

SITE REVIEWS

to do the reading, but it doesn't hurt to read what other students thought about *Paradise Lost* before you write that about the prequel to *The Devil's Advocate* on your final. *JLowenthal*

Dictionary

dictionary.com

Need a quick definition when writing a paper? Dictionary.com does exactly what you'd expect: type in a word and it will give you a definition. It also offers an online version of *Roget's Thesaurus*, foreign language dictionaries, and an application that translates text between English and the major European languages. *DDesmond*

MUSIC

SHOUTcast

shoutcast.com

Brought to you by the folks at Winamp, SHOUTcast offers do-it-yourself MP3 broadcasting to the world. If you have a Winamp, just head to Shoutcast.com and click on any of the thousands of radio stations to sample broadcasts from around the world. You can listen to techno, hip-hop, 80s, dance, pop, alternative, classical, or even the Jerky Boys. Since amateurs broadcast the stations they can crash unexpectedly, but with thousands out there, finding replacements is easy. If you're especially ambitious, you can set up your own radio station by downloading the software and following SHOUTcast's step-by-step instructions. *LGentilello*



FUN AND GAMES

Voice of the King

greenpig.com/shock/elvis.htm

An extremely amusing site for all, especially fans of the King. Ask Elvis a question out loud, click on his head, and the ouija board will then spell out Elvis' helpful advice (includes cheesy Halloween music in background). Helpful comments like "dontbcruel," "itsallgray" and "growdemchops" leave one satisfied and clicking for more...he truly is the King. *TMaor*

TRAVEL

Food Next Exit

foodnextexit.com

Road tripping to see some away football games this fall? FNE tells you what restaurants are within 10 minutes of most interstate exits. Just click on the state you're traveling to (and the route you're taking) and a list of exits and roadside eateries will pop up. Although not every exit is included, the site covers a lot of ground and offers travel tips. *EDionne*

HEALTH

Go Girl!

go-girl.com

This simple, straightforward health and fitness ezine is an excellent "feel good about being a girl" site. It focuses on good eating and exercise habits, without lowering itself to the usual "find-a-guy" stories. It's just about being healthy. Not-to-be missed features include a brief profile of a healthy woman who will amaze you with her starlike qualities and humble attitude, and a regular column on recurring topics such as strong mind/strong body and keeping to an exercise regimen. Plus there's a link to ChickClick, the mother of all girl sites. *NDiana*



FDA

ida.gov

Big Brother, thy name is FDA—as in the Food and Drug Administration. These boys have their fingers in everybody's pie, from tobacco companies to perfume manufacturers. The FDA site features info on the bio-engineered food debate, as well as MedWatch, ground zero for the latest in regulatory matters. There is also some great toxicology research. Our advice? Stop worrying about whether these are the Good Guys or the Bad Guys and take advantage of the worthwhile data to be found here. *BMucci*

You First

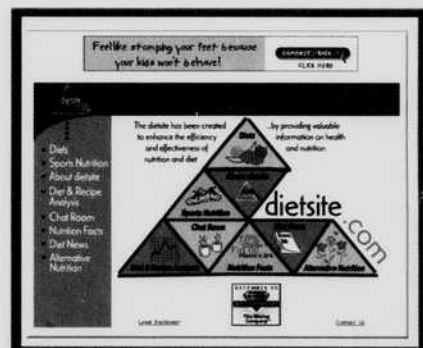
youfirst.com

Okay, I admit it: The first thing I did on this site was check out the "Death Top Ten List" (for the 15-24 age group, the number one cause of death is accidents. Number 2 and rising with a bullet? Homicide). But you can do more here than just get a morbid curiosity fix. There is a personal health assessment that can be completed without too much heavy lifting, and links for topics ranging from alcohol abuse to nutrition to weight control. The uncluttered format is a big plus as well. *BMucci*

Diet Site

dietsite.com

If you're watching what you eat, visit dietsite.com. Their free diet analysis lets you input what you've eaten that day so you can see in black and white how bad (or good!) you've been. Informative and well designed, Diet Site has all the basics about eating healthy, as well as diet suggestions for different health problems, weight management and sports fiends. It also has a section on alternative nutrition. *EFeick*



MOVIES

Movie Review Query Engine

mrqe.com

With countless search engines on the World Wide Web, any piece of information you seek should only be a few clicks away. Usually, it's never that easy. It finally is that easy when tracking down movie reviews. MRQE.com—Movie Review Query Engine—will not only reduce the time it takes to find a review, but their links to reviews from a host of national and local publications will warn you of box office bombs before you cut class to see *The Postman*. With over 150,000 reviews in its database you're sure to find multiple opinions on any movie you would ever watch. *JLowenthal*