

Wine Quick TIPS:

"White wine with fish and red wine with meat" is more customary than culinary.

Red wines are served at room temperature, while white wines, rosés and champagnes are served chilled.

The stronger the food, the stronger the wine. The lighter the food, the lighter the wine.

Wine loves air. Opening the bottle about an hour before consumption allows the wine to "breathe." This ages it a year or so, and allows its flavors to mellow.

Red wine bottles do not need to be cleaned or dusted before opening. They are opened on a hard surface. White wine, rosé and Champagne bottles are opened in ice buckets.

Source | Wine College of America

Fine food and drink: That's what's for dinner

Eateries on Olive Street in downtown Eugene offer unique and exciting variants to hum-drum supper

BY CARRIE PEDERSON
FREELANCE REPORTER

Wining and dining out may be one of man's oldest pastimes, yet businesses in downtown Eugene find cause to approach collective consuming in the spirit of adventure. Those who are over 21 and have embarked on the worlds of beer and wine know that not all drinking affairs are created equal. Before settling for a ho-hum experience, try these unique tasting opportunities all located in the hub of Olive Street.

Nine months ago, the Eugene City Brewery on 844 Olive St. became the newest home to Rogue Ales Eugene City Brewery.

"We have a huge distribution in Eugene and this is the sampling ground," manager Conrad Deskus said.

The Eugene City Brewery offers 34

flavors of beer, including five brewed on site: Honey Orange Wheat, Track Town, Alt Beer, Imperial Red and Pale Ale.

"We use only the best ingredients and a ton of malts and grains," Deskus said. "In some states we had trouble getting approved because the beer came back as a food group."

Rogue not only serves the public beer-drinking interest, but supports several community service causes as well.

"We're in the process of planning 'Locks for Love,' where the kitchen chef will shave his head in order to give his hair to cancer patients," Deskus said. "We are also working with the Hash House Harriers, a drinking group with a running problem, to put together an event to raise money for the Special Olympics."

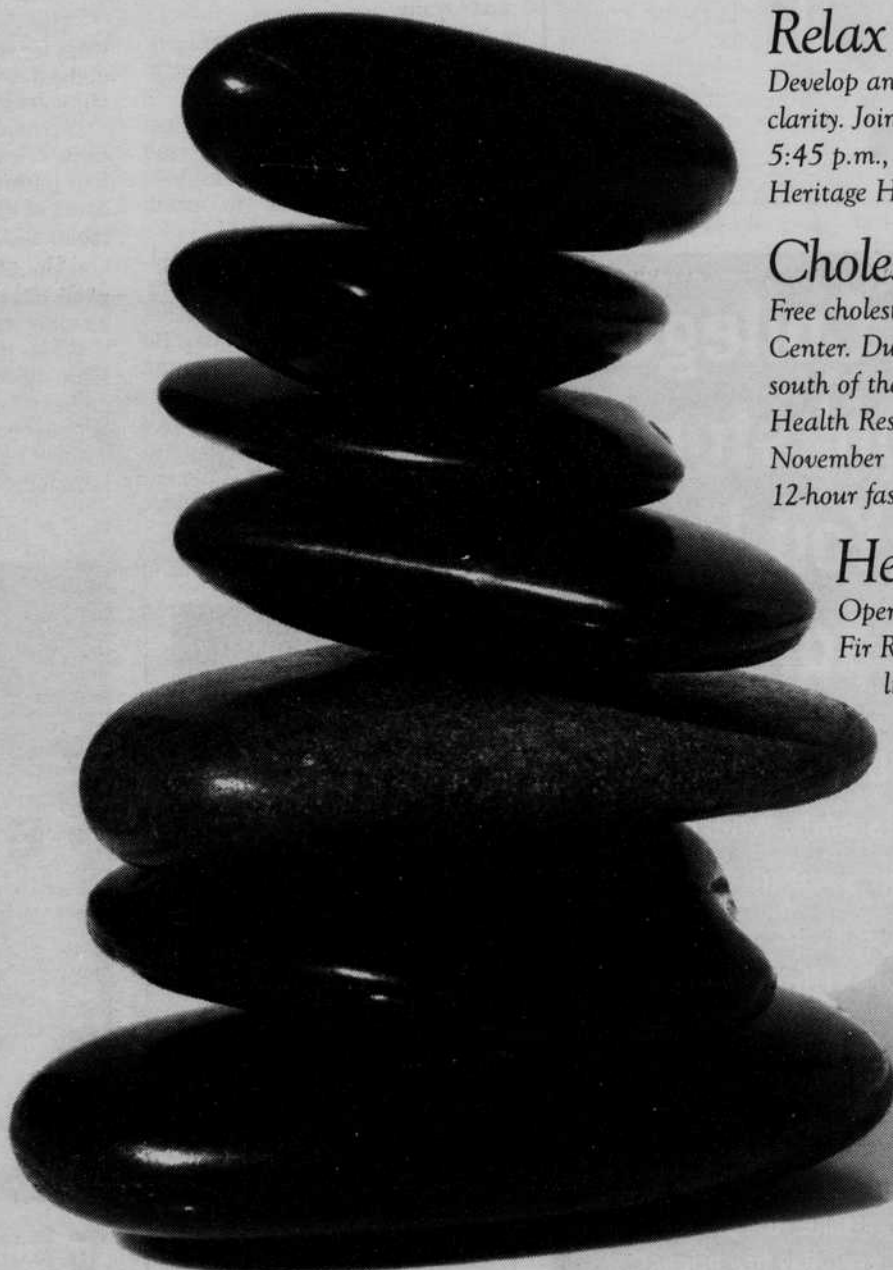
Rogue strives to be a company that is community minded and unique. "We have our own standards in pricing, bottling and printing," Deskus said. "We're only in competition with ourselves."

