



Make it Happen! Free Services

WORKSHOPS

The following workshops are offered most terms and are designed to help you make positive health changes. Call 346-4456 for more information.

Smoking Cessation **Weight Management**
Vegetarian Cooking **Sports Nutrition**



TAKE THE TEST: FREE HIV TESTING

Free HIV testing is available to University of Oregon students at the University Health Center for a limited time beginning Spring term 2000. Free testing will continue while funding is available. Coupons available at the Peer Education Office at the Health Center. Call us at 346-2770 to schedule your appointment.

YOU ARE WHAT YOU EAT...GET A FREE NUTRITIONAL ANALYSIS!

Too many calories? Not enough calcium or iron? Let us help you find the answers. If you are concerned and/or curious about the nutrient breakdown of your diet then NAP is for you. The Health Education Program now offers a FREE Nutrition Analysis Program to all registered students. Simply pick up an application at the Health Education room.



TOTAL CHOLESTEROL SCREENING



Every Tuesday from 9:30-11:30 a.m. you can get free total cholesterol screening. Simply check in at the Health Education room on the first floor of the Health Center.

LENDING LIBRARY

Excellent books are available for loan to U of O students from the Health Education room in the Health Center. There you will also find health related newsletters, articles, and pamphlets. Just stop by.



GUEST SPEAKERS AND PRESENTATIONS



Peer Health Educators and Health Center Staff are available to speak to your organization on any of the listed health issues as well as others. Call us for details.

HEALTH EDUCATION AT THE STUDENT RECREATION CENTER

Come visit our cart for updated health and wellness information on topics such as: alcohol and the effects on "workouts," training and fitness; food supplements and replacement fluids; effects of tobacco on physical fitness; eating disorders and much more! Come check us out inside the main entrance of the Student Rec Center on:
April 5, 12, 26 and May 10, 24 from 3pm-5pm.

Topics Addressed:

HIV/AIDS, Nutrition, Alcohol, Sexuality, Smoking, Cholesterol, Eating Disorders, Fitness, Stress, Relationships, Weight Management

**Health Education Program
at the Health Center
346-4456**

Visit us at our web site: <http://healthed.uoregon.edu>

Student fees

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campus life outside of the lecture hall.

"If the university reaches this conclusion, it is entitled to impose a mandatory fee to sustain an open dialogue to these ends," Kennedy added.

ASUO President Wylie Chen said the decision is a major validation of student government as a whole, as well as the other programs on campus.

"It reinforces any questions and erases any doubt people have about paying the fee," he said.

While the decision protects fee allocation, it also opens the door for more liberal spending on campus in the future because other political and religious groups now have a claim to University funds.

The University of Oregon's fee system is currently stricter than Wisconsin's in that political groups such as the College Democrats and College Republicans do not get fee funds. Also, OSPIRG does not receive money for political campaigns whereas WisPIRG can use student fees for political purposes as well as environmental and informational campaigns.

In the decision, justices also said funding decisions need to be "viewpoint neutral." The Programs Finance Committee, which allocates fee money for the student groups on campus such

as the Black Student Union and the Multicultural Center, currently gives fee money without regarding a group's views. The new rule could cause controversy if more political and religious groups come to PFC for student money.

"We'll be seeing what else we can fund," Chen said. "Wisconsin shows they can do this, and

« [A university] is entitled to impose a mandatory fee to sustain an open dialogue ...

Anthony Kennedy
U.S. Supreme
Court justice

it's totally legal."

Merriah Fairchild, state board chair for OSPIRG and an advocate for the fee while the justices deliberated the Southworth case, said it is a possibility that OSPIRG would look into spending fee money for political campaigns.

"We will look into creating the most social change possible [and look for] ways to be more effective," she said.

One final part of policy might have to change at the University, however. The justices ruled that it is unconstitutional for students to vote on whether to fund a group. Students made that choice last year when a majority voted to fund OSPIRG for two years.

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