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AUG. 10 to SEPT. 9

of You Have Never Taken Count You Will Be Surprised at Distance Covered.

Have you ever counted up the numher of steps which you have made in the course of one day-in going to business, in walking from one room to another at home, and so on, throughout the course of the day? If you will take the trouble to do so, you will be surprised to find what a distance you have covered without realizing it. Multiply thos distance by 365 and you will find that it will not require many years before you have made up the 25,000 miles which is equal to the circuit of the globe. Most people would certainly be surprised if they were informed that during the course of their lives they have walked a distance as great as the length of the equator. Yet, how-ODAKS AND KODAK ever sedentary we may be, however little inclined to gain the reputation of a globe-trotter or of an Alpine climber, most of us have, unknown to ourselves, covered a distance equal to the full circuit of the earth, or a climb to the highest mountain peaks in the world. More than that, we have accomplished a task still more colorcal Without having had occasion to explore the unknown regions beneath the crust of the earth, we have descended as far as the depths of the most unfathomable abysses, even as far as the very center of the earth .-otrand Magazine.

Y. M. C. A. EXPANDS. New Booklet Just Out Can Be Hac

for the Asking. The Portland Young Men's Chris tian Association is about to enter upon a new era in its work, in ex-tending the advantage of its educa-

tional department to the entire state. While a great majority of the 1400 students enrolled in night mated to be in the neighborhood of and day classes are residents of 1,600,000,000. The hypothesis from Portland, yet a large and increasing number are now enrolling from towns

and cities outside of Portland.

The different courses offered in clude a full Commercial course comprising Shorthand, Bookkeeping and related subjects; a college pre-paratory course, a graded course in elementary subjects for boys and more than thirty-one million shuffles sociational courses such as plumbing in each year per head. In view of earpentry, sheet metal, heicklaying electrical work, automobile repair and driving. Many students trained in these classes are now occupying important positions in the business houses of Portland.

An attractive booklet entitled "Ac tivities has just been issued by the association and contains a statement of all Educational Courses. The Edu cational Director will mail this book

let to all persons who desire it.
Classes for day school open September 5th, night classes September 25th. From present indications an unusually large registration is untiel

Going Up Aloft.

A woman nine feet in height has felt obliged to consult a specialist in diseases of the heart. Can you picture that specialist, with stethoscope in hand, going up a stepladder!-Cleveland Plain Dealer.

Limitations of the Brain. "You cannot educate or draw out of any brain more than nature has already put into it. Some day, perhaps, we shall try to adapt our education to possiblities."—Anatole France.

Not of Much Account. lan't likely to bear up very well under fects, it is quite safe to assume that

### MARY'S ACADEMY AND COLLEGE



#### COME TO PORTLAND AND BE CURED IN FIVE DAYS VARICOSE VEINS, HERNIA, BLOOD POISON



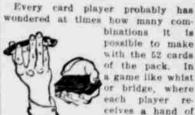
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VARICOSE VEINS, HERNIA, BLOOD POISON No severe operations, many cases permanently dured in one treatment. Most time-saving, most natural, most safe. A radical and permanent cure. I give my word and will eite you to other medical authorities that this is a fact. I am expense to expense to success. I have the hest equipment, which are the knystones to success. I have the hest equipment, which are the knystones to success. I have the hest equipment of the control of the

"sos" for moon rotton I use Pinfersor Ebritch's wonderful new discovery, "600" in cares of Specific Blood Potron, It cares in one treatment and is the greatest owned of medical science. This new remedy has been successfully used in houseands of cases, Let one against its or you has been successfully used in houseands of cases, Let one against its or you has been successfully used in houseands of cases, Let one against its or you had been successfully used in houseands of cases. Let one against the your had been successfully used in houseast properties.

### HOW FAR HAVE YOU TRAVELED MATHEMATICS OF 52 CARDS

Combinations That Are Possible With the Pack Run Into Figures of Astonishing Size.



binations it is possible to make with the 52 cards of the pack. a game like whiat or bridge, where each player re ceives a hand of 13 cards, dealt

out from the pack of 52, the total possible number of different hands which may thus be dealt is greater than six hundred thousand million. The exact number is 635,013,559,600.

