

Spring-Cleaning

The Human System Needs It.

Mrs. M. Morgan, 411 4th Ave., E., Brainerd, Minn., writes: "I take from one to two bottles of Hood's Sarsaparilla in the spring to purify the blood just as regularly as I do my house-cleaning, and go around light-footed and light-hearted. I believe it is the best blood purifier known."

Hood's Sarsaparilla so combines the curative principles of roots, barks and herbs as to raise them to their highest efficiency; hence its unequalled cures. Get it today in usual liquid form or tablets called Saramatals.

Good Word for the Departed.
Here is the kind of an obituary a Georgia editor put up for a man: "Poor Jim Jones along his earthly garments on a limb and swam the river yesterday. He did not stand back because the water was cold, but plunged right in and struck out for the other shore and met the angels smiling. Jim was a poor man, but had his subscription to his home paper paid up and got there in good shape. Peace to his memory."



The London Feather Market.
The London market for the importation of plumage for ladies' hats is the largest in the world and it is estimated that 5,000 persons are employed in the manufacturing and other work incidental to this trade. The value of the imports is said to be \$3,500,000 to \$4,000,000 a year.—Forest and Stream.

WELCOME WORDS TO WOMEN

Women who suffer with disorders peculiar to their sex should write to Dr. Pierce and receive free the advice of a physician of over 40 years' experience—a skilled and successful specialist in the diseases of women. Every letter of this sort has the most careful consideration and is regarded as a sacredly confidential. Many sensitively modest women write fully to Dr. Pierce what they would shrink from telling to their local physician. The local physician is pretty sure to say that he cannot do anything without "an examination." Dr. Pierce holds that these distasteful examinations are generally needless, and that no woman, except in rare cases, should submit to them.

Dr. Pierce's treatment will cure you right in the privacy of your own home. His "Favorite Prescription" has cured hundreds of thousands, some of them the worst of cases. It is the only medicine of its kind that is the product of a regular graduated physician. The only one good enough that its makers dare to print its every ingredient on its outside wrapper. There's no secrecy. It will bear examination. No alcohol and no habit-forming drugs are found in it. Some unscrupulous medicine dealers may offer you a substitute. Don't take it. Don't trifle with your health. Write to World's Dispensary Medical Association, Dr. R. V. Pierce, President, Buffalo, N. Y.,—take the advice received and be well.

A Corking Good Smoke

MONUMENTAL CIGAR

Write for Prices and Sample

Sig. Sichel & Co.
PORTLAND, ORE.
Wholesale Agents

Kidney Trouble Overcome by the Great Treatment

I have been a sufferer for years with kidney and bladder trouble and took almost everything a drug store contained, without obtaining any benefit. I suffered as I could not sleep, was always dizzy and had a headache all the time. I saw one of your advertisements and as a last resort, decided to try your Swamp-Root. I am now taking the third bottle and feel like a new woman, sleep well and have no pains whatever. I strongly advise all sufferers to take the only real cure for kidney and bladder trouble. Dr. Kilmer's Swamp-Root was a God-send to me.

You may publish this letter if you wish so that it may be the means of bringing some poor sufferers back to health. MRS. MARY O'DONNELL, Lander, Wyo.

Subscribed and sworn to before me this July 14th, 1909.

CHARLEY ALLEN, Notary Public in and for Fremont Co., Wyo.

Letter to Dr. Kilmer & Co., 455 Broadway, N. Y.

Prove What Swamp-Root Will Do for You

Send to Dr. Kilmer & Co., Binghamton, N. Y., for a sample bottle. It will convince anyone. You will also receive a booklet of valuable information, telling all about the kidneys and bladder. When writing be sure and mention this paper. For sale at all drug stores. Price fifty-cents and one-dollar.

PLUMBING SUPPLIES

We Sell to All

Help Us Fight the Trust

Bath Tubs.....\$ 8.00
Toilets..... 11.00

All guaranteed absolutely first-class.

J. SIMON & BRO.
551-85 Front St., Portland, Ore.

THE EMPIRE LINE

Have you seen the Easy Running Empire Cream Separator or the Latest Frictionless Gasoline Engine? If not, you should, for they are both leaders in their line, and the cream separator is the best in the world. Write for our catalogues.

