

Highest of all in Leavening Power.—Latest U. S. Gov't Report

Wheat Flour

ABSOLUTELY PURE

Why America's Have Corns.

"Corns are bad," said the philosophic bootblack. "You seem to hurt you some. Strange what lots of people have corns. Over 90 per cent of the men who come to get a shine have corns. How do I know? How do I know you have a corn? By finding it, of course. Gently? All right, I won't hurt you, gov'nor. As I was saying, 90 out of every 100 have corns. People say I tight boots, but I don't believe it. Those who have the worst corns wear boots that are too large for them. What gives them corns then? Well, I'll tell you. It is wearing boots all day long.

"Seldom do you see Europeans bothered with corns, especially Englishmen. Nearly every American has them. The former never wear their boots all day. They have walking boots to the office. Once there they put on a thin house boot. When they go home, about 5 o'clock in the evening, the first thing they do is to put on their slippers. The result is that the feet are always cool, the pressure never constant, and no muscle tired beyond its power. Far other wise the American. He goes down to work at 8 o'clock in the morning and is hurrying and scurrying in the same boots until 6 o'clock. Then he hurries home to dinner, hurries through dinner, and still wearing the same boots goes to his lodge or elsewhere and returns at midnight, his feet having been cramped up for 14 hours out of 24 in the one pair of boots. The result is corns and bunions."—Chicago Mail.

Painting the Forth Bridge.

The Forth bridge receives a new coat of paint every three years, and one-third is done each year, so that the painters are continually at work. Besides the painting, every part of the structure is carefully examined and loose or defective rivets removed and new ones put in their place.—Glasgow Herald.

In a Maori Wooming House.

Among the Maori sometimes in the wooming house (the wooming house), a building in which the young of both sexes assembled for play, songs, dances, etc., there would be at stated times a meeting. When the fires burned low, a girl would stand up in the dark and say, "I love So-and-so; I want him for my husband." If he coughed (sign of assent) or said "yes," it was well; if only dead silence, she covered her head with her robe and was ashamed. This was not often, as she generally had managed to ascertain (either by her own inquiry or by sending a girl friend) if the proposal was acceptable.

Lincoln and the Bull.

Crossing a field one day President Lincoln, it is said, was pursued by an angry bull. He made for the fence, but soon discovered that the bull was overtaking him. He then began to run around a haystack in the field, and the bull pursued him; but, in making the short circles around the stack, Lincoln was the faster, and instead of the bull catching him he caught the bull and grabbed him by the tail. It was a firm grip and a controlling one. He began to kick the bull, and the bull bellowed with agony and dashed across the field, Lincoln hanging to his tail and kicking him at every jump, and as they flew along Lincoln shouted at the bull, "Hang you, who began this fight?"—Exchange.

Facts About the Skin.

The skin is of three layers and varies from a quarter to an eighth of an inch in thickness. The atmospheric pressure being about 14 pounds to the square inch, a person of medium size is subjected to a pressure of 40,000 pounds. Each square inch of skin contains 3,500 sweating tubes or perspiratory pores, each of which may be likened to a little drain pipe a fourth of an inch long, making an aggregate length of the entire surface of the body of 30,106 feet, or a mile ditch for draining the body almost 40 miles long.—Exchange.

She Knew Her Place.

"Marie," remarked Mr. Slagwater, the prominent cloak manufacturer, "I have brought you home a garment from our stock for you to wear. It is in the hall." "It may interest you to know, Jonathan," replied the better half, handing him over a bill for \$24.92, for a new tailor-made walking outfit, "that I married you for your money and not to increase your trade." And Jonathan went out by the banister and kicked himself till the ambulance arrived.—Cloak Review.

Waste

is overcome by giving the body proper and sufficient nourishment. When waste is active and you are losing flesh and strength, take

Scott's Emulsion

the Cream of Cod-liver Oil. It will overcome the waste by giving ample nourishment. Physicians, the world over, endorse it.

Don't be deceived by Substitutes!

Prepared by Scott & Bown, N. Y. All Druggists.

One of my children had a very bad discharge from the nose. Physicians prescribed without benefit. After using Ely's Cream Balm a short time the discharge was cured.—A. O. Cary, Corning, N. Y.

CATARRH

Ely's Cream Balm opens and cleanses the nasal passages, relieves inflammation, soothes the sore, protects the membrane from colds, restores the sense of taste and smell. The Balm is quickly absorbed and gives relief at once.

