

THE RED CROSS NURSING SERVICE

Symbolical of the American Red Cross is the Red Cross nurse—the woman in the familiar blue uniform with its crimson lining, who has so valiantly, achieved so wonderfully and died so heroically during the days of the war. If the American Red Cross has accomplished nothing else than the recruiting of 19,577 trained nurses to stand behind our fighting men, to care for them, to comfort them when they lay down, and to nurse them back to health, it would have justified its existence.

The American Red Cross is continuing to furnish nurses to the Army, the Navy and the Public Health Service Hospitals for the care of disabled ex-service men.

There are today 37,787 nurses enrolled in the Nursing Service of the American Red Cross. They are the reserve of the Army and Navy Nurses Corps and in certain emergencies of peace time as well as in time of war may be called upon for service by the Surgeon-General. At the present time the three governmental services are calling upon the Red Cross Nursing Service to provide additional nurses for their corps in order to give adequate care to the disabled ex-service men and nurses are being enrolled at the rate of about 100 a month.

The Red Cross not only enrolls nurses who have had professional education to fit them for active military service, but also aids in supplying the necessary education, in cases where it is lacking, through scholarships and loan funds. Nurses with special qualifications for special services, such as Public Health Nurses, are also enrolled by the Red Cross.

The Red Cross is the greatest coordinating, registering and distributing agency for a profession that both in war and peace has proven itself necessary to the public safety.

Up to date it has furnished, from its reserve, 1,163 nurses for the Public Health Service for the care of disabled men, and these assignments will increase as the need grows. Aside from these federal activities it has furnished 1,325 public health nurses to Red Cross Chapters, giving health instruction and definite nursing service throughout the rural communities of the United States. It has furnished 1,726 trained instructors for the "Home Hygiene and Care of the Sick" classes. In connection with the work of destitute children in Europe, it is preparing and sending forward constantly nurses chosen for their special fitness for child welfare work. It is carrying on a continual campaign in behalf of the enlistment of student nurses for civilian Hospital Schools of Nursing—that the supply of young women may not fail—who shall keep alive a work so big with usefulness and self-sacrificing service for humanity. It is in close touch with the various nursing associations of the country, and is vitally interested in the training schools carried on in connection with great hospitals. It is establishing and contributing to the support in Europe of training schools for nurses where modern nursing, as we know it, has never been developed, but is now made manifest as one of the paramount needs of war-torn, unhappy Europe.

A Remarkable Record

Chamberlain's Cough Remedy has a remarkable record. It has been in use for colds, croup and whooping cough for almost half a century and has constantly grown in favor and popularity as its good qualities become better known. It is the standard and main reliance for these diseases in thousands of homes. The facts that can always be depended upon and is safe and pleasant to take are greatly in its favor when it is wanted for children.

Apple growers who have not yet sprayed for anthracnose canker protection should do so at once, using Bordeaux 4-4-50. All bark surface from tipmost twig to the base of the trunk must be thoroughly covered. The spray protects the remaining fruit against the rot due to the same disease. Instructions for the preparation of Bordeaux mixture may be secured from the Oregon Experiment Station at Corvallis free on request. —Department of Botany and Plant Pathology.

HOUSEHOLD HINTS

A little vinegar added to the fat in which doughnuts are fried does not prevent their absorbing fat, but it does prevent their tasting of it.

Oiled paper wrapers taken from bread may be used in place of a broad board in rolling out pie crust and biscuits and then thrown away, thus saving both time and effort ordinarily used in cleaning the board.

A tablespoonful of turpentine added to the water in which clothes are boiled will aid greatly in whitening them.

After blankets are thoroughly dry, beat with a carpet beater, and they will be fluffy like new.

Always wrap table or bed linens which are to be stored away in dark blue paper to keep them from turning yellow.

When your oven gets too hot, don't open the door. Place a pan of cold water inside. This will cool it and the warm steam will prevent the contents from burning.

Real lace can be given a beautifully soft and creamy tone by rinsing it, after the regular washing, in skimmed milk.

Left-over coffee can be used in spice cakes instead of sour milk.

The Greatest Rivers

In the development of a new country the early settlers invariably follow the rivers from the coast. The inland waterways are of the highest importance to the welfare of a country, for they aid in the development of unsettled areas and materially reduce the expense for transportation of the necessities of life. Even though a stream may not be navigable for any craft larger than a canoe, it may serve as a guiding line to the first explorer.

There are comparatively few rivers whose exact lengths are known, but the following list of lengths of the principal rivers of the world has been compiled by the United States Geological Survey, Department of the Interior, from various sources and is probably as nearly accurate as any other to be had. The United States has the distinction of containing within its borders the longest river system in the world—the Mississippi-Missouri. Distances given in even hundreds of miles are approximate: Mississippi, (United States).

from extreme source	2,486
Missouri (United States) from extreme source	2,945
Mississippi - Missouri (United States)	4,221
Nile (Africa)	4,000
Amazon (Brazil)	3,900
Ob (Siberia)	3,200
Yangtze-Kiang (China)	3,200
Yangtze-Kiang (China)	3,100
Amur (China)	2,900
Kongo (Africa)	2,900
Yenisei (Siberia)	2,800
Hwang (Yellow) (China)	2,700
Lena (Siberia)	2,600
Murray-Darling (Australia)	2,310
Vukon (Alaska and Canada)	2,300

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