

Mind & Body

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Scuba diving

University students try their hand at underwater breathing on Discover Scuba night

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Paintball wars

As the last Eugene location to offer paintball, Paintball Palace is beefing up its services

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Where to hike

From Mount Pisgah to Kentucky Falls, the greater Eugene area has the trail for you

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A dedicated CREW

University crew members row through cold, rain and pre-dawn fog

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