

**VICTORY GIRLS AND BOYS CAMPAIGN**

The Victory girls and boys of Columbia county now have their organization perfected, under the direction of Mr. Geo. V. McClure, Columbia county secretary Y. M. C. A. The Victory girls and boys have the following officers:

Miss Lois Dibblee, captain Columbia county girls; Mr. Geo. E. Miller, captain Columbia county Victory boys. These two will captain the entire county, having assistants in each high school, who in turn will have their committees. The names of the different high school captains follow:

Miss Mabel Davies, captain St. Helens Victory girls. Mr. Mason Gillard, captain St. Helens Victory boys.

Miss Davies will have as her committee the following: Annetta Payne, Ethel Lynch, Florence Van Gilder, Helene Walker, Elsie Morley. Mr. Gillard will have as his com-

mittee: Robert Dixon, Alvin Hill, Alpheus Willborne, Ourey Hisey, Max Wilson, Norman Wilkins.

This organization is a part of the great United War Work campaign, having assumed 5 per cent of the quota for the county.

**WOMAN WORKER'S SIX SONS IN WAR**

One of the most tragic records of the war is that of a woman employe of the Rock Island arsenal, four of whose six sons already have given their lives in the war. She is Mrs. Sara Carton of 536 Twenty-sixth Street, Rock Island, an operative in the cloth department.

Of the four sons who were killed, three were members of the United States Engineers and one of a Canadian battalion. The two remaining sons are now in France.

Mrs. Carton has worked at the arsenal with the same spirit of patriotic devotion that her sons showed in their service in the army.

**WANTS TO MEET COLUMBIA COUNTY BOYS**

University of Santa Clara, Santa Clara, Cal., Oct 20, St. Helens, Oregon.

DeDar Sirs:—I am much pleased to hear the Scappoose news, when I receive the Mist. I also like to hear about the boys I know, so I will ask you to please tell me, if possible, the names of some boys, who are at Camp Fremont, Menlo Park, California.

I am only a few miles from the camp. I am in the R. O. T. C., a branch of service that fits one to be an officer. Sincerely yours,

LEO SMITH,  
(Son of Frank L. Smith)  
(Ed. Note—If any reader of the Mist has a relative or friend at Camp Fremont, please inform Mr. Smith).

**CLATSKANIE**

W. J. Fullerton, Democratic candidate for county judge was circulating among his friends in this vicinity the last of the week.

John Fogel, Claude Hillsbery, Lester Holmes, George Turner and Paul Hedlund were among the local boys to report at St. Helens this week for their examination in connection with the draft. Lester Holmes went on to Portland for the purpose of enlisting in the automobile department for special service.

Saturday, November 9th will be the date for the next meeting of the Woman's Relief Corps. The inspector will be present on this occasion. An oyster dinner will be served and all members are urged to be present.

Miss Azelle Conyers, accompanied by Misses Eva Baylis and Mary Erickson, attended a county Christian Endeavor convention at St. Helens on Saturday and Sunday last. Rev. H. F. Gelvin and Misses Elizabeth Murray, Irene Graham and Florence Melis attended the session on Sunday.

A citizens' mass meeting was held in the Eagle's hall on Monday evening for the purpose of nominating a municipal ticket for the coming election. The meeting was called to order by City Recorder Geo. B. Conyers, after which Dr. M. W. Markham was selected as chairman and Rev. S. Darlow Johnson, secretary. By unanimous vote J. H. Lewis was selected to head the ticket as mayor. The names of C. S. Orwig, Freu Mann, Ed. Flippin, L. Culbertson and H. McKell were presented as candidates for councilmen. Ed. Flippin was presented to withdraw his name at his own request and the remaining four were chosen without a dissenting vote. Geo. B. Conyers was again chosen as a candidate for the office of city recorder; Dr. M. W. Markham, as treasurer; Ben Birkenfeld, marshal; C. S. Bristol, constable and A. M. Myers of the Columbia Agricultural Co., as justice of the peace. George B. Conyers has served the city in the capacity of recorder for four and one-half years. That he has given satisfaction is demonstrated by the fact that he should be the unanimous choice of the people for another term. It is not his intention to qualify as a candidate for this office, however, as he is in the running for the office of county judge, and in justice to himself, as well as the people of Clatskanie, he will not permit his name to appear on the city ticket. In his aspirations for the county judgeship he will without doubt be accorded the same local support which he has always received when seeking city positions.

