

Substance Abuse Prevention Program

SAPP 1999 Spring Term Classes, Seminars and Workshops

TWO-DAY SEMINARS: 2 CREDITS

- HIV and other STDs** - Saturday/Sunday April 10/11 EDUC 199/CRN 35790
An update on current research and prevention methods for AIDS/HIV and other sexually transmitted diseases. Social as well as political aspects of prevention will be explored.
- Fetal Alcohol Syndrome** - Saturday/Sunday April 17/18 EDUC 407/CRN 35803; 507/CRN 35805
Participants will learn to identify causes, signs, symptoms and strategies for understanding and the impact it has on physical and mental development, family and society.
- Children of Adoption** - Saturday/Sunday May 15/16 EDUC 407/CRN 35799; 507/CRN 35800
Comprehensive look at the political, social and emotional impact of adoption in America. Topics of interest include a review of legal issues and laws, private vs. state adoption policies and procedures and the psychological impact on families and individuals.

ONE-DAY WORKSHOPS: 1 CREDIT

- Success with Stress** - Sunday, April 11 EDUC 407/CRN 35801; 507/CRN 35802; 8 am - 4:50 pm; \$40; 150 COL
Stress is a part of our everyday lives. This workshop will focus on how to recognize negative and positive stress and teach skills to reduce harmful stress.
- Drug/Headache Management** - Saturday, April 17 EDUC 407/CRN 35793; 507/CRN 35794; 8 am - 4:50 pm; \$40; 133 GIL
What is a headache? Why do we get them? What can be done to alleviate the pain? Understanding and managing headaches is the focus of this workshop.
- Alcohol & Other Drug Recovery Models** - Saturday, April 24 EDUC 407/CRN 35817; 8 am - 4:50 pm; \$40; 150 COL
Participants will be able to identify, understand, compare and profile several alcohol and other drug recovery models.
- Gambling Addictions** - Sunday, April 25 EDUC 407/CRN 35816; 8 am - 4:50 pm; \$40; 150 COL
Understand the dynamics of gambling addiction. Practical strategies and responses to understand and helping a loved one suffering from this addiction.
- Children of Divorce** - Saturday, May 8 EDUC 407/CRN 35791; 507/CRN 35792; 8 am - 4:50 pm; \$40; 150 COL
Short and long-term effects of divorce on family dynamics including the psychological, emotional and physical well-being of children. Guidelines parents can use to effect positive transitions for themselves and their children.
- Cognitive Patterns** - Sunday, May 16 EDUC 407/CRN 35795; 507/CRN 35796; 8 am - 4:50 pm; \$40; 133 GIL
- Driving Drunk** - Saturday, May 22 EDUC 407/CRN 35815; 8 am - 4:50 pm; \$40; 150 COL
What is the cost of driving drunk? It may be higher than you think. This workshop focuses on the damage drunk driving does to individual lives and the cost to communities and families.
- Sexual Harassment** - Sunday, May 23 EDUC 407/CRN 35797; 507/CRN 35798; 8 am - 4:50 pm; \$40; 150 COL
Sexual harassment in the '90s. What does it all really mean? This workshop will investigate perceptions and appropriate expectations and behavior to reduce sexual harassment and negative interaction.

FULL TERM 10 WEEK COURSES

Drinking Decisions	2 credits	EDUC 410/CRN 35183	567
	Thursday	11 am - 12:50 pm	208 DEA
Chemical Abuse	2 credits	EDUC 410/CRN 35807; 510/CRN 35808	567
	Tuesday	3:30 pm - 5:20 pm	276 ED
Drugs & Society	3 credits	EDUC 410/CRN 35811; 510/CRN 35812	597
	Tues/Thurs	12:30 pm - 1:50 pm	105 ESL
Street Drugs, Crime, & Law	3 credits	EDUC 410/CRN 35809; 510/CRN 25810	597
	Tues/Thurs	9 am - 10:50 am	105 ESL
Family Violence	3 credits	EDUC 410/CRN 35814	597
	Wednesdays	9 am - 11:50 am	105 ESL
Practicum	1-8 credits	EDUC 409/CRN 32446; 609/CRN 32449	180 ESL
	Variable Days		

Contact the SAPP office for pre-authorizations

The above courses can be applied to the area of concentration certificate available through the Substance Abuse Prevention Program. For more information, contact the SAPP office, 346-4135.

