Comics

Hey Lance, ever notice has society is so A,D.D.? What do you mean D3? Never mind.



Pooh: Tao philosophies in the book help simplify life

Continued from page 7

Through this book, originally published in 1982, the reader begins to understand many things, including life and how to un-complicate it, why Pooh was the true hero of the stories and perhaps most importantly, you begin to understand yourself. At least, that's what happened to me when I first read it seven years ago. I have since read it every time I feel lost, sad, angry or helpless (simply put, I've read it too many times to remember). This is the book that first introduced me to Taoism and has gotten me through a lot of stressful times.

The simplicity of this book was first what drew me in. The text is large, which makes reading it a breeze (you could easily read this book in a day if you had the time). The way Hoff explains things is also incredibly simple for anyone to understand, and finding the Tao through the lovable Winnie-the-Pooh makes it all the more enjoyable.

Another great aspect of this book is that Hoff discusses the characteristics of the other animals found in the Hundred Acre Wood and explains why they were never the hero of the classic tales. Hoff details why the reader

should strive to not be a Hesitant Piglet (so timid he can't see his own strengths) or the "Bisy Backson" Rabbit ("Let's put it this way: If you want to be healthy, relaxed, and contented, just watch what a Bisy Backson does and then do the opposite. There's one now, pacing back and forth, jingling the loose coins in his pocket, nervously glancing at his watch. He makes you feel tired just looking at him"). There's also the Grumpy Eeyore ("As anyone who doesn't have it can see, the Eeyore Attitude gets in the way of things like wisdom and happiness, and pretty much prevents any sort of real Accomplishment in life") and the Scholarly Owl (those who use their knowledge to make others feel worthless or stupid, rather than "working for the enlightenment of others") as well as the Bouncy Tigger (those who think they can do everything and, of course, they can do it better than you) that no one really wants to be like.

Hoff asks "Do you want to be really happy? You can begin by being appreciative of who you are and what you've got." Reading this amazing book is also a good step in that direction. You won't regret it.

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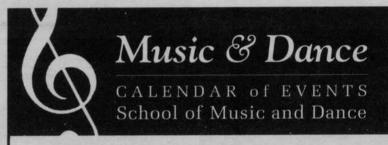
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Sat., Oct. 22 • All Day, Autzen Stadium FESTIVAL OF BANDS

High School Marching Band Competition
An all-day affair featuring 30 of the top marching bands in the Northwest. Call 346-5670 for schedule and ticket information.

Monday, Oct. 24 • 8 p.m., Beall Hall JAZZ ARRANGERS CONCERT Chuck Owen, guest composer UO Jazz Ensemble & Guest Artist; \$5, \$3



Tuesday, Oct. 25 • 8 p.m., Beall Hall LAURA ZAERR, Harp NANCY ANDREW, Flute

Faculty Artist Series; \$9, \$5
"Music from the Other World" — music that bridges the gap between this world and the next.



Thursday, Oct. 27 • 8 p.m., Beall Hall FRITZ GEARHART, Violin DAVID RILEY, Piano

Faculty Artist Series; \$9, \$5
"The Composing Violinist," featuring music by Paganini, Kreisler, Sarasate, and others.



Sunday, Oct. 30 • 3 p.m., Beall Hall Violinist ANDREW MANZE and the ENGLISH CONCERT

Chamber Music Series; \$29, \$23, \$18, \$12 Baroque selections by Pachelbel, Biber, Bach, Purcell, and others. Advance tickets from the Hult Center (682-5000) or EMU (346-4363).



UNIVERSITY

Monday, Oct. 31 • 8 p.m., Beall Hall UNIVERSITY SYMPHONY

UO Ensemble; \$5, \$3
A Halloween-flavored program; music by Mahler, Strauss, and Dukas.

For our complete calendar, check: music.uoregon.edu