Years of Suffering

Catarrh and Blood Disease—Doctors Failed to Cure.

Miss Mabel F. Dawkins, 1214 Lafayette St., Fort Wayne, Ind., writes: "For three years I was troubled with catarrh and blood disease. I tried several doctors and a dozen different remedies, but none of them did me any good. A friend told me of Hood's Sarsaparilla. I took two bottles of this medicine and was as well and strong as ever. I feel like a different person and recommend Hood's to any one suffering from catarrh."

Get it today in usual liquid form or chocolated tablets called **Sarsatabs.**

Water Towers on Fireboats.

Fireboats, owned by several of the larger cities, are now supplied with masts to elevate the discharge nozzles, on the same principle that water towers are used by land firemen.

HOWARD E. BURTON — Assayer and Chemist, Leadville, Colorado. Specimen prices: Gold, Silver, Lead, $1; Gold, Silver, Zinc, Copper, $1. Mailing envelopes and full price list on application. Control and Umpire work solicited. References: Carbonate National Bank.

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WASHABLE RUGS IN KITCHEN

None Other Should Be Used, for the Most Excellent of Sanitary Reasons.

Rugs for a kitchen should always be washable, as the grease they accumulate is unspeakable. Good looking mixtures in rag weaves are suitable and far more sanitary then the custom of some households of using rugs that have grown too shabby for other rooms. A wool rug should be put on the line and well beaten once a week and should be wiped off frequently with soap bark and water or with a special carpet soap.

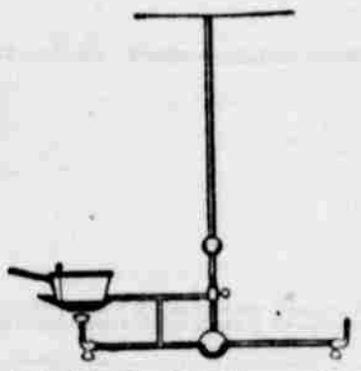
The sink, besides daily scrubbing, should be wiped out once a day with a cloth wet in kerosene or turpentine to remove lingering stains on the enamel. If the sink is an old-fashioned zinc one it should be rubbed with coal ashes to remove discoloration and later scrubbed well with hot soda water. At least once a day pour a good disinfectant or hot soda water down the drain. Keep a box of washing soda on a shelf over the sink and dissolve a lump with the last rinsing water. This is a grease cutter.

Kitchen closets can only be kept in condition by thorough surveillance. There must be no poke holes, no uncovered boxes, nothing to attract insect pests. Have plenty of enameled boxes or use the tin receptacles in which coffee is often sold. In these put cereals, sugar, rice, coffee, salt, breadcrumbs, chocolate, tapioca, hominy and other things that too often are kept in their own packages after they have been opened.

NEW DEVICE FOR GAS HEATER

So Constructed as to Hold a Receptacle Over the Flame From One Burner.

A device for heating shaving water and other things over the flame of one gas burner has been designed by a Minnesota man and should come in handy for the hallroom boarder. An arm is mounted on the main, or vertical, pipe of the chandelier and the free end of the arm holds a substantially



conical plate, in which the receptacle holding the material to be heated rests. The arm is slidably mounted on the chandelier, held in place by a thumb screw, and can be adjusted to different heights from the flame. It also swings from side to side, so that it can be quickly pushed away from the flame without turning out the light to withdraw the heat. A stop bar holds it parallel with the arm of the burner. The conical shape of the pan that holds the receptacle allows the flame to spread under it and distributes the heat.

Mosaic Sandwiches.

Cut three slices each of white and dark graham bread. Spread a slice of white bread with creamed butter and place a slice of graham bread on it. Now spread graham with creamed butter and place on a slice of white. Repeat this process, beginning with graham. Put both piles in a cool place with a light weight on them. When the butter has become hardened, trim each pile even, cut each pile in three half-inch slices. Spread with creamed butter and put together so that a white block will alternate with a graham one. Put under weight in a cool place and when butter is hardened cut in thin slices.

Curried Fish.