Mowe

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team.

But Mowe would decline the invite, choosing to rest her ailing knee.

"That was a tough decision, because I felt like if I declined it, I would be out of the circle," Mowe says. "I thought if I decline and they bring this girl in and they think, 'Wow, this girl is really good, and that girl didn't want to play last year because she was injured, who should we take?' But, hopefully it doesn't work like that."

In one aspect, the time off turned out to be exactly what the 6-foot-5 center from Powers, Ore., needed. Mowe started the first 13 conference games of this season and leads the Pac-10 in blocked shots (2 per game) and field goal percentage, converting more than 60 percent of her shots.

In other aspects, the time away from basketball has prevented her from reaching her full potential.

"The most difficult thing for [Jenny] following her freshman year was having to relearn everything she had already learned," Runge says. "At times this season she has played very well, but she has struggled with consistency."

If there is one thing that is consistent, it's Mowe's ability to get into foul trouble. Every game is a grudge match, but it is usually Mowe who gets the call.

Her presence on the court is intimidating, her opponents

say, but more importantly, it opens up Oregon's offense. While players spend their time double-teaming Mowe under the basket, Oregon's guards find a way to get the open shot.

"It's always going to be different for Jenny than any other player," says Oregon forward Angelina Wolvert, who played against Mowe in high school. "Jenny Mowe is a lot bigger than everyone else. She'll never be able to post up like Brianne [Meharry] or me because she has to worry about the referees."

"She has to worry about so many little things that she can't get away with."

Oregon is just three games away from a Pac-10 Championship this season, and Mowe is a big part of that success.

The scary part is that Mowe feels like she hasn't reached her peak since her injury.

Her next challenge will come Friday when Oregon travels to Corvallis to face rival Oregon State. Mowe's matchup with Beavers' center Ericka Brosterhous left Mowe with a bloody nose and Brosterhous with a sore jaw the last time the two met.

"Jenny has always played consistent against us," Oregon State head coach Judy Spoelstra says. "We always have to get our players to realize there will be an imposing player at the center position."

Who says Jenny Mowe lost her game?

Sports Brief

Volleyball garners three strong recruits

Oregon volleyball head coach Cathy Nelson announced Monday that Sydney Chute, Heather Gilmore and Laura Norton have signed letters of intent to enroll at the University and play for the Ducks next season.

Chute, a 5-foot-11 setter from Santa Rosa, Calif., was a two-time all-North Bay League honoree while earning North Bay League MVP honors her junior year.

Gilmore, a 6-foot-0 outside hitter from South Jordan, Utah, was named first-team all-state in volleyball her junior and senior seasons.

Norton, a 5-foot-11 middle blocker from Glendale, Ariz., will enroll at Oregon after playing the past two years at Phoenix College. She will have two years of eligibility remaining. Norton was named third-team all-conference in both 1997 and 1998.

"I'm excited about all three girls we are going to bring in this year," Nelson said in a released statement. "We're getting great athletes that are filling positions that need to be filled. All three of these ladies will be impact players for us and are going to help us with our climb to the top of the Pac-10."

The signing period for volleyball runs through Aug. 1.

we're here for you at the University of Oregon

Spring break in Mazatlan

*\$687⁰⁰ per person based on quad rate.
Includes Air/Hotel/transfers
out of Portland.*

Council Travel

CIEE: Council on International Educational Exchange
University of Oregon | 877 1/2 East 13th Street
In the EMU Building | Eugene
Eugene

(541)344-2263