

THE SAN FRANCISCO BOARD OF HEALTH.

We, the members of the Board of Health of the City and County of San Francisco,

Cordially approve and recommend the Royal Baking Powder. It is absolutely pure and healthful, composed of the best ingredients, of the highest strength and character.

In our judgment it is impossible make a purer or stronger Baking Powder than the Royal.

Jos. R. Davidson, M. D.
Henry M. Fiske, M. D.
Chas. McQuesten, M. D.
T. J. Letournex, M. D.

Members San Francisco Board of Health.

THE OLD DRESS.

Mrs. Langdon had sent out cards of invitation to her "dear 300" friends for a grand ball at her elegant residence on Fifth avenue in honor of the entrance of her twin daughters into society.

They had just been graduated at some fashionable "finishing off" establishment, and their debut was intended to be a very magnificent affair.

Mrs. Gregory, husband and daughters were on the invited list. As the former and two latter sat in their parlor looking at the elegant cards, with the interesting subject under deep discussion, they were broken in upon by the entrance of Mr. Gregory, who looked harassed and weary.

"Papa!" cried Lena, the elder daughter, "see our invitations to Mrs. Langdon's great ball," showing him the cards she held in her hand. "And there is the loveliest silk at Stewart's that I want to wear. Can I go and order it tomorrow?" she pleaded, laying her white hand, flashing with jewels, on his arm, and looking up into his face.

"Haven't you any dresses to wear?" he asked somewhat moodily.

"A plenty of old ones, which have already been worn and will not answer for this particular event," she returned.

"How much will it cost?" Mr. Gregory asked.

"Oh, perhaps a hundred and fifty," said Lena carelessly, with as little idea of the value of money as an unfeigned bird.

Her father groaned and said something about "foolish extravagance," then drawing out his pocketbook slowly counted out the required sum and laid it on the table.

"How much do you want, Bertha," he asked, turning toward her.

"I don't think I want any, papa. I have a pretty dress, which will answer very nicely," she replied.

"You're a sensible girl, and the man that gets you for a wife will have some one to help him keep his head above water," said Mr. Gregory, as he left the room.

"What is the trouble with papa? What does he make him talk so dolefully when he is asked for a little money?" said Lena. "Any one would think he was a poor man."

"It is one of his money nervous spells, he is always so afraid his business affairs won't come out just so straight; then it is economy and retrenchment, or everything will drift to bankruptcy. That is the way business men always talk till it has become quite an old story with me," said Mrs. Gregory, drawing a breath of relief.

"I don't think papa is trying to frighten us at all," said Bertha. "I think his business does really perplex him. I've noticed for a week that he looked pale and careworn and he said but little. I asked him yesterday if he was not well, and he said there were anxieties pressing upon his mind."

"Was that the reason you didn't want a new ball dress?" asked Lena.

"Yes, I'd rather wear an old one than place papa to the expense of a new one now, while money is so hard to raise," replied Bertha.

"Really, Miss Bertha, you are becoming quite learned in financial affairs. I should think papa would give you the position of private counselor in his counting room. With your wise brain to aid him, he might sail through seas of trouble, dry shod," said Lena with sarcasm.

"Pray inform us how you came to know so much about monetary affairs, my daughter," said Mrs. Gregory.

"I heard papa and Mr. Ainsley talking about business when he was here the other evening, and he said it was almost an impossibility to get any money at all now," said Bertha.

"Well, you are a little goose; if you will go to the grandest ball of the season in an old madover ball dress, and be ridiculed by all the elite, you can do so. A few hundred dollars can't make much difference anyway. And when you see the victory which may, perhaps, be won over a certain attractive gentleman of our mutual acquaintance by your elder sister's more stylish toilet, you will regret your decision in favor of Mme. Noth's antediluvian costume," said Lena smugly.

"I'm perfectly indifferent to the praise or contempt of the fashionable world, for there is neither heart nor sincerity in it. And concerning the gentleman of whom you so strangely hint, if his heart is only susceptible to the influence of costly apparel, he can pay court to it as long as he wishes without once exciting my jealousy, as I want no dry goods worshiper for my future liege lord. So, ma chere sister, you have the field open and clear to yourself."

"March on, march on, ye brave, to victory or death!" sang Bertha, jubilantly waving her handkerchief at Lena, who was picking up her money from the table where her father had laid it and humming a gay opera air.

"Bertha, what dress have you to wear? You haven't any that you've not already worn two or three times at least, and I desire my daughters to make as elegant an appearance to any of their friends on this occasion," said Mrs. Gregory.

