

Common Sense Talk with Women

If a person is ill and needs a medicine it is not wise to get one that has stood the test of time and has hundreds of thousands of cures to its credit.

A great many women who are ill try every thing they hear of in the way of medicine, and this experimenting with unknown drugs is a constant menace to their already impaired health.

This seems to us very unwise, for there are remedies which are no experiments and have been known years and years to be doing only good.

Take for instance Lydia E. Pinkham's Vegetable Compound; for thirty years its record has been one unbroken chain of success. No medicine for female ills the world has ever known has such a record for cures.

It seems so strange that some people will take medicines about which they really know nothing, some of which might be, and are, really harmful; while on the other hand it is easily proved that over one million women have been restored to health by Lydia E. Pinkham's Vegetable Compound.

We have published in the newspapers of the United States more genuine testimonial letters than have ever been published in the interest of any other medicine.

All this should, and does, produce a spirit of confidence in the hearts of women which is difficult to dislodge, and when they are asked to take something else they say, "No, we want Lydia E. Pinkham's Vegetable Compound, which has been tried, and never found wanting, whose reliability is established far beyond the experimental stage."

We have thousands of letters like the following addressed to Mrs. Pinkham, showing that

Monthly Suffering is Always Cured by Lydia E. Pinkham's Vegetable Compound, also Backache and Bearing-down Pains.

"I suffered untold agony every month and could get no relief until I tried your medicine; your letter of advice and a few bottles of Lydia E. Pinkham's Vegetable Compound have made me the happiest woman alive. I shall bless you as long as I live."—Miss J. S. S. D., Dover, Mich.

"Four years ago I had almost given up hope of ever being well again. I was afflicted with those dreadful headache spells which would sometimes last three or four days. Also had backache, bearing-down pains, leucorrhoea, chills, dizziness, and terrible pains at monthly periods, confining me to my bed. After reading so many testimonials for your medicine, I concluded to try it. I began to pick up after taking the first bottle, and have continued to gain rapidly, and now feel like a different woman. I can recommend Lydia E. Pinkham's Vegetable Compound in the highest terms to all sick women."—Miss Rosa Hill, 126 W. Cleveland Ave., Canton, O.

Two Letters which Prove that Lydia E. Pinkham's Vegetable Compound Will Remove Tumor and Cure Other Female Weakness.

"Two years ago I was a great sufferer from womb trouble and profuse flowing each month, and tumors would form in the womb. I had four tumors in two years. I went through treatment with doctors, but they did me no good, and I thought I would have to resort to morphine."

"The doctor said that all that could help me was to have an operation and have the womb removed, but I had heard of Mrs. Pinkham's medicine and decided to try it, and wrote for her advice, and after taking her Vegetable Compound the tumors were expelled and I began to get stronger right along, and am as well as ever before. Can truly say that I would never had gotten well had it not been for Lydia E. Pinkham's Compound."—MRS. A. STANLEY, Watertown, Pa.

"After following the directions given in your kind letter for the treatment of leucorrhoea, I can say that I have been entirely cured by the use of Lydia E. Pinkham's medicine, and will gladly recommend them to my friends."—A. B. DAVIDS, Binghamton, N. Y.

Another Case of Womb, Kidney and Bladder Trouble Cured by Lydia E. Pinkham's Vegetable Compound.

"DEAR FRIEND—Two years ago I had child-bed fever and womb trouble in its worst form. For eight months after birth of babe I was not able to sit up. Doctors treated me, but with no help. I had bearing-down pains, burning in stomach, kidney and bladder trouble and my back was stiff and sore, the right ovary was badly affected and everything I ate distressed me, and there was a bad discharge."

"I was confined to my bed when I wrote to you for advice and followed your directions faithfully, taking Lydia E. Pinkham's Vegetable Compound, Liver Pills and using the Wash and am now able to do the most of my household work. I believe I should have died if it had not been for your Compound. I hope this letter may be the result of benefiting some other suffering woman. I recommend your Compound to every one."—MRS. MARY VAUGHN, Trimble, Pulaski Co., Ky.

Thought She Had Suffered.

"I saw him kiss you just before he was leaving," said the sour visaged aunt, and she said it in a regular dull-thud tone.

"Yes, auntie."

"Well, I can realize that it would be the last thing he would think of," and she said it as though she had scored every possible point.—Detroit Free Press.

Small Books.

The largest library of small books in the world belongs to a Frenchman, who boasts that he can pack 700 of his pocket editions in a single portmanteau.

The affection of old age is one of the greatest consolations of humanity. I have often thought what a melancholy world this would be without children, and what an inhuman world without the aged.—Cokeridge.

