



Popular drinks made easy

Sex on the Beach

Half cranberry juice
Half pineapple juice
1 oz. vodka
3/4 oz. peach schnapps
Directions: Stir in highball glass.

Long Island Iced Tea

6 oz. cola
1/2 oz. gin
1/2 oz. light rum
1/4 oz. tequila
1/4 oz. triple sec
1/2 oz. vodka
1 tbsp. lemon juice
Directions: Shake and strain liquors and lemon juice into a collins glass (holds 10-14 oz.) filled with ice cubes. Fill with cola and garnish with a slice of lemon.

Kamikaze

1 oz. lime juice
1 oz. triple sec
1 oz. vodka
Directions: Shake and serve.

Lemon Drop

1/2 oz. tequila
1/2 oz. vodka
Directions: Moisten inside of glass with lemon slice. Coat glass with sugar before adding tequila and vodka.

Cosmopolitan

1 oz. Cointreau (French liqueur)
3 oz. cranberry juice
1 oz. lemon juice
3 oz. vodka
Directions: Add all ingredients with ice. Shake, strain and serve with a slice of lime.

Source: www.idrink.com



Campus bars offer mixed menu of delicious drinks

■ Bartenders share their patrons' favorite drinks of choice

By Kara Cogswell
Oregon Daily Emerald

Cheap beer may be a college staple, but liquor lovers need not gulp keg beer and bear it.

Local bars offer a combined drink menu varied enough to suit just about anyone's palate. Here, bartenders dish about what they're pouring most.

Close to campus, at 1214 Kincaid St., Rennie's Landing bartender

Katie Dorst said the later it gets at night, the more orders she gets for a potent drink known as "Adios Motherfucker." A variation on a Long Island Iced Tea, this drink contains vodka, gin, light rum and triple sec or tequila.

Cosmopolitans, Lemon Drops and Jagermeister shots are other popular choices at Rennie's, she said.

"People drink a lot of Jager," she said.

Around the corner and down the street from Rennie's at Cafe Soriah, margaritas, vodka sours and screwdrivers are among the most fre-

quently ordered drinks, Soriah bartender Dave Lawrence said.

Soriah, located at 384 W. 13th Ave., also offers many popular house specialty drinks, such as the Del Mar, a drink made with apple wine juice, the French orange liqueur Cointreau, and Pisco, a Chilean brandy.

At Jogger's Bar & Grill, located at 710 Willamette St., vodka mixed with the energy drink Red Bull is a popular choice, as are standard well drinks, bartender Ty Boughton said.

Many patrons of the downtown karaoke bar are "sticking with the

norm — they're going with rum and Coke, vodka cranberry," he said.

Long Island Iced Tea and Sex on the Beach, a drink usually made with vodka and fruit juice, are two of the most frequently ordered drinks at The Downtown Lounge, located at 959 Pearl St., bartender Heather Sang said.

Kamikazes made with fruit and Crater Lake Vodka drinks are popular at the Lava Lounge, bartender Robert Foley said. The chili margarita, a blended drink made with tequila infused with pineapples and

jalapeños, is another top pick among his customers, he said. The Lava Lounge is located in the Ring of Fire restaurant, 1099 Chambers St.

At Turtles Bar and Grill, located at 2690 Willamette St., vodka drinks seem to sell best, manager and bartender Lacy Boney said. Some patron favorites include Cosmopolitans, Lemon Drops, and Disco Lemonade — a fruity concoction made with citrus vodka, fresh strawberries and lemonade.

E-mail student activities editor Kara Cogswell at karacogswell@dailymerald.com.

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Student caffeine addicts find a variety of ways to get a fix

■ Coffee and soda aren't the only ways to get your buzz on

By Lisa Toth
Oregon Daily Emerald

College students have a need to feed their addictions. And since caffeine is available everywhere, from the coffee pot in the kitchen to 7-Eleven, there are endless opportunities for them to get their fixes.

Caffeine makes late-night studying possible and can turn a downer day into a more exciting one, but there are consequences that can come from this weakness. Some students can't function without coffee in the morning, while others just can't resist the rush that Red Bull, Mountain Dew, Surge and other energy and caffeinated drinks provide.

Erb Essentials Campus Store employee Shari Takara, a senior at the University, said customers need soda and cigarettes because, "You don't get any sleep when you are a college student, and you are studying."

Takara said Erb Essentials moves more cigarettes than any other product, but they're closely followed by coffee, soda and candy. While she said she sees "regulars" who come in for coffee, most people don't seem overly addicted to any particular substance. However, for Takara, who said she has been trying to quit drinking soda, it's a different story.

"It hasn't been working," she said, adding that the taste of soda is too hard to resist.

Junior Jen Kubicki said she drinks between four to five cups of coffee a day to keep her going and give her energy. The business major said she doesn't really feel the caffeine in energy drinks such as Red Bull or Mountain Dew. Kubicki also commented that caffeine supplements don't seem healthy to her.

"It just doesn't sound appealing to me," she said. "Coffee is more enjoyable."

Kubicki spent her high school years and summers working at Café

Diva and four other coffee shops in Gresham, where she would see the same customers every day. White chocolate mochas are her favorite, but Kubicki said she knows how to make just about every drink there is, and in a hurry, for customers who need a caffeinated drink as early as 6 a.m.

But it's an expensive habit. She said regular customers would spend \$3.50 a day, plus tips, so making coffee at home seems like a cheaper alternative. But the convenience of passing Starbucks on her way to class and the fact that the coffee shop accepts VISA makes it hard to resist.

Kubicki added that she used to work at a drive-through trailer in Gresham that sold both cigarettes and coffee.

"It would be a one-stop for your addiction," she said.

But soda and coffee aren't the only ways students have found to boost their energy levels and

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