

Good Blood

Means good health, and Hood's Sarsaparilla has an unapproached record as a blood-purifier.

It effects its wonderful cures, not simply because it contains sarsaparilla but because it combines the utmost remedial values of more than 30 different ingredients.

Baron Munchausen had just told one of his stories, and somebody in the crowd had questioned the truth of it.

Odious Comparison. Rivers (perplexed by a temporary lapse of memory)—Brooks, how does that quotation go—"O, woman! In our hours of ease uncertain, coy, and hard to please, and variable as"—what?

Typewriter. "New York Times." All make rebuilt like new, at second hand prices.

Smile. "Mein freund, you sit dot suit like—like—"

With a deprecatory shrug of his shoulders the clothing merchant protested.

DO YOU WANT A TYPEWRITER? The Wholesale Typewriter Co., 27 Montgomery St., San Francisco.

Practically None. "Any gambling going on in this town now?" asked the customer who had just bought a plug of tobacco.

Mothers will find Mrs. Winslow's Soothing Syrup the best remedy to use for their children during the teething period.

Spread of the Idea. "Are there any game laws in this part of the country?" asked the stranger with the shotgun.

How do you desire to be uplifted? is the question a writer in the New York Sun puts into the mouth of the commissioner at the farmer's door.

Overcomes Loss of Nervous Force in Men and Women

Men and women who are nervous wrecks, who lack energy and ambition, who suffer with nervousness, dream, anxiety and a general inability to be happy or to act naturally and rationally at all times.

The Cost of Living. "Man wants but little here below"—once that perhaps was true:

DYSPEPSIA

"Having taken your wonderful Cascarets" for three months and being entirely cured of stomach catarrh and dyspepsia.

Scientific Concrete Septic Tanks

WANT TO SELL?

FREE 25c Sheet Music or A. Y. P. Expo. Souvenir

GOLDEN WEST COFFEE TEA SPICES BAKING POWDER

BLACK LAND COMPANY

FREE 25c Sheet Music or A. Y. P. Expo. Souvenir

PACIFIC COAST MERCANTILE ASSOCIATION

FREE 25c Sheet Music or A. Y. P. Expo. Souvenir

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RAILROADS ACCEPT

Will Reduce Rates to Conform to Spokane Decision.

AVERAGE CUT OF 15 PER CENT

Decide Not to Appeal Spokane Ruling, but Will Stand Loss to Save Trouble.

Chicago, May 18.—The Record-Herald says:

A new freight rate schedule from all the territory east of the Missouri river to all the Western cities not located on the Pacific coast will go into effect on the transcontinental lines July 1.

The new rates will be based upon the rates which the Interstate Commerce commission ordered the railroads to put in from St. Paul and Chicago to Spokane and will be an average reduction under the present rates of about 15 per cent.

The railroads decided to do this instead of fighting the order of the commission in the courts.

"The railroads have decided to try to carry out the principle announced by the commission in the Spokane rate decision, instead of appealing to the courts to prevent such a reduction in our revenue.

REWARDS TOTAL \$68,000.

Siouxs Falls to Spokane in Search of Train Robbers.

Spokane, May 18.—Responding to the offer of rewards aggregating \$68,000, offered by the Federal authorities and the railroad company for the capture and conviction of the robbers who held up and plundered a Great Northern train near Spokane, detectives are gathering here from many places.

Spokane police believe the robbers made their way into Spokane and a close watch is kept on the saloons and lodging houses. A number of detectives are working on the theory that the desperadoes are hiding in the mountains back of Colbert.

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Vienna, May 18.—This city is echoing with gossip and comment in connection with the visit of Emperor William. It is agreed that the welcome of the august visitor was outwardly hearty and that the decorations were on a scale quite disproportionate to the brief and incidental character of the visit.

Prosperity at Pittsburg.

Pittsburg, May 18.—Announcement was made here tonight that 35,000 employees of iron and steel companies having headquarters in this vicinity will receive an advance in wages averaging 10 per cent the first of June or the first of July.

Alifalfa as Human Food.

Omaha, May 17.—Omaha goes the vegetable food faddist one better, and furnishes the proof that a man can live on hay and enjoy the best of health.

Health and Profits.

