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NIGHT SHIRTS
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All Colors Guaranteed Sox—
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Khaki and Whipcord Pants—all sizes.

All in one Work Overall Suits, both Khaki and Blue.

JUST ARRIVED—A beautiful line of Panama,
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The Home of

Hart, Schaffner & Marx

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St. Helens

Let Your Rent Money Buy a Home

We have several good houses that can be had on very easy payments of a little more each month than you would pay for rent. Some have good garden tracts in connection.

Five-room house and 22 lots, close in, on paved street, for \$2300.00. Easy terms.

Apartment and store building with large tract of ground on paved road. Good income. Easy terms. The best buy in St. Helens.

Ten-room house, close in, \$1700.00. \$200.00 down payment, balance \$25.00 per month. You can rent rooms enough to pay for the place.

Also have several hundred lots in all parts of the city from \$100.00 and up, and on payments of \$10.00 down and more.

Call in and see any property that interests you.

Rutherford Realty Co.

Opposite City Hall



Compare Your Baby's First Four Years With This

In 1913 little Marie was born in a village not far from Mezieres, in the Ardennes.

In 1914 Marie's father, called to the colors, fell at the Marne. And Marie and her mother stayed in the village, which was now in the Germans' hands.

In 1915 a poster was pasted up on the door of the village church, and that night Marie's mother vanished, along with a score or more of other women.

In 1916 Marie was still living in that village—existing through the charity of the few elderly folk the Germans permitted to stay.

In 1917 Marie, with all the children under fourteen years and all the old people left alive in the village, was bundled into a crowded car and shipped into Germany, round through Switzerland and thence into France, arriving at Evian. She was underfed, of course, emaciated, sickly, dirty, too lightly dressed for the time of year. And she came into Evian with not a relative, not a friend left in all France to take care of her.

Who took her? Your Red Cross! Over there in Evian your Red Cross took charge of her, cared for her in the Red Cross Children's Hospital, clothed her, fed her, built up her strength, taught her to play—and then helped the French authorities find her a HOME.

Multiply Marie by 500 and you will have some idea of just one day's work your Red Cross does at Evian. It is only one of the Red Cross activities in France, to be sure—but for just that one alone can you help being proud of it? Can you help being glad you are a member of it, supporting its great work of humanity? Can you help wanting it to go on helping the Maries and the "grand-daddies" that come in at Evian?

THE TRAIN THAT SAVED A NATION

How the Red Cross Helped Roumania.

Have you heard of what happened in Roumania when that stricken nation stood in rags and starving before the shocked eyes of the world? We had thought ourselves grown used to tragedies until this greater horror struck a blow that roused still untouched sympathies.

And yet we felt so helpless, you and I, so terribly weak in our ability to offer aid. But were we? After all, were we not the very ones who carried new life and hope to the heart of Roumania? You shall be your own Judge.

Fighting with the desperation of despair, the shattered Roumanian army still struggled to beat off the Kaiser's bloody Huns, who were mercilessly trampling the life out of the little kingdom. And the Kaiser smiled brutally as he saw his wolves at work and knew that from behind the lines, attacking the fighting men of Roumania from the rear, entering the homes where mothers clung to the frail, distorted forms of their babies—was starvation.

No country around Roumania could help her—and America was too far away. Thousands would die before supplies held in our own country could be sent her.

Hope was gone. Death by hunger and by the dripping sword of the Kaiser was closing in. A brave little nation was being torn to pieces.

Then came the miracle. One morning the streets of Jassy, the war capital of Roumania, swelled with sounds of rejoicing. A city where the day before there was heard nothing but the walls of the starving and the lamentations of those mourning their dead now was awakened by shouts of joy.

You, my friend; you who have helped in the heroic work of the American Red Cross, had gone to the rescue of Roumania. A train of 81 big freight cars packed to their utmost capacity with food, clothing and medicine, tons upon tons of it, had arrived in Jassy after making a record breaking trip from the great store houses of the American Red Cross in Russia. Other trains followed it; thousands were fed and clothed and nursed back to health. For weeks and even to this day the brave people of Roumania are being cared for in countless numbers by our own Red Cross.