This number, however, large as it may appear, becomes not merely small but practically invisible when compared with the total number of arrangements in which the 52 cards may be placed after the shuffle. To quote the whole of this number would take too much space, but it may be mentioned that it begins with 80, followed by 66 other figures. It would be quite a hopeless task to attempt to grasp the conception of the real meaning of such a number; but some idea (at least of its inconceivability) may be presented by means of the following calculations,

millions of human beings (each sup-spring plied with a pack of cards) were to It is further to be supposed that they work ceaselessly, without rest day or night, from year's end to year's end, at the rate of one new arson during a period of 100,000 years. It should be noted that the entire without your knowing it!" population of the earth today is estiwhich we start is therefore that a population of one-quarter more than that which now exists has spent its whole time during an interval more than 50 times the duration of the Christian era in shuffling cards at the rate of one shuffle per second, or more than thirty-one million shuffles such figures, the reader may well ask

#### AUTOMOBILE AS A REMEDY

how many times the total number of

arrangements will have been pro-

duced by this vast amount of sustained human effort. The answer is

Physicians Say Its Vibrations May Help in Cure of Vertigo and Paralysis.

The literature of automobiling in its relationship to disease is still very



meager, and it is only through occasional notes in medical and scientific journals that one becomes acquainted with the effects of relatively new methods of

locomotion on diseases. Medical men declare that there is nothing specific about the motion of automibiling, for it is merely a matter of petty shocks or vibrations, such as occur in railway trains, and, if automobile jour-A man who can't stand prosperity neys appear to produce certain efrallway travel will be followed by the same or similar consequences. At a recent meeting of the Berlin

At a recent meeting of the Berlin Society for Psychiatry and Nervous Diseases, Professor Oppenhelmer read a paper on habitual vertigo from which it appeared that this condition Usualization, Jamasian.

For rataing siders THE SISTER SUPERIOR Office 35.8t. Helens Hall that he had seen the same sequence. but attributed it to psychic causesdistraction of the attention. He cited the case of a rope dancer who suffered from vertigo when on the ground, but was never bothered while in the air. The psychic factor, he said, is naturally in evidence here, and the state of affairs is paralleled by the actor who always stutters while off the stage, but never while speaking his lines in a play.

Professor Bernhardt stated that the patient with habitual vertigo feels in better spirits on an automobile or railway journey, and this is also true of patients with paralysis agitans. He attributed the favorable result to the fact that the involuntary motion imparted by the vehicle antagonizes the sensations of vertigo and tremor. One of his patients with paralysis agitans takes several rides daily on an autoomnibus with beneficial results.

The Best Position.

Prior to the commencement of a boys' cricket match there were several candidates on the fielding side for the position of long-field.

"Harris had it last week and the week before," complained two or three of the boys to their captain. "It's about time someone else had a turn."

The discussion seemed likely to end in a free fight, when the local curate came on the scene and endeavored to pour oil on the troubled waters.

"You surprise me, boys, he said. "Harris has done especially well in that position, hasn't he?"

"He has so," agreed the malcon tents. "If he's had to climb Bliggins' wall after the ball once, he's bad to a dozen times."

"Well?" queried the reverend gen tleman.

"That's why we want a chance," snapped a podgy youngster; "old Bliggins' gooseberries are rips and his bulldog's dead!"-London Tit-Bita.





#### LITTLE BOY KNEW REASON

Came Out of the Spout of Kettle so That Mamma Might Open Father's Letters.

'Papa," said the hopeful youth, 'can you tell me what is natural philos-

"Of course I can," said papa, proud and relieved to find that there was at Let us supose that two thousand last something he could tell his off-"Natural philosophy is the science of cause and reason. Now, attempt actually to produce every for instance, you see the steam compossible arrangement of the 52 cards. ing out of ( > spout of the kettle, but ing out of a sepout of the kettle, but you don't know why or for what rea son it does so, and-

"Oh, but I do, papa!" chirped the hope of the household. "The reason rangement per second for each per- the steam comes out of the kettle is so that mamma may open your letters

THAT'S ALL HE DID LEAVE.



Muldoon-Sure, an' it's sorry Oi am to hear that your husband's dead, Mrs. Casey. Did he lave yez anything?

Mrs. Casey-Yis, Mr. Muldoon, he left me a widow.

Tough on Texas.