Prof. Irving Fisher, of Yale, has been suggesting to the life insurance companies that they establish department of health as a means of prolonging the life of their policy holders, and thus of increasing their own profits.

More Time is Given.

Washington, May 17.—As a result of several conferences, the Interstate Commerce commission today announced a postponement from June 1 to July 1 of the time for taking effect of its decision in the Spokane rate cases.

Drives Capital to America.

London, May 18.—As a result of the proposed increased income tax in the budget submitted by the chancellor of the exchequer, Lloyd-George, the Duke of Bedford, extensive landholder and scientific farmer, is to invest \$2,500,000 in California, according to a report current here today.

Prohibit Public Drinking.

Colorado Springs, Colo., May 18.—An additional precaution to insure the carrying out of the wishes of the "dry" element of Colorado Springs, victorious in the recent local option election was supplied tonight in an ordinance presented to the city council by City Attorney C. W. Dolph.

Bank Guarantee in Texas.

Dallas, Tex., May 17.—A general movement among state banks to take advantage of the new state guarantee law, signed last week, has begun.

Railway Travel Growing Safe.

Chicago, May 18.—According to a report made public by the Pennsylvania lines, the system carried 141,659,543 passengers over 23,000 miles of rails without the loss of life to a single passenger train from train accidents during 1908.

When writing to advertisers please mention this paper.

HOMES NOW RUINS.

Much Suffering and Death in Wake of Kansas Tornado.

Kansas City, May 17.—A recapitulation of the storm, general over Northwestern Missouri and Eastern and Central Kansas, and extending into Oklahoma, and which in places reached the proportion of a tornado, shows three known dead and 55 injured, at least half a dozen of the latter seriously hurt.

The principal damage was done at Hollis, a town of 150 inhabitants, near Concordia, Kansas, and at Mount Washington, Mo., a suburb eight miles east of Kansas City. In both of these places practically every house was either damaged or demolished, and dozens of persons injured.

Near Great Bend, Kansas, 20, mostly members of a crew on a Santa Fe work train, which was blown from the track. Four of these are in a serious condition.

Rosedale View, Kansas, a suburb of Kansas City, two. In the vicinity of Hoisington, Kansas, four.

Pond Creek, Oklahoma, four. The storm followed a terrific down-pour of rain. The wind came up suddenly, swooped down with but little warning, and striking the small territory described, wiped it out almost completely.

Frame houses were crushed, the sides apparently being forced inward, while others were toppled over and carried from their foundations. In some cases sides of buildings were carried away, leaving the roof and a few small articles to mark the site.

THE A.-Y.-P. FAIR.

Some Brief Notes of Interest on the Exposition Which Opens June 1.

The Oregon building was the first of the state buildings to be finished. California made a good second.

Five million dollars' worth of gold dust, just as it came from Alaskan placers, will be part of the Alaska exhibit.

Live specimens of all game and game birds found from Point Barrow to Tia Juana, will be seen in the immense game paddock.

The provines of Alberta and Saskatchewan, Canada, will make splendid exhibits of their mineral and agricultural resources.

The University of Idaho cadet band of 40 pieces will play at the fair this summer. The Idaho legislature passed an appropriation allowing the battalion to go into encampment at the exposition immediately after the end of the university year.

The Michigan building will be the only state structure financed locally. The money to defray the expense of building and entertainment was raised by subscription in Seattle.

Guards on the grounds of the exposition will wear gray uniforms and it is planned to make the force the best dressed police body ever seen in this country.

TRAIN HELD UP.

Robbers Hake Good Haul on Great Northern Road.

Spokane, Wash., May 17.—Great Northern passenger train No. 3 was held up by two masked robbers between Mead and Colbert shortly before midnight Saturday night.

The engine was then reversed and sent back down the track, where it crashed into the standing train.

When the collision occurred a number of the passengers, it is reported, were injured. A hurry call was sent to Hilliard for doctors, who were rushed to the scene in a special train carrying the officers.

The train was left standing several miles from a telegraph station, where one of the trainmen was sent to notify the Spokane office of the hold-up.

According to the report at Hilliard, the robbers have obtained booty amounting to more than \$20,000 from the mailcar.

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Bank Guarantee in Texas.

Old Favorites

Somebody's Mother.

The woman was old and ragged and gray. And bent with the chill of the winter's day.

