# Shingles

Continued from Page 1A

is most often seen as a stripe of blisters around the torso's right or left side.

Shingles is caused by the same virus as that causes chickenpox. "After you've had chickenpox, the virus lies inactive in nerve tissue near your spinal cord and brain," according to the clinic. "Years later, the virus may reactivate as shingles."

However, vaccinations can help prevent such a reoccurrence.

The vaccine has been in short supply since about June, said Stephen Certo, a director of pharmacy operations with Albertsons Companies, which also operates Safeway stores.

Certo said physicians and pharmacies across the U.S. promoted the vaccine, but manufacturer GlaxoSmithKline appears not to have anticipated the demand.

"Now you're struggling ... to give people a first dose because you need to give them the second dose," Certo said.

### Patients put on waiting lists

Pharmacies are putting patients on waiting lists for a first dose, "but it's going to be a while because we need to take care of the people who got their first dose ... two to six months ago," he said.

Patients do not need a prescription for Shingrix in Oregon and Washington, Certo said.

For those who are seeking the vaccine amid the shortage, however, Certo recommends staying in touch with their doctor and getting on a pharmacy's wait list.

The Oregon Health Authority has been unable to supply any local public health departments with the shingles vaccine, spokeswoman Delia Hernandez said.

"The manufacturer hopes to have more to distribute by the first of the year," she said.

"OHA would supply Shingrix to any of our local public health departments that wanted to provide it," Hernandez said. "We do not know who those might be yet, because we are unable to supply it."

In a May letter to customers, GlaxoSmithKline said their Shingrix shingles vaccine's arrival "has been met with an unprecedented level of demand."

"While we recognize the desire to move quickly to vaccinate with Shingrix, the demand has outpaced our robust supply plan for the launch phase," Patrick Desbiens, senior vice president, U.S. Vaccines, said in the letter.

"To keep pace, GSK is working diligently to expedite additional Shingrix deliveries, and in the near term, we have placed Shingrix on back order until we restore our inventory," Desbiens said in the letter.

GSK spokesman Sean Clements told the Statesman Journal on Monday the company is "shipping a large volume of vaccine this week and ship similar volumes every two to three weeks."

"Shingrix has been met with an unprecedented level of demand from patients and health care professionals," Clements said. "GSK has responded to this demand by significantly increasing and accelerating shipments of Shingrix this year."

He said in the U.S., upwards of 3 million doses of Shingrix have been administered from the vaccine's launch through the end of June.

"We expect to vaccinate significantly more patients against shingles this year than were vaccinated in total in 2017," Clements said.

The company "is fully committed to expediting Shingrix resupply throughout 2018," Clements said.

### Flu vaccine in good supply

Despite high demand for flu vaccines this year, there have been no problems with supply, Certo said.

With multiple flu-related deaths last year, more people are "heading the warning" to get their flu shots, he said. Certo has personally heard people who've never gotten the shot getting one this year.

OHA's Hernandez also said there were "no flu vaccine shortages," just "normal delays in deliveries."

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**Claudia Carmichael of Salem has already gotten her first dose of Shingrix, but when she'll be able to get a second shot remains unclear. It's recommended that patients receive their second dose between two to six months after the first shot.** KELLY JORDAN/STATESMAN JOURNAL

# Idanha

Continued from Page 1A

elected to the City Council in 2014. "By now if people don't want me, they won't write me in.

"Certainly, I'm not going to abandon the city," he said. "These times are important for the growth of the city. If I'm voted back in, it's more than likely I'll serve again."

### Life on the county's eastern edge

Idanha is located 55 miles east of Salem and is the farthest east incorporated city in Marion County. Or Linn County. The south portion of Idanha – also called New Idanha – is located in Linn County.

"More or less you're getting into retirement type age and with the school's gone and more or less work, it's pretty much non-existent," Johnson said.

"In Detroit, everything is more or less second home and we're hoping that filters up here. We lost everything as far as work goes when we lost the mill. There's not been much that comes that way to fill that."

Idanha had a population of 140 in 2017, according to Portland State. That was down from 230 in 2005. When the city was founded in 1949, Idanha had a population of 442.

The only city service Idanha provides its residents is water, and it shares its water technician, Robert Bruce, with Detroit.

Idanha has four employees, with one full-time employee.