—Clatskanie Chief.

**Croup**

If your children are subject to croup get a bottle of Chamberlain's Cough Remedy, and when the attack comes on be careful to follow the plain printed directions. You will be surprised at the quick relief which it affords.

**REGULATIONS FOR SAILORS' GIFTS**

Regulations concerning the sending of Christmas packages to sailors in home waters and abroad have been issued by the navy department. They follow something the same order as the regulations for the soldiers overseas, but differ in some respects.

Packages forwarded by parcel post for men in the navy must comply with the postal regulations and should be enclosed in substantial boxes with hinged or screw top cover to facilitate opening and inspecting. All boxes shipped by express are limited to 20 pounds in weight, should measure not more than two cubic feet in volume, be of wood, well strapped and have a hinged or screw top to facilitate opening and inspecting.

All mail matter should be addressed as now prescribed by the postal regulations. All express packages should be forwarded in care of Supply Officer, Fleet Supply Base, Twenty-ninth Street and Third Avenue South, Brooklyn, N. Y.

No perishable food product other than those enclosed in cans or glass jars should be packed in parcel post or express shipments. All packages must be plainly marked with the name and address of the sender, together with a notation indicating the nature of the contents, such as "Christmas box" or "Christmas present." The supply officer at New York will cause each express package to be opened and carefully examined to see that nothing of an explosive or other dangerous character is forwarded.

The shipment of Christmas packages for United States naval vessels abroad should be mailed so as to reach New York as early as possible and not later than November 15.

**Mrs. Smith Recommends Chamberlain's Tablets**

"I have had more or less stomach trouble for eight or ten years," writes Mrs. G. H. Smith, Brewerton, N. Y. "When suffering from attacks of indigestion and heaviness after eating, one or two of Chamberlain's Tablets have always relieved me. I have also found them a pleasant laxative." These tablets tone up the stomach and enable it to perform its functions naturally. If you are troubled with indigestion give them a trial, get well and stay well.

For results—Mist Want Ads.

**Rings! Rings!**

We have just received an assortment of beautiful RINGS

DIAMOND RINGS  
BIRTHSTONE RINGS  
WEDDING RINGS

Our stock of jewelry is complete and our goods are the reliable kind

**WATCH REPAIRING**

**VON A. GRAY**  
THE JEWELER  
St. Helens, Ore.

**DO YOU LIKE GOOD BREAD?**

If So, Ask Your Grocer for Bread from Our Modern Bakery IT IS CLEAN APPETIZING AND WHOLESOME

OUR BAKERY PRODUCTS are prepared in a clean, modern, sanitary bakery—and our ever increasing business is an indisputable evidence that we produce "GOOD THINGS TO EAT"

**WEST ST. HELENS BAKERY**  
S. HEUMAN, Proprietor  
Phone B-114 West St. Helens, Oregon

**Roseburne Stock Farm—Shorthorns**



**HERD HEADED BY Villager Sultan 2nd**

Young Stock of both Sexes for sale at all times

**A. H. TARBELL, Prop.**  
Warren, Oregon

**STOP THAT COUGH**

WITH **Demings White Pine Compound**

With Cod Liver Extract and Menthol

**PRICE PER BOTTLE, 50 Cents**

**A. J. DEMING DRUGGIST**  
ST. HELENS

**War Emergency Course and Certificate**

**OREGON NORMAL SCHOOL**

—Owing to the scarcity of teachers the Oregon Normal School will offer a War Emergency Course of twenty weeks outlined by the Superintendent of Public Instruction. The course will begin with each of the terms, commencing Nov. 16, 1918; Feb. 8, 1919 and April 12, 1919. The Superintendent of Public Instruction will consider it equivalent to the Teachers' Training Course and issue a certificate upon its completion valid to teach in the elementary grades for one year.

