

MUNYON PREACHES HOPE PHILOSOPHY

New Association Gains Many Members—Faith's Curative Power.

Noted Health Expert Gives Reason for Big Success in Medicine.

Tremendous success has attended the organization of the new Munyon "Hope Cult." Professor Munyon claims that he has secured more converts than he even anticipated, and says that his "Hope Cult" is growing in leaps and bounds. It is said that the total membership of the association throughout the United States is now well over the half million mark. In a statement for publication, Prof. Munyon said:

"I want to talk to every sick, ailing and dependent person in this city. I want to preach my new creed to them. I want to tell them about my new philosophy of health, which is the fruit of a lifetime of study and experience in dealing with sick folk."

"I want to expound the Great Truth that I have learned that there is more curative power in an ounce of Hope than in pounds of Dope. That sick people should not take medicine except as a medium through which the great curative power of Hope may be made effective. Medicines are necessary in the present state of the world's progress because they give a patient physical support and strength and renewed vigor with which to brace up the will power. One knows, from the action of the proper medicines, that he or she is feeling better by this inspired hope and faith, which complete the cure."

"I think that probably half a million persons at least in the United States have declared themselves cured by my medicines, and I know that these people have had the best remedies medical science had to offer. I have always contended that if there is any virtue in medicine my followers should have the best, but I verily believe that more than one-half of those who have been lifted to health from the bondage of chronic illness, through taking my medicines, have been really cured by the knowledge that they had the utmost in medical lore at their command, and the Hope this inspired."

"I am not in any sense a practicing physician. I employ at my laboratories in Philadelphia a large staff of expert physicians and chemists, and I have many other physicians in various cities of the United States detailed to give free advice to the sick and afflicted. My headquarters are at Munyon's Laboratories, 53rd and Jefferson Sts., Philadelphia, Pa., and I have there a staff of duly registered physicians and consulting experts, and to all who desire it I offer the best of medical advice absolutely free of charge."

Write today, addressing Prof. J. M. Munyon personally, and your letter will have a special care.

Properly Punished.
"I refuse to pay. If I do, I hope my arms will drop off," declared a man recently when summoned by the Stourbridge (Eng.) Guardians for delinquency to pay a week towards the maintenance of his mother. A startling sequel to his oath occurred the other day when he became paralyzed, and lost the use of both his arms.

Beware First False Step.
He who is false to present duty breaks a thread in the loom and will find the flaw when he may have forgotten the cause.—Henry Ward Beecher.

THAT AWFUL BACKACHE

Cured by Lydia E. Pinkham's Vegetable Compound

Morton's Gap, Kentucky.—"I suffered two years with female disorders, my health was very bad and I had a continual backache which was simply awful. I could not stand on my feet long enough to cook a meal's victuals without my back nearly killing me, and I would have such dragging sensations I could hardly bear it. I had soreness in each side, could not stand tight clothing, and was irregular. I was completely run down. On advice I took Lydia E. Pinkham's Vegetable Compound and Liver Pills and am enjoying good health. It is now more than two years and I have not had an ache or pain since. I do all my own work, washing and everything, and never have the backache any more. I thank your medicine is grand and I praise it to all my neighbors. If you think my testimony will help others you may publish it."—Mrs. OLLIE WOODALL, Morton's Gap, Kentucky.

Backache is a symptom of organic weakness or derangement. If you have backache don't neglect it. To get permanent relief you must reach the root of the trouble. Nothing we know of will do this so surely as Lydia E. Pinkham's Compound.

Write to Mrs. Pinkham, 31 Lynn, Mass., for special advice. Your letter will be absolutely confidential, and the advice free.

DEMAND FOR CERTIFIED MILK

Most Cities of Population of 25,000 to 50,000 Would Support Dairy If Well Advertised.

(By D. D. WHITE.)
The production and sale of certified milk will probably never amount to more than a small fraction of the total milk consumed. It is believed, however, that the demand for this class of milk will increase, not only for infants and persons of delicate health, but for people who appreciate a good product and want the best.

There is over a score of cities at the present time each of which is supplied with certified milk from one or more dairies, and it is believed that most cities of a population of 25,000 to 50,000 or more would support a certified-milk dairy if the product were properly advertised, and its merits generally known to the public.

Physicians assist greatly in the sale of certified milk, and, as a number of them are usually members of the milk commissions in the various cities, they are thoroughly acquainted with the conditions under which the milk is produced and freely recommend its use.

There are a few essential points in the production and handling of certified milk which must be observed. If these details are strictly adhered to, the quality of the milk, so far as the bacterial content is concerned, is assured.

