

Jewish holiday

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it by fasting and asking for God's forgiveness.

Applebaum added that the High Holy Days include 10 days of repentance, during which Jewish people are supposed to ask God's forgiveness for things they have done.

"During the period of 10 days,

that is the time you are supposed to go around and make good with people and say, 'I apologize if I've offended or hurt you in the past year,' whether you did by accident or on purpose," Applebaum said.

The days of repentance conclude with Yom Kippur, which is a fasting day and the holiest day or solemn day, Applebaum said. People begin fasting the night before Yom Kippur, at sundown,

and continue until sundown on Yom Kippur. People not only stop eating during that time, but they also do not drink anything, including water.

"Fasting is not too bad, but the not drinking is," Applebaum said. "Really religious Jews won't brush their teeth because a speck of toothpaste might make its way down. They are very cautious about that stuff."

Troy Grudin is one student who does fast, but admits that he doesn't participate in the repentance during the 10 days. Instead, he tries to solve the problem before it happens.

"I don't walk on eggshells, but I try not to put myself in the position where I offend someone," Grudin said. "I try to solve the transgression at the time it happens."

Those interested in attending the services on Yom Kippur can get tickets at Hillel during general office hours between 9 a.m. and 5 p.m. this week. Space is available for 185 people at each service, and the group will accept voluntary donations.

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