The street was wet with a recent snow. And the woman's feet were aged and slow.

She stood at the crossing and waited long. Alone, uncared for, amid the throng.

Of human beings who passed her by. Nor heeded the glance of her anxious eye.

Down the street with laughter and shout. Glad in the freedom of "school let out."

Came the boys, like a flock of sheep. Hailing the snow piled white and deep.

Past the woman, so old and gray. Hastened the children on their way.

Nor offered a helping hand to her. So weak, so timid, afraid to stir.

Leat the carriage wheels or the horse's feet. Should crowd her down in the slippery street.

At last came one of the merry troop—The gayest laddie of all the group:

He paused beside her, and whispered low. "I'll help you across, if you wish to go."

Her aged hand on his strong young arm. She placed, and so, without hurt or harm.

He guided the trembling feet along. Proud that his own were firm and strong.

Then back again to his friends he went. His young heart happy and well content.

"She's somebody's mother, boys, you know. For all she's aged and poor and slow."

"And I hope some fellow will lend a hand To help my mother, you understand."

If ever she's poor and old and gray. When her own dear boy is far away."

And "somebody's mother" bowed her head. In her home that night, and the prayer she said.

Was "God be kind to the noble boy. Who is somebody's son and pride and joy!"

—Anonymous.

BENEFIT OF STRIKES.

Their Moral Uplift Explained by Leader John Mitchell.

"Not only have the wages of the workmen been raised by the strikes in this country, but the whole moral tone of the labor element has been appreciably elevated."

"It is often said that the walking delegate calls a strike for the benefit of his own pocket. This is not true, for every strike means a loss to him."

In fact, the remuneration of the walking delegate is like that of the Chinese physician, who is paid only while his patients are in good health.

"Roughly speaking, the average workman has spent less than 1 per cent of his wages in strikes. In other words, the workmen of the United States have lost less time in strikes than from the celebration of the Fourth of July."

"A strike cannot be won by a single action. It requires the greatest endurance and patience. The striker must refrain from any hostility toward the men who have been imported into his town to take his place."

"The amount of violence in strikes is greatly overdrawn. It is a matter of record that there are more people killed on the Fourth of July than have been killed in strikes in the United States since the signing of the Declaration of Independence."

Prof. Irving Fisher, of Yale, has been suggesting to the life insurance companies that they establish department of health as a means of prolonging the life of their policy holders, and thus of increasing their own profits.

More Time is Given.

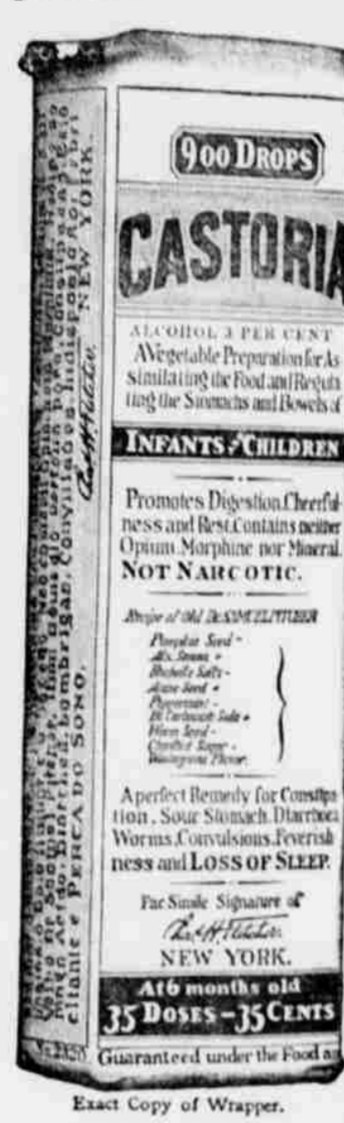
Washington, May 17.—As a result of several conferences, the Interstate Commerce commission today announced a postponement from June 1 to July 1 of the time for taking effect of its decision in the Spokane rate cases.

Drives Capital to America.

Save the Babies.

INFANT MORTALITY is something frightful. We can hardly realize that of all the children born in civilized countries, twenty-two per cent, or nearly one-quarter, die before they reach one year; thirty-seven per cent, or more than one-third, before they are five, and one-half before they are fifteen!

