



Silverton's 200 medley relay team of Jaiden Davis, Ross Mackinnon, Jason Orr and Blake Doerfler placed fifth at the OSAA Class 5A state tournament, the school's first medal in a boys state swimming event.

PHOTOS BY BILL POEHLER/STATESMAN JOURNAL

Silverton earns 1st boys state medal

Medley relay team finishes 5th for improving program

BILL POEHLER
STATESMAN JOURNAL

GRESHAM -- Silverton's boys finally brought back some hardware.

The Foxes 200 medley relay team of junior Jason Orr, junior Ross Mackinnon, senior Jaiden Davis and freshman Blake Doerfler placed fifth Saturday in the OSAA Class 5A state swimming meet at Mt. Hood Community College with a time of 1:48.87.

It was the first time a boy individual swimmer or team from Silverton had won a state meet medal -- a girls relay from Silverton placed sixth in 2010.

It's another step for Silverton's swimming program that has been making strides in recent years.

"It's becoming more serious," Davis said. "We work hard. We work really hard. Die like every single day during practice. At the time you're like: 'Why? Why are you doing this? Do I really need to swim today?'"

"Then we do things like we did today to get the medal and you realize that putting in all that work is worth it."

The team came into the meet seeded seventh and placed seventh in Friday's preliminaries, but another team ahead of them was disqualified, giving Silverton the No. 6 and final spot for the finals.

The same group came into the meet seeded fourth in the 200 free relay, but was eighth in the prelims so they didn't advance to the finals.

With nothing to lose, they gave the final race everything they had.

"We were sixth so we weren't really worried about dropping lower because we couldn't do worse," Orr said. "We were like, hey, we're in the



Dallas swimmer Jolie-Rae Ford placed fifth in the 100 freestyle in the OSAA Class 5A state swimming meet on Saturday.

finals so let's have fun."

Dallas senior Jolie-Rae Ford finished her high school career by earning her fourth state meet medal.

The senior placed fifth in the 100 freestyle in 55.14.

"I'm really happy with it," she said. "I don't think it could have gone any better. I think it was great."

This was the shortest race at which she had placed at the state

meet as her previous state meet placings were in the 200 and 500 free (twice).

True to form, she closed her final race Saturday strong and

"I thought it was really good, actually," Ford said. "I mean even though the time wasn't as good as it was at districts, I still had a really great race so I'm glad."



PHOTO COURTESY OF JESSICA MARPLE
Coach Aaron Lewis led the Corban men's soccer team into the postseason.

Timbers U23s hire Lewis as new coach

LUIS RAMIREZ
STATESMAN JOURNAL

The Timbers U23s announced that Corban men's soccer coach, Aaron Lewis, will take over the head coaching duties as the team makes the move to Salem for the 2017 season.

"Being asked to be the head coach of the Timbers U23 team is a tremendous opportunity for Aaron and it reiterates how fortunate we are to have him as our Director of Soccer at Corban," Corban Director of Athletics Greg Eide said. "We believe this is a win-win for the Timbers and Corban as Aaron will have the ability to continue to develop his coaching expertise at a very high level and deepen Corban's investment into the Pacific Northwest soccer community."

Lewis has a history with the Timbers, having previously worked for the organization from 2010-2013 as the Soccer Operations Coordinator and Manager of the Timbers U23s.

"I really enjoyed my time with the Timbers and being involved with the program," Lewis said. "To be able to come back to the organization and be a part of it coming to Salem is a neat opportunity."

Lewis began his coaching tenure at Corban in March 2013 and has since led the Warriors to four straight appearances in the NAIA National Championships, three Cascade Collegiate Conference tournament titles and two CCC regular season titles.

Last season, the Warriors advanced to the NAIA Championship Final Site for the first time in school history.

Several current and former players have played in the Premier Development League (PDL), which is the league the Timbers U23s will be playing in.

"I think it gives Corban additional credibility and we will hopefully have players continue to develop and have the quality to play on the Timbers U23s," Lewis said.

"The Timbers are looking a little different model and are trying to get connected further down the Willamette Valley. The program has a track record of preparing future professionals for that jump and we look forward to playing in a way that continues that trend."