As Mrs. Gregory was a particular friend of Mrs. Langdon, she felt in duty bound to honor, as much as possible, the advent of her daughters to the fashionable world; and the attire of her own daughters on this occasion was an important consideration.

"I'm going to have Mme. Leicester make over my blue gros grain silk, and you know she is a noted genius for reworking worn ball dresses; but, after it is done, it looks antediluvian and smells musty, I'll do penance by staying at home," said Bertha.

Lena purchased the new dress and had it made up without regard to expense. Bertha's dress came from the mantua-maker's hands as beautiful as it could be, and none would ever have suspected it had already been thrice worn unless she had been seen with it on. It harmonized admirably with her hair, blond complexion, forming a vivid contrast to Lena's more brilliant style of personal attractiveness and bright, orange colored robe.

The day previous to the ball Chas. Ainsley called, a friend of Hugh Ainsley, who was the fixed, central star around which the feminine luminaries had ambitiously beamed for the last two seasons, each fondly hoping to be the finally favored one.

But to the secret chagrin of each, he still maintained the same quiet courtesies of manners toward them all. He seemed quite as indifferent to their heart affairs as he would have been to the pyramids of Egypt. This was the gen-

tleman Lena was bending all her energies to ensnare and bring to her feet before the present season closed.

Clara was an intimate friend of both the girls, and she was invited upstairs to see the dresses which had just been sent home. Their beauty she warmly expatiated on, but Lena would not allow her to leave until she had told her of Bertha's wonderful gift of economy, and laughingly said she should certainly take her own opera glasses with her to the ball, that she might deary some interesting, poor young gentleman, with whom she knew her sister must have a secret understanding, and for whose benefit she was carrying out this whim of prudence.

The combined entreaties of all the trio could not induce Mr. Gregory to accompany them to Mrs. Langdon's. He pleaded a headache and fatigue. His business affairs were daily becoming more entangled by means of several heavy failures of parties owing him to a great extent, and all he could see before him was ruin and disgrace; but he would keep his forebodings to himself until after the fête was over, when, if he found no means of extricating himself, he would make a clean breast of the whole thing to them.

Hugh Ainsley was quite attentive to Miss Lena that night; he looked very keenly in the gay throng, and his attentions were received with deep satisfaction to herself. Nor was the less interested Bertha, who had laid no siege to him, overlooked.

He inquired at once where her father was, as he had not seen him there. To her reply that he had resisted all entreaty to come, from great fatigue, he uttered a prolonged "Ah!" and fell into a reverie.

Hugh was thinking of the vague report he had heard in Wall street that morning, that the commercial house of Gregory & Co. was fast tottering toward bankruptcy.

The next morning at an early hour Hugh called at Mr. Gregory's counting house and offered him loans to any amount to help him through the financial crisis that was upon him. Mr. Gregory had done the same deed years before for Hugh's father, and he (Hugh) kindly pressed the favor back upon him, which was accepted of the panic-stricken merchant.

As Clara and Hugh sat at dinner the next day after the ball discussing the costume brought out there, she related what Lena had told her of Bertha's streak of economy.

"Is that so, Clara?" he asked. "Was she as self sacrificing as that? But she looked as sweet as a rose bud in her dress, if it had been worn three times."

Then he told her in confidence of the state of Mr. Gregory's affairs, and the reason which had probably deterred Bertha from outfitting for a new dress.

"She is a noble girl, Clara, and I'm afraid we couldn't number many like her among that gay assembly at Mrs. Langdon's. Surely 'all is not gold that glitters.'"

A week after this the footman at the Gregorys brought up a card to the parlor for "Miss Bertha, and the gentleman is waiting below in the drawing room."

Bertha glanced at the card and saw "Hugh Ainsley" inscribed thereon.

"Did you say this was for me, John?" she asked, thinking it might have been intended for Lena.

"Yes, ma'am. He said 'Miss Bertha,'" replied the servant.

Lena pouted at this. She had thought he had made a mistake, and an angry frown clouded her face as Bertha descended to the drawing room.

"Was it me you wished to see, Mr. Ainsley?" she asked after saluting him.

"It was you yourself. Why permit me to inquire?"

"I thought it might be one of John's blunders, and that sister Lena was the one desired," said Bertha.

"No, Miss Bertha; it is you with whom I have special business," he said, at the same time watching the sudden enlargement of her blue eyes when he said business.