PRESERVE FORESTS.

Government Will Attempt to Induce the Adoption of Conservative Methods of Lumbering.

The attempt of the government to induce the adoption of conservative methods of lumbering in order to preserve the national resources, and the responsive interest taken by timber owners, have brought up many interesting legal questions, and the division of forestry has found it necessary to make extensive researches in this direction.

As a result, a circular dealing with the laws which affect forests is in course of preparation and will be sent free to persons interested. One of the most important points brought out is the recognition by law of the prospective value of growing timber. The possibility of profitably carrying on lumbering with systematic provision for future cutting depends upon this point. It has usually been held that when, by trespass, or by unscrupulous cutting by contractors, timber has been removed contrary to the owner's wish, he could recover only its stumpage value. As forestry usually requires that a certain number of trees of certain size be left, it follows that an unscrupulous contractor could easily upset the plans of years with little fear of punishment. The supreme court, however, has recently ruled that the difference in value between logged and unlogged land depends not only on the value of the timber removed, but on its probable increase had it been left untouched.

Improvements in Alaska.

Captain W. R. Abercrombie, head of the government exploration party, which last season did much work in the Copper river country and began opening up a military road from Port Valdes to Fort Egbert on the Yukon, arrived in Seattle, en route north to continue his work. It is the purpose of the government, he says, to construct 2,400 miles of telegraph line in Alaska, and complete the military road. He returns this year with increased responsibilities. The road, he says, will be completed during this season from its present terminus, 80 miles inland, to Tanana, about two-thirds of the distance to the Yukon. The telegraph line will be built from Port Valdes along the road to Fort Egbert and thence down the Yukon to St. Michael.

Among other northern improvements, he says, a large government wharf at Valdes has been decided upon.

An Eastern syndicate, headed by Henry Villard, he says, is now having surveys made along the general course of the military road with a view of building a line.

Bank for Ballard.

After many vain efforts on the part of the citizens, Ballard has finally secured a national bank, to be called the Ballard First National bank, with a capitalization of \$50,000. The bank will be founded and intimately connected with the Seattle National, whose cashier, S. Foster Kelly, is now arranging the details of the new institution. E. W. Andrews, president of the Seattle National, will be the head of the new bank. Mr. Kelly will be vice president, and the cashier and other officers are yet to be announced.

Northwest Notes.

A condensed milk factory is under consideration for Hillsboro.

There were 1,900 visitors at Crater Lake last year.

The Eugene water company has been reorganized, five of the old stockholders selling 220 shares to four new men for \$22,000.

The Dalles business men will take up the project of establishing a fruit and vegetable cannery there when the scouping mill project shall be of their hands.

An effort is being made to construct a telephone line from Tillamook to North Yamhill, by way of the toll road. It would cost, it is estimated, about \$2,500.

Allen Edwards pleaded guilty to the charge of obtaining money by false pretenses at The Dalles, and was sentenced to the penitentiary for one year. He obtained \$2 at the Umatilla house on a fraudulent check.

Sheepmen of Enterprise, O., are refusing \$5 a head by the band for good ewes, says the Pendleton Tribune. One man refused \$3.50 for spring lambs, and another paid \$5.50 for 50 head of first-class sheep. Goals sell for \$5 a head.

At a public meeting in Klamath Falls, the proposition to donate \$150,000 worth of land to the Oregon Midland railroad, which proposed to build to that town, were accepted, and committees were appointed to arrange the matter.

It is reported by a gentleman residing in Ashland that instead of rebuilding the woolen mill at that place it is likely that the company will build a woolen mill at Klamath Falls, says the Klamath Falls Republican. It is argued that such a mill here would, on account of the long and mountainous road intervening, be far easier of access for the wool growers of Klamath and Lake counties, from which counties to Ashland mill derived its main supply.

Spokane wheelmen have organized an association, admitting without dues every bicycle rider who has a license tag.

The Weyerhaeuser syndicate will this year pay taxes on 169,560 acres of timberland in Chehalis county. The 1899 tax amounts to \$17,036.42.

Citizens of Goldendale have ordered 10 pair of Mongolian pheasant, and will endeavor to have that desirable game bird well established in Klickitat county this year.

Mrs. Bertha Lambert, tried in the superior court at Colfax and found guilty of assault on T. H. Wilson, a school teacher at Winona, was fined \$25 and costs, the whole amounting to about \$100.

In the Olympia high school, a teacher was explaining the principle on which a steam radiator worked, and just as he reached the point of explaining how explosions may occur, the radiator in the room exploded. No one was injured.