Take half a pound of cooked fish, free it from skin and bone. Put two tablespoonfuls of butter in a saucepan, when hot stir in two tablespoonfuls of flour; stir for a few minutes, add one level tablespoonful curry powder, one teaspoonful of chutney, and add one pint of milk; stir until it boils then add three hard cooked eggs cut in slices, four ounces cooked rice, and the fish; mix well together, add one teaspoonful salt; let it get hot and serve.

Grape Fruit With Currants.

Cut chilled grapefruits in halves, remove the seeds and cut around each section of pulp close to the membranous wall or partitions. With a sharp knife carefully free the membrane from the sides and bottom of the skin and lift it out. Put two tablespoonfuls of bar le duc currants in the center. Sugar is not needed.

To Whip Cream.

Whipping cream is always a difficult task and often a disappointing one if one sees the cream turn to butter, when butter is the last thing wanted. This can be prevented if the bowl is kept in a pan of ice water during the beating.

The New Iron Kettle.

Before using a new iron kettle, grease inside and outside, let stand 48 hours, then wash in hot water in which a large lump of cooking soda has been dissolved.

Hope of Japan at Coronation.

There will be no more interesting royal guest at the coronation than the crown prince of Japan, who, it is now definitely decided, will represent the mikado on that historic occasion. The prince will visit England in greater state than any other royalty, for he is to be escorted by a formidable squadron of warships—the pick of Nippon's navy.

The imperial highness bears the sonorous name of Yoshihito Haronomiya. He is the only son of the mikado, is in his thirty-first year, and is the hundred and sixty-second in the imperial line, the hope of a dynasty which has ruled Japan for nearly 2,000 years.

Prince Yoshihito admirably typifies the newer generation in Japan. He speaks English and French extremely well, and is a close student of the methods and manners of the west.

One of his characteristics is a fondness for wrestling, apropos of which it is related that during his school days he suffered the indignity of being beaten, in the presence of his father by a powerful schoolmate. People expected the emperor to be displeased but, on the contrary, he called the victor to him and heartily congratulated him.

"My son," said the mikado, "will one day need many such men as you."

THE TRUTH ABOUT BLUING.

Talk No. 1.

Avoid liquid bluing. Every drop of water is adulteration. Half a cent's worth of blue in a large bottle filled with water is sold for 5 cents or 10 cents in many places.

Always use RED CROSS BALL BLUE, the blue that's all blue. A large two-oz. package, all blue, sells for 5 cents, or 4-oz. for 10 cents. Delights the laundress. AT ALL GOOD GROCERS.

Erudite Physician.

A western physician received the following from a brother physician: "Dear Dock: I have a pashunt whose physical sines shows that the windpipe has ulcerated off and his lungs have dropped into his stumick. I have given hym everythink without effeckt his father is wealthy honoable and influoenshial as he is a member of assembly and god nose I don't want to loss hym what shall I do ans by return male. Yours frat. Doc Tishbein."

Better Done in Private.

A well-known doctor, we read, advises people to roll the eyes in order to strengthen the eye-muscles. A little risky, perhaps; for if this exercise were carelessly practiced in crowded restaurants and other public places, the eye would stand a good chance of being suddenly blackened.

Mothers will find Mrs. Winslow's Soothing Syrup the best remedy to use for their children during the teething period.

Smallest Inhabited Island.

People who inhabit some of the Thousand Islands in the St. Lawrence river claim that they are the smallest inhabited islands in the world, but it has recently been determined that the site of the Eddystone lighthouse is entitled to the distinction, the island upon which this lighthouse is built being only 30 feet in diameter at low tide.

DR. WM. PFUNDER'S CELEBRATED OREGON BLOOD PURIFIER

A Tonic, Alterative and Resolvent. The best remedy for Kidneys, Liver and Bowels. Eradicates Pimples, Eruptions and Disorders of the Skin. Purifies the Blood and gives Tone, Strength and Vigor to the entire system.

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FINE BUT NOT COMFORTABLE

French Palaces Before Reign of Louis XIV. Were Distressful Places in Which to Live.

Before the reign of Louis XIV. in France there was a period when palaces were not very comfortable places in which to live. They were magnificently decorated, but the windows were small and not well placed, and the rooms were filled with magnificent but not particularly comfortable furniture. Fires were seldom lighted in the immense, beautifully sculptured marble fireplaces. Usually the only fire was to be found in the bedchamber at the end of a suite of rooms. At Versailles, in 1695, it is reported, the water and wine froze in the king's glasses at table. Mme. De Maintenon sat in a chair with wings to it to protect her from droughts. It was customary to protect oneself from cold by folding screens and portable braziers.