In addition, Lewis has been the head coach of the Vancouver Victory of the Evergreen Premier League (EPLWA) the past couple of seasons, leading them to a championship in 2016.

"Aaron has demonstrated his ability to create a winning team culture both at Corban and with the Vancouver Victory," Capital FC Timbers Executive Director Colin Box said in a press release. "We are delighted to have him leading the charge and excited to see what the season brings."

Lewis, along with Lloyd Fobi (Managing Director) and Collin Box (Capital FC Timbers Executive Director) will work with the Timbers to assemble the rest of the staff and the roster.

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Local teams give it a 'rah' at state championships

ANNETTE UTZ
FOR THE APPEAL TRIBUNE

Three local area schools had the opportunity to strut their stuff at the Oregon School Activities Association's State Cheer Championships, held Feb. 11 at the Veteran's Memorial Coliseum in Portland.

Stayton, Regis and Cascade high schools took to the floor to compete against schools of similar size from throughout Oregon.

Final scores awarded were the total of scores in building skills, tumbling/jumps and overall routine categories.

Stayton High School finished in 12th place in the Class 4A division, scoring 119.90. Gladstone won the 4A set with 175.80 points.

Cheered on by Coach Kathy Boyd, Regis High School came in fifth in the Class

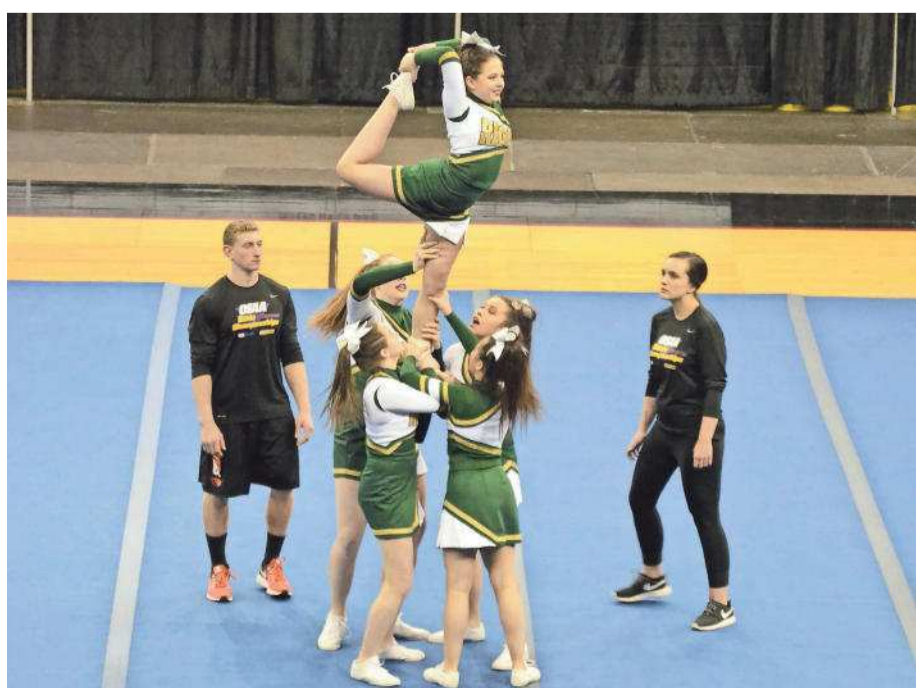
3A/2A/1A group with a final score of 137.70. Delphian took first place, earning a 170.30 score.

For Cascade, the 2017 championships were a reintroduction to the competition.

"Cascade took the mat for the first time at state since 2013, when Cascade took home the state title for 4A Small All-Girl division," Cascade High School Cheer Head Coach Bethany Robertson said.

This year the team competed in the Coed Small division. The squad finished 12th, posting 111.0 points. Newberg took the trophy in the category with 210.90 points.

Regarding the team's involvement, Robertson pointed out that "this year is the first time in over a decade since (Cascade) competed in that division."



DANA PETERS/SPECIAL TO THE STAYTON MAIL
Regis High School stands tall at the State Cheer Championships.