

# ATHLETE MONTH *nike*



He's a teacher, an athletic trainer, a graduate student and an athlete. And chances are pretty good that 22-year-old Trevor Davies has run through your neighborhood. Trevor, a native of Johannesburg, South Africa, began his amateur running career during his sophomore year of high school and has participated in more than 35 10Ks and 5Ks. He also teaches three running classes at the UO, including Jog/Run and Running II and is a student athletic trainer at North Eugene High School where he works closely with injuries of all types. He plans to use this experience along with his Master's in Exercise and Movement Science (Sports Medicine emphasis) to bring Athletic Training home to South Africa. "Currently, South Africa has no athletic trainers," he explains.

When he's not working, Trevor runs 6 to 7 miles per day and rides his bike 14 miles per day to and from work. What keeps him motivated to log all those miles? His running friends. Trevor's advice to anyone taking up running: Find people who run at the same pace, and go together. Not only is it safer, but it can really help you stick with it!

For more information on registering for a class taught by the master, check the fall schedule of classes.

*Wanted: Swoosh Team Volunteers. I'm looking for students who love sports and want to have a great time helping bring Nike to campus. Interested? Drop me an email.*

## WHO SAYS THERE'S NO TRUE NATIONAL CHAMPIONSHIP FOR COLLEGE FLAG FOOTBALL?

Nike invites all Men's, Women's, and Co-Rec teams to compete in the ultimate flag football experience. Regional tournaments are open to all intramural flag football teams, and regional champs will win an all-expenses-paid trip to the national championships at the Sugar Bowl in New Orleans over New Year's! For more information and to find the regional tournament closest to Oregon, visit [www.CampusSports.com](http://www.CampusSports.com).



Hi, I'm **Megan Thayer**, your Nike student rep at Oregon. Check out **SportsPage** for the latest on sports and **Nike events around campus**. Are you or your team setting records? Breaking new ground? I'm here to support non-varsity athletes, weekend warriors, intramural addicts and serious club competitors. If you're a hidden athlete who deserves some recognition, I want to hear from you. Drop me an email at [megan.thayer@nike.com](mailto:megan.thayer@nike.com). You just might end up in the next issue.

## SIDELINES OREGON

**Calling All Women Runners:** Nike will be holding a **Women's Night Run**, a group run around campus, on Thursday, November 19th at 7 p.m. It's a non-competitive, informal gathering of women to raise awareness of campus safety issues. Runners of all levels are welcome! Nike is organizing similar Women's Runs on campuses throughout the country, so don't miss it! Email me at the address below for details on where to meet.



### // Attention club team athletes:

Think your team has a great story to tell? Nike is looking to support one club team this year. You'll not only receive some Nike product, but you'll also be featured on **SportsPage**. If your team is up to the challenge and wants to be considered, email me at the address below to find out more. //



**Run of the Month:** Want to know one of Eugene's hottest spots? Read on. Take Fairmont Street up to Hendricks Park. Take a right on Spring and follow the road to Capitol up and around the right side of the mountain. (Pause for a moment to admire the awesome view of Eugene.) Follow the path down into Hendricks Park between the trees on the trail to Birch Street. Follow Birch down to Fairmont.

Remember to bring water. After those 5 miles, you'll need it. The course difficulty rating is 7 out of 10, so this one's for more experienced runners.



## CAN YOU BE A HERO?

Nike P.L.A.Y.CORPS trains college students to coach in local youth leagues. It's a great way to use your skills and become a role model and mentor to kids who really need your help. After the season, coaches receive \$500 towards their tuition. Interested? Email me at the address below to find out more. Hurry up! The application deadline is November 1st for winter and spring sports. What are you waiting for? You can be a hero.



**THE NIKE STORE**  
296 East 5th Avenue  
342-5155

**NIKE STORE RUNNING CLUB -**  
Saturdays 10:15AM - 11:45AM