Children Cry for Fletcher's

CASTORIA

The Kind You Have Always Bought, and which has been in use for over over 30 years, has borne the signature of Chas. H. Fletcher and has been made under his personal supervision since its infancy. Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but Experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment.

What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other narcotic substance. Its age is its guarantee. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic and Diarrhoea; allaying Feverishness arising therefrom, and by regulating the Stomach and Bowels, aids the assimilation of Food; giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

GENUINE CASTORIA ALWAYS

Bears the Signature of

Chas. H. Fletcher.

In Use For Over 30 Years

The Kind You Have Always Bought

THE CENTAUR COMPANY, NEW YORK CITY.

Come to Us For

SHIP AXES
HAMMERS

BUCK'S PLANE BITS
STICKS—ALL SIZES

and

SHIPBUILDING TOOLS OF ALL KINDS

ST. HELENS HARDWARE CO.

St. Helens, Ore.

NOTICE TO CREDITORS.

IN THE COUNTY COURT OF THE STATE OF OREGON FOR COLUMBIA COUNTY.

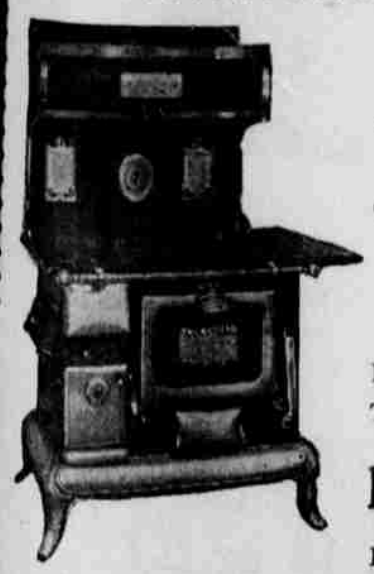
In the Matter of the Estate of Andrew Carlson, Deceased.

Notice is hereby given, that he undersigned has been duly appointed administrator of the estate of Andrew Carlson, deceased, by the County Court of Columbia County, State of Oregon, and has duly qualified for said trust. All persons having claims against said estate are hereby notified and required to present the same, duly verified and with proper vouchers, to the administrator at his residence at Warren, Columbia County, State of Oregon, within six months from the date of this notice.

Dated July 23rd, 1917.

ISAAC NORBECK,
Administrator of the Estate of Andrew Carlson, Deceased.

W. A. HARRIS & G. A. GORE,
Attorneys for Administrator. 32-5



$50.00

and up according to size and trimmings.

Other ranges as low as $33.00

COOK STOVES at right prices.

MADE IN OREGON

Thoroughly Guaranteed

E. A. ROSS

Bank Bldg., St. Helens

Reduction of Summer Goods

We have reduced the price on all Summer Goods, Wash Goods, Ladies' and Children's Middies. Take advantage of the reduced prices and save money on your purchases.

M. ROSENTHAL

ASK YOUR GROCER

For Bread from our modern, cleanly bakery. You will like it and continue to use it.

Cream Rolls, Cream Puffs, Doughnuts, Pies and Cakes

WEST ST. HELENS BAKERY

S. HEUMAN, Proprietor

Phone B-114 West St. Helens, Oregon

OWNERS OF MILLS AND WAREHOUSES

Advice Good for Farmers and Wheat Growers.

It is up to you. Our boys are in France. More are preparing to make the great sacrifice. What are you doing today?

General Jackson said to his men at New Orleans: "Trust in God and keep your powder dry." This war is not going to be won by grains of powder, but grains of wheat. This is not a war of surprise, but a war of supplies. The millions of bushels of grain grown this year in Oregon is still thousands of miles from France. It has to be shipped before the enemy is whipped. We trust as did Jackson, but we must protect our supplies.

