salve is the best. It sweeps away and cures Burns, Sores, Bruises, Cuts, Boils, Ulcers, Skin Eruptions and Piles. It's only 25c and guarantees to give satisfaction by La Grande Drug Co. and Newlin Drug Co. Druggist.

PLASTER WALL PLASTER

Only costs about 5c per yard more than common plaster, and worth many times over.

ADVANTAGES
No danger of freezing as it can be used in zero weather.

Being flexible instead of brittle—as all sand mortars are—it will dent like wood when struck or jammed, instead of breaking. Doors, windows, pipe holes, etc. are easily cut through it. It is a non-conductor of electricity and thus prevents short circuiting. It adheres equally well to brick, stone or common lath. It contains no acids nor chemicals to corrods. It will not burn nor disintegrate by fire being a perfect protection for wood frame work. It will under no condition pit or blister.

Parties having plastering to do should consult me regarding this class of work. Estimates cheerfully given.

E. REISLAND, Phone 371

A FORETASTE OF HEAVEN

A Taste of an Angel's Wing

Sorbello Sandwiches

LOY MAKES 'EM

WEATHER FORECAST

Tonight and Tomorrow fair, cooler tomorrow

THE TRAINS

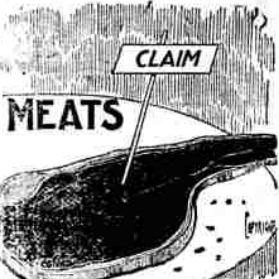
No 2 East bound 9:10 p.m. on time
No 5 West 8:5 p.m. on time

LADIES SAY

That the way to reach a man's heart is through his stomach. Try it by using Geddes Bros' canned fruits, delicious berries, lettuce, onions, and radishes, just fresh from the garden. We are the first store the farmers call on and of course we get the choice of everything.

We always have the freshest eggs, butter, etc. Special attention given to phone orders.

Geddes Bros.



OUR B. K. ROOM

Open for your inspection. In fact we will be pleased to show you through our entire establishment. Everything is kept scrupulously neat and clean and we have no hesitancy in showing the most fastidious how our meats are handled. We now have the latest improved sausage machine and can sell you sausage in all styles.

Bock & Thomas

MY SHINES

Are like the "Smile that won't come off." They are put on right and stay right. I use only Whitmore's paste and guarantee that if after thirty days trial you find that it has in any way injured the leather I will present the customer with a \$5 pair of shoes purchased at any store he may select. If you desire really first class work call and get a shine. Ladies work a specialty. Remember the place, Kirtley's Barber Shop, where everything is first class from the boot black up.
JOE B. WILLIAMS

Sacred Heart Academy

La Grande, Oregon. This well known institution, conducted by the Sisters of St. Francis, affords excellent educational advantages. Music, drawing and painting optional studies. Preparing young ladies for the or less of teaching a specialty. Monday and day school opens the first Monday in September. For catalogue address Sister Superior. Aug 4 Oct 1



DEPART	Time	School	LA GRANDE
NO. 1	8:50 p.m.	Salt Lake, Denver Ft. Worth, Omaha, Kansas City, St. Louis, Chicago and East.	8:50 p.m.
NOL	5:50 a.m.	Portland, Miles, Puy Allenton, Walla Walla, Moscow, W. Walla, War dner, Spokane and other points east and north via Spokane.	5:50 a.m.
NO 5	8:5 p.m.	Portland, Denver, Puy Allenton, Walla Walla, Moscow, W. Walla, War dner, Spokane and other points east and north via Spokane.	8:5 p.m.
N. 2 Daily except Sunday	9:15 a.m.	Idaho City, Alsea, Imbler, and other connections at Elgin with stages for points in Wallawa country.	9:15 a.m.

Ocean Steamers between Portland and San Francisco every five days
E. C. MOORE, Agent

W-A-N-T-E-D.

Carpets, Window Shades, Curtain Poles and Brass Rods.

To exchange NEW CARPETS for your old ones. Call and see our line of the latest patterns in Carpets and Linoleums.

Bargains

Universal Range. \$40.00
Childs Bed and mattress \$6.75
Good Folding Bed \$3.25
Center Table, French Legs, a Bargain at \$4.25

Trunks and Valises at Bargain Prices. Extra Values in a Rolled Edge Lounge. Big Bargains in Many Things.

Remember we do Upholstering and all kinds of Repair work. Carpets Cleaned and laid.

H. B. Haisten Phone 2051 **F. D. Haisten**

Highest Prices Paid for Second Hand Goods.

Get The Habit

Of trading at the Nebraska Grocery Store and you cannot break yourself of it. Our goods are always the best, our prices are the lowest and our stock is complete.

Besides having the largest stock of "Preferred" canned goods, Allen & Lewis special brand on all their leading lines. We have just received a new and complete line of Men's and Women's and Shoes which we invite you to inspect.

C. J. RALSTON NEBRASKA GROCERY STORE

Cor. Fir and Jefferson Sts.

ELECTRIC FIXTURES

All who are building new or rebuilding their homes, can neatly finish their parlors, dining rooms, halls etc with a 1 to 6 light Electolere, at a reasonable price, as we are in position to undersell any fixture in the Inland Empire.

We have at our office a complete stock of assorted styles of ceiling and wall fixtures of beautiful designs and finish. Also Shades of all designs.

We cordially invite the public to inspect our stock even if you are not ready to buy. Office open from 7 a.m. to 8:30 p.m.

La Grande Light and Power Co.