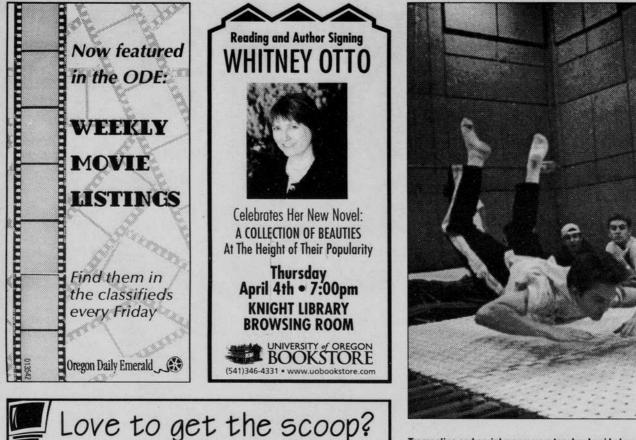
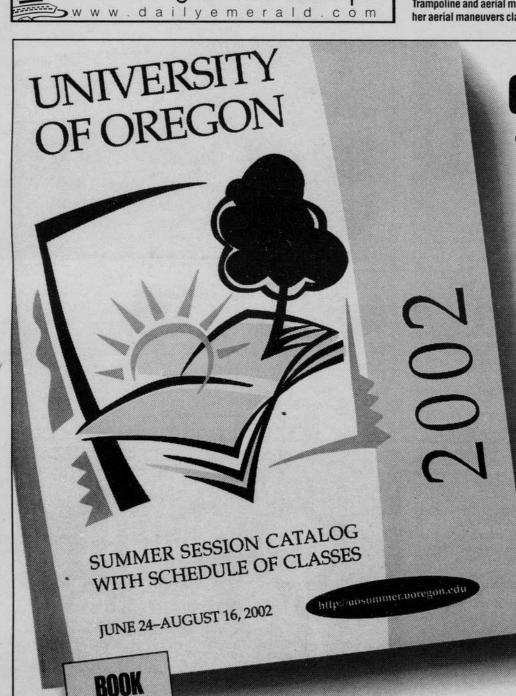
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Trampoline and aerial maneuvers teacher Lani Loken-Dahle, far right, uses teaching assistant Ryan Salerno to demonstrate a front drop to her aerial maneuvers class. There are currently 20 trampoline sections to choose from at the University.



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With such a family tradition in the area, Loken-Dahle couldn't help but take after her father.

"I don't remember life without a trampoline," she said. Loken-Dahle is also a skier,

snowboarder, wake boarder and skater. This term she will be teaching eight physical education classes: six trampoline classes, one aerial maneuvers class, and a springboard diving class.

"Things like orientation tours and word of mouth are two of the biggest reasons the program has become so popular," Loken-Dahle said.

"I was just looking through the course catalog and I saw it," said freshman Matt Gregory. Gregory took his first trampoline class this term, and he said he liked it so much, he's taking it again next term.

As far as why he thinks others take the class, he shrugged and said, "I guess it's just fun to jump on a trampoline.'

Gregory has been snowboarding for five years, and his favorite part of class is the last 15 minutes, when the students are allowed to bring snowboards and skis onto the trampolines.

'My snowboarding has gotten a lot better this year, and that's because of the tricks I've learned in this class," he said.

One thing students may have noticed during the warm, dry months of spring term this past year was a class jumping on a cluster of large trampolines on the lawn between Prince Lucien Campbell Hall and the University Museum of Art.

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"Last year was the first year we were able to do that," Loken-Dahle said, "and it was glorious."

In previous years, the students had been able to have class on the lawn outside Gerlinger, and Loken-Dahle said if the weather is agreeable again this year, the trampolines will be allowed outside PLC again.

To sum up everything the trampoline program stands for today, Loken-Dahle said, "It's a caring, supportive, social environment with a lot of positive energy, and the most wonderful thing is it's a combination of really good exercise and a lot of fun.'

Caron Alarab is a freelance reporter for the Oregon Daily Emerald.