Have you a competent watchman? Try him. If he is not the right man, get another. Have you a fire fighting apparatus on the place? Moments count. A spark may mean a blaze; a blaze a conflagration. Roll out the old barrels; fill them full of water. Place a ten-cent package of baking soda in every seven and one-half gallons of water and you have as good a carbonic acid gas fire extinguisher as can be desired. Train every man on your place just what to do if a fire should happen. Drill them from time to time to see that they are doing it. Keep a supply of sacks handy beside the barrels. These soaked with this liquid are a great aid.

Put all rubbish in metal cans. Allow nothing to gather on the floors, in the corners or under the buildings. Be responsible yourself for the cleanliness of the building. This is your bit.

Never keep a man on the place who persists in smoking near the mill or warehouse. Never allow a stranger inside the building.

If you have not thought of these things before, your duty as a citizen calls them to your attention now. This is no time for waiting. Your grain may be insured, but you cannot eat money; neither can the boys in France. An army must be fed before it can go ahead. This is your bit.

You who can not travel with the army, help the army to travel. It is up to you.—Harvey Wells, state fire marshal.

While these suggestions are addressed principally to the wheat men, we would add, be careful as to forest and mill fires. A destroyed body of timber will never be brought to the mill for cutting and a mill which burns down cannot saw lumber for the ships we are to build to carry the wheat and supplies to our army and allies. It this extremely dry weather practice safety first—it is a good rule to practice it all the time.

BUY AT HOME

Few people, we believe, appreciate what they owe to the home merchant. If they did, the hundreds of dollars which go out of this community to the big mail order houses would remain here and help build up the town.

Let us consider a few facts. When you are up against it, it is the home merchant who carries your account until you are able to pay; when you need money for the churches, hospitals or charity, it is the home merchant who helps you out. The home merchant pays heavy taxes to support the schools and keep up the streets and roads and other public institutions. He is your friend in time of need and the money you spend with him stays right here in town and helps to make it prosper.

The next time you are tempted by the fine pictures in the mail order catalogues remember that you can buy better right here at home.

You need not ask yourself whether the mail order houses would give you credit when you have sickness in the house or are out of work. You know they would not. You need not ask yourself whether the mail order houses are doing anything for your town. You know that very dollar they take out of town is preventing it from going ahead just that much.

Every time you send money out of town for goods you are directly injuring yourself. Buy from your home merchants—your neighbors and your friends—the men who are helping to make this a live, wide-awake community.

This article has been printed several times, but each time it is printed the truth of it stands out all the more, and what caused us to use it in this issue is because 400 pounds of Sears-Roebuck catalogues arrived in St. Helens Tuesday. It was less than half of the consignment, as four full mail sacks went to Houlton, Yankton and Trenholm. If we send the money out of our own community to the Chicago and New York merchants who do not help us in roads, schools, or in fact anything, how fast will our community grow? If our home merchants will give you an equal show, patronize them.

The Columbia County Fair dates are Wednesday, Thursday and Friday, September 19, 20 and 21.

PROMOTION PLAN OF TELEPHONE CO.

Offer Inducements to Employes to Be More Proficient.

Over three million telephone calls are handled by the Pacific Telephone & Telegraph Company. This service is rendered to the users of 600,000 telephones. Patrons naturally come into closest relations with the telephone operators who respond to their calls. Occasionally, in matters of contract, collections, adjustments, etc., they meet with the business representatives of the company who form what is known as the commercial department of the company.

But the public may not realize the existence of a large force of trained employes whom they never may see but upon whose efficiency depend in a grat measure the promptness and quality of the service rendered. This force is known as the plant department, and with the Pacific company numbers over 4,000 men scattered throughout its territory. These are the men who install and maintain pole lines, switchboards, cables, conduits and the material instrumentalities of service. They may be found upon the cross-arms of the long distance lines, in the manholes beneath the traffic of crowded city streets, behind the switchboards adjusting their delicate mechanism or in the draughting room. They are called upon for the labor of heavy construction and the technical skill required in the installation and adjustment of complicated apparatus.