Oregon is one of 40 states that allow disincorporation.

For a city to disincorporate, an initiative petition must be undertaken and a majority of voters must authorize it.

If the voters approve the disincorporation, the city has 30 days to give its property to the county and after 60 days ceases to exist.

In a city like Idanha, where Yohe won the last mayoral election in 2014 with 13 votes, voter apathy is high.

"Unfortunately there's not a lot of response because the population in the area is not conducive to that kind of thing," Yohe said. "A lot of them are elderly and retired or whatnot. A lot of millennials don't have the interest.

"Our system relies on cooperation of people and people need to be involved."

### Cities cease to be for lots of reasons

According to the Oregon League of Cities website, Juntura disincorporated in 1976 and Draperville and Long Martin were disincorporated after less than a year as cities.

Waterloo, along the South Santiam River, disincorporated in 2002 after over 100 years as a city.

More recently, the city of Damascus, a Portland suburb incorporated in 2004,ceased to be a city through a vote in 2016. Its former residents were paid $3.7 million in property tax rebates in July of this year.

In Gates — 20 miles west of Idanha — disincorporation was a topic of conversation among city residents in 2000, but was never brought to a vote.

There are 11 Oregon cities smaller than Idanha, including Greenhorn with a population of 2, where talk of disincorporation comes and goes, but most have chosen to remain cities to keep their identity.

"That's one of the reasons that I'm trying to work so hard to get on with improving the community to make it more appealing to businesses to make it so we can get a larger population base in here," Yohe said.

"If the city had disincorporated and that comes to fruition then the city has no sovereignty so we want to try and maintain that and bring people into the community."

While the economy in most areas of Oregon have rebounded since The Great Recession of the late 2000s, Idanha has not.

The two logging mills in town closed and there are still many unoccupied houses.

According to Marion County tax records, the average real market value of a house in Idanha was $78,831 in 2017 – the lowest in the county – but the averaged assessed value is $47,770. The average resident paid $655.80 a year in taxes.

The next lowest city is Gates where the average real market value of a home is $139,239 and the average property taxes were $1,420.14. Aurora has the highest real market value among cities in Marion County at an average of $337,418 and its residents paid $3,573.20.

Long-term economic decline such as businesses moving out of town and an aging population have sunk Idanha's economy.

Of the four retail businesses in town, most are seasonal and are closed for much of the year such as River Mountain RV Park, and the Idanha Country Store closes some winters.

Unlike Detroit, which has thrived thanks to recreation and houses being used as second homes, there has been no economic mechanism to help the town rebound.

"More or less you're getting into retirement type age and with the school's gone and work, it's pretty much non-existent," said Johnson, who also works at Kane's Marina in Detroit.

"In Detroit, everything is more or less second home, and we're hoping that filters up here. We lost everything as far as work goes when we lost the mill. There's not been much that comes that way to fill that."

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# Businesses

Continued from Page 1A

Church, 229 Eureka Ave. After a holiday break, it will open again from Feb. 2 through April 27. Its hours are 10 a.m. to noon each Saturday. Currently, 22 food and craft vendors are listed on the organization's website.

**Pivot Massage,** owned by Carrie Heinsch, opened upstairs in the Wellman Building, at 103 S. 1st St., Suite 201. Heinsch is originally from southern Oregon. She graduated from Oregon School of Massage in June and now works 8 a.m. to 3 p.m. Mondays, Wednesdays and Fridays. She can be reached by phone at 503-99-0111.

Also new to the building is **Wavra Design Co.,** a business owned by Silverton native Alyssa Wavra. A graduate of Silverton High School, Wavra starting designing residential and light commercial spaces from home six years ago. She can be reached by phone at 503-932-4134 and is available weekdays by appointment at 111 S. 1st St., the space most recently occupied by Dennis Downey Construction.

There's another player on the drum scene, and that's **Katey Mills of Mosaic Rhythmsfor Kids.** In a home studio above her garage, Mills began offering beginning and intermediate drum lessons this fall. She's a licensed teacher and lifetime drummer, specializing in jazz. She left a teaching job at McKinley Elementary School in Salem to stay home with her preschool kids and teach private lessons. She can be reached online at www.mosaicrhythms-kids.net or by phone at 503-991-8166.