Fruits and Vegetables

supply organic salts, phosphates

and other food elements essential

to one's health and well-being,

and furnish economical nutrition.

BUY FRUIT AND VEGETABLES FROM US

and be assured of the best on the

market in both fresh and canned

goods. Our line of staple and

fancy groceries is superior to many

retail stocks.

Larsen & Co., Grocers

"THE HOME OF THE MARKET BASKET"

PHONE 27

The lesson all the mercantile business houses

In other words, that the way to thrift is in!

the saving of that which is already yours-

maybe by an added investment to offset natur-

Now our CLEAN- UP, PAINT-UP and

"TAKE CARE OF THAT WHICH IS

YOURS"-and that applies likewise to your

earnings-to your income-however it may

First National

BANK

OF ST. HELENS

Member Federal Reserve System CHAS. GRAHAM, President. H. A. CHILDS, Cashier

FIX-UP story is short. That one word,

al depreciation.

THRIFT, tells it.

and trades are trying to teach this week is one

THE ST. HELENS MIST *

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O. D. HEILBORN Managing Editor S. C. MORTON

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THEN AND NOW

In its Order 499, May 2, 1919, the Oregon Public Service commission, when authorizing the acquisition of the Home Telephone and Telegraph company by the Pacific Telephone & Telegraph company, said, "the acquisition of the automatic system by the Bell interests will, in our optrion result in improved and more efficient service and by the removal of dupli-cation, save to the telephone users of the four cities named not less than \$200,000 annually and it is anticipated that the equipment pur-chased will take care of the greate: part of the new business expected for the next three years.' Our readers will recall that a short time ago the Public Service commission grant ed a raise of 30 per cent in phone rates so that the company could ex-tend and improve its service. At this time it is hard to see where the \$200,000 saving came in. One thing sure, it doesn't seem that it went to the 'phone user. The commission forgot its statement of May, 1919.

CLEAN-UP DAY

Tomorrow is Clean-Up Day and a pride in his home town should co-operate in every possible way with Clean-Up Committee. These men are giving their time and energy gratis and for the benefit of the city. And after Sunday is passed and we have them very convenient. disposed of the trash, accumulation of tin cans, etc., let us continue the work of cleaning up. Lawns will be made more attractive in appearance by the use of the lawn mower and coat of paint to brigaten it up. Some of the sidewalks will look better and be safer for pedestrians if loose boards are nailed down and rotten planks replaced with sound lumber. A brush hook or scythe will accomplish much towards axing down the grass and weeds which grow along-side many of the sidewalks. There side many of the sidewalks. Fhere supt. Wilkerson, county chairman are hundreds of little things to be of the China-Near East Relief drive, done which require little labor or expense and will add greatly to the appearance of the city.

FROM WEEK TO WEEK

week is apt to lap over into better babies week. We have so many crusades on that old home week doesn't have much of a chance. We are to have another humane week hasin ning Another. have another humane week beginning April 11, and a health promotion week to start on April 17. We \$18.00 Miss Mary Burns, Kerry, \$6.00; Miss Bird B. Clarke, Birkenfeld, \$18.00 Miss Florence Level Britanian Research week hefore we be good to ourseives.
There is no serious objection to that, but why not take the impulse of a week and spread it over the year?
Why not be gracious to the brutes for a year instead of a day or a week? Have the habit. Let this be golden-rule year instead of don't make the serious and spread of don't will be serious and seriou

GEN, WOOD ON IMMIGRATION

righteous and as free as it came into our possession from our fathers and mothers. Nothing should be allowed to count against that, not rapid growth, nor easy moneymaking nor wealth nor luxury nor indulgence of any kind. Immigration is desirable only to the point where it makes the nation stronger. When it begins to weaken the American cement, the patriotic spirit and the national fiber, the bars should go up against it.-Exchange.

