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### Workshop aims to help people find passion in their daily lives

"Passionate Journeys," a University workshop, will focus on identifying and supporting daily passions

> By Chelsea Duncan **News Reporter**

University students and community members will have the opportunity to identify, reclaim and renew their passions this weekend at a workshop sponsored by the ASUO Women's Center, the ASUO Men's Center and the Relational Leadership Program.

The workshop, entitled "Passionate Journeys," runs Oct. 10 through Oct. 12 and aims to help people identify their passions and discover how their educational and work environments support those passions.

"Life is too short not to be passionate," workshop facilitator Robyn Reed Gaddy said.

People can register for the workshop at the Women's Center; the registration deadline is Oct. 8 and the cost is \$10 for University students and \$75 for community members.

Women's Center Director Lisa Foisy said passions can include anything from public speaking and visual arts to special abilities that can be used to help other people.

"You can take life experiences that may have been challenging and turn them into your gift of what you're able to give back," she said.

Participants in the workshop will use the tools of drawing, physical movement and journal writing to explore how they can better incorporate their passions, whatever they may be, more completely into their lives. Participants will also meet new people and learn to develop a sense of community, Foisy said.

Foisy said the workshop will also

focus on connecting participants' intellectual lives at the University with the emotional and physical aspects of their lives through such exercises as yoga and improvisational theater.

It's increasing our awareness of what's already going on in our body, thus giving our intellect more resources to work with," she said, adding that the University lacks resources for combining these aspects.

"The University does have a value of intellectual knowledge over emotional and physical knowledge," she said.

She said people can also attempt to find ways to deal with problems by altering how those problems are perceived.

That can shift your attitude and perspective ... sometimes that's what it's all about," she said.

Foisy said students often feel unenthusiastic about their classes or their majors, but through the workshop

Turn to WORKSHOP, page 8





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the ASUO

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### **POLITICAL**

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cratic presidential nomination.

However, sophomore Ethan Firpo, the vice chairman of Generation Dean, doesn't think the University lives up to its reputation.

"I think UO's reputation as a politically active campus is a little bit hyped," Firpo said. "I think we get a lot of run-off from the town of Eugene.

College Republicans Chairman Jarrett White said the level of political activism on campus depends on the situation.

"It seems as though something really has to go down to get people in an uproar," White said. "When there's not much news going on, it's pretty dead."

While some think the University's reputation as a politically active campus is overrated, the University boasts political groups such as the College Republicans, College Democrats, Campus Greens, Generation Dean and OSPIRG, which all keep a presence on campus.

Publications such as the Oregon Commentator and Student Insurgent provide another format for students' opinions.

While many avenues stand ready for students' political input, White says that "politically active" doesn't

necessarily mean accepting different viewpoints.

"We're pretty much the only haven for conservative students on campus," White said, adding that many students come to the College Republicans to fight what they see as leftwing bias in the classroom.

"Any kind of conservative viewpoint you put forth in the classroom just gets thrashed on by students,' White said.

White said he has seen conservative students treated unfairly by instructors. One time, after advocating for drilling in Alaska, "The teacher looked at me like I was some kind of weirdo," White said.

But not all Republican students feel threatened at the University. Jones said he felt his views were welcome on campus.

"It's healthy conversation," Jones said. "I don't feel like I'm attacked when I express my views." Regardless of political affiliation, it

seems that students will continue to fight for their causes on campus.

"We're trying to get people age 18 to 25 interested in politics again," Firpo said.

Contact the campus/federal politics at chuckslothower@dailyemerald.com.

### **VIRUS**

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been vital to ensuring a healthy campus network, even if it poses a temporary inconvenience to users.

"We try to get accounts back online as soon as possible," he said. "Overall, it's a pretty painless process.

Miyake said reactivating an account takes less than 30 minutes on average, thanks to the Computing Center's easy-to-use security CD.

"It's very effective for users who are trying to clean up their machines," he said.

Having encountered a plethora of viruses in campus accounts, Miyake said students and faculty can turn to Computer Support Services or ResNet for information on how to cope with a disabled account and obtain a security CD. Albrich, who manages the full-time Computing Center help desk located at 151 Mckenzie Hall, said he and his coworkers are another

great resource for information about the most current viruses and how to avoid them.

Amid the frustration and confusion of not having access to their accounts, some students have gone to the CC-EMU computer lab for advice or to obtain a security CD. Although they would love to help, all the lab employees can do is send infected account holders to the Computing Center.

"We get a lot of calls and students who come in asking for help," lab assistant Lizette Crow said.

Crow's advice to students who encounter initial access problems is to double-check their information before jumping to conclusions.

"Most of the time, students don't have the correct user name and password, and they just think it's a worm," she said.

Contact the business/science/ technology reporter at caronalarab@dailyemerald.com.

GOT A STORY IDEA? give us a call at 346-5511.