

# COMING into her own



DANIELLE HICKEY | PHOTO EDITOR

Freshman forward Kristen Forristall hasn't let comparisons to senior Cathrine Kraayeveld affect her game this season.

*Oregon City native Kristen Forristall doesn't shy away from comparisons, but strives to make her own mark*

BY BRIAN SMITH  
SPORTS REPORTER

Comparisons, in sports, can be a double-edged sword.

They can be harmless. Saying two players have a similar looking shot is one such example. But comparisons can also be unfairly saddled with expectations, forcing a player to become something they are not.

So when a freshman on a Division I college basketball team is compared to a senior ending her illustrious career, it can add a lot of pressure.

Freshman Kristen Forristall has heard talk of her possibly becoming the type of player senior Cathrine Kraayeveld has been.

But that's fine with her.

Because she isn't focused on becoming the player Kraayeveld is.

She's focused on the player Kristen Forristall can become.

"I think I see similarities," Forristall said. "We're both aggressive, tall players that play inside and outside, but you never want to see yourself as a younger someone else. I want to be a better passer than Corrie (Mizusawa), I want to be a

better rebounder than (Andrea Bills), I want to be a better scorer than Cat. It's always wanting to be the best that you can be."

### In the beginning

The hype didn't begin right away. Before, it was Forristall experiencing life as a freshman at the University.

"In the beginning, it was really tough," Forristall said. "I came in, and it was like, bam, you're thrown right into the fire. Conditioning was hard; running was hard, and I felt inferior playing with the girls. It was a big step. Then everything progressed. (I) just kept hitting the grind everyday, and it finally paid off."

Her decision to come to Oregon was a tough one. Ever since she was a kid, Forristall had a desire to attend college somewhere east of the Mississippi River.

"The summer before my senior year was huge ... I was looking at Vanderbilt really seriously, Boston College really seriously, Indiana and Oregon," Forristall said. "It came down to Vanderbilt and Oregon and I just felt that I had a better fit at

Oregon — the players, the program, the coaches. I felt like the coaches had nothing to hide. They weren't playing with me all the time; they weren't trying to build my ego, and they weren't telling me stories of how I would play all the time."

Forristall indeed saw limited minutes for the first few games of the season. Then again, the lineup included three seniors, a junior and a sophomore.

"(Coming in) there were seniors that knew they were seniors," Forristall said. "And there were underclassmen that were fighting for spots, and I was just another player, and I knew I was going to have to work my butt off if I wanted any time."

For the first eight games of the regular season, Forristall averaged 12 minutes of playing time and just over two shots per contest. In addition, there were the inevitable freshman mistakes, the most infamous coming against George Washington in the Papé Jam at the Rose Garden in December.

Forristall was lined up on the block awaiting a George Washington free throw attempt. On the miss, she snagged the rebound and while everyone else was running down to

FORRISTALL, page 11B



### TRAVELING SOUTH ON I-5 DURING SPRING BREAK?

There are several I-5 road projects from Sutherlin south which are creating lane closures and one way traffic in each direction. Please provide additional travel time for unexpected delays.

If you have the opportunity to move your travel to off peak times (i.e. midday during the week or weekend mornings) please do so as traffic backups and slow downs are anticipated in the construction areas during the holiday period.

For up to the minute road conditions dial 511, or go to [tripcheck.com](http://tripcheck.com).

**511** Road conditions by phone, dial 511  
Outside Oregon, (503) 588-2941

### Student Checklist

- Study for test
- Do laundry
- Meet for PIZZA AND A BREW!

Introducing...

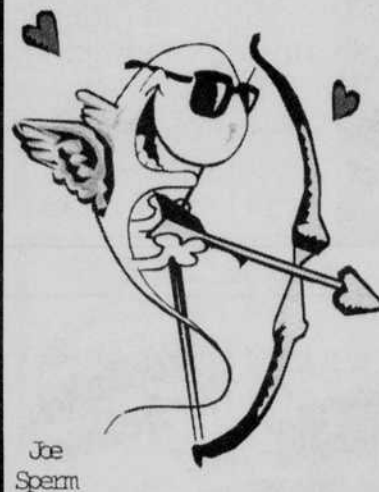
#### Ambrosia's Wednesday Night Student Special

An authentic wood-fired pizza with choice of one topping, and your choice of beer or soft drink - \$9.95!



541.342.4141 • 174 E Broadway • [www.ambrosiarestaurant.com](http://www.ambrosiarestaurant.com)

Does not apply to "to-go" orders, student ID required, other restrictions apply.



Just in case cupid points an arrow in your direction this Valentine's day.

**FREE**  
Birth Control  
Supplies &  
Services

Danebo  
463-9731

Eugene  
344-9411

Springfield  
744-7121


 **Planned Parenthood**  
Health Services of Southwestern Oregon




## The Competition's Close! Keep UO #1!

Why Recycle? Recycling 1 ton of paper saves:


 17 trees

 462 gallons of oil

 4077 KWhr of energy

 6953 gallons of water

 586.5 lbs of air pollution

 3.06 cubic yds of landfill space

During 2003-04, the UO saved 15,402 trees by recycling paper.

PITCH IN!