

Somebody Has to Raise Everything You Eat—You Should Do Your Share

# St. Helens Mist

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**NEEDS OF THE NATION  
FARMERS AND SOLDIERS**  
Appeal to Farmers to Produce More Food Supplies.  
The Columbia County Bank is in receipt of a letter from the First National Bank of St. Paul, Minn., which asks the country banks to do all within their power to aid in the cultivation of vacant land, so that there will not be a shortage for either the soldier or the civilian. The letter is as follows:  
"St. Paul, Minn., April 17, 1917.  
Columbia County Bank, St. Helens, Oregon.  
Gentlemen: We feel sure that, if we, as you, will be interested in seeing the northwest do its part in the great struggle in which our country is now involved, and to that end we are writing you on a subject to which you no doubt have already given considerable thought.  
Great as is the need for men to man the country, greater still is the need for food to feed the armies and the people. When one sees Mr. J. Edgar Armour quoted in the daily press as advocating two meatless days a week, which means a consequent curtailment of the business which he is vitally interested, we cannot but feel the seriousness of the situation. Abroad great agricultural districts have been destroyed, and home, with hundreds of thousands of men to be called from their usual avocations, the problem of feeding our own people is most serious. The whole world calls for food. If we are to respond to that call, we will have to overdo our country well.  
The nation needs farmers as much as it needs soldiers. It has appealed to us that, through the efforts of the northwest an appeal might be made to our farmers, urging them to plant and till every available foot of ground.  
We have therefore taken the liberty of writing you, to urge that so far as possible you take up with your farmer clients this most vital problem.  
Yours sincerely,  
"E. H. BAILEY, President."

**ST. HELENS BOYS IN  
NAVY WELL SATISFIED**  
Write of Their Surroundings and Experiences.  
Parents of the St. Helens boys who enlisted in the navy and were sent to San Francisco have heard from the young sailors, all of whom appear to be perfectly content with their surroundings. Geo. Pringle writes that they had a fine trip down and that he is in the same company with Kenneth Howell. Thirty-six of the boys left Portland on the same train, and George was placed in command of the entire party, which is quite a compliment.  
Harry Wilson, who enlisted as a yeoman, writes his parents that he has a fine commander and his companions are most agreeable. He likes the service and states that he is glad that he enlisted. His letter, in part, stated:  
"After mess last night we received a set of rules and some amusement tickets which are given us to get our hair cut, etc. This morning we got up, ate our breakfast and got our clothes and learned how to fold them. My outfit of clothes is a mattress, mattress cover, 2 blankets, 2 suits of blues, 2 suits of whites, 2 white caps, 1 blue hat, 2 pair shoes, 1 pair tennis shoes, 6 pair socks, 2 bars soap, 2 towels, 3 handkerchiefs, 1 neckerchief, tooth brush, tooth paste, shoe blacking, dauber and brush, clothes brush, whisk broom, comb, brush, buttons, needles and other articles. I have so many clothes it's hard to keep track of them. We certainly live high at the table, too. I had for dinner boiled ham, potatoes, coffee, bean soup, fruit, salad and bread and butter—all we could eat of any of it. We have eaten in three different mess halls already. I also had my hair clipped all over this morning. It is required of all recruits, but they can let it grow again if they wish. Well, it is drill time, so I must close. I have not been vaccinated yet."  
Several of the army and navy boys promised to write the Mist and tell of their experiences. These letters will be published and will undoubtedly be interesting to the many friends the boys have in St. Helens.

