

# HEALTH NOTES FOR AUGUST.



## PERUNA FOR CATARRH OF THE STOMACH, BOWELS, DIARRHEA, DYSENTERY, FLOATING, NIGHT SWEATS, SUMMER COMPLAINT

August is the month of internal catarrh. The mucous membranes, especially of the bowels, are very liable to congestion, causing summer complaint, and catarrh of the bowels and other internal organs. Peruna is an excellent remedy for all these conditions.

### A Failure.

Not long ago a man appeared at the capitol and had his card taken in to Senator Bailey. The Senator did not recognize the name, but, in accordance with his usual courtesy, came out to where the stranger was waiting.

It took only a few minutes' conversation to develop the fact that the individual simply desired to make a "touch." It was the regulation "Been unfortunate, sah, and desire to get back to my own country, sah."

"What is your business, colonel?" the Senator inquired. The rusty frock coat and black hat seemed to warrant the title.

"Why, I am a gentleman, Senator," the stranger replied, pompously.

"Oh, I see," the Senator said, pleasantly. "Have you instituted bankruptcy proceedings yet?"—Philadelphia Record.

### Way of One Man.

He was romantic, but bashful for his age. At 25 it is expected nowadays that a man should be matter of fact. She was his equal in romance, but a trifle older, old enough, indeed, to be a widow. The conversation had turned on the ever-important subject of mothers-in-law. There was a lull in the argument. Gazing far, she sighed and said:

"Ah, me! I shall never have another mother-in-law!"

He looked at her with interest for a moment, and then suddenly burst out:

"My mother died when I was very young!"

"It was an inadvertence, but he could not draw back. She threw herself into his arms, and they have lived happily up to now."—Pittsburg Press.

### Her Majesty's Etiquette.

Queen Alexandra of England is strict on such points of etiquette as make it a breach of decorum, for instance, to hand anything but new and unused coin, fresh from the mint, to the consort of the British sovereign. To make love to her majesty is punishable, by the law of Britain, with death, unless, of course, one happens to be the king.

## CATARRH BLOOD AND SYSTEM DISORDERED

Catarrh is not merely an inflammation of the tissues of the head and throat, as the symptoms of ringing noises in the ears, mucous dropping back into the throat, continual hawking and spitting, etc., would seem to indicate; it is a blood disease in which the entire circulation and the greater part of the system are involved. Catarrh is due to the presence of an excess of uric acid in the blood. The Liver, Kidneys and Bowels frequently become torpid and dull in their action and instead of carrying off the refuse and waste of the body, leave it to sour and form uric acid distributed to all parts of the system. These impurities in the blood irritate and inflame the different membranes and tissues of the body, and the contracting of a cold will start the secretions and other disgusting and disagreeable symptoms of Catarrh. As the blood goes to all parts of the body the catarrhal poison affects all parts of the system. The head has a tight, full feeling, nose continually stopped up, pains above the eyes, slight fever coming, and goes, the stomach is upset and the entire system is disordered and affected by this disease. It is a waste of time to try to cure Catarrh with sprays, washes, inhalations, etc. Such treatment does not reach the blood, and can, therefore, do nothing more than temporarily relieve the discomfort of the trouble. To cure Catarrh permanently the blood must be thoroughly purified and the system cleansed of all poisons, and at the same time strengthened and built up. Nothing equals S. S. S. for this purpose. It attacks the disease at its head, goes down to the very bottom of the trouble and makes a complete and lasting cure. S. S. S. removes every particle of the catarrhal poison from the blood, making this vital stream pure, fresh and healthy. Then the inflamed membranes begin to heal, the head is loosened and cleared, the hawking and spitting ceases, and the constitution is built up and vigorous health restored. S. S. S. also tones up the stomach and digestion and acts as a fine tonic to the entire system. If you are suffering with Catarrh begin the use of S. S. S. and write us a statement of your case and our physicians will send you literature about Catarrh, and give you special medical advice without charge. S. S. S. is for sale at all first class drug stores.

## S. S. S. PURELY VEGETABLE

every symptom disappears, the constitution is built up and vigorous health restored. S. S. S. also tones up the stomach and digestion and acts as a fine tonic to the entire system. If you are suffering with Catarrh begin the use of S. S. S. and write us a statement of your case and our physicians will send you literature about Catarrh, and give you special medical advice without charge. S. S. S. is for sale at all first class drug stores.