"For several years, Miss Bertha, I've been searching in the circle of my acquaintance for a noble, truehearted woman to ask to become my wife. I have just been fortunate enough to find her, and have now come to ask if she will bear my name and share with me my earthly lot. Bertha, you are the chosen one, and my heart's best and purest affection I lay at your feet. Will you answer me 'Yes?'"

"Give me time to think, please; it is so sudden," she stammered, covering her face with her hands to conceal her blushes.

"You shall have three whole months to consider the subject; then I shall demand an unconditional answer," said Hugh, drawing the hands from her face and pressing them to his lips.

In three months Bertha decided to say "Yes," and their engagement was announced to the gay world.

Another three months and the gay world was invited to their public wedding in church. After much coaxing Lena was prevailed upon to be Bertha's bridesmaid, but it was a bitter disappointment to stand in that place, instead of next to the groom.

In after years she learned that Bertha's "old ball dress" had turned the scale in favor of her and won Hugh Ainsley. He reasoned that the daughter who would sacrifice her own desires for the sake of lessening the burden weighing upon the shoulders of her father could not fail to make a true wife.—Buffalo News.

A Daring Gunner.
My battery participated in the battle of Pea Ridge on March 6, 7 and 8, 1862. Thomas Davis, a private, acting as No. 4 at one of the guns, leaped upon a gun, and stretching himself out at full length and a perfect storm of shell and shrapnel and musket balls shouted to the enemy, who were in line of battle a short distance away, "Send one of your men over, and I will fight him single handed and settle this picnic." He remained there shouting till the battery was ordered to fall back for ammunition. Davis never received a scratch.—L. J. White in New York Press.

Stabled with a Cargo of Brandy.
In 1880 the bark Rosina, with a cargo of fine French brandy from Charente, France, for the port, ran ashore in a gale off the southern coast of Long Island. The crew threw overboard a portion of her cargo in an attempt to lighten the ship, but she was finally hauled off by a wrecking company, which received \$30,000 salvage. For two or three years afterward all the taverns along the southern coast of Long Island sold fine French brandy at ten cents per glass.—New York Evening Sun.

Why a Man Joins a Club.
Within a few years the craze for clubs has extended to all classes of society and both sexes until almost every man and boy in the community is a member of some club, and many ladies have their clubs at which to meet their friends and talk over the fashions or more serious matters. When the craze took the people they seemed to think it was something in the way of enjoyment which they had overlooked, while business men found in it a new and quick way of communication with customers and a continuance of business through the evening as well as during the hours of daylight. The club served also to the men of business as a means of acquaintance with men whom they might not otherwise meet without considerable difficulty, and who might, by rubbing against each other, serve each other's purposes or profit.

It is a striking fact that in many cases the names of our most remarkable clubs are misnomers, misleading to the uninitiated, and the real objects of the gathering a mystery to the members. A man joins a club for reasons of his own, which his enjoyment, seclusion from the outer world, independence, conviviality and select acquaintance. He wants a place at which he may meet a friend—he wants the tone of the club and the privilege of rubbing against whom he regards as his superiors in many things, particularly business and wealth—and he doesn't care about the objects of the organization if there be any other than what he is there for.—New York Times.

Statistics of Church Livings.
There are at present 1,575 Church of England livings with an annual income of less than £100; 1,817 of a value of from £100 to £200 a year; 2,274 between £200 and £300 a year; 4,355 between £300 and £500 a year, and 4,105 over £500 a year.—London Tit-Bits.

"If you are in doubt," says Tallyrand, "whether to write a letter or not—don't!" And the advice applies to many doubts in life besides that of letter writing.—Halber.

HEALTH IN OLD AGE.
Edward Collinson, Queens, N. Y., says: "I commenced using BARNETT'S PILLS over fifty five years ago. I first bought them in London, and have continued using them since I came to this country in 1836. I am now over seventy five years old, hale and hearty, and attribute my wonderful health to the persistent use of BARNETT'S PILLS. Occasionally I have had cold or severe attack of rheumatism, indigestion or biliousness, but four or five doses of BARNETT'S PILLS always cure me. When ever my children have been sick with scarlet fever, measles, acid stomach, disordered digestion or colds, a few doses of BARNETT'S PILLS restored their health at once."

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By local applications, as they cannot reach the diseased portion of the ear. There is only one way to cure deafness, and that is by constitutional remedies. Deafness is caused by an inflammation of the mucous lining of the Eustachian tube. When this tube gets inflamed, it causes a running sound in the ears, and when it is entirely closed deafness is the result, and unless the inflammation can be taken out and this tube restored to its normal condition, hearing will be destroyed forever; nine cases out of ten are caused by catarrh, which is nothing but an inflamed condition of the mucous surfaces.

