

Oregon Daily Emerald

An independent newspaper



No longer in the lead

Alissa Edwards and the Ducks face an uphill battle to reclaim the Pac-10 title. **PAGE 7**

A second time around

The Program Finance Committee began appellate hearings Monday to last through the week. **PAGE 5**

WEATHER
TODAY



high 47, low 30

SINCE 1900 UNIVERSITY OF OREGON EUGENE, OREGON

Spun in the Web

Doctors say that too much time surfing the 'Net can lead to sleep deprivation, loneliness, depression and skipped classes

By Beata Mostafavi
Oregon Daily Emerald

A night of pizza, poker and some interesting conversation is sometimes all a person needs to feel content. And with a few clicks of a button, such an evening can be arranged from the comfort of one's own room — with the help of the Internet.

Some have called this a gift to communication. But others are labeling this popular form of technology dangerous.

Psychologists nationwide are studying a new phenomenon known as Internet addiction, where people experience loneliness, depression and anxiety from excessive use of the Internet — and several studies have shown college students are especially susceptible to getting hooked.

College students spend an average of 9.1 hours a week online, according to a fall 2000 survey by Student Monitor. But most students who use Web time to chat, e-mail or research believe the Internet has simply made their lives easier.

According to Dr. Keith Anderson, a psychologist at the Rensselaer Polytechnic Institution in Troy, N.Y., too much time in cyberspace can have a negative influence on students' health, social life and academic habits.

Anderson, who is currently working on a study about Internet use among college students, said he first became interested in the concept when one of his patients began doing poorly in

school because of excessive Internet use.

He said students who spend about two hours a day online are at risk and that many of them will experience symptoms such as loneliness and depression, in addition to suffering academically. He added that several students in his study stayed up late to be online, which led to sleep deprivation and skipping classes.

Dr. Jonathan Kandell, author of "Internet Addiction on Campus: The Vulnerability of College Students," published in a 1998 issue of *CyberPsychology & Behavior*, compares Internet addiction to alcoholism and gambling.

"It can be a coping mechanism," he said.

Kandell, who is also a counselor at the University of Maryland, said some college students are especially drawn into the cyber-world because they are in a life stage

Buddy List
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ONLINE SETUP

As the World Wide Web turns ...

The percentage of college courses using e-mail and multimedia resources has more than doubled in the last few years, and more than seven million college students and faculty routinely use the Internet and World Wide Web as part of their daily and weekly activities.

2000 Campus Computing Survey

Average time students spend online per week

| | |
|--------------------|-----------|
| Fall 2000 | |
| Males | 9.7 hours |
| Females | 8.4 hours |
| Overall | 9.1 hours |
| Fall 1999 | |
| Overall | 7.2 hours |
| Spring 2000 | |
| Overall | 8.1 hours |

Student Monitor 2000

Russell Weller Emerald

where they're unsure of themselves, and they enjoy communication that doesn't involve face-to-face contact. He men-

Turn to **Internet**, page 4

Labor author rallies crowd, invokes Morse

Nelson Lichtenstein's speech at the Knight Library launched a new exhibit of materials on labor arbitration from the Wayne Morse Papers

By Christopher Arnold
For the Emerald

Nelson Lichtenstein believes workplace justice can prevent workers from having to "lick the boots" of their employers.

The author and labor historian spoke to a diverse and attentive crowd for nearly an hour Monday in the Knight Library. He analyzed America's history of union organization, collective bargaining and labor arbitration in the 20th century.

"Americans consider workplace discrimination un-American," Lichtenstein said, "but there is no debate on the need to stop it."

He cited the formation of unions as key in turning labor policies upside down.

Lichtenstein said the formation of unions allowed average workers to regain their rights as human beings — that workers maintain the same rights at the office that they have at the ballots, in the courtroom or speaking out in city hall.

The speech helped launch a new exhibition of papers at the Knight Library, which focuses on Wayne Morse's career as a labor arbitrator.

Morse, a former dean of the University's law school, represented Oregon for 24 years in the U.S. Senate. He was best known for his contributions to labor relations on the West Coast before his death in 1974.

Lichtenstein also addressed current problems in labor relations. He noted lawyers may be able to protect workers, but the judicial system may not be able to enforce labor laws in millions of workplaces.

"Workers will remain silent unless they have some organization that protects them from the repercussions of speaking up," he said.

He continued to emphasize the nation's retreat from democracy in the workplace.

"There is a virtue and a power in appealing to the democratic norms that are still carved in hundreds of buildings," he

Turn to **Labor**, page 3

4J School Closure Committee passes buck to board

The group voted to let the school board decide which schools get the ax

By Rebecca Newell
Oregon Daily Emerald

The members of Eugene School District 4J's board will have a serious date on Valentine's Day — but it won't be with their spouses or partners.

On Feb. 14th, the final recommendation will be presented to the school board by the School Closure Committee, which is a group of parents, community members, students and 4J staff appointed by the board. The board has several meetings to receive further analysis before March 21, when they must vote upon their final action on the issue.

On Monday night, the committee finalized its recommendation with a vote of 25-3, choosing to send the entire list of six schools to the board.

"Forwarding the list as it is now gives [the school board] maximum flexibility," said John Owens, a community representative of the closure board.

The recommendation that will go the school board will have three parts. First, it will include a plea to the board to make closures the last resort in deal-

ing with budget cuts. Second, the committee will list reasons brought forth as to why specific schools should and shouldn't be closed. Lastly, the recommendation has a statement encouraging the school board to look at the possibility of dealing with alternative schools before closures.

Tom Henry, assistant superintendent for instruction, presented six options to the closure committee. The options centered on splitting up the students of closed schools and sending them to two other schools, which would eliminate problems such as redrawing boundary lines, Henry said.

One of the main concerns of the committee was to have all the options address the loss of programs in the schools that would absorb students. In order to fit students, auxiliary rooms now used for computer labs, music or reading rooms in some schools would need to be utilized for classrooms, Henry said.

"All the decisions haven't been made whether schools will keep computer

Turn to **Closures**, page 5



Chrystal McConnell Emerald

Empty playgrounds may become commonplace at several area elementary schools facing possible closure. Final recommendations will be presented to the school board Feb. 14.

Schools targeted for closure:

Bailey Hill, Coburg, Silver Lea [Corridor, Yujin Gakuen], Whiteaker, Willakenzie