**WELLINGTON WRITES  
OF THE U. S. NAVY**  
Says Training Received is Valuable—Wants to Be in Active Service.  
The Mist is in receipt of a letter from John Wellington, who is chief boatswain's mate on the U. S. S. Philadelphia at Bremerton, Wash. Before leaving St. Helens, Mr. Wellington promised to write us, and he kept his word. The letter, in part, is as follows:  
"Bremerton, Wash., April 24.  
"The Mist, St. Helens, Ore.  
"Just a few lines to let you know that I had not forgotten my promise to write you. \* \* \* I could write lots of news, but we are requested by the navy department not to send out any news pertaining to the war vessels. There has certainly been a great improvement in the navy since I left it, even the ship which I am now on does not look the same as she did when I was on her years ago. She has been a prison ship but is now a receiving ship and has very good accommodations. I have run across several old shipmates who were in the navy with me as boys, but they are now officers and petty officers. Everyone comments on the fine appearance of the recruits that are coming in and I am sure that Uncle Sam will make a man of every one of them. The training they are getting cannot be estimated in dollars and cents, as it will be invaluable to them in time to come. There is one St. Helens boy here, young Gensman. I have not seen him for several days, so think he must have been sent to another ship. I will perhaps be here some time, but then again I may go tomorrow, but it makes no difference to me as I want to go where they can use me to the best advantage. Please remember me to all of my St. Helens friends and tell them when I come back there will be no censor and I can tell them all about it."

**JURYMEN SELECTED  
FOR TERM OF COURT**  
Sheriff and Clerk Draw Names for Jury Duty.  
Sheriff E. C. Stanwood and County Clerk A. F. Barnett on Wednesday drew from the "jury box" thirty-one names of Columbia county's citizens who will be called on to act as jurors at the May term of court. The names drawn are as follows:  
John A. Watson, Scappoose.  
Walter B. Colvin, Marshland.  
James S. Stockenberg, Mayger.  
Elmer A. Gessell, Vernonia.  
Mike Doran, Clatskanie.  
Joseph R. Headlee, Aplary.  
John Stanley, Warren.  
Frank Bunzli, Deer Island.  
Russell Burke, Clatskanie.  
W. R. Holmes, Mayger.  
C. L. Ayres, St. Helens.  
J. S. Mowery, St. Helens.  
M. D. Link, Gobie.  
Paul C. Boyesen, Rainier.  
Gus Hegie, St. Helens.  
Albert E. Butts, Columbia City.  
G. P. Hiatt, Clatskanie.  
Gustave Lange, Scappoose.  
Harold P. Ross, St. Helens.  
Nimrod Baker, Warren.  
Paul Birkenfeld, Clatskanie.  
P. E. Brockway, Trenholm.  
Geo. Perry, Houlton.  
A. A. Smith, Yankton.  
James A. Barr, Clatskanie.  
William Sauervain, Columbia City.  
David H. Pope, Warren.  
Milton Smith, Warren.  
Otto Brockhaus, Deer Island.  
Daniel Dixon, Clatskanie.  
D. B. Stehman, Rainier.

**COLUMBIA COUNTY  
SCHOOL NOTES**  
Few Children Will Really Plant Any Gardens.  
Marie Walker, of the St. Helens training class, has been elected teacher of District No. 28, Dutch Canyon. Mrs. Sylvia C. Archibald, of Gobie, has been elected to complete the term of Miss Florence Taylor in District No. 36, as Miss Taylor had to resign on account of sickness.  
Eight grade examinations come May 17-18 and June 14-15.  
Membership dues in the N. E. A. should be sent to Mr. D. W. Springer, secretary of the N. E. A., Ann Arbor, Mich.  
Miss Julia Hedlund has accepted a position in the primary department of the Vernonia school, Mrs. J. P. Claybaugh having resigned.  
The Deer Island school is badly affected with a contagion of measles. The Columbia county field meet will be held in Rainier on May 12.  
Garden time is here, but how few children will really plant any garden! The state of Oregon is paying several hundred people to give time and energy toward producing greater food supply, yet the response is very limited. Living expenses are high by reason of shortage of food, gambling, corners, abuses of cold storage and laziness. The last named is the great trouble; it is easier to growl about high prices than to hoe in the garden; it is pleasanter to run an auto than a spade; it is easier to whittle on a dry goods box than to follow the plow. How many people there are in Columbia county who never set a hen, raised a hill of potatoes, raised a pig, or a single article of food, yet who is not a consumer? Let's join the army of the hoe.  
School premium lists are ready for distribution.  
Willard Hurley, teacher of the Keasey school on Upper Rock creek, was a St. Helens visitor Monday and Tuesday of this week.  
There is a demand for good, rural-trained teachers with experience. A good, well-trained rural teacher can command a good salary and readily secure employment. This means up-to-date teachers in rural methods.