The furniture in the halls and parlors consisted of carved wooden benches, stools, heavy chairs and great gilded leather armchairs and ebony cabinets and coffers, which served for seats and even beds, and which held bed linen, silver and clothes.

One might wander for a long time through these labyrinths of rooms before reaching the only inhabited room, the bedchamber, which was better protected from draughts, had a fire in it, and more comfortable seats than the other rooms.

The bedchamber was the living room. Friends and acquaintances were received there. The door of this room was closed, but all the other doors were open, and persons came and went as they pleased, admitted and guided by no one, although there might be more than a hundred servants in the house. The master of the house, on leaving the bedchamber, might find persons entirely unknown to him wandering, sitting, or even taking naps here and there about the rooms. The service of the servants was so poor, one chronicler says, that no one was surprised at being told that he must go to bed without supper.

The celebrated literary and social leader, Mme. De Rambouillet introduced a change in the fashion of house-building and furnishing, and royalty promptly copied her innovations.

Early Use of Candles on the Altar.

In very early days, though lights were prescribed at mass, "they were placed not upon but near the altar." Sometimes the number of lights at a solemn mass was very great. Anglo-Saxon writers give this reason for these lights. "The acolytes light candles at mass not so much to dispel darkness as in honor of Christ, who is our Light."

Even when later on it became the general practice to have two candles lighted upon the altar, "two others," we are told, "were often lighted at the parochial or high mass during the canon, or at least before the elevation."

At Chichester in the thirteenth century it was the custom on great festivals to place seven tapers on the altar, eight on the beam above it and two on the altar step; and on ordinary days three on the altar and two on the step. We know also that in the chapel of Henry VIII. on the field of the cloth of gold there were ten golden candlesticks on the altar.—From the Ave Maria.

Gay Life In St. Petersburg.

I loved the nightly troika drives, with their mad speed through the snow, gleaming brightly in the darkness; the fabulous luxury at the end of them, when, in some splendid restaurant far away from the capital, a magnificent repast with costly wines would be served to entrancing Gypsy music, which care everyone, especially non-Russians, forget all the fatigue of the drive. The wonderful attraction of all these things seemed drawn from some fairy kingdom.

Then came the long white nights, so loved by the people of the north—but which told terribly on my nerves—when Russians expect that they and their friends are to regard sleep and fatigue as nonexistent; when activity is transferred from the troikas to the Neva, which is covered with small steamers and when there is a life and brightness on the river which only St. Petersburg knows.—Princess Von Racowitza.

Some Novel Remedies.

A sure cure for the whooping cough: Place the child on the back of a donkey which has the cross plainly marked on the rump; then lead the animal to a place where roads meet in the form of a cross.

This is not a specific sold in drug stores, but a remedy in vogue in the Emerald Isle before superstition gave way to modern medicine.

D. John Allan Hornsby of Michael Reese hospital was using it as a recipe in a talk on "Irish Medicine, or Irish Legendary Lore." "The blood of a black cat is a sure cure for the shingles," was another superstition recalled by the speaker.

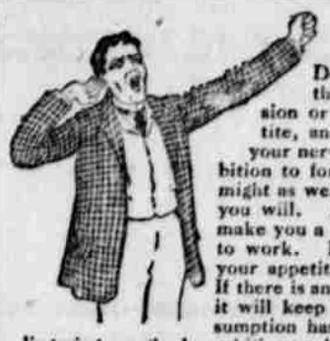
Still another was that "a drop of blood from a Kehoe would cure the toothache."

Not At All Difficult.

"Isn't it rather difficult to raise roses at this season of the year?" queried the customer.

"On the contrary, it's dead easy," replied the florist. "Only this morning I raised them from $2.50 to $3 a dozen."

Do You Feel This Way?



