A Winter Wonder Lama

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Shopping the day after Thanksgiving induces itching and bitterness

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A Taste of Texas

Four actors portray a town full of characters in 'A Tuna Christmas'

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Avoid holiday pounds

Moderation can keep the extra pounds off, nutritionists say

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Hitting the slopes

It's just a short jaunt down the highway to ski and snowboard

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An independent newspaper Volume 100, Issue 68 Oregon Emerald

University of Oregon Eugene, Oregon