**GIRLS HONOR GUARD  
WILL GROW POTATOES**  
Will Aid in National Campaign for More Food Supplies.  
The public meeting of the Honor Guard which was held at the city hall Tuesday night, while not attended by as many as the girls had hoped would be out, was nevertheless an enthusiastic meeting. Councilman Ballagh acted as chairman of the meeting and County Agent Howard gave a very instructive talk as to the necessity of producing more food-stuffs and advised as to the best methods of potato growing. J. W. Allen, Louis Rosasco and Dr. Edwin Ross made short talks and pledged their aid to the Honor Guard.  
The many branches of the Honor Guard throughout the state are taking up potato growing as their "bit" in aiding the nation to guard against the threatened food shortage. The local guard has been informed that they are expected to do their share in this project and have expressed their willingness to take up the work. The first necessary step, however, is to secure the proper land on which crops can be grown. Then they must have teams to do the plowing and seed to plant. If the guard is to make a success of the work they have undertaken, the people of St. Helens and surrounding country must aid the girls. Anyone who has vacant land suitable for potato growing and is willing to loan this land for a year, will materially aid the work by informing the president, Miss Madeline Allen, at the office of the county school superintendent.  
Seed potatoes will be needed, and contributions in either large or small quantities will be gratefully accepted. Such contributions may be left at the livery barn of W. H. Davies or if the donor will communicate with Miss Allen she will give instructions as to where the potatoes may be left.  
The guard will give an old-fashioned basket social at the city hall Thursday evening, May 10. The public is cordially invited to attend. Coffee and sandwiches will be served and a real good time had. Everyone who attends the social will be aiding the girls. They are certainly doing their share, so all should get in and boost for the social. Every little bit of assistance is just that much towards accomplishing the work outlined and by attending the social you'll be rendering some assistance. Be there.

**LIQUOR IS FOUND  
ON CITY DOCK**  
Sheriff Stanwood Finds a Booze Cache.  
Sunday morning, while looking for some wire cable to use in fishing operations, John Dethman discovered a quantity of whisky hidden between the two warehouses on the public dock. The liquor was wrapped in several different packages and had evidently been placed there during the night. Mr. Dethman informed the sheriff of his find and Mr. Stanwood brought the gunny sack of booze to the courthouse. There were thirteen full quarts in the sack. In the presence of witnesses, the "fire water" was emptied into the Columbia river, so if any salmon are seen doing things out of the ordinary, fishermen will know the reason why.

**NO BIDS ARE LET  
FOR HARD SURFACING**  
County Court Takes Matter Under Advisement for a Week.  
Saturday, the 21st inst., was the date set by the county court for the opening of bids for the hard surfacing of approximately a mile of the county road between St. Helens and the depot. Several bids were made but the court did not accept any of them for the reason that they first wished to ascertain what action the property owners along the road would take as to hard surfacing the remainder of the road.  
E. J. Mills bid \$1.36 per yard for concrete; Montague & O'Reilly's bid was \$1.34 for Topeka mixed; Warren Construction Company bid \$1.48 for bitulithic, and Lees Dock Company bid \$1.60 for concrete.  
It is understood that the Warren Construction Company some time ago made a proposal to the court that they would establish a plant, furnish the bitumen, dump wagon, superintendence, and other necessary services for the price of 58 cents per yard, the county to do the necessary grading, furnish the rock and labor. County officials estimated this would cost 52 cents per yard, making a total of \$1.10 per yard for the pavement. This proposition seems to meet with the approval of the majority of the taxpayers and a petition is being circulated for presentation to the court asking that the proposition of the Warren people be accepted. The petition is being signed by many of the heavy taxpayers. The court has given no indication as to what they intend doing, but the matter will be decided at their meeting tomorrow.