A particle is applied into each nostril, and is agreeable. Price, 50 cents at Druggists or by mail.

Best Genuine Ely's Balm.

Warranted Pure, Genuine, Good.

Warranted Pure, Genuine, Good.

WELL-KNOWN PEOPLE

PROMINENT PERSONAGES FROM FAR AND NEAR.

People Who Have Gained Distinction in Their Particular Sphere in Life, Both in This Country and Abroad.—Casper W. Whitney.

A VERY NOBLE FIGHT

AN EMINENT LAWYER'S LONG CONFLICT WITH DISEASE.

Twenty-Five Years of Prosperity, Adversity and Suffering—The Great Victory Won by Science Over a Stubborn Disease.

From the Atlanta (Ga.) Constitution:

Foremost among the best known lawyers and farmers of North Carolina stands Colonel Isaac A. Sugg of Greenville. Mr. Sugg has resided in Greenville twenty-two years. While nearly every one in Pitt county knows Mr. S.'s history, perhaps all do not know his return to business after an illness of sixteen years. No man has gone through more than he and lived. It was a case of the entire breaking down of the nervous system, attended by excruciating, agonizing, unendurable pain. Opium and stimulants only quieted temporarily, and all treatments failed him. Only his love of family and friends prevented suicide. He told a reporter the following interesting story:

"I kept at my work as long as I could, but nature gave way at last and I succumbed to the inevitable. My entire nervous system had been shattered by the stimulants and opiates I had taken; my blood had actually turned to water; my weight had dropped from 173 pounds to 123, and it seemed to everybody that the end was in sight. Why, I could not bear the gentle hand of my wife to bathe my limbs with tepid water. I was simply living from hour to hour. I had made up my mind to give up my business and wait for the last strand of life to snap.

"It was at this time that a somewhat similar case as my own was brought to my notice. This man had suffered very much as I had, his life had been despaired of as mine had, and yet he had been cured. I thought what that little word meant to me—CURED. The report stated that the work had been accomplished by a medicine known as Dr. Williams' Pink Pills for Pale People. I investigated the report thoroughly, and found that it was true in detail. Then I procured some of Dr. Williams' Pink Pills and began taking them, and began to get better. I began to sleep like a healthy child, sound, calm and peaceful. My appetite came back, and my nerves were soothed and restored to their normal condition. I felt like a new man. But the greatest blessing was the mental improvement. I began to read and digest, to formulate new plans, to take interest in my law practice, which began to come back to me as soon as my clients realized that I was again in my saddle. After a lapse of ten years I ride horse back every day without fatigue.

"That Dr. Williams' Pink saved my life is beyond doubt, and I am spreading their praise far and wide." Inquiry about the town of Greenville substantiated the above facts of Colonel Sugg's case, and that many others are being benefited by Dr. Williams' Pink Pills.

Dr. Williams' Pink Pills are for sale by all druggists, or may be had by mail from Dr. Williams' Medicine Company, Schenectady, N. Y., for 50 cents per box, or six boxes for \$2.50.

How Is Experience to Be Gained.

In discussing the part that women have taken in public affairs within the past few years, a gentleman recently objected on the ground of their lack of experience. He did not explain how experience was to be had, except by actual work in the field, whatever that hereafter it may be.

When the untiring efforts to find employment, she knows very little. It is rare that she has been taught or has the opportunity of learning the requirements of her chosen calling in her own home. If she intends to be a stenographer or bookkeeper, she must go to a business college. If she wishes to be a teacher, she goes to school and then completes her course at some university or normal school. But even then she admits that she has acquired the theory only, and that theory and practice differ most amazingly and unexpectedly.

To obviate this difficulty there are in all the best institutions for the training of teachers—the last instruction given—what is called a training school. Here the woman who has mastered arithmetic and algebra, science and literature, must learn how to instruct and discipline. When she goes on acquiring theories for 30 years and fail to apply them she would probably be a total failure. Knowledge that falls short of application is productive of little good.—Chicago Inter Ocean.

An Ambassador's Privileges.