Rogue beers range in price from \$4.50 to \$5 a pint or \$3.75 to \$4.50 a glass. Pizza, burgers, sandwiches, salads and appetizers are also offered at a range between \$4 and \$12. The Eugene City Brewery is open 11 a.m. until midnight Sunday through Thursday, and 11 a.m. until 1 or 2 a.m. on Friday and Saturday. Trivia buffs shouldn't miss Mr. Bill's Traveling Trivia contest every Friday at 8 p.m.

The Oregon Wine Warehouse on 943 Olive St. offers a multitude of local and foreign wines all selected by the meticulous palate of owner Bob Wolfe. While wine tasting may not be a traditional drinking venue for college students, Wolfe aims to create an environment that accommodates all.

OLIVE STREET, page 8B

University Health Center



Relax & Renew Meditation Series

Develop and strengthen your meditation practice for relaxation and mental clarity. Join Jude Kehoe for this free six-week series. Wednesdays 4:45 - 5:45 p.m., October 12 - November 16 in the Bowerman Building, Heritage Hall. Call 346-4456 for more information or to register.

Cholesterol Screening

Free cholesterol screening is offered Tuesdays 9:30 - 11:30 a.m. at the Health Center. During construction, come to the Health Ed "trailer" in Satellite #3, south of the Health Center. Free cholesterol screening is also offered in the Health Resource Center in the EMU on Thursdays (October 6 & 20, November 10 & 17) 11 a.m. - noon. Results are more reliable following a 12-hour fast.

Health Resource Center

Open Monday - Friday, 10 a.m. - 2 p.m. in the EMU across from the Fir Room. Staffed by Peer Health Educators, check out the lending library, online health assessments, health literature and information. Call 346-4456 for more information.

Best Dressed Breast - A Breast Cancer Awareness Fashion Show

Monday October 24th at 7 p.m. in the EMU Ballroom. In honor of Breast Cancer Awareness month, come hear and see how to reduce risk factors for breast cancer. Free and open to the public.

<http://healthcenter.uoregon.edu>
appointments: 346-2770



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