There are 3,868,720 Christian Endeavorers.

BRADSTREET'S REPORT.

Favorable Increase of Trade as Compared to Last Year.

Bradstreet's says: Satisfactory advances as to expanding trade in dry goods and kindred lines come from a number of markets. That the aggregate business of the country is of good volume otherwise is, however, indicated by detailed reports of increases in trade, as compared with last year, confirmed by satisfactory railroad earnings reports, by fair gains in bank clearings and by reports of better demands for money in commercial channels. A year ago, it may be recalled, extremely stormy weather was experienced, and some effects, notably those on winter sown crops, were very unfavorable. This year opposite conditions have ruled, and though some talk of locusts now in grain-growing regions is heard no widespread damage from locust weather is yet noted. In fact, unseasonably mild weather has been an appreciable effect on several industries, notably those engaged in the manufacture of footwear, in discouraging sales of the same actually causing the shut down of some rubber manufacturing, and also in the lumber and ice business. The scarcity of snow in the Northwest will unquestionably affect the log cutting season, and a firmer tone as to values is already perceptible, notwithstanding talk of labor troubles affecting the building trades.

The foreign demand for iron and steel seems likely to have a most important effect upon prices of the domestic product. It is conceded that any important recession in value would be met by a heavy enlarged export movement.

Failures for the week in the United States number 199, as compared with 231 last week, 160 in this week a year ago, 269 in 1898, 325 in 1897 and 276 in 1896.

PACIFIC COAST TRADE.

Seattle Markets.

Onions, new, \$2.35@2.50 per sack. Potatoes, hot house, 40c per doz. Lettuce, new, \$18@20. Beans, per sack, 75@85c. Turnips, per sack, 60c. Carrots, per sack, 50c. Parsnips, per sack, 75@85c. Cauliflower, 75c@1.00 per dozen. Cabbage, native and California, \$1.00@1.25 per 100 pounds. Apples, \$1.35@1.50 per box. Pears, \$1.00@1.25 per box. Prunes, 60c per box. Butter—Creamery, 91c per pound; dairy, 17@23c; ranch, 20c per pound. Eggs—20c. Cheese—Native, 16c. Poultry—13@14c; dressed, 14@15c. Hay—Pugent Sound timothy, \$12.00; choice Eastern Washington timothy, \$18.00@19.00. Corn—Whole, \$3.00; cracked, \$3.35; feed meal, \$2.35. Barley—Rolled or ground, per ton, \$21; whole, \$22. Flour—Patent, per barrel, \$3.25; blended straight, \$3.00; California, \$2.35; buckwheat flour, \$6.00; Graham, per barrel, \$3.80; whole wheat flour, \$3.00; rye flour, \$3.80@4.00. Milletstuffs—Bran, per ton, \$14.00; shorts, per ton, \$16.00. Feed—Chopped feed, \$20.00 per ton; middlings, per ton, \$20; oil cake meal, per ton, \$30.00. Fresh Meats—Choice dressed beef steers, 7 1/2@8c; cows, 7c; mutton, 8c; pork, 7 1/2c; trimmed, 9c; veal, 8 1/2@10c. Hams—Large, 13c; small, 13 1/2c; breakfast bacon, 12 1/2c; dry salt sides, 8c.

Portland Markets.

Wheat—Walla Walla, 53@54 1/2c; Valley, 53c; Binneton, 57c per bushel. Flour—Best grades, \$3.00; Graham, \$2.35; superfine, \$2.10 per barrel. Oats—Choice white, 35@36c; choice gray, 34c per bushel. Barley—Feed barley, \$14@15.00; brewing, \$17.00@18.00 per ton. Milletstuffs—Bran, \$13 per ton; middlings, \$19; shorts, \$15; chop, \$14 per ton. Hay—Timothy, \$10@11; clover, \$7@7.50; Oregon wild hay, \$6@7 per ton. Butter—Fancy creamery, 50@55c; seconds, 42 1/2@45c; dairy, 30@37 1/2c; store, 25 1/2@32 1/2c. Eggs—14 1/2@16c per dozen. Cheese—Oregon full cream, 13c; Young America, 14c; new cheese 10c per pound. Poultry—Chickens, mixed, \$3.00@4.00 per dozen; hens, \$4.50@5.00; geese, \$7.00@8.00 for old; \$4.50@6.50; ducks, \$5.00@6.00 per dozen; turkeys, live, 10@11c per pound. Potatoes—55@90c per sack; sweets, 2@2 1/2c per pound. Vegetables—Beets, \$1; turnips, 90c; per sack; parsnips, 70c per pound; cabbage, 1 1/2c per pound; parsnips, \$1; onions, \$1.50@2.00; carrots, \$1.10@1.50 per pound. Wool—Valley, 12@13c per pound; Eastern Oregon, 8@14c; mohair, 27@30c per pound. Mutton—Gross, best sheep, wethers and ewes, 4 1/2c; dressed mutton, 7@7 1/2c per pound; lambs, 7 1/2c per pound. Hogs—Gross, choice heavy, \$6.00; light and feeders, \$4.50; dressed, \$6.50@6.00 per 100 pounds. Beef—Gross, top steers, \$4.00@4.50; cows, \$3.50@4.00; dressed beef, 6 1/2@7 1/2c per pound. Veal—Large, 7@8c; small, 8 1/2@9 1/2c per pound.