EMPIRE CREAM SEPARATOR CO., Ltd.
300 Plumber St., Portland, Ore.

ALCOHOL OPIMUM—TOBACCO

Habitually Driven, Only without Keeley's Cure, which is the only reliable remedy. For illustrated circular, write to Keeley Institute, 71 E. 117th St., New York, N. Y.

DR. COOPER'S COMPOUND DANDELION PILLS

are the safest and most reliable cathartic and system cleanser. The best remedy for Torpid Liver, Biliousness and Sick Headache.

At Druggists' or by Mail, 25 Cents

ROTT CHEMICAL CO., PORTLAND, OREGON

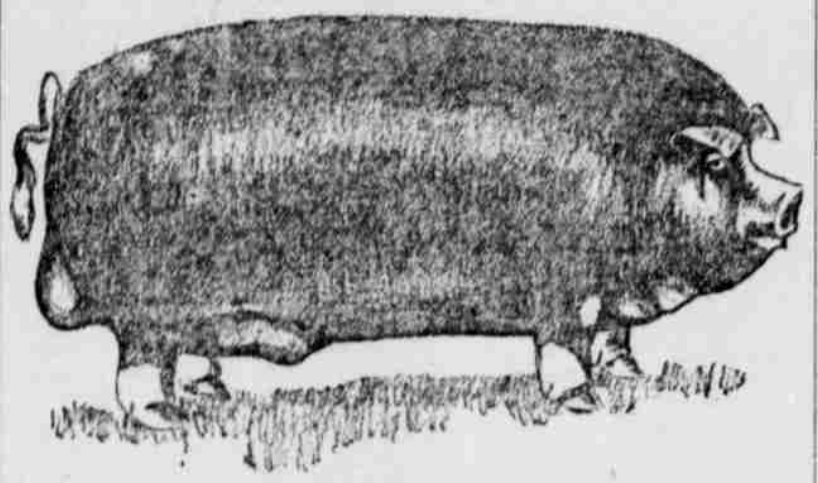
Wise Dental Co., Inc.

Painless Dentists

Big Building, Third and Washington, PORTLAND, ORE.
Office Hours: 9 A. M. to 5 P. M. Sundays, 9 to 12

SELECT MOST POPULAR BREED IN COMMUNITY

So Much Depends Upon Tastes of Individual, Environment and Requirements of Neighborhood, Useless to Name One Breed.



Yearling Poland-China Boar.

Many communications are received by this paper during the year asking for information on the best breeds of live stock. Sometimes these inquiries relate to draft horses, at other times to beef cattle, frequently concerning the breeds of dairy cattle and the last one received asks for information concerning the best breed of hogs.

We have repeatedly stated in these columns that it is strictly impossible to give advice on the question of breeds as applied to any class of live stock, says the Homestead. So much depends upon the tastes of the individual, upon the environment and upon the requirements of neighboring farmers that it would be time wasted to mention specifically one breed and then undertake to prove that it was better than any or all others.

We take it for granted that in this case it is the intention of the subscriber to handle pure-bred hogs and we presume he is a beginner in the business and under these circumstances something may be said on the topic that will throw a little light on the subject for those just starting. The average man will do a little better right from the start if he takes up the breed that is popular in his community. The reason for this is that he will have less difficulty in disposing of his surplus males early in the season than if he starts in with a breed with which his neighbors are unfamiliar. We mean by this that if

GUINEA HENS ARE PROFITABLE

Bakers Always Glad to Get Their Eggs Because They Can be Used to Good Advantage in Cake Baking.

By WALTER R. LEUTZ.

There is no doubt that if the guinea hen is properly cared for at all times that it will prove almost as profitable as any of the ordinary breeds of chickens.

Guinea eggs are not always salable to country merchants because many people say they are not palatable and their color is against them, but bakers are always glad to get guinea eggs because it is claimed they can be used to better advantage in cake baking than any other, except duck eggs.

If the eggs can be obtained from guinea hens that have been confined for a season or whose ancestors have been treated as domestic fowls, the birds will, in time, become almost as tame as chickens.