### Mineral Wealth of the South.

About one-seventh of the mineral production of the entire country comes from the Southern States. Of bituminous coal, the most valuable mineral, the South produces one-fourth, and of iron about one-ninth. Its total coal resources amount to nearly 600,000,000,000 tons, or more than one-fourth of our estimated coal reserve.

Of mineral chemical materials the South supplies more than one-half, chiefly phosphate rock, all of which is produced in Florida, Tennessee and South Carolina, and nearly one-third of the mineral pigments. Of precious stones the whole country produces only \$325,000 worth, with the South furnishing its fair share.

The showing in iron ore reserves is quite as good; a safe minimum is 3,000,000,000 tons, or nearly one-third of the nation's total. Of workable iron ore the South contains one and one-half times as much as the famous Lake Superior district, and this does not include the deep lying southern ores.

On a basis of value of product the South furnishes more than two-sevenths of our oil and more than one-sixth of our gas.—New York Sun.

### She Had It.

Secretary Shaw paid a visit to the plebeian region of New England the past summer. He stopped one night at a small country hotel, where the youthful daughter of the proprietor officiated as waitress. Seating himself at the breakfast table the next morning Mr. Shaw asked: "Have you any breakfast food, young lady?" The ingenuous little Vermont starer stared perplexedly at the secretary, cast her eyes with significance over the well-laden table, upon which was spread the usual assortment of preserves, jellies, pickles, Worcester-shire sauce, ham, eggs and bread, and stammered out: "Excuse me, sir, but what did you want?" "Why, some breakfast food, please," repeated Secretary Shaw, politely. The girl frowned and then, with sudden illumination of the distinguished guest's meaning, replied glibly: "Oh, yes, sir; we have apple, pumpkin, gooseberry, and—I believe—squash pie!" And she hurried from the room to execute Secretary Shaw's order.—Exchange.

### Noble Duties.

Several of the English dukes have an annual duty to perform in accordance with the patent of their peerages. The Duke of Wellington commemorates the day of the battle of Waterloo by sending miniature reproductions of the French and English flags to the king. The Duke of Marlborough presents an annual flag to King Edward on the day of the battle of Blenheim; and the Duke of Hamilton, as hereditary keeper of Holyrood palace, is involved in the duty of sending a fat buck to the Guard of Honor on the occasion of their yearly dinner. While writing of these matters, it may be mentioned that one or two peerages are in receipt of government grants in perpetuity. For example, the Nelson earldom gets \$25,000 a year, and the barony of Rodney is in receipt of \$10,000 a year. But the annual \$10,000 granted to the baronies of Egland and Napier of Magdala will die with the present holders of these titles.

### 198 Chances.

Gov. Stuart of Pennsylvania said recently in Harrisburg of a bill that he opposed:

"This bill, at first glance, is full of promise and enthusiasm and hope, but it is naive. It is like the young man of Kensington who proposed for the hand of the millionaire's daughter. 'Well,' said the millionaire, frowning thoughtfully, 'what are your prospects? Is there any chance of promotion in your business?'"

"'Any chance?' cried the young man. 'Well, I should say so. Why, we employ 200 men, and my job is next to the lowest in the establishment.'"

### Slaves Serve as Money.

Perhaps the queerest money in the world is represented by the boy and girl slaves in Mohammedan Africa. One of these will buy two camels. It is a currency much favored, for it will carry itself, and increases in value like the best real estate.

### Modesty.

"Whom do you regard as the greatest living actor?"

"My friend," answered Mr. Stormington Barnes, "the question is not considerate. You know how I hate to talk about myself."—Washington Star.

# OPERATORS ALL OUT

## Telegraph Systems of Country Almost Paralyzed.

### HAS BEEN NO GENERAL ORDER

Strike is Optional With Local Unions, but Sactioned by National Officers When Called.

Portland, Aug. 13.—The telegraphers' strike is now general throughout the country. Following is a general summary of the situation today:

Commercial operators—Strike has extended with great rapidity throughout the United States and telegraph business is everywhere paralyzed or badly crippled. Both Western Union and Postal Telegraph Companies appear to be equally affected.

