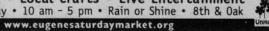
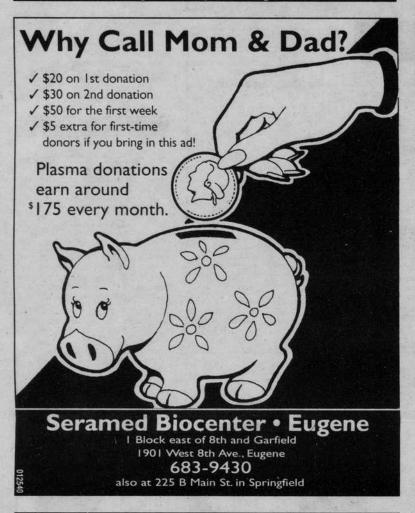


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Men's

continued from page 5A

pleased that the team has progressed every meet," head coach Martin Smith said. "This week is another important step in our development, and the regional has a very high level of talent.

"We're excited about seeing where we're at, and hopefully we're rewarded with a trip to the NCAA Championships. That's been the main goal we've been practicing toward all year."

Brett Holts, John Lucas and Ryan Andrus have been running well for

Oregon this season, and for the Ducks to place well at the regionals, their second through fifth men need to be in the 20th through 35th

overall range, according to Smith. True freshman Seth Pilkington, who has not finished the last two races in which he has competed. will most likely be held out of the regional race by Smith, but he will still travel with the team. Because the regionals and the nationals are both 10,000-meter races, Pilkington may sit out to preserve his strength for the national meet.

Chris Cabot is a sports reporter for the Oregon Daily Emerald. He can be reached at chriscabot@dailyemerald.com.

Women's

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the team to Tucson because of pain in her upper leg, which is suspected to be a femur stress fracture.

With Schaaf not entering the race, the women are left with only six members of the team entering the race: Erinn Gulbrandsen, Annette Mosey, Alicia Snyder-Carlson, Harmon, Sandoval and Zografos.

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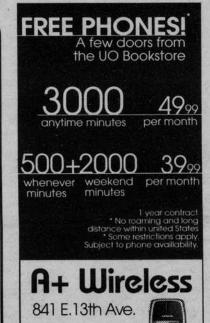
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Despite the superior competition and roadblocks from injuries, Heinonen and the team is still looking ahead with a positive frame of mind.

"The goal we talked about this week is for each individual to run better than Pac-10s and finish the season on a more positive note,' he said.

Chris Cabot is a sports reporter for the Oregon Daily Emerald. He can be reached at chriscabot@dailyemerald.com.



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Basketball

continued from page 5A

You'll see this smile on my face the rest of the year if I can do that."

Said Williams of her backcourt partner: "She makes my life so much easier. Everyone knows defense is not my forté.'

And everyone knows Oregon's forté this season is not in the paint, where the Ducks were outrebounded by Western Oregon

"We certainly need to establish a presence in the post," Smith said. We need a balanced attack to be competitive."

Senior post Alyssa Fredrick, after scoring 16 points in the exhibition opener last week, was 0for-1 from the floor and finished the game with three points (all on free throws). In all, Oregon's five post players scored a combined . 18 points against the Wolves

"We're a young team and I. thought they got better tonight," Curry said. "I think we'll have a great team come the start of Pac-10s.'

The Ducks now have a little more than a week to prepare for their first regular-season game against Wisconsin-Green Bay on

"I wish we had one more exhibition game," Williams said. "I think we still have one more step to take before we're in regular-season shape.

If Thursday night's progress was any indication of how much a week's practice can do, Oregon should be just fine come next Saturday.

Adam Jude is the sports editor for the Oregon Daily Emerald. He can be reached at adamjude@dailyemerald.com.

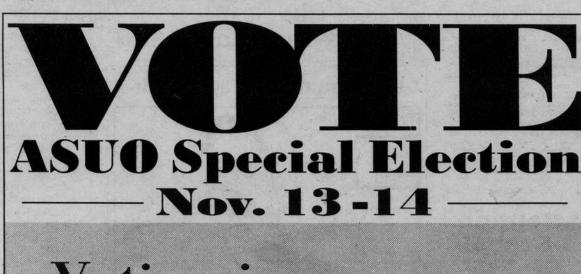
Volleyball

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sure you understand the importance of November.

But to take care of the Beavers, the Ducks may have to play as strong as ever. Even though Oregon State isn't the best in the conference, it's Civil War time, and who couldn't get up for that?

Hank Hager is a sports reporter for the hankhager@dailyemerald.com.



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