When the hens are left out in the open they make their nests in brush heaps or out-of-the-way places, and when their nest is once located they rarely leave the vicinity, and it is, therefore, easy to find the nests. It is always better to place the eggs under a chicken hen for hatching unless the guinea hen has been confined.

Unless the guinea hen is confined

COVER FOR TOBACCO PLANTS



The production of good, healthy tobacco plants fit for transplanting in the field is one of the most important operations of tobacco growing, says the Orange Judd Farmer. It is the well-known policy of most tobacco growers to plant more seed and have larger beds than necessary when the weather and everything are favorable to production of good, strong, healthy plants. W. S. Belmer of Connecticut, after losing several years in succession his crop of small plants by freezing, decided to make a bed this spring in which he was sure to grow as many and healthy plants as he wished. The cost of this bed, he claims, is about one and one-half days' extra labor, or three dollars more than what his old beds cost him. This seed bed, as illustrated above, is 41 feet wide, 52 feet long and four and one-half feet high to the eaves and about nine feet high in the center. On the west and south sides are placed the glass

MEMORIES OF MUTINY

SCENES THAT RECALL HORRORS OF INDIAN OUTBREAK.

Massacres by the Treacherous Nana Sahib—Black Hole of Calcutta and Other Places of That Historic Nightmares.

At Cawnpur was a large native garrison, and when they mutinied, Nana Sahib put himself at their head. The Europeans, including more women and children than fighting men, were besieged for two weeks, and then, trusting to a safe-conduct from Nana Sahib, they surrendered. They embarked on boats on the Ganges, the boats were set afire and shot at by the natives from both banks, and only four escaped. The women and children were massacred a few days later, some of them being pitchforked living upon the bayonets of their murderers.

Delhi was besieged for months from the surrounding ridge, over which I have walked and driven, but it was only in September that the Kashmir Gate was blown in, and Nicholson fell at the head of the storming party. The chief commissioner of Oudh was a Lawrence, and not a Lawrence for nothing. He prepared for a siege in the residency at Lucknow, and was mortally wounded there, but his intelligent provision saved his companions till at last Lucknow was relieved. It is one of the ghastly nightmares of history to see that Black Hole of Calcutta, that well at Cawnpur, that cellar in the residency at Lucknow, that grave-dotted ridge at Delhi, Women and children outraged, suffocated, pitchforked on bayonets, burnt, stabbed, starved and strangled; it is a horrible tale. Say what one will of all that, it is British business, British vengeance, not ours, but it is a disgrace to the whole white race that British callousness, and lack of taste and reverence, should permit these graves to be overgrown with weeds, should suffer that miserable little graveyard on the ridge above Delhi, should allow the lettering on the Kashmir Gate to become defaced. The only monument in all India that is not a travesty is the statue of John Nicholson, and more than one of the statues of the white empress and the white emperor of India are black!—From "Mughal to Briton," by Price Collier, in Scribner's.

Life Saving Contests for Miners.

Mining men from all parts of the country attended the second annual inter-company meet of first aid teams held recently at Wilkes-Barre, Pa., under the auspices of the National Red Cross society. United States army officers acted as judges in the contests in which various teams demonstrated their skill in rescuing miners under most difficult conditions.

An air-tight mine chamber was built in an open field for the contests and charged with various kinds of fumes, such as are met with in coal mines, and it was in this that the first aid teams did their rescue work, completing their task of restoring the rescued men out in the open air.

Teams from the Lehigh Valley Coal company, Pennsylvania, Hillside, Temple and Delaware, Lackawanna and Western competed in the events, which were in charge of Maj. Charles Lynch of the United States army.

For the first time in the history of the movement there was a display of first aid work by engineers from the government experiment station at Pittsburgh.

How the Spirits Spell.

"Judging by spiritistic communications I have received lately simple spelling must be more popular in the world beyond than it is in this," said a man who patronizes mediums. "Half the messages received from the spirit land nowadays are spelled in a way to bring joy to the hearts of the simple spellers. Not one medium, but many, transmit them thus. Mediums who know the old-fashioned spelling book well enough to spell down a whole room full of folks have gone over to the revised edition.

