

2A TRACK AND FIELD

Kennedy's Mitchell goes out in style

GARY HOROWITZ
STATESMAN JOURNAL

EUGENE – Kennedy senior Bishop Mitchell was named 2A boys athlete of the meet after a sterling performance in his two days of competition.

Mitchell, who was runner-up by 0.0006 in the 100-meter dash Friday, came back to win the 200 and triple jump, adding two more state titles to his long jump victory on Thursday. He posted personal bests in the 100 (10.98), 200 (22.53) and triple jump (43 1/4).

"It went by fast," Mitchell said of his high school career. "But it's good to finish the way I did."

Mitchell, the 2A offensive player of the year last season as a running back for the Trojans, is headed to Portland State on a football scholarship. He was instrumental in the boys team placing fourth as

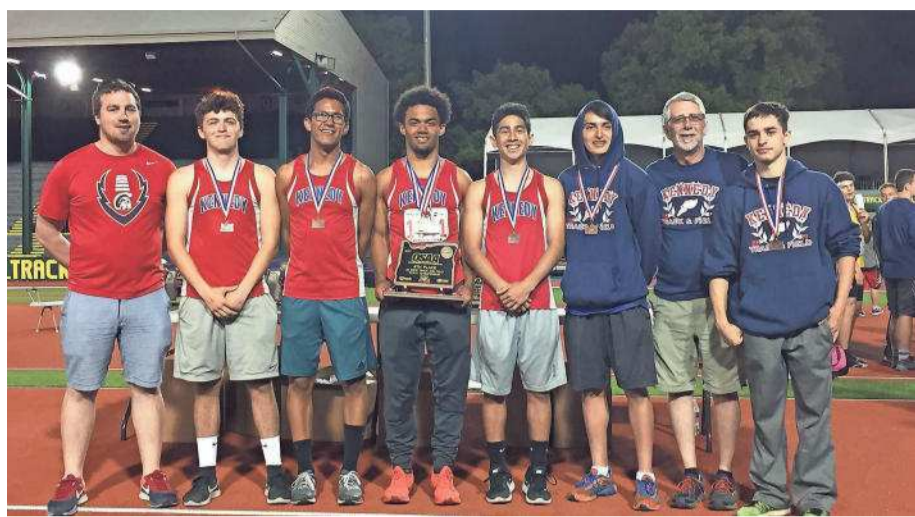
"We owe a lot to Bishop of course, 38 points is an incredible performance. But if that's all we had we wouldn't be in the top four. So the other guys on the team that contributed points put us over the top."

STEVE RITCHIE
KENNEDY COACH

a team, scoring 38 of the 47 points.

"We owe a lot to Bishop of course, 38 points is an incredible performance," Kennedy coach Steve Ritchie said. "But if that's all we had we wouldn't be in the top four. So the other guys on the team that contributed points put us over the top."

The top four teams receive trophies. ghorowitz@StatesmaJournal.com, or [Twitter.com/ghorowitz](https://twitter.com/ghorowitz)



GARY HOROWITZ / STATESMAN JOURNAL

Kennedy's boys track and field team placed fourth at the OSAA Class 2A state meet on May 19.

5A TRACK AND FIELD



PHOTOS BY MOLLY J. SMITH / STATESMAN JOURNAL

Silverton's Brock Rogers crosses the finish line in the 5A 110 hurdles at the OSAA track and field championships Saturday.

CROSSING THE FINISH LINE

Brock Rogers brings state championship back to Silverton

GARY HOROWITZ
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EUGENE - Brock Rogers could not have hoped for a better ending to his high school career.

Rogers, a senior representing Silverton High School, posted a personal best time of 14.47 to win the 110 hurdles on in the OSAA Class 5A state track and field meet Saturday at Hayward Field.

Rogers' goal was simple: "Just ran as fast as I can. Fastest time, best race yet."

After placing second in the 110 hurdles last year, Rogers had one more opportunity to stand atop the awards podium.

Running from lane four in the middle of the track, he took the lead after the first hurdle and retained it through all 10 hurdles. Hermiston's Tyler Rohman placed second (14.68).

"I'm super happy," Rogers said. "I just wanna thank my coach for all the awesome work that he's done this year with me."

Rogers has much to look forward to on and off the track.

In June he'll receive his high school diploma from Renaissance Public Academy in Molalla – Rogers was home schooled until the eighth grade – and an associate's degree from Clackamas Community College in Oregon City the following day.

Rogers plan to continue his athletic and academic pursuits at George Fox University in Newberg where he'll pursue a nursing degree.

While Rogers never attended Silverton High School, he lives in Silverton and has strong ties with the track program.

"I practice with them every day. They're an awesome team," Rogers said.

Rogers, who took up the hurdles as a freshman, was sixth in the state as a



Silverton's Coleton Myers competes in the 5A high jump at the 2017 OSAA track and field state championships on Saturday at Hayward Field in Eugene.

sophomore in the 110 hurdles, second last year in his best event, as well as seventh in the 300 hurdles.

Rogers is an accomplished sprinter – he picked up the 100 late last season and won the Mid-Willamette district championship - but there's nothing quite like the 110 hurdles.

"The 100's fun, but when you add another thing into it (hurdles), it takes it to a whole 'nother level," he said.

Rogers will enter George Fox as a junior academically, but he'll have four years of eligibility in track. He has considered branching out into other events, perhaps even the decathlon.

As for his high school career coming to an end?

"It's been an awesome four years," Rogers said. "It's kind of sad to go, but

I'm excited for the future."

More 5A highlights

Central junior Bethanie Altamirano arrived at the starting blocks for the girls 400 meters thinking she had a chance to win.

After all, she was the number three seed after Friday's preliminaries and placed third in the state last year.

Still, when Altamirano crossed the finish line first with a time of 57.67, more than a second faster than runner-up Sarah Reeves of Summit, she was thrilled.

"I had the possibility to win, but I'm still shocked," Altamirano said with a laugh. I was kind of planning on it, but it was just hard."

Altamirano anticipated a close race

with Reeves and that's how it unfolded. She took the lead around the Bowerman curve with about 100 meters remaining and used her strong kick to prevail.

A year after placing third at state in the 400 with a time of 59.59, Altamirano has added speed and strength through weight training.

"I started going to the weight room more often cause last year I didn't go at all," said Altamirano, who came back a few hours later to place eighth in the 200. "It was to help my legs get stronger. I'm gonna do that more, and more speed work."

Coleton Myers eclipsed his winning jump of a year ago, but it wasn't enough to repeat as boys high jump champion.

The Silverton senior cleared 6-foot-3 on his first attempt, but missed on three attempts at 6-4 and finished fourth.

Dakotah Camberg of St. Helens won the event at 6-6, which is two inches higher than Myers' personal best.

"We've all improved," said Myers, who won with a mark of 6-2 last year. "Dakotah, I've been jumping against him for four years. He's an incredible dude, 6-6 is unreal."

Myers had mixed emotions about not being medalist in his final high school competition.

"I was really close. It's hard to watch because you can literally see it slip through your fingers," Myers said. "It's still enjoyable. That's what I love about track. Everyone's competitive, but nice."

Silverton junior Shon Ackermann tied for sixth at 6-2.

At 5-foot-11, Myers was one of the shortest high jumpers in the finals. He's often asked if he can dunk a basketball and the answer is yes, with no problem.

Myers, who will continue his track ca-

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