Be sure and attend the Chamber of Commerce dinner tonight and hear Colonel Holbrook tell of the great things the Farm Bureau is going to accomplish for Columbia county.

Count Bum de Bean says "Why will a woman leave her children with a semi-stranger to go and hear another stranger talk on "How to Rear Children."?

A sugestion to the St. Helens high baseball team: if you need more practice, challenge McCredie's base-

The polite employe never is able to hold one job very long; he's always boosted to a better one soon,

If you're easily discouraged, you've no business trying to live.

PUBLIC FORUM

President TAXPAYER OFFERS SUGGESTION

To the Editor of the Mist: As one who is just getting back his R. Year\$2.00 breath after paying taxes, I am won-dering how it was done and doing Entered as second-class matter, January 10th, 1912, at the Postoffice January 10th, 1912, at the Postoffice Sanuary 10th, 1912, at the Postoffice and roads. In the street Annuary 10th, 1912, at the rosatorite at St. Helens. Oregon, under the act of March 3rd, 1879.

schools and roads. In the street improvements already proposed there are nineteen intersections and nine April 23, Clean-Up Day. lots which the city will have to pay for, leaving about 1700 feet to be paid for out of the general fund These and other streets must be improved and it behooves every one of us to assist in getting it done in the most economical manner.

When Hemlock street was improved the contractors offered to grade it for \$4000. The council set Mr. Despain at it on force account it was graded and rocked for \$1800. The street work done in the past few ears has cost all that the adjoining

lots are worth. In the matter of our schools, it is plainly evident that we must have added school room. And there is no use in waiting for a consolidated nigh school because outside districts will not vote more debt upon themselves. Those who have the votes also have o pay the taxes, and they feel that they have enough already. We have been unfortunate in getting value re-ceived for what has already been First repairs cost \$20 000 and all that we got for that money was two school rooms and the auditor-The present building was to ium. be completed for \$35,000, but the figures at the finish were \$47,000 and no explanation was ever given for the increased cost.

There is no use in saying THEY did it. The fact is that WE did it. Those who did not go to school meetings are just as guilty as those who do go. As a means of getting out of our present difficulty of inadequate school room, I suggest that as every citizen of St. Helens who takes many rooms as are needed be constructed on the grounds belonging to the district (individual houses), and the St. Helens Chamber of Commerce as these are eliminated in the future by other arrangements they can be sold at about cost. Portland is using a great many such buildings and finds

It behooves the taxpayers to look after their own business and not alpetty politics to dominate the meetings as has been done in many cases in the past. The taxpayer has the residence will look better with a to foot the bills and the bonds we are voting have to be paid sooner

A POOR TAXPAYER.

CHINA-NEAR EAST RELIEF FUND REPORT

reports a total collection of \$849.16 from cash donations and sale of stamps throughout the county. The of stamps by the different schools in the county amounted to \$201.86, while cash contributions First thing we know the year will \$647.24. No reports, however, are that are set aside for this and that are set as a set as a

tion week to start on April 17. We are to be kind to dumb animals the elor Flat, \$6.00; Mrs. Mary Colvin beat-your-wife week.—Los Angeles \$4.48; Miss Flora Lane, Marshland, \$6.00; Mrs. Anna Studley Warren. \$10.50; Mrs. Madge Rogers, Pleasant GEN. WOOD ON IMMIGRATION

Discussing immigration at San Beaver Homes, \$11.85; Miss Eliza-Francisco Wednesday, Major General Beth School, Prescott, \$6.00; Mrs. Wood stamped the question into a Amy Snyder Prescott, \$6.00; Mrs. short sentence when he said, "The Winnifred Giese, Audson, \$4.85; has about all Mrs. Jessie Patterson, Chapman. American cement now has about all Mrs. Jessie Patterson, Chapman, the sand it will stand." General \$10.80; Mrs. Elsie Dew, St. Helens, Wood cordially approved the California determination to limit immigra- ens, \$8.58; Miss Clara Ketel St. Heltion to types which can be assimilated. ens. \$7.15; C. E. Lake, St. Helens, ed. "In the east," he said, "we have \$4.13; Miss Florence Melis, Burn, taken in an assortment of people \$4.65; Miss Ruth Brooks, S. "Imen, which it will be difficult to assimise \$2.00; G. W. Brown, Vernonia which it will be difficult to assimilate."