**HELP FEED YOURSELF  
GOVERNMENT ADVISES**  
Make Your Gardens and Back Yards Productive.  
The department of agriculture has issued an appeal to citizens of the United States to aid the government by raising foodstuffs. The circular emphasizes the fact that every square yard of fertile soil you have is made to produce food, and asks that all surplus supplies of fruits and vegetables be canned for future need. The United States department of agriculture will give explicit directions for raising vegetables and also simple methods for canning vegetables and fruits at home with the use of ordinary home utensils. County Agent Howard has furnished the Mist with the following valuable suggestions which will be of great benefit to those who contemplate planting gardens:  
"It is possible for almost every city home to have a garden. While the attention of our farmers is turned toward the production of the more extensive staple crops, let us each do all that we can toward making our family and our community independent and well supplied. Weather conditions have made very probable a great crop shortage. Even with a normal yield, food products will fall far short of the need of our country. What, then, if the food crop is far short? We can help to keep others from hunger by helping to feed ourselves.  
"First, and before you plant a garden, know when and where and how to plant. Second, plant such crops as can be canned or stored for winter. Include potatoes, carrots and parsnips for root crops. Plant corn, tomatoes, beans and peas for canning. Shell beans and soup peas can be harvested and winter cabbage and broccoli will be available next winter and spring.  
"Third, plant summer vegetables in succession or intervals, so that the season will be covered.  
"Fourth, when irrigation is used, wet the ground thoroughly and then use no more water until it is needed. As soon as the soil is dry enough, following irrigation, cultivate to prevent baking and to hold the moisture and kill the weeds.  
"Fifth, get home grown seeds as far as possible.  
"Sixth, Where soil is light, do not spade under old grass and straw for late gardens.  
"Seventh, Only fine or well rotted manure should be used at this late season. Water drawn from a barrel of stable manure will force the vegetables to applied well diluted.  
"Eighth, Vine plants should be trained up to save ground space. Plant squash on the edge and train vines off the garden or on the fence.  
"Ninth, Plant plenty of seed and thin out later.  
"Tenth, To keep root magots out of cabbage and radishes, stretch a width of cheese cloth 18 inches above rows."

**LIST OF TRANSFERS**  
Reported by Columbia County Abstract Company.  
April 13.—M. E. Shyroek et ux. to Agnes Jenkins; land in Sec. 1, Tp. 4 N., R. 2 W., \$10.  
Scappoose Acres Co. to L. C. Hudson; tract No. 38, Scappoose Acres Tracts.  
April 20.—Col. Co. Investment Co. to Theo. Whaley et ux.; lot 4, Beaver Homes, \$604.80.  
John A. Watson et ux. to Dana Sleeth; land in Sec. 23, T. 3 N., R. 2 W., \$4,125.  
April 21.—Joseph H. Baird et ux. to W. T. Simmons et ux.; lot 5, blk. 6, Clatskanie, \$10.  
Union Fisherman's Co-operative Packing Co. to Col. Agric. Co., land in Sec. 31, T. 8 N., R. 4 W., \$1.  
April 23.—Almeda Consolidated Mines Co. to Merchants National Bank; land in Sec. 10, T. 5 N., R. 5 W., \$3229.37.  
Scandinavian-American Realty Co. to Gust Swanson; land in Sec. 24, T. 5 N., R. 2 W., \$10.  
April 24.—Charles Fiedler to Emily Adelaide Wonderly; land in Sec. 36, T. 4 N., R. 4 W., \$1.  
Frank McFarland et ux. to Andrew T. Nilson; tract No. 5 in blk. 2, Sunrise Ridge Orchard Tracts, \$10.  
April 25.—S. P. Coffey et al. by sheriff to Frances Wiseman; land in Sec. 15, T. 4 N., R. 5 W., \$478.60.

