

Grant aids services dedicated to disadvantaged

Local groups receive federal aid for low-income and homeless citizens

By Sara Lieberth
Oregon Daily Emerald

Lane County residents facing the challenges of low-income households or homelessness got a boost this week when a \$678,151 federal grant was awarded to area agencies to continue serving disadvantaged populations in the coming year.

The Human Services Commission, which submitted the grant application last year, is an inter-governmental organization that has served Eugene, Springfield and surrounding Lane County ar-

reas since the early 1970s. The U.S. Department of Housing and Urban Development delegated the grant funding for four community projects as part of the county's award-winning "Blue Ribbon Best Practice Continuum of Care."

The programs include The Homeless Youth and Young Parent Housing project, The Shankle Safe Haven program, the Family Shelter Homeless Children's Respite and Transitional Support Program and The Housing Scholarship program.

Despite not receiving all they had petitioned for, commission program manager Steve Manela said he was especially pleased with the announcement on Monday. "These are significant pro-

grams," he said. "They target populations that wouldn't normally be addressed through other services."

Manela indicated that as each of the four programs were already successfully serving the local community, their renewal was critical to continued attention being placed on the issues of poverty and hunger.

As a counselor at the Shankle Safe Haven housing service in Glenwood, Gail Lewis said the individuals she serves desperately need the "last resort" brand of assistance her office provides, as they are most often both homeless and mentally ill.

"A lot of the folks we help are unable to even be placed in other

Lane County programs to benefit from grant

Homeless Youth and Young Parent Housing project addresses transitional housing for 90 homeless youths and young parents ages 13-21.

Shankle Safe Haven program provides housing for 130 people with mental illness including a 12-bed residential facility and a 20-person day program run by Lane Shelter-Care.

Family Shelter Homeless Children's Respite and Transitional Support

Program provides 170 homeless families with children support services, housing and respite care.

Housing Scholarship Program offers 24 homeless families with children and 12 homeless individuals a chance to earn monthly rent subsidy by attending educational or vocational programs.

SOURCE: Lane County Human Services Commission

Revelers resolve not to resolve

Those who make New Year's resolutions often fall back into bad habits

By Simone Ripke
Oregon Daily Emerald

Every year, at the stroke of midnight on Jan. 1, thousands of people pledge to leave bad habits behind.

But even though this new year marked a new millennium, the dawn of another century failed to inspire many University students to make, or keep, any New Year's resolutions.

Martha Jones, a senior majoring in biology, said she makes easy-to-achieve New Year's resolutions every year.

"I tend to make ones that tend to be almost impossible not to do," Jones said.

She said she pledged not to drop

Resolutions for a healthy new year

Give up smoking or help someone else stop.

Practice safer sex.

Talk to your kids about alcohol and drugs.

Happy new year and happy new you! Exercise is the key.

Schedule a complete physical examination.

SOURCE: American Medical Association

major, has made New Year's resolutions in the past but did not make any this year. He said although he has goals for the new year, there was nothing in particular he wanted to change about his life, and the majority of his past resolutions proved to be difficult to stick to.

"Usually when I make them, they don't come true," he said.

Romer said he has tried to adhere to a regular exercising routine, only to see himself give up after two weeks.

"I never follow through," he said.

One resolution, however, did become a success for Romer. Years ago, he decided to quit smoking and actually stuck to his resolution, he said. The key to success is keeping his resolution to himself because talking about it makes him feel he is working on reaching his goals when he is only discussing them.

out of high school during her senior year, and her goal for this year is to avoid setting any large fires. Jones said she makes the same type of resolution every year and did not make any bigger resolutions just because it is a new millennium.

Colin Romer, a junior journalism

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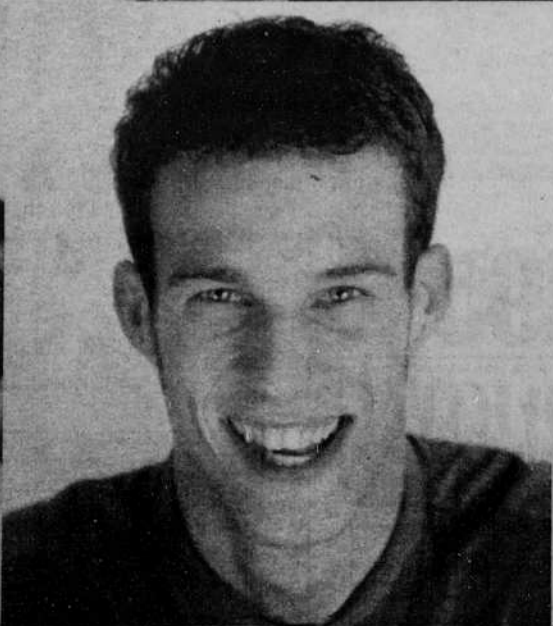
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