

2017 All-Mid-Valley team

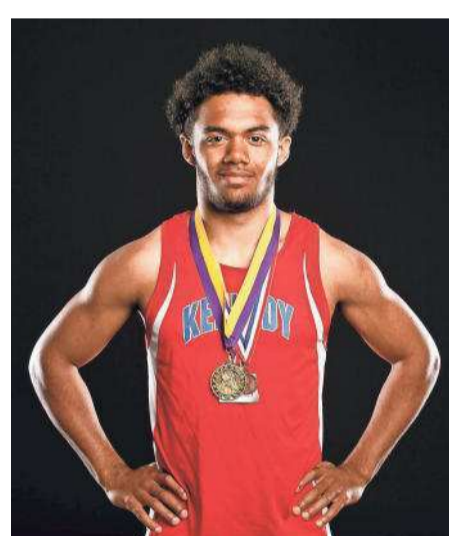
This is the list of area athletes that made the All-Mid-Valley spring team for the 2017 season. Athletes of the year were announced at the June 6 Statesman Journal Sports Awards.

TRACK



Kalulu Ngaida

School: Cascade.
Year: Junior.
District results: Oregon West Conference champion in high jump, triple jump, fifth in long jump.
State results: Second in Class 4A triple jump, fourth in high jump.
Season personal records: 5-3 (high jump), 15-5.25 (long jump), 37-2 (triple jump).



Bishop Mitchell

School: Kennedy.
Year: Senior.
District results: Tri-River Conference champion in 100, 200, long jump and triple jump.
State results: 2A state champion in 200, long jump and triple jump, second in 100.
Season personal records: 10.98 (100), 22.53 (200), 22-10 (long jump), 43-.25 (triple jump).



Brock Rogers

School: Silverton.
Year: Senior.
District results: Mid-Willamette Conference champion in 110 hurdles, second in 100, third in 1,600 relay, fourth in 400 relay.
State results: Class 5A state champion in the 110 hurdles, third in 100.
Season personal records: 14.47 (110 hurdles), 11.02 (100).

SOFTBALL



Maggie Buckholz

School: Silverton.
Year: Junior.
Position: Shortstop.
Honors: First-team all-Mid-Willamette Conference; Mid-Willamette Conference co-player of the year.
Statistics: Buckholz batted .734 with a 1.430 slugging percentage. She hit 17 doubles, four triples, 10 home runs, 64 RBI and scored 39 runs.



Kasidee Parazoo

School: Scio.
Year: Sophomore.
Position: Outfielder/pitcher.
Honors: First-team all-PacWest Conference; first-team Class 3A all-state.
Statistics: Parazoo batted .566. She hit 17 doubles, 12 home runs, had 64 RBI and scored 47 runs. She was 9-0 with a .45 ERA with 48 strikeouts in 46 innings pitched.



Ashton Phillips

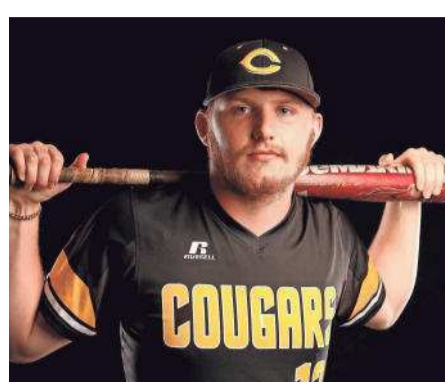
School: Scio.
Year: Junior.
Position: Shortstop
Honors: First-team all-PacWest Conference; PacWest Conference player of the year.
Statistics: Phillips batted .676, including a 29-game hitting streak. She hit 14 doubles, two triples, four home runs, stole 32 bases, 43 RBI and scored 71 runs.



Tressa Reidman

School: Kennedy.
Year: Junior.
Position: Pitcher.
Honors: First-team all-Tri-River Conference.
Statistics: Reidman batted .491 with .573 on-base and .778 slugging percentages. She hit nine doubles and three home runs. She was 17-5 with a 2.55 ERA and 135 strikeouts against 22 walks.

BASEBALL



Mitchell Bell

School: Cascade.
Year: Senior.
Position: Pitcher/outfielder.
Honors: First-team all-Oregon West Conference.
Statistics: Bell batted .462 with a 1.135 slugging percentage. He hit eight doubles, nine home runs and had 29 RBI.