Hitherto, except on special occasions, Great Britain has only been represented by ambassadors in six European realms—the empires of Austria, Turkey, Russia and Germany, the kingdom of Italy and imperial, royal and republican France. Not a quarter of a century ago there were only four British embassies abroad, although the United Kingdom was of course diplomatically represented at every foreign court. It was not until the unification and consolidation of Germany had been completed by William I. of Prussia that our legation in Berlin became an embassy. The achievement of Italian unity under Victor Emmanuel suggested and obtained a similar complimentary acknowledgment on the part of our gracious sovereign.

It is unquestionable a judicious and popular "new departure" to emphasize, so to speak, the amicable nature of the relations happily obtaining between the two great English speaking nations by placing our official representation in the capital of the Union upon the highest attainable footing of diplomatic dignity and distinction. An ambassador, as the personal representative of his own sovereign, has the right of access to the monarch or chief of the state to whom he is accredited—a privilege which cannot be claimed by, though it is frequently accorded to, a minister plenipotentiary or envoy extraordinary.—London Telegraph.

This Widow Would Be a Pollowerman.

Mrs. Lily A. Thompson, a blond, blue-eyed Washington widow of 23, has applied to the district commissioner for appointment to the police force. Mrs. Thompson is a dress reformer and is considered an athlete by her friends. She is a friend of Bela Lockwood, and she believes with the W. C. T. U. that women should join the police force to civilize it and substitute moral suasion for clubs. Mrs. Thompson says she feels that she "could do more with an obstreperous prisoner than one of your big gruff policemen. Men are peculiar creatures, you know. As a rule they can be coaxed when they cannot be driven. Then, you know, I am a widow and have consequently had some practical experience in handling men."

Marion Butler.

Marion Butler, the leader of the North Carolina Populists, is quite likely to be a conspicuous figure in the United States States Senate. On March 4 he will take the seat which has been occupied by Senator Matt Ransom for twenty-four years. Marion Butler was born in Sampson county, N. C., in 1863, received a good education and then accepted the principality of the village academy where he was educated. When a beardless boy Mr. Butler became interested in the Alliance movement, and has made it stronger in Sampson and adjoining counties than in any other part of the State. In 1890 Mr. Butler was elected to the State Senate. At the late election the Populists through fusion with the Republicans were very successful, and Mr. Butler was elected by a large majority.

Engaging Dinner Souvenir.

At an engagement dinner given on the last day of bachelorhood to 24 bachelor friends, each guest found at his plate a miniature lady. Each fair maid was different in features, form and style of dress, but all were dainty and pretty enough to be treasured as souvenirs and suggestive of possibilities.—New York Letter.

STELLER'S SEA LION.

In Temper He Is More Lionlike Than the Lion Himself.

Steller's sea lion is the king of the pinnipeds. Unlike nearly all other sea animals that have been gloriously misnamed after familiar land quadrupeds, his appearance is quite lionlike, particularly his massive head and ferocious countenance, and his powerful neck, covered with long, coarse hair of a tawny gray color. While he does not roar quite so thunderously as the king of the desert, he roars much oftener and more universally. In temper he is more lionlike than the lion himself, for the old males are continually fighting and cutting each other with their long teeth in a way that real lions never dream of. They are timid and afraid in the presence of their master—man—but so is the lion also, for that matter, though he is not a stupid idiot, like the sea lion.

Steller's sea lion is at home in various places in North America, from the Farallone islands and Point Reyes, near San Francisco, northward along the Pacific coast to the Pribilof islands. He loves the most rugged and rocky shores, where the breakers thunder, incessantly against the foot of tall black cliffs. It is on the Pribilof islands, however, that this animal may be seen in the greatest numbers and at his best. The herds that make that wild spot their home number many thousands of individuals. The herd that frequents the northeast point of St. Paul's island is drawn upon by the natives for food and other purposes as regularly as if it were a big herd of cattle. In Mr. Elliott's time that one herd is said to have contained between 18,000 and 20,000 head.—St. Nicholas.

That Friend of Your Youth.

Next to the lynx-eyed younger brother with his terrible memory, and his great eloquence the friend of her youth is the being whom every woman wishes most to avoid. The friend of one's youth remembers and recalls in public all one's early follies. She asks if you have forgotten the day you ran away from school, the afternoon you were whipped for playing with the boys around the corner, the day you painted your face with the artificial roses on your mother's bonnet and the night you demolished a whole jar of jam at a sitting. She generally does this when the minister is calling or when your prospective mother-in-law is eagerly drinking in the story of your youthful crime.