San Francisco Market.

Wool—Spring-Neveda, 12@15c per pound; Eastern Oregon, 12@16c; Valley, 20@22c; Northern, 10@12c. Hops—1899 crop, 11@13c per pound. Butter—Fancy creamery 23@24c; do seconds, 22@23c; fancy dairy, 20@21c; do seconds, 18@19c per pound. Eggs—Store, 13@15 1/2c; fancy ranch, 17c. Milletstuffs—Middlings, \$17.50@20.00; bran, \$12.50@13.50. Hay—Wheat \$6.50@9.50; wheat and oat \$6.00@9.00; best barley \$5.00@7.00; alfalfa, \$6.00@7.50 per ton; straw, 30@45c per bale. Potatoes—Early Rose, 90@95c; Oregon Burbanks, 75@1.10; river Burbanks, 50@75c; Salinas Burbanks, 80@1.10 per sack. Citrus Fruit—Oranges, Valencia, \$2.75@3.25; Mexican limes, \$4.00@5.00; California lemons 75c@1.50; do choice \$1.75@2.00 per box. Tropical Fruits—Bananas, \$1.50@2.50 per bunch; pineapples, nominal; Persian dates, 6@6 1/2c per pound.

"Experience is the Best Teacher."

The experience of millions has demonstrated that Hood's Sarsaparilla is the perfect remedy for all troubles of the blood, stomach, nerves, bowels, liver and kidneys, and that it imparts strength, vigor and vitality. Every testimonial is the voice of experience to you.

Dyspepsia.—A complication of troubles, dyspepsia, chronic catarrh and inflammation of the stomach, rheumatism, etc., made me miserable. Had no appetite until I took Hood's Sarsaparilla. I am thoroughly cured." N. B. Seelye, 1874 West 14th Avenue, Denver, Col.

Hood's Sarsaparilla
Never Disappoints

Hood's Pills cure liver ills; the non-irritating and safe cathartic to take with Hood's Sarsaparilla.

Walking Warily.

A man who walks circumspectly has his eyes open and his wits about him. If you ask him where he is going he can tell you instantly. He has a rule of conduct, and a distinct object in view, and carries with him a certain sense of danger that some one or something will interfere with the object he has in view. Such a man will be more likely to accomplish his purpose than a mere wanderer. If it is worth while to walk circumspectly, for the sake of success in business and the accomplishment of our earthly schemes, how much more is it worth while, for the sake of our spiritual welfare and growth in grace?—United Presbyterian.

For Wireless Steering.

An invention for steering any craft, by means of an ether wave on the wireless telegraph principle has been perfected. In naval war it is especially to make the torpedo boat almost infallible. In this respect it will equal the famous Hostetter's Stomach Bitters, which never fails to cure constipation, indigestion, dyspepsia, biliousness and malaria.

Perfectly Absurd.

Chappie—She called me a conceited idiot. Dolly—The idea! Why, an idiot has nothing to be conceited about.—Town Topics.

I shall recommend Piso's Cure for Consumption, kept and wide.—Mrs. Mulligan, Plumstead, Kent, England, Nov. 8, 1896.

This world is full of fools, and he who would wish not to see one must not only shut himself up alone, but also break his looking glass.—Bolleau.

No More Sour Stomachs.

When you're constipated, undigested food rots in your stomach like garbage in a wall barrel. Get it out with Cascara Candy (Cathartic), 10c, 25c, 50c.

Ought to Include an Alarm Bell.

This timely suggestion comes from the Chicago Record: Why not make every microbe wear a fender and carry a headlight?

SALT LAKE CITY.

AN Important Factor in Transcontinental Travel.