Do you feel all tired out? Do you sometimes think you just can't work away at your profession or trade any longer? Do you have a poor appetite, and lay awake at nights unable to sleep? Are your nerves all gone, and your stomach too? Has ambition to forge ahead in the world left you? If so, you might as well put a stop to your misery. You can do it if you will. Dr. Pierce's Golden Medical Discovery will make you a different individual. It will set your lazy liver to work. It will set things right in your stomach, and your appetite will come back. It will purify your blood. If there is any tendency in your family toward consumption, it will keep that dread destroyer away. Even after consumption has almost gained a foothold in the form of a lingering cough, bronchitis, or bleeding at the lungs, it will bring about a cure in 98 per cent. of all cases. It is a remedy prepared by Dr. R. V. Pierce, of Buffalo, N. Y., whose *advice is given free* to all who wish to write him. His great success has come from his wide experience and varied practice.

Don't be wheedled by a penny-grabbing dealer into taking inferior substitutes for Dr. Pierce's medicines, recommended to be "just as good." Dr. Pierce's medicines are OF KNOWN COMPOSITION. Their every ingredient printed on their wrappers. Made from roots without alcohol. Contain no habit-forming drugs. World's Dispensary Medical Association, Buffalo, N. Y.

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BEWARE OF SUBSTITUTES.

The genuine have W. L. Douglas name and the retail price stamped on the bottom, which guarantees full value and protects the wearer against high prices and inferior shoes. If your dealer cannot supply you with the genuine W. L. Douglas shoes, write for Mail Order Catalog. Shoes sent direct from factory to wearer, all charges prepaid. W. L. Douglas, 145 Spark St., Brockton, Mass.

BOYS' SHOES $2.00, $2.50 & $3.00

Matter Quickly Settled.

In an English opera company, formed for the summer months, it was found that the tenors were too light for the rest of the chorus. The manager protested that there were voices enough, and the leading tenor was questioned why he did not sing with more force. His answer to the remonstrances of the manager was: "I am paid summer wages, and I refuse to sing anything but my summer voice." The engagement of the tenor and his summer voice came to a speedy termination.

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Murine Eye Remedy Co., Chicago.

To Get the Best Light.

When using oil lamps the housewife is always very careful that every part of the lamp is scrupulously clean and the burner is boiled to remove any accumulation of dirt. She forgets, though, that her gas jet is just as likely to accumulate soil. Often there is quite a little collection of dust and if this is cleared away the improvement in the light is noticeable.

Dr. Pierce's Pellets, small, sugar-coated, easy to take as candy, regulate and invigorate stomach, liver and bowels. Do not gripe.

Rich Agricultural Section.

It was mentioned at the annual dinner of the Lancashire Farmers' association that there were 137,000 cows in the county—a greater number than in any other county in England. Lancashire, too, had the largest acreage of potatoes, with the exception of Lincolnshire, in Great Britain, having 43,000 acres under cultivation.

Hamlins Wizard Oil, the World's best liniment, has been curing pain for nearly sixty years and can be depended upon just as surely as the old family doctor who may be miles away.

The Dog and the Flea.

Dog fanciers realize the difficulty of separating the animals from the fleas which often inhabit them. Few of the older methods are entirely satisfactory, but a Chicago electrical man is authority for the statement that the use of the vacuum cleaner is most efficacious.

Quick Curtain!

She was a very pretty girl and terribly enthusiastic. When the young navy officer was introduced to her she made no attempt to disguise her interest. "I do so love the navy," she chanted to him fervently, breathing her ecstatic emotion, "Where is the navy now?"

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Housewives have used a cloth to protect their hair while sweeping, but nothing to protect their lungs, causing irritation and inflammation. Dust is both dangerous and annoying. You would refuse water that was not clean, but continue to breathe polluted atmosphere and never complain.

NO-DUST SWEEPING COMPOUND is chemically prepared, absorbs the dust and disease germs, saves doctors' bills. Make your premises "dust clean" by using Sweeping Compound; burn the sweepings.

NO-DUST No. 1, for household use, in 5 and 10-lb. cans, 35c and 60c.; grocers; 25-lb metal drums, $2.50.

NO-DUST No. 2, for business places, 75-lb. drums, $2.25; 150-lb. barrels, $4.00; 300-lb. barrels, $5.00; f. o. b. Portland. Order by mail or through your grocer or druggist. Send for circulars.

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