JaVon Logan

School: Regis.
Year: Senior.
Position: Pitcher/shortstop.
Honors: First-team all-Tri-River Conference; first-team Class 2A/1A all-state.
Statistics: Logan batted .516 with .620 on-base and 1.000 slugging percentages. He hit five doubles, five triples and five home runs. He had 21 RBI and scored 38 runs. On the mound he was 5-0 with a 1.94 ERA and struck out 23 batters with seven walks in 18 innings.



Brett Traeger

School: Kennedy.
Year: Senior.
Position: Pitcher/shortstop.
Honors: First-team all-Tri-River Conference; first-team Class 2A/1A all-state.
Statistics: Traeger batted .440 with a .463 on-base percentage. He had six doubles, three home runs, 33 RBI and scored 30 runs. He was 10-2 with a 2.15 ERA and struck out 88 batters.



Coach Don Heuberger

School: Regis.
Year: 35th.
Honors: Class 2A/1A state coach of the year.
Team accomplishments: Regis went 18-2, including a perfect 13-0 record in winning the Tri-River Conference, and reached the OSAA Class 2A/1A state semifinals.



ANNA REED/STATESMAN JOURNAL
 Scio junior Ashton Phillips is nominated for Softball Player of the Year in the Statesman Journal Sports Awards.

Ashton Phillips is 3A state player of the year

Dayton's Haley Couch named pitcher of year

3A all-state softball team 2017

Player of the Year: Ashton Phillips, Scio
 Co-Pitchers of the Year: Haley Schimmel, Rainier and Haley Couch, Dayton
 Coach of the Year: Jim Knox, Rainier

First Team All-State

Haley Couch sr, P Dayton
 Bailey Hillmick sr, P Weston-McEwen
 Hailey Schimmel sr, P Rainier
 Erica Skelton sr, P Pleasant Hill
 Kammi Gray sr, C Rainier
 Landree Miethe sr, C Warrenton
 Brianna Zweygardt jr, C Grant Union
 Kylee Hill sr, 3B Dayton
 Brooke Young jr, 3B Rainier
 Allison Michel jr, IF Glide
 Hannah Mizuta sr, SS Vale
 Aspen Norman jr, SS Rainier
 Ashton Phillips jr, SS Scio
 Malina Ray jr, SS Dayton
 Rheanna McDaniel jr, OF Scio
 Kasidee Parazoo so., OF Scio

Second Team All-State

Haley Brooks jr, P Harrisburg
 Kelsey Pollard jr, P Scio
 Alley Sutcliffe sr, P Burns
 Amanda Trenkel sr, P Vale
 Natalie Downey sr, C Pleasant Hill
 Sydney Peal sr, C Weston-McEwen
 Trinity Hamm fr, C Clatskanie
 Analyssa Ruiz sr, C Blanchet
 Grace Reeve sr, 1B Vale
 Ana Coronado so, SS Blanchet
 Olivia Warren jr, 3B Clatskanie
 Erin Skelton sr, IF Pleasant Hill
 Whitney Stone jr, IF Glide
 Ani Heidt jr, OF Dayton
 Cate Jacks jr, OF Dayton
 Elly Moulder sr, U Rogue River

Honorable Mention All-State

Niqui Blodgett jr, P Warrenton
 Skyler Wightman jr, P Harrisburg
 Jordan Williams so, P Glide
 Audra Zook sr, P Taft
 Tori Johnson sr, P/IF/OF Portland Adventist
 Jordyn Lambert so, P/3B Weston-McEwen
 Sofia Cicerone fr, C Dayton
 Patty O'Leary sr, C Amity
 McKenzie Thompson sr, C Harrisburg
 Cassie Aguilar jr, 1B Jefferson
 Kalina Rojas jr, 1B Dayton
 Nora Mikolas sr, 2B Scio
 Sage Miller sr, SS Clatskanie
 Mariah Moulton jr, IF Grant Union
 Madison Plew jr, IF Enterprise
 Shelby Marshall sr, OF Colton
 Lexi Mulvaney sr, OF Vale
 Sarah Smith sr, OF Rogue River



BILL POEHLER/STATESMAN JOURNAL
 Dayton's Haley Couch is named pitcher of the year.