Press Operators—At 7:30 p. m., New York time, Associated Press operators left their keys over the entire system, refusing to give General Manager Stone time to refer to the board of directors of the Associated Press their demand for higher wages and limitation of hours.

Railway Telegraphers—L. W. Quick, grand secretary and treasurer of the Order of Railway Telegraphers, issues order directing railroad telegraphers not to handle commercial messages.

Practically the entire telegraphic business of the country is tied up as the result of the strike inaugurated in most of the large cities by the operators of the Western Union Telegraph Company and the Postal Telegraph Company, and one or two other telegraph companies of minor importance.

The strike now involves not only the commercial telegraphers, but also the operators of the Associated Press in all the large cities of the country, save a few in New England and the Middle West. The strike of the Associated Press men came at the end of a day of negotiations between General Manager Melville E. Stone and officials of the telegraphers' union in New York. Owing to the radical demands of the operators, General Manager Stone asked for 24 hours in which to advise with the members of the Board of Directors of the association.

This request apparently was acceptable to General Secretary E. Stone, and a large number of Associated Press operators who realized its reasonableness, but a number of radicals on the Texas circuit would not consent to a postponement of action on the part of the Associated Press and quit their keys. This action was followed largely throughout the country.

A serious phase of the strike developed yesterday afternoon and during the night when it was discovered that railroad telegraphers in many places were tampering with the wires at relay points. By withdrawing "plugs" from the switchboards and grounding the wires communication on a number of circuits was interrupted and in some instances entirely shut off.

From the developments of yesterday and last night it seems certain that the Order of Railway Telegraphers will support the commercial telegraphers in their strike, and it is not improbable that the railway telegraphers' organization will become more deeply involved in the strike should it be of lengthy duration.

While the strike at this time has the appearance and to some extent the effect of a general strike, such is not the case. A large number of commercial operators are still at their keys and will not go out until instructed to do so by President Small.

In Portland the operators of the Western Union and Postal Telegraph Companies struck last night. The Western Union men were called out by President Brainin of the local union at 7:15 o'clock. The Postal operators left their keys at 7:44 o'clock. Both strikers were very orderly. The messenger boys struck last night at 11 o'clock after holding a meeting at which they formulated a demand for a considerable increase in pay.

### A. P. Strike Not General.

Chicago, Aug. 13.—The Associated Press operators in Chicago, New York and other leased wire points in the West and South struck at 7:30 last night. The operators in Minneapolis, Duluth, Milwaukee, Indianapolis, Detroit and Cleveland remained at their posts. The strike was against the wishes of General Secretary Russell, of the telegraphers' union, who with a majority of the operators desired 24 hours as Mr. Stone had expressed his willingness to endeavor to arrive at an understanding.

### Union Officers Sued.

San Francisco, Aug. 13.—O. A. Tviemoe, P. H. McCarthy, Richard Cornelius and all other officers and members of the Carmen's Union, labor Council and Building Trades Council were made defendants today in a suit filed by James H. Aver, a saloonkeeper. Aver alleges that because he did not compel one of his employes to refrain from riding on the street cars his saloon had been boycotted and his business threatened with ruin. He asked a Superior Court to enjoin the labor organizations from further interference.

### Bonds Go Begging.

New York, Aug. 13.—For the second time within six weeks the City of New York failed today to obtain bids for any considerable amount of the large issues of 50-year, 4 per cent gold bonds offered at public bidding. Issues amounting to \$15,000,000 were offered today, and the total amount of the bids was less than \$5,000,000. No premium was offered except on four or five bids for very small amounts. Further efforts will be made to dispose of the bonds.

### American Boat Wins.

Rochester, N. Y., Aug. 13.—The American defender of the Canadian cup Seneca defeated the Canadian challenger Adele today in the second of the races.

# STRIKE MAY SPREAD.

## If Operators' Demands Are Refused General Strike Will Follow.

Chicago, Aug. 11.—The strike of the union commercial telegraph operators will be universal throughout the United States and Canada within 24 hours, according to National Secretary Russell, of the telegraphers' organization. This statement was made by Mr. Russell after he had been informed of the action taken by the men in New York, who, at a meeting there today, decided to hold a walkout in abeyance until the latter part of the week.

