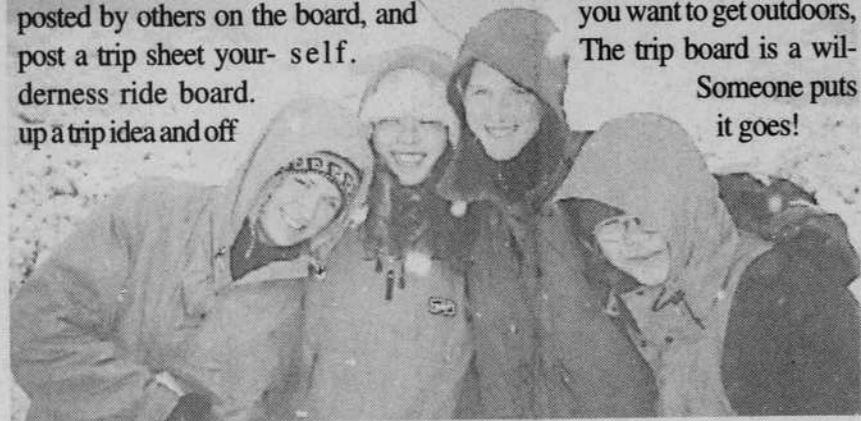


OP COOPERATIVE TRIPS

There will be dozens of cooperative trips posted on the OP trip board this season. Our philosophical format is summed up with these words: egalitarian, experiential, low-cost, noncompetitive, self propelled, cooperative, environmentally sound, participant initiated, and open ended. Nothing is more rewarding than learning experientially among friendly peers and creating your own outdoor adventure. Rather than the Outdoor Program offering a series of trip packages, we encourage and help participants create, launch and fulfill their own adventure desires. If you're not into what you see posted by others on the board, and you want to get outdoors, post a trip sheet your- self. The trip board is a wilderness ride board. Someone puts up a trip idea and off it goes!



ELEMENTS OF OP TRIPS:

- **Trips must be open.** All trip sheets must be posted on the trip board and be open to any qualified participant to sign up, and must be posted a reasonable time before the trip. When a trip sheet is posted, at least half the spaces must be open to anyone able to participate.
- **Cost sharing.** All group expenses are shared equally and fully by the group. Because trips share only actual expenses, trips can be incredibly inexpensive.
- **Decision sharing.** Everyone is encouraged to give input in a consensus decision. Everyone participates in shaping and owning decisions. Decisions are often better and more creative with everyone brainstorming rather than a single "leader."
- **Work sharing.** Each trip requires a fair amount of group work before, during and after the trip. Every participant is expected to pitch in and help the group effort.

EQUIPMENT FACILITY

In order to facilitate cooperative trips, the Outdoor Program purchases and maintains a variety of recreation equipment which is available only for OP trips. For details on this equipment call (346-4371) our trip facility, The Barn, located at the 18th & University.

EUGENE WFR COURSES 2002-03

Several Wilderness Medicine Institute (WMI) Wilderness First Responder (WFR) courses have already been scheduled in Eugene; prices range from \$465-\$495 per course. Here's the details:

March 21-30, 2003

City of Eugene River House Outdoor Program

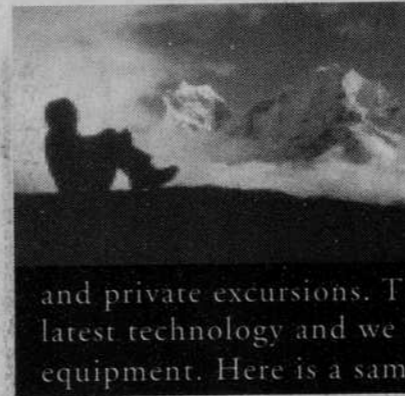
April 4-6, 2003

City of Eugene River House Outdoor Program

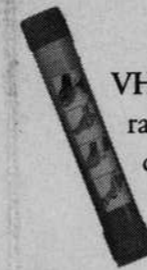
Contact the River House at 541-682-5329

For information on more WMI-WFR and WFR Recertification Courses check out the Wilderness Medicine Institute's website at: <http://wmi.nols.edu>

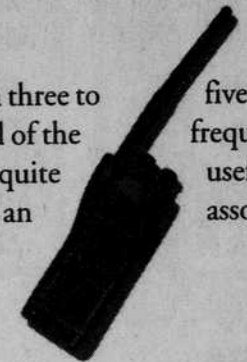
The UO Outdoor Pursuits Program (OPP) also instructs Wilderness First Responder courses, contact Jim Blanchard at 346-3399.



On November 5, 1995, UO students Frank Allard and Michael Casey failed to return to camp after a summit attempt on North Sister on a private outing. The Allard and Casey Memorial Library was created by the UO Outdoor Program and the ASUO in response to this tragic accident. The safety library makes available a variety of safety equipment to UO students and OP Co-Op members. The equipment is free to use and available for both OP sponsored trips and private excursions. The Outdoor Program is constantly updating the safety library with the latest technology and we encourage you to take the time to learn about the proper use of this equipment. Here is a sample of some of the equipment we have available for your use:



VHF radios are popular for our sea kayaking expeditions. They typically have a three to five mile range and can be used to contact other party members or nearby ships. Several of the frequencies are monitored by the Coast Guard, so in a bind, these radios can prove quite useful. In addition to VHF radios, the Safety Library also has a land to air radio and an assortment of safety flares.

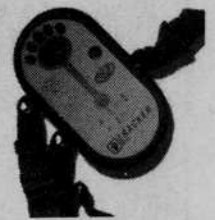


five mile
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useful. In
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FRS radios are useful for communicating between members of a party who plan on spreading out. They typically have a range of about two miles and work well in open spaces, but often cut out in densely forested areas or buildings. The OP is currently in the process of updating our FRS radios, so keep your eyes open for the new ones.

A necessary part of any winter back country travel is an avalanche beacon. When a victim is buried in an avalanche, a beacon can mean the difference between life and death. However, a typical avalanche beacon usually sells for around three hundred dollars, making them difficult for students to afford. The Allard and Casey Memorial Library makes avalanche beacons available free of charge. Last year, the OP added Back Country Access Digital Tracker Avalanche Beacons to the library. These beacons are simple to use and extremely accurate. We encourage you to participate in one of our avalanche clinics before taking one of these into the back country, and remind you that wearing an avalanche beacon does not mean you should travel into avalanche zones.



Surprisingly enough, cell phones are actually extremely useful on outdoor trips. Although the range is limited once you get into the back country, cell phones come in handy when the van breaks down, the shuttle driver doesn't show up or any number of other things happens before you even get out of the car. Although the phones are free to take with you, any minutes used will be billed to you upon return of the phone. The OP is currently looking into a satellite phone that would have service even in the most remote of locations.

GPS technology has advanced by leaps and bounds in the last couple of years. Global Positioning Systems use satellites to pinpoint your location on a map. They can be useful in off-trail travel, sea kayaking or as an extra safety measure when traveling in unfamiliar areas. Last year, the OP bought a new e-Trex Summit GPS unit that can download waypoints from a computerized map. The OP also has three Garmin GPS 12 units available.