So was Roumania helped, and when history records how this last fragment of a sturdy nation was kept out of the hands of the terrible Huns it will give the victory to your American Red Cross.

Great Wheat Stocks Isolated.

It's the shortage in ships that is putting the Allies and the United States on wheat rations. Great stocks of wheat are isolated in India, and Australia. At great sacrifice in ship space and use the Allies are forced to secure some wheat from Argentina.

On January 1, Australia had stored 100,000,000 bushels of wheat that was ready for export—but there were no ships. Then came the new crop with an exportable surplus of 80,000,000 bushels. Now Australia has approximately 180,000,000 bushels waiting for ships.

India, at the same time, had 70,000,000 bushels of wheat stored for export. During April 50,000,000 bushels more out of the new crop will be added to the pile.

Argentina closed the last shipping season with 11,000,000 bushels of wheat left in the stock available for export. The new crop will add 135,000,000 to the left over.

It is not a problem that the wheat does not exist in the world—it is entirely a problem of shipping, which has thrown on America the obligation of dividing our stock with the Allies.

WAR'S NEED FOR GOOD COWS

The profitable dairy cow helps to feed our armed forces and will help us win the war, but the low-producing, unprofitable scrub is little better than a slacker. The unprofitable cow may enjoy perfect health and have a large appetite; she may even belong to one of the best cow families, but if she is not an economical producer she should be converted into meat.

The present, however, is not the time to dispose of dairy herds; rather it is the time to enlarge and improve them.

The city, the country, and the army need more dairy products; the dairy cow also assists greatly in maintaining permanent soil fertility; and the carefully selected, well-bred, well-fed dairy cow may still be kept at a profit. Let the slogan, therefore be: Careful selection, intelligent breeding, and skillful feeding.

SUMMONS IN THE CIRCUIT COURT OF THE STATE OF OREGON FOR THE COUNTY OF COLUMBIA.

Peninsula Lumber Company, a corporation, Plaintiff, vs. Jesse Leroy Wright, Defendant.

To Jesse Leroy Wright: In the Name of the State of Oregon you are hereby required to appear and answer the complaint filed against you in the above entitled suit within six weeks from the 24th day of May, 1918, the date of the first publication of this summons, and if you fail so to answer, for want thereof the plaintiff will apply to the court for the relief demanded in its complaint, to-wit:

For a decree of strict foreclosure against you of the land contract described in the complaint whereby you agreed to purchase the following described premises in Columbia County, Oregon, to-wit: The Southwest quarter of the Northwest quarter of Sec. 16, Tp. 5 North, Range 2 West, and described in said contract as Lots 30 and 33 in Tract Unit A of Deer Island Farms, according to an unrecorded plat thereof, unless you pay the amount due upon said contract, together with interest as therein specified and a reasonable sum for attorney's fees, together with costs and disbursements of said suit.

This summons is published by virtue of an order of the Honorable James A. Eakin, Judge of the above entitled court made on the 20th day of May, 1918, directing the same to be published in "The St. Helens Mist" a newspaper of general circulation published in St. Helens, Columbia County, Oregon.

Date of first publication: May 24, 1918.
Date of last publication: June 21, 1918.

R. SLEIGHT, Attorney for Plaintiff.
Postoffice address 1521 Yeon Bldg., Portland, Ore.

SUMMONS IN THE CIRCUIT COURT OF THE STATE OF OREGON FOR THE COUNTY OF COLUMBIA.

Peninsula Lumber Company, a corporation, Plaintiff, vs. Gust Swanson, Defendant.

To Gust Swanson: In the Name of the State of Oregon you are hereby required to appear and answer the complaint filed against you in the above entitled suit within six weeks from the 24th day of May, 1918, the date of the first publication of this summons, and if you fail so to answer, for want thereof the plaintiff will apply to the court for the relief demanded in its complaint, to-wit:

For a decree of strict foreclosure against you of the land contract described in the complaint whereby you agreed to purchase the following described premises in Columbia County, Oregon, to-wit: The East one-fourth of the Southwest quarter Northeast quarter of the West half of Southeast quarter of Northeast quarter of Sec. 23, T. p5 North, Range 2 West, and described as Lot 43 and East half of Lot 44 in Tract Unit C of Deer Island Farms, according to an unrecorded plat thereof, unless you pay the amount due upon said con-

tract, together with interest as therein specified and a reasonable sum for attorney's fees, together with costs and disbursements of said suit.

