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Mark McCambridge Emerald

Heinonen waves to the crowd at his last home meet, the Oregon Twilight.

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UNIVERSITY OF OREGON

Stretch Your Summer

Check out the September Experience Program

September 2-12, 2003

- Short on group requirements?
- Looking for a unique way to wrap up your summer?
- Want to get ahead in your course of study?
- Excited to get back in the swing of classes?
- Does \$500 for 4 credits sound like a deal to you?

If you answered "yes" to any of these questions, you need to find out more about the September Experience Program. Resident and nonresident students take one course for 4 credits in nine days for just \$500. All are group satisfying! Classes meet from 8:00 a.m. to 11:50 a.m. Monday - Friday. We have the courses you want, the courses you need, and the courses you should take. Courses are included in Summer '03 DuckHunt.

Course No.	Course Title	Instructor	CRN	Room
ANTH 110	Intro Cultural Anthropology	Fulton, K.	42479	360 Condon
ANTH 170	Intro to Human Origins	Nelson, G.	42480	203 Condon
GEOG 206	Geography of Oregon	Power, M.	42481	106 Condon
HIST 192	Japan Past & Present	Hanes, J.	42483	373 McKenzie
HIST 382	Latin America 1910-Present	Aguirre, C.	42482	112 McKenzie
INTL 240	Perspectives on International Development	Verdu-Cano, C.	42484	112 Eslinger
PSY 330	Thinking	Arrow, H.	42485	154 Straub
PSY 375	Development	Measelle, J.	42486	216 Allen
SOC 301	American Society	Dreiling, M.	42488	123 McKenzie



**UNIVERSITY OF OREGON SUMMER SESSION
SEPTEMBER EXPERIENCE PROGRAM**

Register using DuckWeb <<http://duckweb.uoregon.edu/>>. Visit our Summer Session web site, <<http://uosummer.uoregon.edu/SepExp.html>>; call us, 346-3475, or send us email, <septexp@darkwing.uoregon.edu>

Heinonen file

Before Oregon: Heinonen had a successful running career at Minnesota, earning five All-American honors in cross country and track. Competed in three World Cross Country Championships.

Oregon: Served as head cross country coach and assistant track coach in 1975-76, and took over full head coaching duties the following year. Between cross country and track, he led the Ducks to three NCAA championships and nine Pac-10 titles. Known for his skills as a distance coach, his distance runners have won seven NCAA individual crowns and 33 Pac-10 championships. He has coached at least one All-American in every year since 1986 and he has coached, in total, 134 All-Americans in his storied tenure.

Heinonen

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"I'm there every day," he said. "I mean really, I'm just a decent guy trying to do a good job."

Not too bad for someone who is the only head coach to win multiple NCAA titles in track and field and cross country, along with several international coaching accolades.

Redshirt sophomore Laura Harmon remembers her first impression of Heinonen. She was in eighth grade and attending her first Oregon Track and Field camp.

"He was like an idol to me almost, because that's when I was just getting into running and just finding out a lot more about running and how important he had been to women's running since the get-go," Harmon said.

Redshirt senior Carrie Zografos enjoys the laid-back atmosphere that Heinonen carries. Zografos transferred from Colorado after two years to return home, where she walked on to the Oregon squad.

"He's not manipulative and not controlling, and he really lets you seek out what you love about the sport and find that self-motivation and find that drive," Zografos said.

After nearly 30 years, where does Heinonen go next? He'll keep coaching, because that's what he knows and loves.

He plans to coach the Oregon club sports running team.

"I'll give it a try," he said. "It's a pretty informal group, and we'll see what we can make of it, and if it's fun and rewarding for the kids and for me, then I hope I'd get to keep doing it."

The Minneapolis, Minn., native also wants to hike, bike, camp and do volunteering. But if that doesn't work?

"If that's not fulfilling, I'll get a paper route," he said.

Heinonen has left his stamp on this program and track and field. For nearly three decades, Heinonen has reached many milestones, and now he reaches the final one. It's the end of an era and the beginning of retirement.

"With Tom goes an era for women's track and field," Stream said. "This program was built totally by him and his vision. For him, women's track carries the stamp of Tom and his love for Oregon track. Tom's time at Oregon would be known as an era, just as much as Dellinger, Bowerman or Hayward, but this one's the Tom Heinonen era."

Contact the sports reporter at jessethomas@dailyemerald.com.

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