

## Half a Carload of New Wall Paper.

We have just received half a car load of the newest and latest wall paper. Half a carload means 20,000 rolls. This is more paper than any one firm ever thought of bringing into this county in a single season.

This paper is all for sale and must be sold this season. We have brought two first class paper hangers direct from Chicago, who are without doubt the most skillful workmen in Eastern Oregon, with the two first class paper hangers already in our employ, gives us the best working force in the Inland Empire.

**Stackland & McLachlen**  
PAINTS, OILS AND GLASS

## TURKESTAN ALFALFA

The Dry Land Alfalfa grows without irrigation.

## BROME GRASS

Red Clover, Alfalfa and all kinds of Garden Seed in bulk

Seed Wheat, Baled Barley, Oats, Etc.

The only Seed House in Union County.

**A. V. Oliver**

JEFFERSON AVE. Phone 1571

## SECOND HAND GOODS ARE WANTED

We pay cash for anything of value. If you have anything to sell, phone 1581

**The La Grande Pawnbrokers**  
Corner Fir and Adams

Remember we still buy and sell all kinds of Second Hand Goods. Phone 1581

## 10 PER CENT REDUCTION ON ALL SPRING SUITS.

\$25 Suits for \$22.50  
\$30 suits for \$27.00  
\$32 suits for \$28.80  
\$35 suits for \$31.50  
\$40 suits for \$36.00

This for 20 days

**ROSS & ANDREWS**

TAILORS AND GENTS FURNISHINGS.

## A Two Light Electrolier

Empire style complete with etched glass shades and all attachments put up in your residence for \$5.00  
See samples in our window.

**La Grande Light & Power Co**

## LOCAL ITEMS OF INTEREST

Concerning People Who Come And go and Other Items of Local Interest.

H. L. Buell of Elgin in the city. Circuit Court is in session this week. County Court is in session.

Virgil Smith plays a violin solo at Central Church Friday evening.

The members of the Presbyterian choir most kindly change their rehearsal so as to attend Miss Buckingham's recital.

Mrs. C. H. Miller will entertain the ladies of the Kaffee Klatch Friday afternoon at her home.

Senator Dubois of Idaho was in the city today. He is stopping at the Hot Lake.

The Ladies of the High Five will be entertained tomorrow afternoon by Messrs. Molden and Grady at the latter's home.

Percy Clark was one of the judges of election 80 years ago when the vote was taken, which resulted in the removal of the county seat from La Grande to Union. He was also one of the judges in precinct No. 1 Monday.

Mrs. F. M. Jackson passed through the city last evening en route to Chicago. Mr. Craig says the travel east is so great it would seem that all the Oregonians are going to see the great fair at St. Louis. The O. R. & N. Co. is doing everything possible to make the trip a pleasure to the traveling public and the people of eastern Oregon have no complaint to make regarding the treatment accorded them.

Manager Osburn, of the telephone company won a warm spot for himself in the hearts of the people by the way he handled the election returns. Through his untiring energy the people of this city were able to secure the returns from every precinct in the county as soon as the vote was counted. By his carefulness in this respect the service of the company advanced in the estimation of the patrons of the line about two hundred per cent.

### A Word About Osteopathy

It is very gratifying to observe the progress made in all lines of learning as well as technical ways. Discoveries of the utmost importance are made from year to year, and what seemed impossible to accomplish yesterday becomes possible today.

For centuries, learned doctors have studied the human body to find the cause and the cure of every ill flesh is heir to. System after system has flourished for a time then passed away. The rational way of using drugs, according to positive indications, has engaged the attention of many high minds, from faithful provings or experiments made by himself and his friends, Hahnemann evolved the system of homeopathy, which has gained many adherents in this and other countries. The cheapness of homeopathic remedies the minuteness of doses and their easy administration have won many warm friends.

Yet there are those who want no drugs at all. It is claimed by some that with hygienic living and proper exercise nearly all diseases can be overcome. This statement is too sweeping, however. A broken leg is cured by nature no doubt, but it takes a student of anatomy to properly place the broken fragments of the bone together so that no deformity shall ensue. But broken bones are not the only injuries which incapacitate one from work; bones may be out of joint and until they are replaced in their natural position there is trouble with the joint.

Some years ago, a Missouri physician Dr. Still, after much study and practice, found out that many diseases originate from dislocations of the bones of the spinal column, whereby the nerves originating from the spinal column or the blood vessels themselves there or elsewhere are subject to undue pressure, and thus prevented from transmitting the full amount of nervous energy or of blood supply to the different organs they are distributed to. By careful study of the anatomy of the two systems of nerves it is found that the stimulation of certain spinal nerves exerts an influence upon the organs they are distributed to by means of the sympathetic nerves of organic life. This may not be very clear to the average reader, but it is full of meaning to the physician. Thus every organ of the body can be stimulated or inhibited according to the degree of pressure brought to bear upon the spinal nerves at their points of exit from the spinal column. Paralysis as well as convulsions dysentery as well as constipation may be cured in a short time by the physician acquainted with the key-board of the human system the complex anatomy of the back.

Dr. Still called his new system osteopathy. Osteopaths, then being generally anatomists locate a lesion caused by a bone or ligament or a contracted muscle compressing a nerve, a blood vessel or some organ and cure the trouble by removing the lesion.

