

# Societies educating students

■ The Pre-Law and Pre-Med societies inform students of their options in their fields

By Simone Ripke  
Oregon Daily Emerald

To go or not to go is a difficult decision.

Law and medical schools are a big investment before joining two of the most sought-after professions, and although neither pre-law nor pre-medicine is a major at the University, two student societies are helping interested students pave their way to success.

The Pre-Law Society is off to a fresh start this fall with new officers working to inform students about legal professions before deciding whether going to law school is the right choice for them.

"The purpose of the Pre-Law Society is to inform students who are interested in going into a legal profession about the options they have," said Brock Sprunger, a senior majoring in economics and president of the Pre-Law Society.

Sprunger said the group helps students prepare for the LSAT, the test required to apply for admission at law schools, and the application process.

Darlene Xiong, a junior majoring in political science, is the Pre-Law Society vice president. She said the group works closely with the director of admissions at the School of Law to give future law school applicants a sense of what it takes to get admitted.

Sprunger and Xiong invite

guest speakers from the legal field to their bi-weekly meetings as much as possible to give students a perspective of what a future in the legal profession holds.

This term the group's officers plan to invite lawyers from the Lane County District Attorney's office and a public defender to their meetings, which take place in the EMU. The Pre-Law Society also plans a visit to Portland's Federal Courthouse in November and a trip to the Northwestern School of Law at Lewis and Clark College in Portland.

Students will also sit in on classes at the School of Law next week.

Next spring term students will have the opportunity to participate in a job shadow activity. They will follow professionals for a day to get an insight into their job and its requirements.

"I think it will be a valuable experience," Xiong said.

Xiong said the Pre-Law Society helps her make more informed choices about her future in the legal profession and it encourages her to keep an open mind about the many different possibilities in the field.

Students planning to attend medical schools face similar challenges. They have to take a preparatory test, the MCAT, and apply to a medical school. Students can take advantage of

pre-medicine advising and membership in the Asklepiad Pre-Medical Honors Society.

Assistant Director of Academic Advising and pre-med advisor Stephen Stolp said the society helps students with applying to medical schools and preparing for the MCAT.

Qualified members are paired up with doctors and have the opportunity to get a behind-the-scenes perspective for 10 to 15 hours per week. The Asklepiads' president Summer Lind, a senior majoring in biochemistry, took advantage of the program three times and said she learned a lot about being a doctor.

All members of the society are eligible for the program. The society's bi-weekly meetings are open to non-members who have an interest in medicine too.

"We want to help students get the experience they need to apply for medical

school," Lind said.

Like the Pre-Law Society, the Pre-Med Society invites guest speakers to give members an insight into their future profession.

Students interested in learning more about these pre-professional groups can contact the Pre-Law Society at pls@darkwing.uoregon.edu and the Pre-Med Society at health@gladstone.uoregon.edu.



## Wellness

Continued from Page 1

makes rehabilitation much easier, said Tesa Brown, who works in the facility.

"We'll go into the weight room with post-operative Anterior Cruciate Ligament patients. Having all those machines opens our doors to rehabilitation," said Brown, a graduate student in the Exercise and Movement Science department.

There will also be health educators at the Sports Medicine and Wellness Center, said Joanne Frank, health education director.

A nutrition expert is available one day a week, by appointment, to answer questions about proper exercise nutrition, weight loss, dieting and eating disorders, Frank said.

A cart staffed by Peer Health Educators will be set up in the recreation center lobby Wednesdays from 3 to 5 p.m. where each week, Peer Health Educators will focus on a different health-related topic such as cholesterol and alcohol's effect on exercise and nutrition, she said.

Not many people know about the Sports Medicine and Wellness Center yet, said Monica

*"We're more than happy to see people when they need to be seen."*

**Tonya Moreland**  
certified athletic trainer

Donovan, a freshman Exercise and Movement Science major who works as a receptionist in the new facility.

"Once people realize that there is a sports medicine clinic and that they can just drop in, more people will start using it," she said.

## Briefs

### 'Week Without Violence' begins today

The YWCA launched its Week Without Violence today. Events begin in the EMU food court with a chance for students to design T-shirts with an anti-violence message at the YWCA's table.

Young Women Theater Collectives will perform in the EMU Ben Linder Room at 4 p.m. Tuesday.

The YWCA will ask students,

faculty and staff to wear sunglasses all day Wednesday to support the idea that everyone should open their eyes to domestic violence. It will also hold "Blow the Whistle on Sexual Assault" in the EMU Amphitheater from 1 to 3 p.m., asking that volunteers blow a whistle every two minutes to symbolize incidents of sexual violence in the United States.

Throughout the week, Women-space's Silent Witness Exhibit will be on display in the EMU.

For more information, contact Sarah Harris at 346-4439.

### Graduate Teaching Fellows reach agreement on benefits

The Graduate Teaching Fellows Federation at the University ratified its tentative agreement with the University by a majority of 98 percent. The membership's ratification voting ended Oct. 14.

The agreement gives health insurance to the families of Graduate Teaching Fellows. In exchange, GTFs will receive smaller raises in the next two years and the agreement limits the University's contribution to paying GTFs' fees.

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Information Session  
Wednesday, October 20th  
Rogue Room at the EMU  
7:00pm - 9:00pm  
Application Deadline  
Resume, application, cover letter and unofficial transcripts are required for the interview schedule by Tuesday, October 26th. Please submit paperwork to the Career Service Center.  
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