"This strike movement, said Mr. Russell, 'has come to a point where there can be no backing down. The telegraphers have been trodden on and now they are going to use all our strength to enforce our demands. For several weeks President Small and myself have been holding the telegraphers in check, and they have taken matters into their own hands and we are going to stand by them. No union man will be allowed to work with anyone not belonging to our organization, and this means that tomorrow morning, when the business of the week begins, the strike will become a general one. We cannot go half way in this matter now. The strike has been precipitated by three men themselves, without the sanction of the national officers, but we are now working in unison and anything that the officials of the various unions throughout the country have done in calling strikes meets with our hearty cooperation.'"

This announcement was made by Mr. Russell at a mass meeting of the striking telegraphers held in Brand's hall Sunday afternoon. The hall was packed with a large number of the demand for accommodations that several hundred of the striking operators were unable to gain admittance to the building and remained on the streets in the vicinity until some of the early arrivals had left the hall.

The Order of Railway Telegraphers was represented at the meeting by National Secretary Quick. Mr. Quick informed the strikers that his organization was at their disposal, but also morally and financially. "We have \$1,000,000 in our own treasury," said he, "and it is at your disposal. You are right in ours, and we will stand with you until the end."

When the mass meeting of the 320 union telegraphers employed by companies using leased wires was held. At this gathering brokers, news agencies and commercial organizations, including the big packing-houses, were represented. A resolution was adopted declaring that this class of labor was underpaid and that the various firms would be asked to sign a wage schedule and also to employ none but union telegraphers. It was decided to let the private wires men prepare and present their own schedules to their employers. The broker-men will present their schedule at 10 o'clock Monday morning. The broker-men will ask for a minimum of \$30 a week.

The men employed by the press associations presented their request at 7:30 o'clock Sunday night, and the employers will be given 24 hours to comply with it. The schedule presented calls for \$35 a week for six nights work, and 70 cents an hour overtime, eight hours to constitute a day's work, with half an hour for lunch. The operators employed by the news companies and newspapers in the day time will ask for \$39 a week and 60 cents an hour overtime, eight hours to constitute a day's work, and the regular lunch. These requests were presented to every news-gathering organization in the United States and Canada Sunday evening, and 24 hours will be allowed for an answer. If at the end of the time the demands have not met with a favorable response, the men will report to the union officials, and they say a strike will be ordered.

In regard to the newspaper end of the controversy Secretary Russell issued the following statement: To all publishers, United States and Canada: The Commercial Telegraphers' Union does not desire in any way whatever to hamper the newspapers of the country. We are fighting for our rights, a workers' right, and believe that the telegraph operators employed in this service are underpaid, we have authorized our men to present a schedule to their employers asking for what we consider reasonable recompense for their labors. If these demands are not met by the various news gathering organizations within a specified time the men will be ordered to quit work.

### His Roosevelt's Name.

Chicago, Aug. 12.—The name of President Roosevelt was greeted with jeers and hisses and the aims of the Western Federation of Miners cheered to the echo at the reception tendered William D. Haywood, the central figure in the recent Boise trial by the Moyer-Haywood defense committee at Luna Park today. Self-styled "industrious citizens" cried for Haywood, Pettibone and Moyer and hooted and hissed the names of Roosevelt, Governor Henry A. Buchtel and the Colorado state officials and mineowners.

### American "Specs" in Germany.

Berlin, Aug. 12.—An American invasion of Germany is announced of a somewhat remarkable character. A Brooklyn optician, Mr. R. A. Thompson, is opening a big optician's establishment in Berlin for the sale of spectacles, glasses and other similar wares, and he will only deal in American goods.

It is known by statistics as also by mere observation that 10 per cent of German men are short sighted and spectacle. The trade is therefore an enormous one and the local manufacturers experts.

### Walls of Jericho Are Found.

Berlin, Aug. 12.—The walls of Jericho, famous in the Old Testament, have been discovered by Professor Sellin, who has been excavating on the site of the ancient Canaanite city with more than a hundred laborers. The professor reports to the Vienna Academy of Science on his interesting finds. The city wall, he writes, is built of burnt lime bricks. It rises from a stone foundation, and is for the most part ten feet thick.

# When the Hair Falls

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We put very little faith in the new specific for the optium habit, but its success in the region of Singapore equals that claimed here for Christian Science. As a result the importation of opium in the Malay States has been reduced from eighty to fifty chests a month and thousands have been cured.