No one crossing the continent can afford to cut Salt Lake City from his route. The attractions of the place, including the Mormon Temple, Tabernacle and Church institutions, the Great Salt Lake—deader and denser than the Dead Sea in the Holy Land—the picturesque environment and the warm sulphur and hot springs, are greater to the square yard than any locality on the American continent.

The Rio Grande Western Railway, connecting on the East with the Denver & Rio Grande and Colorado Midland Railways and on the West with the Southern Pacific (Central Route) and Oregon Short Line, is the only transcontinental line passing directly through Salt Lake City. The route through Salt Lake City via the Rio Grande Western Railway is famous all the year round. On account of the equable climate of Utah and Colorado it is just as popular in winter as in summer. Send 2c to J. D. Mansfield, 253 Washington Street, Portland, or George W. Heintz, General Passenger Agent, Salt Lake City, for a copy of "Salt Lake City—the City of the Saints."

As soon as a man gets so old he has no more trouble with heart affairs, his liver begins to make him grief.—Atchinson Globe.

Mothers will find Mrs. Winslow's Soothing Syrup the best remedy to use for their children during the teething period.

Martha—"Do you think it would be wrong for me to kiss Miss Plainface?" Harry—"Not if your eyes were shut, perhaps."—Boston Transcript.

Improved Train Equipment.

The O. R. & N. and Oregon Short Line have added a buffet, smoking and library car to their Portland-Chicago through train, and a dining car service has been inaugurated. The train is equipped with the latest chair cars, day coaches and luxurious first-class and ordinary sleepers. Direct connection made at Granger with Union Pacific, and at Ogden with Rio Grande line, from all points in Oregon, Washington and Idaho to all Eastern cities. For information, rates, etc., call on O. R. & N. agent, or address W. H. Hurlbert, General Passenger Agent, Portland.

Tart But True.

Until individuality is enabled to assume the mantle of greatness it can probably do as much to make a man unpopular as any other one quality.—L'uck.

Whenever you commend, add your reasons for doing so; it is this which distinguishes the approbation of a man of sense from the flattery of sycophants and the admiration of fools.—Steale.

BEST FOR THE BOWELS

If you haven't a regular, healthy movement of the bowels every day, you're sick, or will be. Keep your bowels open. Avoid the danger of the violent purgative or pill poison. Keep your bowels clean and clear is to take

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Pleasant, Palatable, Pure, Taste Good, Do Good. Never Sickens, Weakens, or Irritates. See How White for Free Sample, and booklet on health. Address: **Wm. S. Blount, Candy Co., Chicago, Boston, New York, San Francisco.**

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Use of Liquor in the Army.

The Evangelical alliance at Cincinnati listened to two addresses on "Temperance." Rev. F. M. Walls, former chaplain of the First Tennessee regiment at Manila, spoke of intemperance among the soldiers. He said that there were 800 traveling liquor salesmen in the Philippines and that liquor is sold on many transports, as well as on the battleship Indiana. He cited names of officers whom he said he had seen drunk, and said 90 per cent of the illness among the soldiers is caused by liquor. He was followed by Clinton N. Howard, the temperance orator and reformer, who outlined his work in Rochester.

Heard His Name.

The following story is told in the life of the late Archbishop Benson by his son about the archbishop's favorite dog, Watch: "My father was reading the lesson, which was the thirteenth chapter of St. Mark, in which the word 'watch' occurs several times. The dog, who had been slumbering peacefully, became very restless, and, as the bishop ended with the words: 'What I say unto you, I say unto all, watch,' in a very impetuous voice, there followed a great scuffling and scratching, and Watch emerged hastily from his place and proceeded to the door of my father's stall."—Troy Times.

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NICE OLD QUAKER LADY

Cured of Catarrh
By Peruna
After 20 Years' Suffering.



MRS. POLLY EVANS, A LIFE-LONG FRIEND OF PERUNA.

"My wife (Polly J. Evans), says she feels entirely cured of systemic catarrh of twenty years' standing. She took nearly six bottles of thy excellent medicine, Peruna, as directed, and we feel very thankful to thee for thy kindness and advice. She did not expect to be so well as she is now. Twelve years ago it cured her of la grippe. I want to tell thee there has been a great deal of Peruna used here last winter. Peruna does not need praising. It tells for itself. We can and do recommend it to anyone that is afflicted with catarrh." As ever, thy friend, John Evans, South Wabash, Ind.

When catarrh has reached the chronic stage, of course it goes beyond the reach of all local remedies. Nothing but a systematic remedy can reach it. Peruna is the only remedy yet devised to meet such cases. Peruna catarrh, sent to any address