Then the friend of your youth goes on and enumerates forgotten love affairs, recalls your successive flirtations and conveys to the listeners the impression that you were a very gay person indeed. She feels free because of her position to criticize your clothes, your manner, your fiancé and your looks. For the same reason she considers herself at liberty to borrow any of your possessions, from a handkerchief to the contents of your purse. And when she has done all these things she sits down and sentimentalizes about the past and makes you agree that such halcyon days will never come again.—New York World.

A Remarkable Dog.

The following peculiar incident is told by a Baltimore man as occurring to his fox terrier: "One day, while the cellar door was open, the dog descended in search of rats at about 9 o'clock. At 9:30 the dog was searched for and thought lost. No further notice was taken in the matter until the next morning at 11 o'clock, when I was attracted by a dog yelping. After a careful search in the cellar, which revealed only a pile of sand by the wall, I noticed the dog's nose protruding through an inch board at the top window of the cellar looking into the yard. I went immediately up stairs and removed five bricks from the pavement and pulled the dog out. After a careful inspection I discovered he had dug under the foundation of the house in the sand, which had been recently paved, dug toward the window, a distance of three feet, and had nearly eaten through the board in his efforts to free himself. He was nearly exhausted when found, having been 26 hours underground. One eye was entirely closed from sand, the other nearly so."—Baltimore Sun.

A New Umbrella Stand.

A funny incident of a drawing room meeting was recently noticed. A grave looking gentleman, with an unusually tall hat, entered, and seeing no rack in the hall placed his hat on the floor just behind the door. Pretty soon another grave man entered with a large, dripping umbrella, and peering anxiously for the usual receptacle saw in the gloom the hat resting on the floor. His eyesight was probably poor, for he mistook it for one of the new umbrella holders, and in it he deposited his dripping umbrella. This was an example for those who followed, and in a short time the solemn looking hat was stanchily holding a dozen umbrellas. At the end of the meeting the water in the hat was an inch in depth.—London Tit-Bits.

An Edison Invention Idle.

Ten years ago Mr. Edison applied for a patent in his own country for a new method of generating electricity, which is now made public. It consists of a furnace in which is placed an iron pot or crucible, through the closed cover of which a stout rod of carbon passes down to near the bottom of the crucible, where it is surrounded by dry metallic oxides or other compounds capable of attacking carbon under heat and in rarefied air. The closed crucible is connected with an exhaust fan by an exhaust pipe. This invention seems to have been abandoned by Edison. At all events, it has not as yet come into practical use.—London Globe.

Discouraging to Burglars.

There is little encouragement for a man to be a burglar nowadays. When he has an earnest aspiration to rise to eminence in the profession, inventive genius always does all it can to bother him. For instance, the vaults of the subterranean in San Francisco are fitted with wires laid between every two rows of brick, so that any attempt to interfere with the cement or the bricks will disturb an electric circuit and sound a warning bell.—Boston Courier.

Engaging Dinner Souvenir.

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A Big Reward For a Small Boy.

Little John Walsh, the newsboy of New London, Conn., who found the two 44 carat diamonds belonging to Mrs. Johnson, a wealthy woman in the city, received the \$2,000 reward offered for the return of the diamonds at the office of Tiffany & Co., Monday.

The money was paid to young Walsh personally by Mrs. Johnson. Dr. N. A. Harris, an uncle of the boy, and Detective Thomas Jeffers of the New London police force came to this city on Saturday to claim the reward in behalf of the boy. They were notified that the reward would only be paid to John in person, and they telegraphed accordingly.

John, accompanied by his mother and sister, came to the city and went direct to the store of Tiffany & Co. A few minutes after their arrival Mrs. Johnson, accompanied by her son, reached the store, and in the presence of several witnesses the fortunate little fellow was paid the reward.—New York Telegram.

Praying to Death in Honolulu.

As that branch of Kahunan which dealt with praying a person to death was the one which inspired the natives with the most dread, it may be of interest to state the different modes employed by the alien destroyers of life and happiness. The Kahunas are firm believers in guardian spirits, and one branch of the life destroying operation was for the kahuna to send his guardian spirit to hover around a victim and encompass his destruction. This was called "Houkuanu." Another method known by the natives is "Hoopoo," consisting in the kahuna making mystic marks on the ground near where the selected victim passed in his daily rambles. The crossing over these marks, aided by the prayers of the kahuna, was considered sufficient in many cases to make the man or woman whose death was desired turn up his or her toes. Another means of accomplishing the desired end was for the kahuna to obtain some garment of the victim or some article owned by him or her and cross over it with the original possessor, and then die.—Honolulu Cor. Chicago Tribune.

