

An independent newspaper Oregon Daily Emerald



Making their mark

Oregon's cross country teams hit the home stretch, and the men earn a high ranking. **PAGE 7A**

New flavors

A new chef and student-contributed recipes are adding spice to the dining halls. **PAGE 4A**

WEATHER TODAY



high 50, low 40

SINCE 1900 UNIVERSITY OF OREGON EUGENE, OREGON

County to expand programs for heroin addicts

A federal grant will provide funding for three years to help local heroin addicts

By Darren Freeman
Oregon Daily Emerald

Lane County received a \$1.5 million federal grant Wednesday to combat the area's growing heroin problem and to help addicts kick the habit.

The Lane County Board of Commissioners accepted the grant, which the county applied for in April while facing increased heroin use and swamped treatment programs.

Oregon ranks third in the country in opiate-related overdose deaths, and Lane County has the second highest overdose death rate in the state. Last year, 34 Lane County residents died of heroin-related causes.

"This grant makes a significant difference in

our ability to successfully move people away from heroin and on to a better life," said Karen Gaffney, assistant director of Lane County Health and Human Services.

The grant, awarded to the county from a \$28.8 million pool of federal drug treatment funds, will be used to extend the area's methadone and outpatient treatment programs to more people.

"We have waiting lists for programs, and that doesn't help when you have someone in police custody who wants treatment," Gaffney said. "Now, any day of the year, we'll be able to serve 100 more people than we did last year."

During the next three years, funds will be distributed to county heroin treatment programs

and several non-profit organizations, including the Association for Children for Enforcement of Support, Centro Latino-Americano, Looking Glass Youth and Family Services, the White Bird Clinic and Willamette Family Treatment Services.

Gaffney said the expanded services will help those who are often hard to reach, including at least 1,000 adolescents, 2,000 adults, 1,000 rural adolescents and adults and 1,000 Latino adults.

Police and social service workers have said that an increased availability of cheap heroin has caused the recent boom in heroin use.

"It's gotten a lot cheaper, and there's a lot of it

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“...we'll be able to serve 100 more people...”

Karen Gaffney
assistant director
LCHHS



Dan Brunell Emerald

Dr. Gerald Fleischli examines Micheal Murdock in the Student Health Center on Wednesday. Doctors suggest that elderly people and students susceptible to illness receive a flu vaccination.

Students prepare for germ warfare

The University Health Center battens down the hatches as the cold season cometh again

By Brooke Ross
Oregon Daily Emerald

University students are sick — they're coughing, aching and tired — but despite how bad it may seem for those suffering from colds, the University Health Center reports this cold season is no worse than others.

Monica Hernandez, a sophomore math and computer science major, is one

student who is suffering from a cold.

"I've been sick the whole term, and I don't feel like I'm getting any better," she said, adding that she has missed three days of school and work.

Hernandez is not alone. Pat McCormick, supervisor of medical records at the University Health Center, said 20 percent of the center's recent patients had upper respiratory problems such as colds. Although these are minor illnesses, they are enough to make life uncomfortable, she said.

Julie Dewsnup, the health center pharmacy manager, also said many

people are sick right now, but the pharmacy has not been particularly busy.

There is no cure for colds, she said, so most people are probably handling their sicknesses on their own.

There are several reasons why so many illnesses are going around, said Dr. Gerald Fleischli, director of the health center. One is that students go all over the world during vacation breaks and pick up several different types of germs, he said.

"The University setting is not like working in a 50-person office," he

Turn to Colds, page 4A

Republicans feel disdain from UO

College Republicans have been unable to bring speakers to campus because of uncivil crowd reactions in the past

By Lisa Toth
Oregon Daily Emerald

The College Democrats have brought prominent Democrats, such as former presidential candidate Bill Bradley and the Rev. Jesse Jackson, to the University in the past week. All the speakers have encouraged students to vote Nov. 7, but they also told the campus community to vote for Vice President Al Gore.

But so far, prominent Republicans haven't been making high-profile stops on campus to stump for Texas Gov. George W. Bush.

The College Republicans have been hard at work this fall and continue to be as Election Day nears, but they say their efforts are not as noticed on campus because they are forced to hold their activities off-campus.

Scott Austin, who is a member of the College Republicans, said when Gordon Smith, who ran for the U.S. Senate in 1996, came to the University he received a rude greeting from a liberal crowd. People spit on Smith and threw food at him.

Stan Pulliam from the College Republicans said those sentiments still exist on campus today. He and other local Republicans think the group

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“The difference between the College Democrats and the College Republicans is that we are more consistent.”

Scott Austin
member
College
Republicans

Biking during winter weather poses new problems

Avoid discomfort and injury on your trusty bicycle with the right gear and a little extra attention

By Rebecca Newell
Oregon Daily Emerald

Eugene is renowned for being one of the most biker-friendly cities in the nation, offering a plethora of bike trails and beautiful scenery to provide a diversion from daily life and a source of exercise.

For students, bicycles supply a convenient and inexpensive source of transportation during the commute to and from campus, work and home. However, the dreary weather of Oregon's winter months offers challenges to even the

hardest bikers; without proper gear and safety knowledge, winter biking can be miserable and even hazardous.

Wet weather gear

As wet weather becomes the norm, riders are rushing into bicycle shops to purchase wet weather gear and apparel, said Dan Wallis, a Collins Cycle Shop employee. From rain apparel and fenders to lights and waterproof gloves and bags, students are gearing up for the winter months ahead.

However, in order for rain gear to be effective, students need to understand the differences between types of gear, said Suzanne Hanlon, Outdoor Program assistant coordinator. Hanlon — former director of tours at Adventure Cycling in Montana — said cyclists have two options when selecting waterproof gear: breathable or non-breathable. For Eugene residents, the best choice is breathable, Hanlon said.

"Waterproof rain gear that's not breathable is good for short trips and

during downpours when your priority is keeping rain off you," Hanlon said. "For long trips, you need breathable gear or you'll sweat so much from the inside you'll be just as soaked as if you were [exposed to the rain]."

Even if the sky offers the occasional reprieve from rain, riders need to be aware of the harm to clothing that wet pavement or grass can deliver.

"The problem for students is you get soaked from the ground up," Hanlon

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