Why there should be any opposition to the free practice of osteopathy is not clear except for the fact that some people are always too busy to stop the progress of the world. Harvey, the discoverer of the circulation of the blood suffered ignominy and contempt

at the hands of his medical brethren, and his practice dwindled to very small proportions. Galileo was put in prison for saying that the earth moves around the sun. But those who trust themselves in the hands of an osteopathic physician can rest assured that he thoroughly understood the anatomy of the human body, and will soon be able to locate in the particular spot the lesion causing the mischief or disease, and that only such manipulations are exerted which will set the bones in the place or remove any obstacle or constriction and thus allow a free flow of blood and of nervous energy. In these days of surgery, when it is sought to bring every possible disease in the domain of the surgeon the people should be glad to see simple manipulations triumph over difficult cases which even the surgeon's knife could not remove.

These remarks are offered in a friendly spirit, and not to antagonize any school of medicine; they are prompted by a love of fair play in the land of the free. After many years of medical studies from all possible standpoints, the writer, as a disinterested party not tied to any particular school, neither riding a favored hobby, is forced to recognize the positive fact that osteopathy is merely applied anatomy and physiology; and those who fight it so, either from sheer ignorance or pure malice.

A. A. RAMSEYER.  
Deseret News, Salt Lake City

FURNISHED ROOMS—Parties desiring nicely furnished rooms apply to G. D. Simmons corner 8 and M. streets

**Dr. P. A. CHARLTON**  
VETERINARY SURGEON,  
Office at A. T. Hill's Drug Store,  
La Grande, Oregon Phone 1361

**Spokane Cafe**  
This well known Cafe is now under new management and the public is assured full value for their money.

Special prices to holders of meal tickets.

In order to give the public an opportunity to know just what a good place we have, we have reduced the price of meal tickets from \$5 to \$4.50. This is a spot cash proposition.

Try our Sunday Chicken Dinner.

**SPOKANE CAFE**  
J. F. Johnson  
Depot St. La Grande, Or.

## Second Hand Sale

Rambler Bicycle, \$15	Center table 75c
Double Harness, 3 50	New Trunk, 2 15
Saddle, 7 50	Dining Table, 2 00
Winchester 4 00	Oak & brass rack 5 50

Moquet carpet, nearly new.....\$14 00  
Portiers and chenille curtains.....1 00 to 3 00  
Parlor Lamps.....75c to 1 00

Four styles churns, 50c to 3 00; Lounges, real good ones, 2 00 to 7 00; baby buggy, 1 00; Keen Kut Lawn Mower 4 00; 10 gallon milk can, 1 50; guaranteed sewing machine, 6 50; Mann's Green bone mill, 4 50. Latest Improved Washing Machine, 6 50

Selling out at wholesale cost all my crockery, glass ware, lamps, wash bowls and pitchers, etc.

I will pay highest prices for second hand goods. Free delivery.

**F. D. Haisten,**

Formerly C & M Noble's Store.

## A SHORT TALK ON SHOES

Shoes bought direct from the manufacturers and sold to the customer at a small margin of profit, ought to give the best possible values for the money. This is what we are offering. All our shoes are purchased from reputable manufacturers and are guaranteed to give good service for the purpose or which they are intended.



Children's Knit Shoes 2 00 to \$1 15 per pair
Children's Canvas Shoes 75c to 1 25
Misses Kid Shoes 1 25 to 1 75
Misses Calf Shoes 1 25 to 1 50
Ladies' Kid Shoes 1 45 to 2 25
Ladies' Calf Shoes 1 75 to 2 25
Boys' Calf Shoes 1 45 to 2 25 per pair
Men's Work Shoes 1 50 to 2 75
Men's Vici and Calf shoes 2 25 to 3 25
Children, Misses and Ladies' slippers and Oxford—Everything in the shoe line.



**THE GOLDEN RULE CO.**

1308, 1310 and 1312 Adams Avenue,

La Grande

Oregon.

## City Property For Sale

Finely Located, Well Improved 5-Room House For Sale. Also Other City Property, At

**CRANT & HERRONS**

## ALWAYS ON TIME

When you order groceries from us you are sure to have them delivered on time

## ANOTHER THING

When you order groceries from us you are sure to get the very best to be had. We keep only the best

The next time you are at our store ask to see our special line of

**BREAKFAST BACON & POTTED MEATS**

C. RALSTON

**NEBRASKA GROCERY STORE**

Cor. Fir and Jefferson Sts.

## How Can I Cure My INDIGESTION?

THIS IS A QUESTION THAT HAS BEEN ASKED TIME AND AGAIN BY HUNDREDS—yes, thousands and tens of thousands of people. There is but one way to do this; namely, relieve the Stomach of its nervous strain—rest it; and at the same time Assist the Stomach and Digestive Organs in Digesting and Assimilating Sufficient Food to Rebuild the Tissues Supporting the Organs Involved. There is but one remedy that will do this, and that remedy is KODOL DYSPEPSIA CURE. If you want to know more about Kodol, come in and

**WE WILL TELL YOU**

**A. T. HILL,**

Prescription Druggist La Grande, Ore

E. P. Staples

E. E. Romig

## ROMIG & STAPLES --GROCERIES--

A full and complete line of staple and fancy groceries. Fancy canned and lunch goods; Tinware, graniteware and woodenware.

Fruits and vegetables in season. Bakery products always fresh. Good service and quick delivery.

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