The plant is a climber, botanically called *Combreum sondatum*. A decoction of the plant is put into two bottles, into one of which is added as much burnt opium as the patient is accustomed to use in a day. When he craves opium he is given two tablespoonfuls from the latter bottle and as much from the other bottle replaces it to fill the space.

This is now repeated when called for, but no new opium is added. The patient is cured in from ten to fifteen days. It looks like a plan for "tapering off," with the assurance that the medicine does it.—The Independent.

### It Wasn't New York.

A gentleman who had occasion to go to an island New England village ten miles from a railroad was met at the station by an old fellow who looked as if he might have just awakened after a Rip Van Winkle sleep. His horse and buggy were in keeping with their owner's ancient appearance.

"Here we air at last," said the driver, when they finally came to three houses and a blacksmith's shop.

"This ain't much of a place, is it?" said the depressed stranger, looking around.

"Oh, you don't see all o' it from here," was the reply. "There's two more houses over behind that hill thar, an' a cooper's shop just around that bend in the road thar. Come to bunch 'em all together an' it's considerable o' a place—but o' course it ain't New York."—Woman's Home Companion.

### Carrying Tunes.

"Did you want to hire a boy?" asked the applicant at a music store.

"Yes," said the manager. "What musical ability have you?"

"None."

"Can you even carry a tune?"

"Yes."

"Then you'll do. We want you to hurry these phonographic records down to the shipping department."—Kansas City Times.

### The Prize Cow.

Take for yourself a well bred cow, get her on full feed, cran and feed and stuff and cran her for, say, a year. Go to the trouble of washing and currying and scrubbing and combing her twice a day, get down on your knuckers, my friend, sandpaper her hoofs, groom her legs, polish her horns and brush her tail, and by the time show season comes around you should have a very creditable looking show cow.—Sheridan (Mo.) Advance.

### His Lack of Courage.

"Little boy," asked the gentle voiced matron, "how does it happen that you don't catch any of these fish but the smallest ones?"

"It happens, ma'am," answered Tommy, chinking back a sob. "Cause the other boys ain't afraid to lie like blazes, blame their picters, an' I am."

### An Anatomical Puzzle.

Behind the bridge of your nose is a little cavity in the skull, the origin of which appears to be unknown. It probably was a gland, consisting of two tiny lobes, joined together, and is believed that this is the remains of a sixth sense, which was of practical value to our antediluvian ancestors, but whether it enabled them to see in the dark in days before they possessed fire or helped them to find their way through trackless forests as wild beasts can to-day or what other purpose it may have served we do not know and probably never shall know.

Mothers will find Mrs. Winslow's Soothing Syrup the best remedy to use for their children during the teething period.

### The Age of Discretion.

Senator Dillingham, discussing immigration in New York, made use of the phrase, "the age of discretion."

"What is the age of discretion," Senator?" asked one of his auditors.

"I should say," returned Senator Dillingham, smiling, "that the age of discretion is reached when a young man removes from his mantle the rich collection of actresses' and dancing girls' photographs and substitutes the portrait of his rich bachelor uncle."

### Witty Journalism.

Jacob A. Ellis, the author and journalist, was talking about witty newspaper headlines.

"As witty a headline as I know," said he, "was written by a youth of 18 in a San Francisco newspaper office. There was a bill up to prohibit the sale of alcoholic drinks within four miles of the University of California, and this bill the youth headed:

"An Act to Promote Pedestrianism Among Our Students."

### So Many!

They went in to dinner together. He was very bashful, and she tried in vain to draw him out. Finally she began to talk books, and he became responsive. "And Hugo?" she asked. "Do you like his style?"

"Oh, yes," he replied. "I find him intensely interesting. I've read a number of his books."

Then she asked, "Have you read 'Ninety-three'?"

"No, I've—er—only read three. I didn't know he had written so many."—Littell's.

### Different.

"Who is that happy, contented-looking chap?"

"A chap who married a girl because she was a fine cook."

"And who is the poverty-stricken, sad-looking chap talking to him?"

"That's a man who married a girl because she was a fine dresser."—Houston Post.

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Extenuating Circumstances. "What brought you here?" asked the Judge.

"That," replied the prisoner, pointing to a policeman, "but I was drunk."—Houston Post.

Prize for the best patriotic essay by the use of school children were offered in Brussels, and the first prize was won by a Frenchman.

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