

Students will sail through spring term

The popular University sailing classes have already filled up

By Holly Stark
for the Emerald

If you remember only two things from his class, Roger Bailey hopes it's how to tack and gybe.

When you move onto the next level, you learn "not only how to tack and gybe, but to tack and gybe well," said Bailey, the 39-year-old Outdoor Program supervisor and sailing instructor.

The sailing class, offered by the University and River House, an outdoor pursuits program run by the City of Eugene, is filled to capacity each term it is offered. This term is no different. According to the Office of the Registrar, all three classes were at capacity by March 3.

"It's really exciting that the classes are filling up so quickly," Bailey said. "It's always a pleasure to teach college students — our staff really dig it."

Bailey, who started sailing as

a teenager on Lake Michigan, has been teaching classes in Eugene for the past 12 years and was the South Eugene High School crew coach from 1986 to 1991.

"I've taught a lot," Bailey said. "People are pretty successful in sailing."

The classes are held at Fern Ridge Reservoir with transportation included in the \$173 cost of the class.

This is where tacking and gybing comes in.

"Most people come out of the Sailing I class pretty competent," Bailey said. "The goal for the beginner level is basic skills — how to rig a sailboat, terminology, equipment, boat parts and the two basic skills of sailing: tacking and gybing."

Tacking, Bailey explained, is sailing upwind, while gybing is sailing downwind.

Tacking is "like trying to cross-country ski uphill," Bai-

ley said.

The more advanced sailing class is offered to a maximum of four students, and the goal is to "gain more of a mastery of the basic techniques," Bailey said.

But it's not just the technical side of sailing that Bailey thinks attracts people to the sport.

"I think a lot of romanticism is attached to sailing," he said. "It's part of history and literature. It's been around for centuries — that's pretty cool."

"I think sailing is really fun. There are a lot of different opportunities — you can day-sail, sail on the weekend, race. Some people I know live on boats and sail around the world."

It's too late to sign up for the spring term classes, but Bailey said those who haven't registered are in luck. There's a Sailing I class offered summer term where "we get the strongest winds," he said. "It's the best for sailing. We've had great fun out there."

Physical Education

Come out and play



Take a pE class

For More Information:

- a) Web site: <http://darkwing.uoregon.edu/~pars>
- b) Schedule of Classes — pgs. 97-100
- c) Call 346-4106
- d) All of the above

Spring Term 1999



SWOOSH CHALLENGE

The Swoosh Challenge is a one day CROSS TRAINING competition open to all students. Teams of 2 men and 2 women compete in 4 events to win a trip to the National Championship in Los Angeles. All participants compete in these events:

THE ROCK

Official rock climbing simulator of the Swoosh Challenge

SAQ Obstacle Course

Your Speed, Agility, Quickness are put to the test

FUN RUN

4 mile relay (4 x 1 mi)

Basic Fitness Events

Sit 'n reach, vertical leap, and more...

Prizes:

All participants receive FREE Nike T-shirt, Nutri-Grain Bars, Nutri-Grain Twists Bars, and more. Regional Champions will receive an expense paid trip to compete at the Swoosh Challenge National Championships. Prize package includes travel to and from nationals, 3 nights lodging, local transportation, and a team adventure day.

Event Date: Saturday April 10th

Cost: FREE!

More Info: Drop by 102 Esslinger or call 346-4113



A Moveable Feast...

Sundance Salad Bar
and Hot Buffet



24th & Hilyard • Open Daily 7am - 11pm • 343-9142

ADVERTISE. GET RESULTS.

Oregon Daily Emerald 346-3712