This summons is published by virtue of an order of the Honorable James A. Eakin, Judge of the above entitled court made on the 20th day of May, 1918, directing the same to be published in "The St. Helens Mist" a newspaper of general circulation published in St. Helens, Columbia County, Oregon.

Date of first publication: May 24, 1918.
Date of last publication: June 21, 1918.

R. SLEIGHT, Attorney for Plaintiff.
Postoffice address: 1521 Yeon Bldg., Portland, Ore.

1756 Eq. SUMMONS

IN THE CIRCUIT COURT OF THE STATE OF OREGON FOR THE COUNTY OF COLUMBIA.

Laura H. Northup, Plaintiff, vs. James Benjamin Paul, Jane Morrell, nee Jane Paul and George Morrell, her husband, Frederick D. Paul and Nora Paul, his wife, Prudence L. Ingles and Clinton S. Ingles, her husband, Charles William Paul, Elizabeth Lane, nee Elizabeth Paul and William Lane, her husband, Della Bennett, nee Della Paul and Kenneth Bennett, her husband, and Lydia B. Northup, Defendants.

T. Charles William Paul, defendant above named:

In the name of the State of Oregon, you are hereby required to appear and answer the answer and cross-complaint of the said defendant Lydia B. Northup filed against you in the above entitled suit within six weeks from the date of the first publication of this summons and if you fail to answer for want thereof the said Lydia B. Northup will take a decree foreclosing her mortgage upon your undivided one-eighth interest in the following described real property, to-wit: The Southeast quarter (SE 1/4) of the Northeast quarter (NE 1/4) and the Northeast quarter (NE 1/4) of the Southeast quarter (SE 1/4) and the South half (S 1/2) of the Southeast quarter (SE 1/4) of Section twenty-five (25) in Township six (6) North, Range five (5) West of the Willamette Meridian in Columbia County, Oregon.

This summons is served upon you by publication in the St. Helens Mist for six successive weeks in pursuance of an order made by the Hon. James A. Eakin, Judge of the above entitled Court, on the 20th day of May, A. D. 1918, prescribing six weeks for publication thereof.

H. H. NORTHUP, Attorney for Lydia B. Northup.
P. O. Address: 404 Platt Bldg., Portland, Oregon.
Dated and first publication this 24th day of May, 1918.

Proper Food for Weak Stomachs.
The proper food for one man may be all wrong for another. Every one should adopt a diet suited to his age and occupation. Those who have weak stomachs need to be especially careful and should eat slowly and masticate their food thoroughly. It is also important that they keep their bowels regular. When they become constipated or when they feel dull and stupid after eating, they should take Chamberlain's Tablets to strengthen the stomach and move the bowels. They are easy to take and pleasant in effect.

All Buses Call at Hotel
Courteous Treatment
STOP AT
ORCADIA HOTEL
THOS. ISBISTER, Prop.
Chicken Dinner Sunday, 35c
RATES \$1.00 PER DAY AND UP
Special Rates to Regular Boarders

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via Willamette Slough
THE PEOPLES BOAT
STR. AMERICA
Leaves Portland daily - - - 3:30 p. m.
(Sunday 1:30 p. m.)
Arrives St. Helens - - - 8:00 p. m.
(Sunday 3:30 p. m.)
Leaves St. Helens - - - 6:15 a. m.
Arrives Portland - - - 10:15 a. m.
H. HOLMAN, Agent
Makes all way landings. Wharf foot Alder street. Phones: Main 3223, A-4204.
FRANK WILKINS, St. Helens Agent.

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Ever-Fresh Groceries

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WE SELL THEM.

That's the reason why you are always sure of getting FRESH Groceries when you come to us—

THEY DON'T HAVE TIME TO BECOME STALE.

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When you buy it of us, its Freshness and Purity is GUARANTEED.

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Phone 60 Free and Prompt Delivery