The following are the points to be regarded as the most important:

1. The health of the cows.
2. The sanitary construction of the barn.
3. The sanitary condition of the cows.
4. The sanitary condition of utensils.
5. The sanitary condition of clothing.
6. The sanitary condition of clothing.
7. Sanitary methods of milking.
8. Few utensils, simple in construction.
9. Rapidity of cooling.
10. Sanitary bottling room.
11. Rapid bottling into sterilized bottles.
12. Keeping filled bottles covered with chipped ice from time of filling to time of delivery to consumers.

KEEP POULTRY HOUSE CLEAN

One of Most Important Factors for Health of Fowls—Nest is Breeding Place for Lice.

Cleanliness is becoming the watchword in all lines of farming and especially with the poultry and dairy plant. The poultry-house should be cleaned and kept clean at all times for the health of the fowls and to keep down lice and other poultry pests. But at this season of the year, when the weather is growing warmer and all insect life is beginning to renew activity, it becomes necessary to give special care to this matter.

If lice in the poultry-house are allowed to breed and increase in numbers at this season they will be hard to put down and keep down as warmer weather comes on. Once they get a start they will simply take full possession by the middle of summer, much less of both young and old stock will result and it will be a hard fight to clean them out. But if they are put under control early in the summer they will be easy to keep under control through the warm season.

The nest is a great breeding place for lice. It is a good thing to clean out all nesting material every week or two. Either remove it from the yard or burn it, and paint the inside of the nest with kerosene. If the nest box can be removed to the open and lice seem to be harboring in it, burning out with kerosene will make quick work for them.

Keep a barrel of lime in the poultry-house and sprinkle lime over the floors and grounds to absorb odors and to kill parasites and the germs of disease. A barrel of lime costs about \$1 and it will save many times its cost by using it around the poultry house.

Keeping the Pastures Fresh.
Nothing is gained and often much loss results from overstocking the pasture or keeping stock in small pastures until they become stale. If possible, change the pasture now and then, or, better still, take the stock off the pasture entirely for a few days.

Much loss results in tramping, new pastures, especially, while they are being irrigated. Blue grass pasture will withstand injury better than clover; but even this is often injured by the tramping of livestock, such as horses and cattle, while the ground is soft.

It is better to let the pasture lie idle for four to five days after irrigation, if possible, for by so doing the animals thrive better and the pasture will last longer.

Strength of Egg Shells.

The shells of eggs vary in shape, color and firmness. These variations are more a matter of breed and the individuality of the hen than of care or feed. The strength of egg-shells is important, because breakage is a source of considerable loss to the trader. However, the difficulty of weak shelled eggs is not one which can be easily remedied. Nothing more can be advised than to feed a ration containing plenty of mineral matter and to discard hens that lay noticeable weak shelled or irregularly shaped eggs.

Green Feed for Ducks.
Green oats, sweet corn fodder and rye are excellent green food for both old and young ducks.



GERMAN'S BIT OF STRATEGY

Unknown Gentleman Puts One Over on Livery Stable Owner Who Was Inclined to Be Suspicious.

A German gentleman wanted to take a day's drive through the country. He applied to a stable for the horse and carriage. The owner, not knowing the German, was slow to give him the team. Finally the German pulled out a roll of banknotes and said: "I will buy your horse and rig, provided you will buy them back at the same price when I return this evening." The dealer, not wishing to offend a probable future customer, consented. When in the evening the German presented himself and expressed his pleasure at the ride, the dealer, according to agreement, paid him back his money, and the customer started to take his leave.

"I beg your pardon, sir!" exclaimed the dealer; "but you have forgotten to pay for the hire, you know."

"Pay for the hire? Why, my dear sir," coolly replied the German, "I fall to see that. If you will exercise your memory a trifle you will agree that I have been driving my own horse and carriage all day, and now you have bought them back they are yours. Good-day, sir!"

And he left the astonished dealer to reflect.

The Annual Question.
"Well, Hawkins, old man," said Witherbee, "has your wife decided where she will spend the summer?"
"Yep," said Hawkins. "She's going abroad."

"So? And how about you?"
"Well, I don't know yet," sighed Hawkins. "I haven't decided whether to stay in town or go into bankruptcy."—Harper's Weekly.

A Gracious Concession.
An old gentleman, evidently a stranger to London, stopped a youth hurrying along Piccadilly. "Young man," he said abruptly, "I want to go to Hyde park."

The youth seemed lost in thought for a moment. "Well," he said at length, "you may go just this once. But you must never ask me again!"—Modern Society.

