

News brief

Three finalists to interview for OUS chancellor

The three finalists to replace Joe Cox as chancellor of the Oregon University System will travel to Oregon this week for interviews.

The finalists for the job of the state's most powerful higher education official are Warren H. Fox, Peter S. Hoff and Richard S. Jarvis.

"All are distinguished educators and highly qualified administrators who have demonstrated exceptional strength of vision and ability to lead our state's public university system into the future," said Jim Willis, chairman of the state board's search committee in a statement issued Sunday by the OUS.

Cox announced his intent to resign last July. State Board of Higher Education officials said they hope to find a replacement by the end of May.

The finalists will individually meet with faculty, staff and students at the seven OUS schools.

Fox is the executive director of the California Post-secondary Education Commission, Hoff is president of the University of Maine and Jarvis is chancellor of the United States Open University.

— *Serena Markstrom*

Allergies

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While the rain has kept the pollen from spreading thus far, it has also aided in the production of healthy grass crops. With more than 300,000 fields of grass in the Willamette Valley, a lurking dry season could spell trouble for students with hay fever, Minor said.

University junior James VanderZanden received his weekly allergy shot at the health center Friday.

"With the shots, you're cool," said the sociology major who got three shots Friday. "You don't just (wake) up completely miserable."

The shot treatment, called immunotherapy, works by exposing patients to a small dose of allergens. Patients then become desensitized, with allergic reactions becoming less severe or ending completely.

VanderZanden said he's had allergies for "years and years," dating back to his days growing up on a farm in Forest

Grove. For the past two years, he's been getting shots, replacing the over-the-counter medicine he used to take.

He said the over-the-counter medicines are "good at times, but it's better to build up your body's immune system. Because if not, you're just going to be dependent on pills."

With so many methods to combat seasonal allergies, Minor said that shots are the best solution.

"The only way to really cure it is to go get it desensitized," Minor said.

Students with allergies can try various antihistamines, such as Clarinex, Allegra and Zyrtec. Minor and Harbert said that over-the-counter drugs work just about as well as physician-prescribed medicine. The major drawback to using nonprescription drugs is drowsiness, while Minor said the biggest side effect of antihistamines "is on your pocketbook."

Minor also suggested that allergy-prone students try nasal steroids, which, he said, studies have shown to be more effective than antihistamines.

Ways to reduce allergy symptoms:

- Wear pollen masks
- Wear sunglasses or eyeglasses
- Reduce the use of contact lenses
- Shower at night and shampoo hair
- Wash sheets and pillow cases often
- Keep windows closed, especially while sleeping
- Limit outdoor activities on windy and dry days
- Avoid lying in the grass
- Don't sleep with pets
- Dust with a damp towel

SOURCE: University Health Center

And for itchy eyes, Minor suggested over-the-counter eye drops, such as Vasocon-A and Naphcon-A.

E-mail reporter Brad Schmidt at bradschmidt@dailymerald.com.

MAY 2002 SEXUAL ASSAULT AWARENESS WEEK at the University of Oregon

Monday May 13th

A Personal Pledge

Drop by the EMU, sign the personal pledge banner and pick up a button or whistle
10 am-3 pm, EMU

Safety on Campus: A Student Forum

Sponsored by Project Saferide
1-3 pm
Umpqua Room, EMU
Contact: Julie 346-0653

Women Survivors' Drop-In Support Group

Sexual Assault Support Services (SASS)
7-8:30 pm
Contact: 343-7277

Open Poetry

Speak Up Speak Out on Sexual Violence
9 pm
At the Buzz
Contact: Anne 346-3725

Tuesday May 14th

Stop by Mother Kali's

Preview a portion of the Clothesline Display
12-3 pm
720 E. 13th Ave

Queer Self Defense for the Boys

6 pm
LGBTQA Office
Suite 34, EMU
Sponsored by LGBTQA and Breaking Free

Men Discuss Sexual Violence and Take Back the Night

3-5 pm
Alesa Room, EMU
Men's Center Planning Team

Wednesday May 15th

Women Survivors' Support Group

Available to survivors who have experienced sexual assault or abuse
4-5 pm
Call 346-3227 Ask for Joy

Self Defense for Women

7 pm
Fir Room
Sponsored by SASS

UO SWAT Team Debut

Come and join the Sexual Wellness Advocacy Team in an interactive and engaging look at sexual violence
7-8 pm
Ben Linder Room

Thursday May 16th

The Clothesline T-Shirt Project Generation

10 am-5 pm
Walnut Room, EMU

The Clothesline Project Display

10 am-8 pm
EMU Amphitheater
EMU by the Greatful Bread

Take Back the Night Rally, March and Speak Out

EMU Amphitheater
5 pm

Thursday May 30th

The Poetry of Survival

7 pm
Tsunami Books



SPONSORS: THE ALLIANCE FOR SEXUAL ASSAULT PREVENTION

Alpha Phi Omega
University Housing
The Office of Student Life
ASUO Women's Center
Counseling and Testing Center
University Health Center
Dept. of Public Safety
Sexual Assault Support Services (SASS)
Womenspace
Greek Life
Greeks Against Rape
Eugene Police Department

ALONG WITH:

Kappa Delta Sorority
Residence Hall Association
LGBTQA
University Health Center Peer Health Educators
The Buzz
Men's Center Planning Team



Kappa Delta Leads the Greeks and RHA leads the Residence Halls with the Sexual Violence Banner Project

Please contact The Office of Student Life at 346-3216 with requests for accommodations.