"Whatever force it is that guides their hands when transmitting messages must be impressed with the utility of the new system. At the last seance I attended I received a communication from a man who fought new-fangled spelling with his dying breath, but since he passed over he must have learned something to make him change his mind, for he now writes like a disciple of Artemus Ward."—New York Times.

Modes and Madness.

A considerable stir is being caused in scientific circles by a lecture delivered before the Psychological Society of Berlin by Prof. Rudolph Foerster, in which the lecturer declared that insanity can be judged by dress. Especially is this so in the case of women.

Insane women, said Dr. Foerster, nearly always love bright colors, and wear them in disorder. Nearly all women who are extravagant in dress are mentally abnormal, and hover on the verge of mental breakdown.

Whereas, a man's insanity usually begins by excessive anxiety about his professional interests, that of a woman indicates itself by too much attention to personal appearance.

Dr. Foerster added that insanity itself follows fashions. Types of insanity which make their victims violent are decreasing. Nowadays the insane tend to be quiet and harmless.

COLDS



Many a Cold Remedy Believes the head, tires and lungs almost immediately. Colds, Fevers, stops Discharges of the nose, takes away all aches and pains caused by colds. It cures Grippe and influenza Coughs and prevents Pneumonia. Write Prof. Mayson, 32nd and Jefferson Sts., Philadelphia, Pa., for medical advice absolutely free.

Wishes wish.
"Wish I was a horse," said Willie, as he watched his father's horse prancing. Then, after a moment's reflection, he added, "Except at dinner time."

MY DAUGHTER WAS CURED

By Lydia E. Pinkham's Vegetable Compound

Baltimore, Md.—"I send you here, with the picture of my fifteen year old daughter Alice, who was restored to health by Lydia E. Pinkham's Vegetable Compound. She was pale, with dark circles under her eyes, weak and irritable. Two different doctors treated her and called it Green Sickness, but she grew worse all the time. Lydia E. Pinkham's Vegetable Compound was recommended, and after taking three bottles she has regained her health, thanks to your medicine. I can recommend it for all female troubles."—Mrs. L. A. JORGRAN, 1103 Rutland Street, Baltimore, Md.

Hundreds of such letters from mothers expressing their gratitude for what Lydia E. Pinkham's Vegetable Compound has accomplished for them have been received by the Lydia E. Pinkham Medicine Company, Lynn, Mass.

Young Girls, Heed This Advice.

Girls who are troubled with painful or irregular periods, headache, heartache, dragging-down sensations, fainting spells or indigestion, should take immediate action and be restored to health by Lydia E. Pinkham's Vegetable Compound. Thousands have been restored to health by its use.

Write to Mrs. Pinkham, Lynn, Mass., for advice, free.

In Net Results.
Speaking at the church congress, the bishop of Bristol expressed the view that motoring had done much for the church. Yes; but not so much as it has done for the churchward.—Punch.

Heartburn! DID YOU SAY?

Then you really need

Hostetter's Stomach Bitters

It tones the stomach, aids digestion, prevents after-eating distress.

Don't suffer any longer. Take home a bottle today and be able to enjoy your meals.

It is also excellent for Malaria, Fever and Ague.

Kind of Dog to Own.

For best results one should get a young dog and teach him his future duties gradually. Never allow him to leave the homestead alone and you will never have a dog that strays. Never chain your dog; that is not necessary. Teach him his proper place and make him obey you upon gesture or word and he will not overstep his lines. Treat him like a brother, give him his food and cool water regularly and be kind to him and you will have a noble animal.—Rural Life.

The Average Picnic.

If a man will take a hard-boiled egg, a thin ham sandwich, and a badly fractured glass of lean lemonade out on the lawn and sit down on a rustic bench—if there is one, he will come close to making a noise similar to the average picnic.

Slow.
Mrs. Starven—"I'm surprised to hear you say you're having trouble to get your money out of Mr. Starboard. He always boasted that he paid as he went." Mrs. Bardem—"Maybe he does, but I can't get him to go."—Stray Stories.