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Send to Merrill, the Pioneer Bicycle Dealer of this Coast? He is reliable. Write him—Portland, O.

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40 YEARS OF PAIN CURED.
THE CASE.
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ITHACA, N. Y.,
Dec. 19, 1881.
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No. 27, East Main Street, Warren, Pa.

COMPLETELY UPROOTED.
How many remedies there are which merely relieve without uprooting disease. The only relief afforded not only enhances the dignity of the former, but serves to emphasize the folly of employing half-way measures when thorough ones are available. A marked instance of this is the effect, on the one hand, of Hostetter's Stomach Bitters in cases of chills and fever and bilious remittent, and on the other of ordinary remedies in maladies of this type. By the Bitters malarial complaint in every stage and of the most malignant type are completely uprooted and lose their hold upon the system. They are rarely, if ever, dislodged by the ordinary remedies of medicine, although their symptoms may unquestionably be mitigated through such means. The same holds good of indigestion, biliousness, kidney complaint, rheumatism, nervousness and debility. By the Bitters they are cured when many remedies fail.

The victim of the bent pin knows well when it is springtime.
Try GERBER'S for breakfast.
Use Kamelene Shoe Polish; no dust, no smell.
Use Dr. Gunner's Blood Purifier if the best remedy for cleansing your system.

DR. GUNNER'S BLOOD PURIFIER
A MILD PHYSIC
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There is Nothing Equal to Hood's Sarsaparilla.
"In my opinion, one of the greatest mistakes people make is to look the doctor after the horse is stolen, or in other words, to wait until they are sick in bed before they do anything for the poor body. No man or woman should ever feel real sick; I attended to my business, and my wife to her household duties daily. But we had dull, heavy headaches, and a little over exertion would tire us greatly, and my appetite was very poor. So I bought three bottles of Hood's Sarsaparilla. I took one, and my wife nearly all of the other two, and the result was perfectly satisfactory. The effect was like magic, and I believe Hood's Sarsaparilla saved us a severe relapse, and a big doctor's bill. If people would only remember that an ounce of prevention is worth a pound of cure, there would be less suffering in the world. My advice to all who are not feeling well is to take Hood's Sarsaparilla according to the directions. It will cure you of all ailments. W. H. HOOD, 125 1/2 Street, San Francisco, Cal.

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ROOT AND BRANCH,
the poison in your blood, however it may have come or whatever shape it may be taking, is cleared away by Dr. Pierce's Golden Medical Discovery. It's a remedy that restores every organ into healthful action, purifies and enriches the blood, and through it cleanses and invigorates the whole system. Salt-rheum, Tubercle, Eczema, Erysipelas, Boils, Carbuncles, Enlarged Glands, and the worst Scrofulous Sores and Swellings, are perfectly and permanently cured by it.

Unlike the ordinary purgative medicines of scrofulousness, the "Discovery" works equally well at all seasons. All the year round and in all cases, it is guaranteed, as no other blood medicine is. If it ever fails to benefit or cure, you have your money back. You pay only for the good you get.

Isn't it safe to say that no other blood-purifier can be "just as good" if it were, wouldn't it be sold so!

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Rev. Flank Plank on Reformation.
"Reformation, dear brethren, don't count in getting up in church on Sunday mornin' and yellin' 'Praise de Lawd' and den to 'n' our'n' and goin' chicken stealin' on Sunday night. In conjunxion wid dis I wish ter state dat a full broed banty rooster was extracted from my coop las Sunday ebenin', an' ef he ain't sent back to de leasin' reformin' state of dis year seek-I'll git into trouble shuna."—New York Herald.

In public house signs three seems to play an important part, such signs as "Three Bells," "Three Jolly Sailors," "Three Bears," etc., being often used.

SEND ONE DOLLAR for finest Shirt made. Post prepaid on all orders. Satisfaction guaranteed.

A. B. STEINBACH & CO.,
LARGEST CLOTHING STORE IN
PORTLAND, OREGON
Cor. First and Morrison Streets.

SEND FOR THE "BUYERS' GUIDE."
It gives prices on all Groceries and Family Supplies, in large or small lots, at wholesale prices direct to the consumer. Published monthly, and sent free to any address on application. Address

130 Front Street
Portland, Or.

IF YOU LOOK IN Webster's Dictionary, you will find the definition of a bargain is a sale at a low price. Now that is what you are looking for in a genuine bargain and a very reasonable one. 5 cents per yard for Gingham.

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