We do not hesitate to say that a timely use of Castoria would save a majority of these precious lives. Neither do we hesitate to say that many of these infantile deaths are occasioned by the use of narcotic preparations. Drops, tinctures and soothing syrups sold for children's complaints contain more or less opium, or morphine. They are, in considerable quantities, deadly poisons. In any quantity they stupefy, retard circulation and lead to congestions, sickness, death. Castoria operates exactly the reverse, but you must see that it bears the signature of Chas. H. Fletcher. Castoria causes the blood to circulate properly, opens the pores of the skin and lays fever.



Letters from Prominent Physicians addressed to Chas. H. Fletcher.

Dr. A. F. Peeler, of St. Louis, Mo., says: "I have prescribed your Castoria in many cases and have always found it an efficient and speedy remedy."

Dr. E. Down, of Philadelphia, Pa., says: "I have prescribed your Castoria in my practice for many years with great satisfaction to myself and benefit to my patients."

Dr. Edward Parrish, of Brooklyn, N. Y., says: "I have used your Castoria in my own household with good results, and have advised several patients to use it for its mild laxative effect and freedom from harm."

Dr. J. B. Elliott, of New York City, says: "Having during the past six years prescribed your Castoria for infantile stomach disorders, I most heartily commend its use. The formula contains nothing deleterious to the most delicate of children."

Dr. C. G. Sprague, of Omaha, Neb., says: "Your Castoria is an ideal medicine for children, and I frequently prescribe it. While I do not advocate the indiscriminate use of proprietary medicines, yet Castoria is an exception for conditions which arise in the care of children."

Dr. J. A. Parker, of Kansas City, Mo., says: "Your Castoria holds the esteem of the medical profession in a manner held by no other proprietary preparation. It is a sure and reliable medicine for infants and children. In fact, it is the universal household remedy for infantile ailments."

Dr. H. F. Merrill, of Augusta, Me., says: "Castoria is one of the very finest and most remarkable remedies for infants and children. In my opinion your Castoria has saved thousands from an early grave. I can furnish hundreds of testimonials from this locality as to its efficiency and merits."

Dr. Norman M. Geer, of Cleveland, Ohio, says: "During the last twelve years I have frequently recommended your Castoria as one of the best preparations of the kind, being safe in the hands of parents and very effective in relieving children's disorders, while the ease with which such a pleasant preparation can be administered is a great advantage."

GENUINE CASTORIA ALWAYS Bears the Signature of Chas. H. Fletcher.

The Kind You Have Always Bought In Use For Over 30 Years.

UNSANITARY CONDITIONS.

Water Supply in Many Cases Found Unnecessarily Polluted.

E. F. Perrot, Oregon Agricultural College, Corvallis.

The condition in which I find water received from various parts of the state warrants my calling the attention of the public to the unsanitary conditions which must exist surrounding their water supply.

Some samples of water taken in sterile bottles under aseptic precautions, contain as high as 63,580 germs per cubic centimeter (a teaspoon holds about five cubic centimeters of water and an ordinary drinking glass about 225 cubic centimeters). A glass full of such water would therefore contain 14,395,500 living germs. While it is true that many varieties of these germs are not directly disease producing, the continued introduction of such large quantities of them into the system lowers vitality and increases susceptibility to the disease producing types when they gain access to the body.

Water containing so many organisms carries also, in solution, the ptomaines from the putrefaction of the organic matter in which they grew. These large number of organisms generally find their way into open wells by surface drainage and where they can pass, so may the disease producing types pass also.

The waters from driven wells are comparatively free from organisms. An open well is an abomination and is not in keeping with our present understanding of the laws of sanitation.

The question arises, how can we better our condition. Where a well is the only means of obtaining water, let it be dug to the water bearing stratum, wall it up with brick laid in cement for ten feet, arch it over with the pump pipe and arch well cemented in, fill the remainder of the hole, which may be 15 to 20 feet, with clay well tramped down and the result will be a bottomless brick jug, deep under ground, into which no surface water, worms nor animals can penetrate. The water from such a well is as pure as can be obtained from the locality in which it is situated.