A young lieutenant from a New York regiment surveyed the Texas scenery gloomily and reflected upon his great distance from the lights of Broadway. The smoke from a smelter and the swirling sand from the low lying hills had spoiled the lieutenant's disposition.

"Tell me," said an editor from El Paso, "isn't there some hidden purpose behind this mobilization?"

"There is." replied the lieutenant; we are going to force Mexico to take back Texas."-Success.

Darkness Didn't Help. Bacon-1 see a London lecturer de

lares that music, to be heard in perfection, should be heard in absolute darkness. Egbert-Well, I heard a phono-

graph going in a London fog, once, but it seemed very far from perfection to me.-Yonkers Statesman.

"If"-Maybe.

Father of the Fair One-How can you possibly think of marrying my daughter? You say that by the strictest economy you can save only \$10 a

Poor but Worthy Poet-Oh, yes; but if we both save, it will be \$20.

Not That Kind of a Father. "Johnny, you must comb your bait

before you come to school." "I ain't got no comb." "Borrow your father's."

"Pa ain't got no comb, either." "Doesn't he comb his hair?" "He ain't got no hair."

Mixed Figures. "They are certainly numerically mixed in that town." "How so?"

"They make it a primary condition that the secondary schools should have a third portion of the quarterly report."

> Legislatively Expressed. "No one can go wrong if he follows

the ten commandments," said the sincere citizen. "Yes," repiled Senator Sorghum; "the only trouble about the ten commandments arises from the amendments people try to tack on to them."

Making Ende Meet.

His Wife-But don't you think joining the golf club is rather an extravagance? "Not if we economize in other ways.

I thought we might give up our pew in church."-Life.

Literal Payments. "I know, dear, you are careless about paying your bills, but here is an account you ought really to clean up." "What is it?"

"Your laundry bill."

## Dr. Pierce's Favorite Prescription

Is the best of all medicines for the cure of diseases, disorders and weaknesses peculiar to women. It is the only preparation of its kind devised by a regularly gradu-ated physician—an experienced and skilled specialist in

It is a safe medicine in any condition of the system. THE ONE REMEDY which contains no alcohol and no injurious habit-forming drugs and which creates no craving for such stimulants.

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It is sold by medicine dealers everywhere, and any dealer who hasn't it can fit is sold by medicine dealers everywhere, and any dealer who hasn't it can get it. Don't take a substitute of unknown composition for this medicine or known composition. No counterfeit is as good as the genuine and the druggist who says something else is "just as good as Dr. Pierce's" is either mistaken or is trying to deceive you for his own selfish benefit. Such a man is not to be trusted. He is trifling with your most priceless possession—your health—may be your life itself. See that you get what you ask for.

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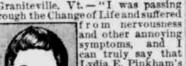
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EMMA W. GILLESPIE, Principal.

Plant Feigns Death.

In South America there is a plant -a species of mimosa-which feigns death for the purpose, naturalists think, of preventing grass-eating animals from eating it. In its natural state it is bright green, but as soon as it is touched it collapses into a tangle of apparently dead brown stems.

Vegetable Compound.



pound has proved worth mountains of gold to me, as it restored my health and strength. I never forget to tell my friends what Lytia E. Pinkham

Vegetable Compound has done for me during this trying period. Complete restoration to health means so much to me that for this sake of other suffering women I am willing to make my trouble public so you may publish this letter."—Mns. Chas. Barclay, R.F.D., Graniteville, Vt.

No other medicine for woman's ills has received such wide-spread and un-qualified endorsement. No other medicine we know of has such a record of cures as has Lydia E. Pinkham's Vegetable Compound.

For more than 30 years it has been euring woman's ills such as inflamma-tion, ulceration, fibroid tumors, irreg-ularities, periodic pains and nervous prostration, and it is unequalled for carrying women safely through the period of change of life.

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Good Advice.

powers.-Bovee.

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Aver's Hair Vigor, as now made from our new improved formula, does not stain or color the hair even to the slightest degree. Gray hair, white hair, blonde hair is not made a shade darker. But it certainly does stop falling hair. No question about that.

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ndeed, we believe it will stop every case of falling hair unless there is some very unusual complication, something greatly affecting the general health. Then you should consult your physician Also as him about the new Ayer's Hair Vigor. - Made by thed. C. Ayer Co., Lowell) Mass.



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symptoms, and I can truly say that Lydia E. Pinkham's Vegetable Com-

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