Advertising the Mill.
"There," said Miss Smellman, who was showing her guest around Newport, "is the old mill about which Longfellow wrote his poem?"
"The ideal!" exclaimed Miss Parkham of Chicago. "I didn't know he wrote advertising poetry at all."—Catholic Standard and Times.

HAD TASTED IT.



Mrs. Krusty—Woman's work is never done.
Mr. Krusty—If you refer to the bread you usually turn out, then that statement is true.

Very Sympathetic.
Widow—My husband, who so often helped you before, died a few months ago.
Beggar—I sympathize with you very much, ma'am. You haven't got a colored dress you could give me, I suppose.—Flegende Blaetter.

A Crying Educational Need.
"Did you see where some professor says that children ought not to learn anything about fairy stories?"
"Nonsense! How would they know how to reel 'em off all right when they needed to tell them later on in life?"

The Refinement of Cruelty.
"I hear that poor dear Helen sued for divorce on the ground of cruel and unusual treatment."
"What was the cruelty?"
"Her brute of a husband never gave her a chance to find fault with him."

Slender.
"Is she slender?"
"Slender? She can bathe in a fountain pen."—Sphinx.

Married in Evening of Life.
Mr. James Thomas Wells, aged 73 was married at St. John's church, Ealing, England, the other day to Mrs. Emma Coater, aged 71. The couple were sweethearts in their youth, but their engagement was broken off. Each married and brought up a large family. They met again some time ago, and, both being free, decided to marry.

WASHES CLOTHES FASTER.

Use RED CROSS BALL BLUE and you will find it makes beautiful, clear, white clothes with less effort and less cost than any other blue. It is far superior to any liquid blue on the market for the heat of liquid bluing is principally water. Use the blue that is all blue. AT ALL GROCERS. Price, 10 cents.

Disturbing to a Precise Man.

"This place removed" is a sign you see often enough in empty store windows, but," said a precise man, "I can never get used to it. Of course we know well enough what it means; it is the business that has been removed; but it always disturbs me just the same."

Mothers will find Mrs. Winslow's Soothing Syrup the best remedy to use for their children during the teething period.

Fishermen's Superstition.

To mention the word "rabbits" on board a Cornish fishing smack arouses the ire of the crew. Should the hated word be uttered as the boat is leaving the harbor on a pilchard expedition, the speaker would stand a fair chance of being hurled overboard. The mere mention of "rabbits" destroys all chances of a "catch."—London Mail.

OUTSIDE MONEY COMING IN.

Pacific States Fire Insurance Company Makes Loan in Kelso.

C. L. Ayres and O. O. Koepfel, who have been in Kelso for the past two weeks, in the interest of the Pacific States Fire Insurance company, negotiated a loan of \$8,000 at a low rate of interest on the Market building, owned by Gray & Gross, the first of the week, and are looking for other gilt-edged investments in Kelso.

The Kelso State Bank has been appointed agent for the company in this city and all loans will be made through, and passed upon by, the local institution.

By keeping the money paid for fire insurance on Northwest property in the Northwest, the money can be loaned in Kelso and other towns in this region to the mutual benefit of the company and the borrower.

The Pacific States Fire Insurance company's entry into Kelso means the big insurance companies are beginning to recognize the importance of this city in a financial way—and are commencing to loan money on Kelso property—something the people of this city have endeavored for the past 20 years to have eastern companies do.

The headquarters of the Pacific States Fire Insurance company are in the Chamber of Commerce building, Portland, Oregon. Its officers are F. E. Beach, president; F. I. Fuller, vice president; A. H. Averill, treasurer, and Wm. M. Cake, attorney. Board of directors—A. H. Averill, William M. Cake, Louis G. Clarke, C. A. Craft, Chester Daeming, F. I. Fuller, John Gill, D. J. Quimby, S. W. Stryker, and Manuel Friedly.—Kelso Journal, Aug. 11, 1911.

Speak Distinctly.
Do not make the mistake of pitching your voice too low. It must be annoying to be forced to ask a person to repeat what they have just said, and mumbled words give a most unpleasant impression.

Constipation causes and seriously aggravates many diseases. It is thoroughly cured by Dr. Pierce's Pellets. Tiny sugar-coated granules.

Whittemore's Shoe Polishes



GILT EDGE the only ladies shoe dressing that positively contains Gilt. Blacks and Polishes ladies' and children's boots and shoes, shines without rubbing, etc. "French Gloss," for patent leather, for oiled and polished all kinds of rubber or tan shoes, etc. "Star" also, 10c. **QUICK WHITE** makes dirty canvas shoes clean and white. In liquid form so it can be quickly and easily applied. A sponge in every package, so always ready for use. Two sizes, 10c and 25c. If your dealer does not keep the kind you want, send us his address and the price in stamps for a full size package.