There are many families living in the country who should enjoy the best of health, but who are always ailing. The cause of ill health may, as a rule, be traced to their use of polluted water produced by the unsanitary condition of their surroundings. But few homes have proper drainage from sinks and baths, dish water is thrown out of the back door on the ground near the well. Garbage is similarly disposed of to decompose and drain into the well. Wash water containing filth that would not be tolerated on the clothing is also emptied on the ground to drain into the well. Most of the open wells situated near the house or barn are but cesspools. It is the lowest point in its vicinity into which liquid drains. Frequently a privy is located within a stone's throw of an open well. When the water table rises to the surface of the ground, as it always does during the winter in Western Oregon, all surface water is contaminated, and, as the water level lowers, the open wells become reservoirs for the drainage.

The ordinary stone or brick wall of an open well only serves the purpose of preventing the caving in of the earth and in no sense acts as a filter. We have received samples of water from open wells, situated near barnyards or dwellings, which were loaded

CRESCENT Egg-Phosphate BAKING POWDER A FULL POUND 25c. Get it from your Grocer

with organisms that are instrumental in decomposing manure. The samples gave strong reactions of ammonia by chemical analysis and were even tinted with the color of liquid manure. One particular sample was thus polluted from a flower bed near the house, the flower bed having been heavily manured.

In localities where water is piped into the house and there is no sewer, the toilets should be connected with a properly constructed septic tank and the effluent should be piped a long distance from the well and empty on the surface of the ground, where sun and air may still further purify it. If an open cesspool must be used, a concrete vault, well cemented, should be constructed, instead of a mere hole in the ground, and lime frequently thrown into it to prevent the breeding of flies. Earth closets have been very successful and consist of galvanized iron trays or tubs that may be emptied away from the premises; dry earth or ashes should be used in connection with them to absorb moisture and suppress odor.

It is well known that flies breed in human and animal manure; for example, the deposits of human excreta are often seen to be a crawling mass of maggots, these are the larvae hatched from the eggs deposited by flies, from this they pass into the pupa stage and again emerge as flies with the return of warm weather. These flies enter our dwellings, walk upon our food and directly transmit the organisms from excreta to our food. Contamination does not cease at that, for we have definitely proven that the organisms which the flies take into their bodies from the excreta are not destroyed by their digestion, and passing from their bodies with the excreta the germs utilize this excreta for food and multiply. Therefore a fly speck containing fifty germs will increase its numbers fifty-fold.

If perchance the organism happens to be the typhoid bacillus, a fly speck upon an apple, or other food, will eventually contain thousands of germs. This we have conclusively demonstrated by hatching flies in a sterile box, then feeding them with bread or sugar saturated with cultures of the typhoid bacilli, then allowing them to excrete upon apples, cabbage leaves, other material that gives off moisture. The fly speck, after some time, assumes the form of a colony and is found to be loaded with living typhoid

bacilli, showing that they had passed through the fly uninjured and had multiplied abundantly in the fly's deposit. It is well known that milk is an ideal food for typhoid bacilli, and for that reason should be well guarded from the invasion of flies. Keep flies out of the house, especially that part where food is kept.

Attention should also be called to the abominable practice of disposing of dead animals by throwing their carcasses into abandoned wells, or emptying closets into them, for the water bearing strata will be polluted for miles. Typhoid fever is a filth disease and any person who thus pollutes a water supply commits a criminal offense.

If Your Eyes Bother You get a box of PETTIT'S EYE SALVE, old reliable, most successful eye remedy made. All druggists or Howard Bros., Buffalo, N. Y.

Another Victim. Lawyer—You want a divorce from your wife? On what ground? Caller—Extreme and repeated cruelty. She makes me get up every night and walk the bare to sleep.

Syrup of Figs and Elixir of Senna acts gently yet promptly on the bowels; cleanses the system effectually; assists one in overcoming habitual constipation permanently.

To get its beneficial effects always buy the genuine.

MANUFACTURED BY THE CALIFORNIA FIG SYRUP CO. SOLD BY LEADING DRUGGISTS 50'ABOULT

HAMLIN'S WIZARD OIL GREAT FOR PAIN THE OIL THAT PENETRATES

MAPLEINE A flavoring used the same as lemon or vanilla. By dissolving granulated sugar in water and adding Mapleine, a delicious syrup is made and is a syrup better than maple. Mapleine is sold by grocers. If not used the first 2 oz. bottle and recipe book. Crescent Mfg. Co., Seattle, Wa.