A Ruby That Was a Bargain.

Mrs. J. B. Haggin owns the finest ruby in this country. It formerly belonged to the notorious Lola Montez and was given to her by King Louis of Bavaria. When the Montezes fled she sold in California about 40 years ago, Mrs. Haggin secured this ruby, for which she paid \$1,000. It is worth today 10 times that sum. Mrs. Haggin has a quantity of diamonds set in the old fashioned, rock cluster style. She, too, has many rings, brooches and ornaments.—New York Recorder.

M. Meyer of Paris has Invented a Kind of Paper that is Indestructible by Fire.

Specimens after remaining 148 hours in the heat of a potter's furnace still retained the glass.

THE WORLD THEIR FAIRISH.

The Dr. Liebig World Dispensary and International Medical and Surgical Institute, both by the vastness of its business and the universal good done by it, reminds one of the late John Wesley, who was wont to observe, "The World is My Parish." It is an acknowledged fact that ever since its inception the Dr. Liebig World Dispensary has continued to turn out cure after cure to men whose health was in jeopardy, and who were suffering with chronic diseases, many of these cases being of a nature which large establishments and medical men of the highest repute were unable to cure. As a "dinner pail" to the sick, it may be said, "a stitch in time saves nine." Cases of this nature, unless speedily and intelligently attended, lead to complications, the names of which are legion and whose effect is premature and untimely death. A responsible staff of physicians and all medical men of large experience are in constant attendance over the United States have occurred in asserting the Dr. Liebig World Dispensary, and the best thing for which it has done for others, and the best thing for which it has done for others, which are written in the ruddy cheeks of health upon the contented faces of all who have been their patients.

The Dr. Liebig World Dispensary employs no solicitors or cappers to bring patients to its doors. Like Wesley, who never left his parsonage, conscious of the good he can do for you if you only seek out and find her, and the dignified and healthy-looking men and women of transient guests to bring patients within the precincts of his health-giving dispensary. Patients, both male and female, will find this established institute just what they want to restore to their health, and to their families, the blessing of youth to their walk. The Dr. Liebig World Dispensary has been treating all the chronic, private and complicated diseases of men and women for twenty-five years in San Francisco. Their offices are open for free consultation from 9 a. m. to 5 p. m. on week days and 10 a. m. to 1 p. m. on Sundays. Home treatment given to those who cannot visit the office at 46 City street, San Francisco, Cal. Call or address for particulars.

NEW WAY EAST—NO DUST.

Go East from Portland, Pendleton, Walla Walla via O. R. & N. to Spokane and Great Northern Railway to Montana, Dakotas, St. Paul, Minneapolis, Chicago, Omaha, St. Louis, East and South. Rock-ballast track; new scenery; new equipment; best Northern Palace Sleepers and Dining; Family Tourist Cars; Buffet-Library Cars. Write C. C. Donovan, General Agent, Portland, Oregon, or E. L. Whitney, G. T. & T. A., St. Paul, Minn., for printer matter and information about rates, routes, etc.

WALTER BAKER & CO.

The Largest Manufacturers of PURE, HIGH GRADE COCOAS AND CHOCOLATES. On this Continent, have received HIGHEST AWARDS from the great Industrial and Food EXPOSITIONS in Europe and America.

Unlike the Dutch Process, an Alkaline or other Chemicals are used in their delicious BREAKFAST COCOA, an absolutely pure and wholesome food.

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BEFORE A FULL HEAD OF STEAM

It gathered by that tremendously destructive engine, malaria, put on the breaks with Hostetter's Stomach Bitters, which will check its course and avert disaster. Chills and fever, biliousness, constipation, loss of appetite, nervousness, rheumatism and neuralgia. Against the harmful effects of sudden changes of temperature, exposure to wet weather, etc., its application to laboring men, paralytics and other infirmities, is a most valuable remedy. It fortifies the system against disease, promotes appetite and sleep, and hastens convalescence after debilitating and such wasting diseases.