**CHURCH NOTICES**  
Congregational Church  
10 a. m., Church school.  
11 o'clock, Morning worship. Sermon to children.  
deavor.  
3 p. m., Junior Christian Endeavor.  
7 p. m., Christian Endeavor.  
8 o'clock, Evening service. Theme, "In the Beginning God."  
Methodist Episcopal Church  
"The Friendly Church" Albert S. Hise, pastor.  
Sunday school, 10 a. m. Lesson, John 12:12-19.  
Morning worship, 11 o'clock. Sermon topic, "Our Benevolences."  
Epworth League, 7 p. m.  
Evening services, 8 o'clock. Subject, "The Fool Who Couldn't Be Fold."  
Strangers and visitors are especially invited to attend the services of the church.  
Our new hymnals have arrived and will be ready for use Sunday morning.  
Rev. C. J. Larsen, district superintendent of the Norwegian-Danish Methodist church will conduct services for Scandinavian speaking people at the Methodist church next Sunday at 2 p. m. All who may be interested are cordially invited to be present.

**SHIPPING**  
The steamer Multnomah, after taking on 350,000 feet of lumber and piling, left out Wednesday afternoon bound for San Pedro. The balance of her cargo was loaded at Kalama.  
By working until early Sunday morning, the steamer Klamath finished the storing of her million-foot cargo and left down river, sailing from Astoria Sunday at 10 o'clock in the morning.  
The motor vessel City of Portland went up to Linnton Wednesday afternoon to have her oil tanks filled with the necessary supply of oil to take her across the Pacific. The vessel returned Thursday morning and resumed loading cargo. It is expected that the last stick of the 2,000,000 feet of her lumber cargo will be aboard by Wednesday night and the vessel will start on the long voyage to Australia.

**WOMAN'S CLUB**  
The regular meeting of the St. Helens Woman's Club was held in the library room Wednesday afternoon. Mrs. Baker presided and Mrs. Dodd acted as secretary in the absence of Mrs. Brown. The regular secretary. Twelve members answered to roll call.  
Mrs. Dodd read an article on the life of Thomas Carlyle.  
This completed the study of Scotland, and the study of Ireland was begun by an interesting paper on Dublin. This paper held the keenest interest of all the members throughout.  
Mrs. Southard read an article on Belfast.  
Mrs. McCoy read an instructive paper on Ireland entitled "Down the Coast."  
After the general routine of business, one of the most interesting meetings of the club adjourned to meet in regular session May 9.  
Preparations are in progress for an entertainment to be given for the benefit of the library some time in May, probably the third week. It will be a play and will be the event of the season. Answers to roll call will be quotations from Irish authors.

**ENTERTAINMENT**  
The young men's class of the Congregational Sunday school is hard at work on a program to be given at the city hall on the evening of May 4. The proceeds are to go toward the payment for the building and fitting up of their club room, just completed. The room is in the basement of the parsonage. The program to be given will consist of a vocal solo and readings by Jimmy Palmer, of Portland; a vocal duet, by Mrs. Lidy and Mr. McCoy; a reading from Kipling by Mr. McCoy; songs by the class, male quartette; a vocal solo by Albert Faxon; a reading by Lester Lake; and a short play from Dickens, entitled "Squeer's School."

**CIRCUIT COURT  
CONVENES MAY 14**  
The circuit court for this judicial district will convene May 14. Several cases which have been bound over by the grand jury will be brought to trial, and as the grand jury will be in session at that time it is probable more cases will come up for hearing. On account of the law which prohibits granting citizenship papers within thirty days preceding any election, naturalization day has been postponed until June 5, the road bond election being on June 4.

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