—This Course will be open to those who have had two years or more of high school work or its equivalent. No age limit is required for entrance, but before a certificate can be issued applicant must be at least eighteen years of age.

—All regular courses will be offered as usual.

—For detailed information address,

**REGISTRAR OREGON NORMAL SCHOOL**

**Come**

all you that labor and are weary and I will give you rest.

**"Restgood"**

Curled Hair Mattresses will do it.

**\$32.50**

Other Mattresses from \$6.00 up, priced right, and according to Quality.

**E. A. ROSS**

BANK BLDG. ST. HELENS

**--YOUR EVERY NEED--**

**MENS WORK CLOTHES—**  
—Our line of Overalls and Work Shirts is giving exceptionally good satisfaction this season and our prices are reasonable.

**DRY GOODS—**  
—A fine new line of Dry Goods has just reached us and will be offered at particularly attractive prices for the next few days.

**SHOES—**  
—Footwear for all purposes and all purses can be found in our up-to-date Shoe Department.

**GROCERIES—**  
—We want you to inspect our stock of staple and fancy Groceries. Prices that make quick sales.

**A. T. KIBLAN**  
Phone 35 (Houlton) St. Helens, Ore.  
Free and Prompt Delivery

**How's Your Automobile?**

Now, more than ever before, you must watch your automobile and keep it in perfect order. Automobiles are hard to get, parts are getting harder to get every day. So watch your car to see that it is kept in good repair. Don't neglect the valves, don't run with an engine knock. Keep the play out of the rear axle.

The St. Helens Garage is one of the best equipped repair shops in the county and special work is easy for us. We handle lathe work, make small parts, battery work, besides all automobile repairs.

**ST. HELENS GARAGE**  
Phone 57 H. M. TERRY Prop. On the Strand

**Attention FARMERS!**

—I am going to help you raise larger crops, cultivate your land to a better advantage and cheaper and help you help the Government to raise bigger and better crops. I have secured the agency for several of the

**BEST TRACTORS**

and have made arrangements so that I can let you have a TRACTOR on very Advantageous Terms. I will tell you more about it next week. If you are interested, write or phone me at St. Helens and I will call and give you full particulars.

**J. F. DOPPLMAIER**  
THE TRACTOR MAN ST. HELENS, ORE.

**Save Money on Your Meat Bill**

Trade at Our Market and get Low Prices and Good Meats

**SPECIAL FOR SATURDAY**

Boiling Beef, per lb . . . 14c	Mutton Roast, per lb . . . 25c
Pot Roast, per lb . . . 17c	Mutton Stew, per lb . . . 17c
Rib Roast, per lb . . . 25c	Veal Roast, per lb . . . 25c
Pork Roast, per lb . . . 30c	Veal Stew, per lb . . . 18c
Side Pork, per lb . . . 25c	Hamburg, per lb . . . 17½c
Pork Sausage, per lb . . . 25c	Liver, per lb . . . 12½c

We also have a nice line of Groceries, Fruits and Vegetables

**The People's Market**  
On the Strand, St. Helens, Oregon

**Use Vegetables**

—They are healthy, nourishing and are cheap foodstuffs. We have a large assortment of FRESH VEGETABLES. Lemons, Oranges and other fruits. Fresh Oregon Celery and choice Sweet Potatoes.

**Quality Groceries**

—We handle the well known RED RIBBON Brand of canned Fruits and Vegetables, and our GROCERIES are the dependable and satisfactory kind.

**COFFEES**

—In addition to our excellent Bulk Coffee, which is freshly ground when you order and which you may buy at 25c, 30c, 35c and 40c per pound, we have DEPENDABLE and SCHILLINGS Coffees, which are packed in 1, 2 and 3 pound tins.

WE ARE ANXIOUS TO SERVE YOU

If you don't trade with us we both lose money.

**St. Helens Mercantile Co.**

St. Helens, Oregon  
Phone 80  
DON'T FORGET—WE MAKE DAILY DELIVERIES