

CHILD HEALTH, GUIDANCE AMONG SERVICES OFFERED BY COUNTY HEALTH DEPARTMENT

Following is the second portion of a two part article dealing with the Klamath County Health Department and its services.

Maternal and child health is another function of your health department. Well Child Clinics are held at the health department on the 1st, 3rd and 4th Monday of each month, from 1:00 to 3:00 p. m. These are for all children of the community from early in-

feeding, behavior or in the general care of the child.

School health services utilize a considerable portion of the public health nurses' time. In the schools themselves the nurse sees the children with vision, hearing or general health or behavior problems. She may inspect those suspected of having a contagious disease or skin condition. Visits are made to the parents of the children who have a health prob-

Health Officer, talks to the group, explains the defects commonly found, examines the child's ears, nose and throat and, when necessary, refers the child to his family physician or specialist for further examination and treatment.

It is generally recommended that children about to start school have a physical examination to see that there is no physical condition that will hamper his ability to learn or to adjust to the school situation. Pre-school examinations are given at a specified time in schools located outside of Klamath Falls and the immediate area.

Through the Crippled Children's Division of the Oregon Medical School, clinics are held at the Klamath County Health Department twice each year. Any child with a defect that comes under the classification of "crippled" is eligible for the diagnostic services of these clinics. Continued care is available to those who are financially unable to have such care on a private basis.

Child Guidance Services—child guidance clinics are held twice a month. These clinics are essentially diagnostic. Children with difficult behavior problems are seen and examined by a visiting psychiatrist. Psychological testing may be done by a visiting psychologist.

A full-time psychiatric social worker is employed to assist with these children and also to help parents in solving the difficult problems they face in the care of such children.

Parents, teachers, physicians, nurses and others who work with children may refer children to these clinics, but no children are seen without parent participation in the program.

Laboratory Services—Klamath County Health Department does not have the services of a laboratory technician. Water, sputum and blood samples are sent to the state laboratory in Portland. With good mail service, results of such tests are quickly obtained. Containers for any of these examinations are obtained through the health department where instructions are given for obtaining such specimens. The laboratory service of the state is also available for the examination of any food which has caused intestinal poisoning of any kind.

Health Education—much of your health department's work is education in healthful living practices and every member of the staff serves in the capacity of a health educator.

Seedling Prices Given By Forestry Board

Persons owning land in Klamath county in need of reforestation have an excellent opportunity to plant their lands this fall and winter by ordering seedlings from the Oregon State forestry department nurseries.

Of particular interest to landowners of areas not reforesting naturally, areas on hot and dry southerly slopes, and areas burned during the current fire season, are the special prices being offered this year on ponderosa pine seedlings. This species is often the best one to plant on land receiving much sunlight and lacking moisture.

For two-year-old ponderosa pine seedlings, prices are \$10.00 per thousand for orders under 10,000 trees and \$7.00 per thousand for orders 10,000 and over. Three-year-old ponderosa pine is selling for \$12.00 per thousand for orders under 10,000 and \$9.00 per thousand for orders 10,000 and over. There are no maximum limits on the ponderosa pine. Minimum limits are 50 trees per species or a 1.00 order.

Other conifer species are selling at \$12.00 per thousand with varying maximum limits set for each species. Hardwoods are selling for \$10.00 per thousand with set limits.

Tree order blanks may be obtained from the extension service office in the courthouse in Klamath Falls or from Henry Davies, Klamath Agency.

Information on planting and possible cost-share opportunities may be received by contacting Jim Fisher, farm forester, Oregon State forestry department, P. O. Box 71, Medford, Oregon, or by calling NOrmandy 4-1213.

To assist us in our health education program, we have many leaflets and pamphlets for distribution and also have access to many health films which may be shown to groups of people upon request.

Modern practices have shown how to prevent a large proportion of sickness and premature deaths. It is our responsibility to make this knowledge available to the people in the community so they can understand and make it part of their daily lives.

Your health department works with children, with families, schools, physicians, dentists, other community agencies and groups in developing programs to improve the health and welfare of all the people of Klamath County.



Coordination with the public schools is important in carrying out the public health program. In top picture, Helen Murray, public health nurse for the Sprague River, Beatty, B'y areas, goes through a pre-school physical examination with Mrs. Donald Schonchin and daughter, Lauren, at the Schonchin home in Sprague River. Below, staff members of the Klamath County Health Dept. conduct an inoculation program at the Chiloquin Elementary School. Pictured are, left to right, Miss Hilda Boyle, supervising nurse, Dr. Seth Kerron, Health Officer, Debbie Sortwell (receiving inoculation), Miss Beverly Eels, public health nurse for the Chiloquin area, Mrs. Donna Ash, who volunteered her assistance for the occasion, and Michele Summers, next in line.

fancy to the time they go to school. The children are weighed and measured and are given physical examinations. If any defect is found, it is recommended that they be taken to their family doctor for treatment. Immunizations are also given at these clinics. Mothers of these children are counseled in regard to any problems they may have with the

lem to explain what she has noted and to encourage medical care.

Every year the children's eyes are checked and parents are notified when there is need for further examination and treatment. Every three years the children have hearing tests. The public health nurse arranges a meeting with the parents of each child that shows a hearing loss. At this time Dr. Kerron, the