WHITTEMORE BROS. & CO., 30-26 Albany St., Cambridge, Mass., The Oldest and Largest Manufacturers of Shoe Polishes in the World.

P. N. U. No. 34-11

WHEN writing to advertisers please mention this paper.

The Human Heart

The heart is a wonderful double pump, through the action of which the blood stream is kept sweeping round and round through the body at the rate of seven miles an hour. "Remember this, that our bodies will not stand the strain of over-work without good, pure blood any more than the engine can run smoothly without oil." After many years of study in the active practice of medicine, Dr. R. V. Pierce found that when the stomach was out of order, the blood impure and there were symptoms of general breakdown, a tonic made of the glyceric extract of certain roots was the best corrective. This he called



Dr. Pierce's Golden Medical Discovery

Being made without alcohol, this "Medical Discovery" helps the stomach to assimilate the food, thereby curing dyspepsia. It is especially adapted to diseases attended with excessive tissue waste, notably in convalescence from various fevers, for thin-blooded people and those who are always "catching cold."

Dr. Pierce's Common Sense Medical Adviser is sent on receipt of 31 one-cent stamps for the French cloth-bound book of 1008 pages. Address Dr. R. V. Pierce, No. 663 Main Street, Buffalo, N. Y.

GILLESPIE SCHOOL OF EXPRESSION

534 Morrison St., Portland, Oregon.
Two-year courses for teachers, readers and public speakers. Graduates after completing two years of post-graduate work, granted professional diploma. Continuous classes from 8 to 10 o'clock, five days per week. Individual lessons with either the principal or the assistants, afternoons and evenings.

EMMA W. GILLESPIE, Principal.



Y. M. C. A. GROWS.

Special Effort Made to Accommodate Out-of-Town Students.

The Educational Department of the Portland Y. M. C. A. made a growth of over forty per cent in its membership the past year. It is already evident, from the present enrollment, that an even larger increase in attendance will be realized the coming year.

This increase is due to the excellent boarding accommodations provided for out-of-town students, well equipped laboratories, a large and well-trained corps of teachers, and, too, the organization of the work, which allows a student to progress as rapidly as he is able.

The following work will be carried on the coming year: Full college preparatory course, business college course, automobile school, electrical course, school of pharmacy, English course, boys' trade and business course, English course for men, school of trades for carpentry, plumbing, and sheet metal work, assay and mining course.

A complete educational catalog will be issued in a few days, giving a full statement of the details of all courses and subjects. This will be sent to any address on application to Educational Director, Portland Y. M. C. A.

W. L. DOUGLAS

\$2.50, \$3.00, \$3.50 & \$4.00 SHOES

WOMEN wear W.L. Douglas stylish, perfect fitting, easy walking boots, because they give long wear, same as W.L. Douglas Men's shoes.

THE STANDARD OF QUALITY FOR OVER 30 YEARS

The workmanship which has made W.L. Douglas shoes famous the world over is maintained in every pair.

If I could take you into my large factories at Brockton, Mass., and show you how carefully W.L. Douglas shoes are made, you would then understand why they are warranted to hold their shape, fit better and wear longer than any other make for the price.

CAUTION The genuine have W. L. Douglas name and price stamped on bottom. If you cannot obtain W. L. Douglas shoes in your town, write for catalog. Shoes sent direct from factory to wearer, all charges prepaid. W. L. DOUGLAS, 145 Spark St., Brockton, Mass. ONE PAIR of my BOYS' \$2.50 or \$3.00 SHOES will positively outwear TWO PAIRS of ordinary boys' shoes.



Steel Lined NITRO CLUB SHOT SHELLS

The best shot shells ever made improved with a steel lining.

This steel lining around the smokeless powder insures better pattern, better penetration, and greater velocity for the same load. It gives added strength to the shell and protection to load and shooter.

Nitro Club shot shells have won every interstate handicap for the last two years. Cost no more than ordinary shells. For Remington-UMC and all other shotguns.

Remington-UMC—the perfect shooting combination. REMINGTON ARMS-UNION METALLIC CARTRIDGE CO. 299 Broadway, New York City

PUTNAM FADELESS DYES

Color more goods brighter and faster colors than any other dye. One 10c package colors silk, wool and cotton equally well and is guaranteed to give perfect results. Ask dealer, or we will send postpaid at 10c a package. Write for free booklet how to dye, bleach and mix colors. MONROE DRUG COMPANY, Quincy, Illinois.