The executives of the telephone company realize that its plant department must be kept in a high state of efficiency both for routine work and emergencies constantly occurring. With this object in view, the Pacific company has recently inaugurated a routine which it calls a "Plan for Examination for Promotion and Increased Compensation for Plant Department Employes."

This plan provides for detailed but practical examinations to be conducted under the direction of examiners chosen from plant supervisory forces such as district superintendents, wire chiefs and foremen. All employes are eligible who can chow a preliminary service of one year. No deductions are made in the compensation of applicants for time required by examinations, and even the cost of transportation is allowed to and from the places where such examinations are held. The wages and standing of applicants not passing are not affected, and liberal privileges as to further examinations are provided for. In general, examination questions are directed to the effort to ascertain the abilities of the applicant bearing upon his particular knowledge of the work in which he has been employed, his familiarity with other lines of telephone work associated with his own, his knowledge of "safety first" measures and rules, and of public regulations applicable to construction and his responsibilities in his partcular territory.

A utility is as eager to obtain competent men for its responsible positions as are its employes for "the job ahead," and the telephone company is endeavoring in this fair and equitable manner to find those who are deserving of promition and is meeting with gratifying response from its employes.

HOW TO CAN STRING BEANS

String beans for canning should be small, tender, fresh and well sorted. When the beans within the pod have grown to any size, canning is more difficult and the product of poorer quality from a commercial standpoint. String the beans and cut them into 2-inch lengths; cutting diagonally or "on the bias" gives a pretty product. In glass they may be canned whole, packed log-cabin fashion in square jars. Blanch in boiling water for three to eight minutes or until the pod will bend without breaking, and plunge into cold water for an instant. Drain well, pack quickly, and cover with brine made by adding 2½ ounces of salt to a gallon of water. Put the rubber in place and adjust the cap loosely. When the beans are young and tender allow packed quart containers to remain in water bath at boiling temperature two hours continuously, or, if more mature beans are packed, an hour on each of three successive days. Immediately after sterilizing the filled jar tighten the cap securely and allow jars to cool away from any draft. Store in a cool, dry, dark place.

PORTLAND MARKETS

The market for the week beginning August 13 at the Portland Union Stock Yards opened with full pens of stock in all departments, facing an active and ascending market.

Cattle—Best steers $8.25 to $8.75; good steers, $7.25 to $8.25; good cows, $6 to $7; ordinary, $4 to $6; heifers, $6.25 to $7.25; calves, $8.50

Hogs—Prime light, $15.15 to $16.25; prime heavy, $16 to $16.15; bulk, $16; pigs, $14.50 to $15.

St. Helens Lumber Co.

Wood and Lath
Electric Lighting

Lumber Manufacturers

ST. HELENS HOTEL

E. A. ROT GER, Prop.

American and European Plan

Rates— All Busses Call at Hotel

Everything Modern — Steam Heating Plant

Hot and Cold Water in Rooms

GEO H. SHINN, Pres. L. R. RUTHERFORD, Sec.

Columbia County Abstract Company

ST. HELENS, OREGON

The only complete abstract system in Columbia County, Oregon.

BEST WORK LOWEST PRICES

THE DIFFERENCE

between the clerk who spends all of his salary and the clerk who saves part of it, is the difference—in ten years—between the owner of a business and the man out of a job.

In starting a savings account with our bank we help to insure your future.

THE

Columbia County Bank

St. Helens, Oregon

Oldest in the County Interest on Savings Deposits

The Celebrated

BERGMANN SHOE

Awarded

GOLD MEDAL

P. P. I. E. San Francisco, 1915

The Strongest and Nearest Waterproof Shoe Made

FOR LOGGERS, CRUISERS, MILLMEN AND ALL WORKERS

THEO. BERGMANN SHOE MFG. CO.

621 Thurman Street Portland

ASK FOR THE BERGMANN WATERPROOF SHOE OIL

Livery, Feed and Sale Stable

DRAYING AND TRANSFER

All Business Promptly Attended To

PHONE 15

WM. H. DAVIES - - PROP.

ST. HELENS, OREGON