Our outstanding business as Americans is to pass on the republic to our sons and daughters.

Total Brocks. S.Imen.

\$2.00; G. W. Brown, Vernonia \$16.61; A. B. Haverly, Quincy, \$6.54;

Miss Beth Perry, Fern Hill. \$6.00;

Miss Carrie Anderson, Cedar Grove, \$2.50; M. our sons and daughters as strong, as \$2.50; Mrs. Jessie Gatens, Tideland

Does Your Car Need Repairing?

FOR up to the minute Auto Repairing. come to our shop-

We also carry a full line of Tires, Tubes, Auto Accessories, etc.

Battery Recharging and Repairing.

HARDIN'S

GARAGE Houlton

Oregon

gether with the chairmen in charge: Judge Martin White, St. Helens, \$532.19; C. J. Sacarinsen, Quincy \$49.15; Mrs. Addie McAdams, Down-ing, \$.50; Mrs. J. M. Burkhead, Bachelor Flat, \$4.00; Mrs. Frances Davies Happy Hollow \$3.25; B. A. B. Lication, April 22, 1921. Davies Happy Holtow, \$3.25; B. A. Eldred, Deep Creek, \$3.50; Miss Sue M. Hicks, Columbia Heights, \$2.50; F. Graham, Prescott, \$5.00; G. Brown, Vernonia, \$23.25; Mrs. E. Malabar, Goble \$7.00; Miss

Eleanor Larson, Warren, \$5.00; Mr.

Do some Dirty Work on Saturday,

CALL FOR WARRANTS

White, St. Helens, Sacarinsen, Quincy, all warrants issued by School Dist.

JANE ARMSTRONG, Clerk Dist. No. 3.

Use plenty of soft paper to clean frying pans while they are still hor The paper absorbs every particle of the sink brush and turn on hot water from the spigot.

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Headquarters in St. Helens for fresh, high grade candy. Soft drinks of all kinds and specially prepared Sundaes. Cigars, tobacco and fruits.

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Whatever you may buy at this store—whether watches, jewelry or other articles—you can take it home knowing it to be as represented, and of good quality at a reasonable price. And we do expert repairing of all kinds.

VON A. GRAY

Reliable Watchmaker and Joweler

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RAMSEY'S BREAD

FRESH BREAD--Every Day

Two loaves for 15c

White Clover Ice Cream

Lunches with fine coffee served at all hours,

CAKES-

PIES-

-PASTRY

J. E. RAMSEY

Best Groceries

When you sit down to a meal you like to know that your food came from a store where reputation counts-a store where best quality goods are really best quality.

This store offers you that advantage.

We buy our stock more carefully than our most particular customer.

It pays to buy quality goods.

All kinds of staple and fancy groceries.

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CAR VALUEY

Get Down To Plain Figures

HECK up the nationally known mechanical units of the Chevrolet cars. Compare them, one by one, with those or other cars selling at higher prices.

Ride in it. Drive it. Note its small gasoline consumption and long tire mileage. Feel its smooth, easy, gliding movement and the assured response of its full powered motor.

Then you will know why Chevrolet owners everywhere are finding in it dependability, economy, comfort, and withal, exceptional car value.

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St. Helens, Oregon

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Thrifty buying makes easy thrifty savings.

A savings account is always stylish, and its satisfaction is lasting.

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You will find that REGULAR saving makes your "rainy day" fund grow amazingly.

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We pay four per cent on Savings and Time Deposits

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DAVID M'KINNON WILSON, Vice-President
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