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DAVID FRIESEN QUINTET
FRIDAY APRIL 16
WORLD CLASS JAZZ 8:30 PM

MIKE PARDEW SENIOR RECITAL
BY THE UO SCHOOL OF JAZZ
SATURDAY APRIL 17
GUITAR JAZZ 8:30 PM FREE

ELEVEN EYES
SATURDAY APRIL 17
JAZZ FUSION DANCE GROOVES 10 PM

LAURA KEMP and ERIK MUIDERMAN
THURSDAY APRIL 22
SINGER SONGWRITERS 8:30 PM

RITMO DE LA NOCHE
FRIDAY APRIL 23
LATIN JAZZ 9 PM

CAFE RAMBLERS
SATURDAY APRIL 24
GYPSY ACOUSTIC JAZZ 9 PM



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lfinch@gladstone.uoregon.edu

Go to the Greek Life Office, Suite 5, EMU



Canada offers accessible locale with European feel

Ready to start planning for a college getaway and bask in the freedom of youth travel? Maybe make up for a less-than-wild spring break?

With Memorial Day weekend and summer creeping closer, now is the time to find some travel buddies and organize your next trip. My personal recommendation is to look just past the border of our northern neighbor to the twin gems of Vancouver and Victoria, British Columbia.

Living in the Northwest gives us easy access by car, which is quite an advantage. Cross the border into Canada and you feel pleasantly transported — you'll be among different money, different road signs and European architecture.

The country's first great spectacle is Vancouver, which appeals to three types of travelers: big city trekkers, mountain explorers and beach bums. The second must-see is Victoria, a harbor-bordered taste of royalty.

Going to British Columbia calls for a road trip. Via Interstate 5 going north, Vancouver is exactly seven hours away from Eugene, but give yourself between eight and nine hours to avoid burnout. When booking accommodations, save the hotels for families and married couples. Vancouver has a number of hostels, and the most ideally located one is Hostelling International's pad in central Vancouver, which sits on the hip-and-happening Granville Street. Beds run for between \$20 and \$30 per night, so your pockets won't be empty as you explore the cosmopolitan environs.

Look down one end between

Vancouver's skyscrapers and you'll see fir-covered mountains; look down the other end to find sandy beaches. Take the mountain route to engage in Vancouver's first essential activity: crossing the Capilano Suspension Bridge. The 450-foot long bridge rests 230 feet in the air, and a walk across is an exceptional thrill. In the same rugged vicinity, don't miss the Skyride up Grouse Mountain, a one-mile journey in a wire-suspended car to Vancouver's peak. On top you will find bear habitats, deer at arm's length and a breathtaking view of the city. Both attractions are a short drive from downtown.



Natasha Chilingirian

Nat goes to town

Back in the city, be sure to dine at one of Vancouver's many great restaurants with a people-watching balcony. One great choice is Milestone's Grill and Bar, a stylish, internationally inspired eatery on Fourth Avenue West. Not only does the restaurant look down on the English Bay's carefree beaches, but it offers excellent chocolate martinis. And, to all the freshmen and sophomores, remember that Canada's drinking age is a reasonable 19 years old, so enjoy your green light

to have specialty cocktails and cap off the nights with club and bar-hopping.

Complete your trip with a ferry ride to Victoria. Ferries depart from the town of Tsawwassen, which is a 35-minute drive south of Vancouver. Victoria exudes quiet sophistication and is marked by its two water-side symbols: the giant, ivy-covered Fairmount Empress Hotel and elegant Parliament Buildings.

For intellectual minds, tour the Royal British Columbia Museum, which boasts a large collection of dinosaur bones, natural history exhibits and Native American paraphernalia. The Craigdarroch Castle is also worth checking out — it's a trip back in time to the lifestyles of the very rich in the late 1800s. Both are within walking distance of Victoria's central vicinity.

After a day of sightseeing, take a second ferry out of Victoria's harbor to Port Angeles, Wash., and begin your trip home.

Consider having your next travel escapade in Vancouver and Victoria. They attract adventure-lovers, serenity-seekers and city sophisticates alike, but best of all, they are easily accessible foreign destinations.

For more information on either of these cities, visit their official tourism Web sites at <http://www.tourismvancouver.com> and <http://www.tourismvictoria.com>.

Contact the Pulse reporter at natashachilingirian@dailyemerald.com. Her opinions do not necessarily represent those of the Emerald.

Rejection of social control begins with our own bodies

I spent my Easter Sunday afternoon walking a purple African daisy plant from my house in the Whiteaker neighborhood over to my friend's place near campus. As I walked the river bike path, past all the family holiday picnics, all the children playing on the playground and the bicyclists zooming by, I felt quite the odd bird — alone, dressed in all black and holding this purple plant. I'm not used to being a pedestrian

around these parts.

See, I didn't want to risk ruining such beautiful flowers. This is why I decided to walk them all the way to their destination. So I ended up spending a large portion of my day on foot. I now know that the trip takes 50 minutes both ways if you take the scenic route. But this was an afterthought. After a while, I stopped thinking about my individual steps, where I was going or where I was coming from. I was just walking, flowing, finding a kind of meditation in the everyday.



Aaron Shakra

Out of range

But as I passed Mac Court, something finally did stop me. It was the blue box of the Register-Guard, the newspaper inside reading: "Submit or die, Marines tell holdouts."

I take a deep breath.

"Submit or die." This is rape culture. This is death culture, repackaged and represented in an easy-to-digest form, available for withdrawal from

a blue box. Or whatever color box — They're all the same shades of gray.

And that beautiful spring day had worked so well to abstract me from that reality. To distract me. I can just walk on, you see. I can hold my little flower, listen to the birds, imagine myself a poet and pretend the rest doesn't affect me.

There's this scene in the animated film "Waking Life" where a man drives a car around the city shouting out his diatribe over the loudspeaker system. "We have got to realize we are being conditioned on a mass scale," he says. It's one of my favorite scenes. (Another friend of mine always likes to point out that there's no one around in that city to hear what the man has to say.)

It's hard to point to the mechanisms of socialization because they are often invisible. Unfortunately, this invisibility creates wicked dualisms, starting with our relationship with our bodies. Gender is a good starting point. Sociologist Margaret L. Anderson writes, "Gender is created, not just within families or interpersonal relationships, but also within the structure of all major social institutions, including schools, religion, economy and the state."

In other words, gender — whether

Turn to **SHAKRA**, page 11

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